

Letnie Mistrzostwa Polski Juniorów Młodszych - 16 lat
Gorzów Wlkp., 18- - 20-7-2014

Konkurencja 19
2014-07-19

Dziewcz t, 400m dowolny

16 lat
Wyniki Finał

Rekord Polski 16 lat 4:12.62 ZUKOWSKA Paula 00107 Doha (QAT) 2009-12-09

Punkty: FINA 2014

Pozycja			Rok ur.					Czas	Pkt.
Finał A									
1.	JANKOWSKA Klaudia	98	UKS Gim 92 Ursynów					4:22.84	753
	50m: 30.47 30.47	150m: 1:37.12 33.26	250m: 2:44.10 33.12	350m: 3:50.43 32.56					
	100m: 1:03.86 33.39	200m: 2:10.98 33.86	300m: 3:17.87 33.77	400m: 4:22.84 32.41					
2.	GAWLICKA Maja	98	Korner Z.Góra					4:32.51	675
	50m: 30.89 30.89	150m: 1:39.08 34.37	250m: 2:49.18 34.96	350m: 3:58.79 34.64					
	100m: 1:04.71 33.82	200m: 2:14.22 35.14	300m: 3:24.15 34.97	400m: 4:32.51 33.72					
3.	WOJCIECHOWSKA Joanna	98	Orlik Lublin					4:34.81	659
	50m: 31.37 31.37	150m: 1:38.87 34.07	250m: 2:48.98 35.39	350m: 3:59.79 35.42					
	100m: 1:04.80 33.43	200m: 2:13.59 34.72	300m: 3:24.37 35.39	400m: 4:34.81 35.02					
4.	PANKOWSKA Wiktoria SO	98	Unia O wi cim					4:38.04	636
	50m: 32.03 32.03	150m: 1:41.67 35.08	250m: 2:52.52 35.60	350m: 4:03.44 35.33					
	100m: 1:06.59 34.56	200m: 2:16.92 35.25	300m: 3:28.11 35.59	400m: 4:38.04 34.60					
5.	MESJASZ Julia	98	Meduza Paj czno					4:38.35	634
	50m: 31.89 31.89	150m: 1:42.45 35.70	250m: 2:54.61 36.17	350m: 4:06.17 35.58					
	100m: 1:06.75 34.86	200m: 2:18.44 35.99	300m: 3:30.59 35.98	400m: 4:38.35 32.18					
6.	ROGOWSKA Paulina	98	Salos Cortile Kielce					4:38.39	633
	50m: 30.89 30.89	150m: 1:39.13 34.38	250m: 2:50.15 35.65	350m: 4:02.79 36.75					
	100m: 1:04.75 33.86	200m: 2:14.50 35.37	300m: 3:26.04 35.89	400m: 4:38.39 35.60					
7.	GRUSZCZY SKA Aleksandra SO	98	Unia O wi cim					4:38.84	630
	50m: 30.89 30.89	150m: 1:40.03 35.15	250m: 2:51.60 36.00	350m: 4:03.80 36.09					
	100m: 1:04.88 33.99	200m: 2:15.60 35.57	300m: 3:27.71 36.11	400m: 4:38.84 35.04					
8.	WARDZI SKA Martyna	98	Trójka Łód					4:41.62	612
	50m: 31.93 31.93	150m: 1:42.65 35.67	250m: 2:54.70 36.04	350m: 4:06.89 35.71					
	100m: 1:06.98 35.05	200m: 2:18.66 36.01	300m: 3:31.18 36.48	400m: 4:41.62 34.73					
Finał B									
9.	POKRYWKA Karolina	98	UKS 190 Łód					4:38.20	635
	50m: 31.98 31.98	150m: 1:43.02 35.92	250m: 2:54.96 35.63	350m: 4:04.69 33.80					
	100m: 1:07.10 35.12	200m: 2:19.33 36.31	300m: 3:30.89 35.93	400m: 4:38.20 33.51					
10.	MUSIOŁ Wiktoria SO	98	Unia O wi cim					4:38.69	631
	50m: 30.62 30.62	150m: 1:40.23 35.50	250m: 2:51.94 35.63	350m: 4:04.26 35.92					
	100m: 1:04.73 34.11	200m: 2:16.31 36.08	300m: 3:28.34 36.40	400m: 4:38.69 34.43					
11.	JAROCHA Wiktoria	98	KSZO Ostrowiec					4:42.81	604
	50m: 32.17 32.17	150m: 1:42.83 35.82	250m: 2:54.11 35.66	350m: 4:06.95 36.45					
	100m: 1:07.01 34.84	200m: 2:18.45 35.62	300m: 3:30.50 36.39	400m: 4:42.81 35.86					
12.	ZAJ C Oliwia	98	Juvenia Wrocław					4:46.03	584
	50m: 32.67 32.67	150m: 1:44.93 36.62	250m: 2:58.15 36.82	350m: 4:11.23 36.35					
	100m: 1:08.31 35.64	200m: 2:21.33 36.40	300m: 3:34.88 36.73	400m: 4:46.03 34.80					
13.	WLEZIE Gabriela	98	AZS-AWF Wrocław					4:47.69	574
	50m: 31.99 31.99	150m: 1:43.93 36.38	250m: 2:58.26 37.17	350m: 4:12.51 36.94					
	100m: 1:07.55 35.56	200m: 2:21.09 37.16	300m: 3:35.57 37.31	400m: 4:47.69 35.18					
14.	MAZUR Maja	98	Salos Cortile Kielce					4:48.56	569
	50m: 32.50 32.50	150m: 1:45.36 37.49	250m: 2:59.50 37.20	350m: 4:13.31 37.02					
	100m: 1:07.87 35.37	200m: 2:22.30 36.94	300m: 3:36.29 36.79	400m: 4:48.56 35.25					
15.	W CŁAWIAK Irena	98	UKS Gim 92 Ursynów					4:51.29	553
	50m: 32.48 32.48	150m: 1:44.10 36.87	250m: 2:58.71 37.49	350m: 4:14.79 38.71					
	100m: 1:07.23 34.75	200m: 2:21.22 37.12	300m: 3:36.08 37.37	400m: 4:51.29 36.50					
16.	HASPERT Dorota SO	98	Unia O wi cim					4:55.53	529
	50m: 32.32 32.32	150m: 1:45.91 37.40	250m: 3:02.20 37.90	350m: 4:18.77 38.31					
	100m: 1:08.51 36.19	200m: 2:24.30 38.39	300m: 3:40.46 38.26	400m: 4:55.53 36.76					