

Grand Prix - Puchar Polski w Pływaniu
Gorzów Wlkp., 2 - 3-5-2015

Konkurencja 12
2015-05-02 - 11:43

Mężczyzn, 400m dowolny

14 lat i starsi
Wyniki

Punkty: FINA 2014

Pozycja			Rok ur.					Czas	Pkt.
14 lat i starsi									
1.	ZABOROWSKI Filip	94	MKP Szczecin					3:55.17	819
	50m: 28.39	28.39	150m: 1:28.02	30.05	250m: 2:27.22	29.52	350m: 3:26.27	29.52	
	100m: 57.97	29.58	200m: 1:57.70	29.68	300m: 2:56.75	29.53	400m: 3:55.17	28.90	
2.	SAWRYMOWICZ Mateusz	87	MKP Szczecin					4:00.41	767
	50m: 28.97	28.97	150m: 1:30.01	30.61	250m: 2:30.81	30.39	350m: 3:31.46	30.22	
	100m: 59.40	30.43	200m: 2:00.42	30.41	300m: 3:01.24	30.43	400m: 4:00.41	28.95	
3.	WOJDAK Wojciech SO	96	Unia Oswi cim					4:01.51	756
	50m: 27.80	27.80	150m: 1:28.05	30.35	250m: 2:28.90	30.50	350m: 3:30.50	30.75	
	100m: 57.70	29.90	200m: 1:58.40	30.35	300m: 2:59.75	30.85	400m: 4:01.51	31.01	
4.	DUBIEL Adam	93	AZS AWF Warszawa					4:03.29	740
	50m: 28.44	28.44	150m: 1:29.89	31.00	250m: 2:32.02	31.02	350m: 3:33.42	30.30	
	100m: 58.89	30.45	200m: 2:01.00	31.11	300m: 3:03.12	31.10	400m: 4:03.29	29.87	
5.	GŁYK Wojciech	92	AZS AWF Katowice					4:03.31	739
	50m: 28.71	28.71	150m: 1:30.44	30.96	250m: 2:32.11	30.77	350m: 3:33.60	30.65	
	100m: 59.48	30.77	200m: 2:01.34	30.90	300m: 3:02.95	30.84	400m: 4:03.31	29.71	
6.	SMEJA Sławomir	94	AZS AWF Katowice					4:05.56	719
	50m: 28.72	28.72	150m: 1:30.75	31.07	250m: 2:33.52	31.35	350m: 3:36.05	31.13	
	100m: 59.68	30.96	200m: 2:02.17	31.42	300m: 3:04.92	31.40	400m: 4:05.56	29.51	
7.	KACZMARSKI Marcin	94	MKP Szczecin					4:05.57	719
	50m: 28.45	28.45	150m: 1:30.74	31.49	250m: 2:33.34	31.27	350m: 3:35.47	30.91	
	100m: 59.25	30.80	200m: 2:02.07	31.33	300m: 3:04.56	31.22	400m: 4:05.57	30.10	
8.	STANISZEWSKI ADAM SSz	97	MKP Szczecin					4:07.59	702
	50m: 29.18	29.18	150m: 1:31.55	31.28	250m: 2:34.45	31.60	350m: 3:37.22	31.57	
	100m: 1:00.27	31.09	200m: 2:02.85	31.30	300m: 3:05.65	31.20	400m: 4:07.59	30.37	
