

Letnie Mistrzostwa Polski Juniorów Młodszych - 16 lat
Gorzów Wlkp., 18 - 20-7-2014

Konkurencja 20
2014-07-19

Chłopców, 400m dowolny

16 lat
Wyniki Finał

Rekord Polski 16 lat 3:57.20 PIELOWSKI Krzysztof 00213 Gorzow Wlkp. 2007-12-01

Punkty: FINA 2014

Pozycja			Rok ur.							Czas	Pkt.
Finał A											
1.	ARNDT Mateusz		98	Delfin Gdynia						4:01.34	758
	50m:	28.34 28.34	150m:	1:28.70	30.43	250m:	2:30.32	30.74	350m:	3:32.12	30.45
	100m:	58.27 29.93	200m:	1:59.58	30.88	300m:	3:01.67	31.35	400m:	4:01.34	29.22
2.	KASZTELAN Mateusz		98	MOS Ek						4:04.08	732
	50m:	26.80 26.80	150m:	1:27.99	31.02	250m:	2:30.07	30.75	350m:	3:33.06	31.49
	100m:	56.97 30.17	200m:	1:59.32	31.33	300m:	3:01.57	31.50	400m:	4:04.08	31.02
3.	D BSKI Dominik		98	Trójka Łód						4:07.60	702
	50m:	28.96 28.96	150m:	1:31.70	31.85	250m:	2:35.14	31.89	350m:	3:37.64	31.33
	100m:	59.85 30.89	200m:	2:03.25	31.55	300m:	3:06.31	31.17	400m:	4:07.60	29.96
4.	RÓJ Konrad		98	MKP Szczecin						4:08.32	696
	50m:	28.41 28.41	150m:	1:30.69	31.56	250m:	2:33.86	31.57	350m:	3:37.68	31.64
	100m:	59.13 30.72	200m:	2:02.29	31.60	300m:	3:06.04	32.18	400m:	4:08.32	30.64
5.	DERE Kacper		98	MKS 9 Dzier oniów						4:08.90	691
	50m:	28.44 28.44	150m:	1:30.28	31.50	250m:	2:34.44	32.11	350m:	3:38.68	32.16
	100m:	58.78 30.34	200m:	2:02.33	32.05	300m:	3:06.52	32.08	400m:	4:08.90	30.22
6.	SZPOJANKOWSKI Kacper		98	Kormoran Olsztyn						4:10.67	676
	50m:	28.87 28.87	150m:	1:32.26	32.17	250m:	2:36.36	32.19	350m:	3:39.94	31.54
	100m:	1:00.09 31.22	200m:	2:04.17	31.91	300m:	3:08.40	32.04	400m:	4:10.67	30.73
7.	POPIS Emil SR		98	Victoria Racibórz						4:12.65	660
	50m:	28.17 28.17	150m:	1:32.01	32.05	250m:	2:37.45	32.57	350m:	3:41.92	31.96
	100m:	59.96 31.79	200m:	2:04.88	32.87	300m:	3:09.96	32.51	400m:	4:12.65	30.73
8.	STAWIKOWSKI Patryk		98	Słowianka Gorzów						4:22.25	590
	50m:	29.08 29.08	150m:	1:33.88	32.86	250m:	2:41.15	33.86	350m:	3:48.36	33.47
	100m:	1:01.02 31.94	200m:	2:07.29	33.41	300m:	3:14.89	33.74	400m:	4:22.25	33.89
Finał B											
9.	TOPOLSKI Arkadiusz SO		98	Unia O wi cim						4:16.58	630
	50m:	29.40 29.40	150m:	1:34.71	32.58	250m:	2:41.27	33.70	350m:	3:45.98	31.32
	100m:	1:02.13 32.73	200m:	2:07.57	32.86	300m:	3:14.66	33.39	400m:	4:16.58	30.60
10.	JARASZKIEWICZ Piotr		98	Posnania						4:17.86	621
	50m:	29.44 29.44	150m:	1:34.82	33.11	250m:	2:41.21	33.29	350m:	3:46.68	32.70
	100m:	1:01.71 32.27	200m:	2:07.92	33.10	300m:	3:13.98	32.77	400m:	4:17.86	31.18
11.	ZAPALSKI Konrad		98	Fala Kra nik						4:18.96	613
	50m:	29.43 29.43	150m:	1:34.18	32.73	250m:	2:39.94	32.87	350m:	3:46.60	33.42
	100m:	1:01.45 32.02	200m:	2:07.07	32.89	300m:	3:13.18	33.24	400m:	4:18.96	32.36
12.	POZNACHOWSKI Wiktor		98	Polonia Warszawa						4:19.19	612
	50m:	29.19 29.19	150m:	1:34.05	33.18	250m:	2:41.15	33.71	350m:	3:47.93	33.29
	100m:	1:00.87 31.68	200m:	2:07.44	33.39	300m:	3:14.64	33.49	400m:	4:19.19	31.26
13.	FR CZEK Paweł		98	MKP Gda sk						4:19.47	610
	50m:	30.12 30.12	150m:	1:35.52	32.90	250m:	2:41.54	33.09	350m:	3:47.37	32.91
	100m:	1:02.62 32.50	200m:	2:08.45	32.93	300m:	3:14.46	32.92	400m:	4:19.47	32.10
14.	KUCZMA Jędrzej		98	I sk Wrocław						4:19.54	609
	50m:	29.44 29.44	150m:	1:35.58	33.35	250m:	2:42.39	32.88	350m:	3:48.36	32.83
	100m:	1:02.23 32.79	200m:	2:09.51	33.93	300m:	3:15.53	33.14	400m:	4:19.54	31.18
15.	KRÓL Bartosz		98	Kormoran Olsztyn						4:20.92	600
	50m:	28.66 28.66	150m:	1:35.36	33.62	250m:	2:42.18	33.40	350m:	3:48.92	32.88
	100m:	1:01.74 33.08	200m:	2:08.78	33.42	300m:	3:16.04	33.86	400m:	4:20.92	32.00
16.	MICHNIEWSKI Tadeusz		98	UKS G - 8 Bielany						4:25.38	570
	50m:	29.93 29.93	150m:	1:36.24	33.30	250m:	2:44.07	33.89	350m:	3:52.20	33.69
	100m:	1:02.94 33.01	200m:	2:10.18	33.94	300m:	3:18.51	34.44	400m:	4:25.38	33.18