

Letnie Mistrzostwa Polski Juniorów Młodszych - 16 lat
Gorzów Wlkp., 18- - 20-7-2014

Konkurencja 11
2014-07-18

Dziewcz t, 400m zmienny

16 lat
Wyniki Finał

Rekord Polski 16 lat 4:48.17 CZOPEK Agnieszka 00106 Moskwa 1980-07-26

Punkty: FINA 2014

Pozycja			Rok ur.					Czas	Pkt.			
Finał A												
1.	MUSIOŁ	Wiktoria	SO	98	Unia O wi cim				5:04.63	684		
	50m:	30.62	30.62	150m:	1:46.32	39.58	250m:	3:08.74	43.84	350m:	4:30.37	36.31
	100m:	1:06.74	36.12	200m:	2:24.90	38.58	300m:	3:54.06	45.32	400m:	5:04.63	34.26
2.	KOTOWICZ	Anna		98	MOS Ełk				5:08.02	661		
	50m:	31.70	31.70	150m:	1:51.35	42.46	250m:	3:13.76	41.58	350m:	4:33.78	35.79
	100m:	1:08.89	37.19	200m:	2:32.18	40.83	300m:	3:57.99	44.23	400m:	5:08.02	34.24
3.	MENDYK	Adrianna	SO	98	Wodnik Radom				5:09.29	653		
	50m:	32.39	32.39	150m:	1:48.49	39.10	250m:	3:12.81	44.87	350m:	4:34.96	37.14
	100m:	1:09.39	37.00	200m:	2:27.94	39.45	300m:	3:57.82	45.01	400m:	5:09.29	34.33
4.	GIEDZICZ	Katarzyna		98	Juwenia Białystok				5:09.42	652		
	50m:	32.24	32.24	150m:	1:50.97	41.82	250m:	3:15.82	43.70	350m:	4:35.31	34.91
	100m:	1:09.15	36.91	200m:	2:32.12	41.15	300m:	4:00.40	44.58	400m:	5:09.42	34.11
5.	SAJECKA	Zofia		98	Skalar Warszawa				5:18.91	596		
	50m:	32.28	32.28	150m:	1:53.32	41.16	250m:	3:18.38	45.44	350m:	4:42.05	36.81
	100m:	1:12.16	39.88	200m:	2:32.94	39.62	300m:	4:05.24	46.86	400m:	5:18.91	36.86
6.	SMAGA	Anna		98	I sk Wrocław				5:20.49	587		
	50m:	33.09	33.09	150m:	1:57.90	41.94	250m:	3:24.68	46.78	350m:	4:45.47	34.96
	100m:	1:15.96	42.87	200m:	2:37.90	40.00	300m:	4:10.51	45.83	400m:	5:20.49	35.02
7.	BEDNAREK	Aleksandra		98	Jedynka Łód				5:22.82	574		
	50m:	35.40	35.40	150m:	1:59.17	43.23	250m:	3:25.66	44.96	350m:	4:48.06	36.30
	100m:	1:15.94	40.54	200m:	2:40.70	41.53	300m:	4:11.76	46.10	400m:	5:22.82	34.76
8.	HASPERT	Dorota	SO	98	Unia O wi cim				5:23.47	571		
	50m:	33.94	33.94	150m:	1:55.50	41.49	250m:	3:23.79	47.05	350m:	4:47.65	36.63
	100m:	1:14.01	40.07	200m:	2:36.74	41.24	300m:	4:11.02	47.23	400m:	5:23.47	35.82
Finał B												
9.	KRZYWI	SKA	Sara	98	Juwenia Wrocław				5:21.31	583		
	50m:	32.79	32.79	150m:	1:52.91	41.97	250m:	3:19.48	46.19	350m:	4:44.62	38.07
	100m:	1:10.94	38.15	200m:	2:33.29	40.38	300m:	4:06.55	47.07	400m:	5:21.31	36.69
10.	JAROCHA	Wiktoria		98	KSZO Ostrowiec				5:27.37	551		
	50m:	33.88	33.88	150m:	1:54.99	41.56	250m:	3:24.39	47.73	350m:	4:51.16	37.35
	100m:	1:13.43	39.55	200m:	2:36.66	41.67	300m:	4:13.81	49.42	400m:	5:27.37	36.21
11.	GASIN	Nadia		98	Ikar Mielec				5:27.96	548		
	50m:	36.41	36.41	150m:	2:02.23	42.00	250m:	3:27.89	44.00	350m:	4:52.03	38.96
	100m:	1:20.23	43.82	200m:	2:43.89	41.66	300m:	4:13.07	45.18	400m:	5:27.96	35.93
12.	ZARYCHTA	Anita		98	Barakuda Starachowice				5:27.99	548		
	50m:	33.66	33.66	150m:	1:57.13	44.01	250m:	3:26.95	46.61	350m:	4:52.22	37.71
	100m:	1:13.12	39.46	200m:	2:40.34	43.21	300m:	4:14.51	47.56	400m:	5:27.99	35.77
13.	MUZOLF	Weronika		98	MTS Kwidzyn				5:28.20	547		
	50m:	33.16	33.16	150m:	1:56.50	44.38	250m:	3:25.01	44.96	350m:	4:50.91	38.63
	100m:	1:12.12	38.96	200m:	2:40.05	43.55	300m:	4:12.28	47.27	400m:	5:28.20	37.29
14.	KORAL	Julia		98	Górnik Radlin				5:28.89	543		
	50m:	34.89	34.89	150m:	2:02.95	42.45	250m:	3:29.34	45.40	350m:	4:52.53	37.65
	100m:	1:20.50	45.61	200m:	2:43.94	40.99	300m:	4:14.88	45.54	400m:	5:28.89	36.36
15.	WIECZOREK	Magdalena		98	Fala Kra nik				5:34.30	517		
	50m:	34.54	34.54	150m:	2:01.03	43.74	250m:	3:31.33	47.39	350m:	4:57.06	38.23
	100m:	1:17.29	42.75	200m:	2:43.94	42.91	300m:	4:18.83	47.50	400m:	5:34.30	37.24
16.	WLEZIE	Gabriela		98	AZS-AWF Wrocław				5:34.31	517		
	50m:	34.89	34.89	150m:	2:03.38	44.96	250m:	3:35.30	48.24	350m:	5:00.45	36.97
	100m:	1:18.42	43.53	200m:	2:47.06	43.68	300m:	4:23.48	48.18	400m:	5:34.31	33.86