9.	RÓJ Konrad Ssz	98	MKP Szczecin					4:07.81	700
	50m: 28.78	28.78	150m: 1:31.20	31.38	250m: 2:34.37	31.77	350m: 3:37.91	31.73	
	100m: 59.82	31.04	200m: 2:02.60	31.40	300m: 3:06.18	31.81	400m: 4:07.81	29.90	
10.	KRAWCZYK Paweł	99	BUKS Warszawa					4:11.07	673
	50m: 28.30	28.30	150m: 1:31.00	31.61	250m: 2:35.34	32.14	350m: 3:40.06	32.40	
	100m: 59.39	31.09	200m: 2:03.20	32.20	300m: 3:07.66	32.32	400m: 4:11.07	31.01	
11.	URBA SKI Michał	97	Pi tnastka Bydgoszcz					4:13.88	651
	50m: 28.76	28.76	150m: 1:32.95	32.40	250m: 2:38.30	32.59	350m: 3:43.83	32.30	
	100m: 1:00.55	31.79	200m: 2:05.71	32.76	300m: 3:11.53	33.23	400m: 4:13.88	30.05	
12.	SZCZEPA SKI Kacper	99	Pi tnastka Bydgoszcz					4:13.98	650
	50m: 28.80	28.80	150m: 1:32.71	32.40	250m: 2:38.15	33.05	350m: 3:43.40	32.04	
	100m: 1:00.31	31.51	200m: 2:05.10	32.39	300m: 3:11.36	33.21	400m: 4:13.98	30.58	
13.	OSSES Arkadiusz	95	Warta Pozna					4:16.03	635
	50m: 28.73	28.73	150m: 1:32.39	32.19	250m: 2:38.57	33.42	350m: 3:44.64	32.77	
	100m: 1:00.20	31.47	200m: 2:05.15	32.76	300m: 3:11.87	33.30	400m: 4:16.03	31.39	
14.	GÓRSKI Marcin	97	MKP Szczecin					4:16.65	630
	50m: 29.83	29.83	150m: 1:34.96	32.64	250m: 2:39.97	32.42	350m: 3:45.15	32.29	
	100m: 1:02.32	32.49	200m: 2:07.55	32.59	300m: 3:12.86	32.89	400m: 4:16.65	31.50	
15.	STEC ADAM SSz	97	MKP Szczecin					4:17.40	624
	50m: 29.65	29.65	150m: 1:34.51	32.57	250m: 2:39.74	32.79	350m: 3:45.66	33.18	
	100m: 1:01.94	32.29	200m: 2:06.95	32.44	300m: 3:12.48	32.74	400m: 4:17.40	31.74	
16.	BRODOWSKI Jakub	97	Słowianka Gorzów					4:18.47	617
	50m: 29.55	29.55	150m: 1:33.80	32.51	250m: 2:39.32	32.44	350m: 3:45.88	33.01	
	100m: 1:01.29	31.74	200m: 2:06.88	33.08	300m: 3:12.87	33.55	400m: 4:18.47	32.59	
17.	KALKOWSKI Dawid	00	Sambor Tczew					4:18.54	616
	50m: 29.88	29.88	150m: 1:34.78	32.61	250m: 2:41.26	33.20	350m: 3:47.74	33.36	
	100m: 1:02.17	32.29	200m: 2:08.06	33.28	300m: 3:14.38	33.12	400m: 4:18.54	30.80	

Grand Prix - Puchar Polski w Pływaniu
Gorzów Wlkp., 2- - 3-5-2015

Konkurencja 12, M czynn, 400m dowolny, 14 lat i starsi

Pozycja			Rok ur.					Czas	Pkt.
18.	BARTOSZEK Jarosław		97	Słowianka Gorzów				4:20.10	605
	50m: 27.87	27.87	150m: 1:31.56	32.36	250m: 2:38.96	33.76	350m: 3:47.13	34.14	
	100m: 59.20	31.33	200m: 2:05.20	33.64	300m: 3:12.99	34.03	400m: 4:20.10	32.97	
19.	ZABOROWSKI Paweł		98	Jedynka Łód				4:20.15	605
	50m: 29.59	29.59	150m: 1:35.30	32.91	250m: 2:41.18	32.69	350m: 3:47.68	33.19	
	100m: 1:02.39	32.80	200m: 2:08.49	33.19	300m: 3:14.49	33.31	400m: 4:20.15	32.47	
20.	SOLAK Łukasz		99	Swim Płock				4:20.61	602
	50m: 29.16	29.16	150m: 1:34.34	32.54	250m: 2:40.68	32.66	350m: 3:48.85	34.16	
	100m: 1:01.80	32.64	200m: 2:08.02	33.68	300m: 3:14.69	34.01	400m: 4:20.61	31.76	
21.	WAŁCERZ Mateusz		00	Słowianka Gorzów				4:23.45	582
	50m: 29.52	29.52	150m: 1:35.13	33.09	250m: 2:43.09	34.11	350m: 3:51.18	34.32	
	100m: 1:02.04	32.52	200m: 2:08.98	33.85	300m: 3:16.86	33.77	400m: 4:23.45	32.27	
22.	STONAWSKI Maciej		00	Słowianka Gorzów				4:25.90	566
	50m: 30.00	30.00	150m: 1:36.65	33.78	250m: 2:44.60	33.77	350m: 3:52.77	33.96	
	100m: 1:02.87	32.87	200m: 2:10.83	34.18	300m: 3:18.81	34.21	400m: 4:25.90	33.13	
23.	KRZYMA SKI Kajetan		01	Gim 92 Ursynów				4:27.60	556
	50m: 30.44	30.44	150m: 1:38.11	34.17	250m: 2:46.44	34.29	350m: 3:54.88	33.97	
	100m: 1:03.94	33.50	200m: 2:12.15	34.04	300m: 3:20.91	34.47	400m: 4:27.60	32.72	
24.	LISEK Aleksander		00	Słowianka Gorzów				4:31.18	534
	50m: 29.96	29.96	150m: 1:36.17	33.75	250m: 2:46.11	35.16	350m: 3:57.11	35.35	
	100m: 1:02.42	32.46	200m: 2:10.95	34.78	300m: 3:21.76	35.65	400m: 4:31.18	34.07	
25.	GRYZ Dawid S Sz		99	MKP Szczecin				4:31.43	532
	50m: 29.73	29.73	150m: 1:36.00	33.69	250m: 2:45.46	34.75	350m: 3:57.11	36.02	
	100m: 1:02.31	32.58	200m: 2:10.71	34.71	300m: 3:21.09	35.63	400m: 4:31.43	34.32	
26.	WILEJTO Igor		01	Sambor Tczew				4:33.97	518
	50m: 32.62	32.62	150m: 1:42.94	35.40	250m: 2:52.24	34.70	350m: 4:01.65	34.78	
	100m: 1:07.54	34.92	200m: 2:17.54	34.60	300m: 3:26.87	34.63	400m: 4:33.97	32.32	
27.	BUGAŁA Krzysztof		01	MKP Szczecin				4:36.28	505
	50m: 31.35	31.35	150m: 1:42.52	35.99	250m: 2:53.66	35.42	350m: 4:03.62	34.98	
	100m: 1:06.53	35.18	200m: 2:18.24	35.72	300m: 3:28.64	34.98	400m: 4:36.28	32.66	
28.	KRUK Tomasz		98	Astromal Akwawit Leszno				4:36.65	503
	50m: 30.56	30.56	150m: 1:40.72	35.45	250m: 2:52.79	35.79	350m: 4:04.76	35.65	
	100m: 1:05.27	34.71	200m: 2:17.00	36.28	300m: 3:29.11	36.32	400m: 4:36.65	31.89	
29.	PIRÓG Bartosz		01	MKP Szczecin				4:38.91	491
	50m: 31.26	31.26	150m: 1:41.61	35.31	250m: 2:53.22	36.03	350m: 4:05.18	35.57	
	100m: 1:06.30	35.04	200m: 2:17.19	35.58	300m: 3:29.61	36.39	400m: 4:38.91	33.73	
30.	ŁAPACZ Mateusz		00	MKP Szczecin				4:39.13	490
	50m: 31.59	31.59	150m: 1:42.50	36.09	250m: 2:54.97	36.21	350m: 4:05.61	34.73	
	100m: 1:06.41	34.82	200m: 2:18.76	36.26	300m: 3:30.88	35.91	400m: 4:39.13	33.52	
31.	RÓJ Jakub		01	MKP Szczecin				4:40.27	484
	50m: 31.70	31.70	150m: 1:43.65	36.34	250m: 2:55.50	35.83	350m: 4:07.15	35.46	
	100m: 1:07.31	35.61	200m: 2:19.67	36.02	300m: 3:31.69	36.19	400m: 4:40.27	33.12	
32.	DROZDA Jakub		01	Słowianka Gorzów				4:40.31	483
	50m: 31.87	31.87	150m: 1:43.23	36.13	250m: 2:55.44	36.13	350m: 4:06.22	34.67	
	100m: 1:07.10	35.23	200m: 2:19.31	36.08	300m: 3:31.55	36.11	400m: 4:40.31	34.09	
33.	STAWARUK Michał		99	Jedynka Łód				4:40.96	480
	50m: 30.01	30.01	150m: 1:39.76	35.67	250m: 2:52.31	36.57	350m: 4:05.39	36.73	
	100m: 1:04.09	34.08	200m: 2:15.74	35.98	300m: 3:28.66	36.35	400m: 4:40.96	35.57	
34.	BEDNARZ Olaf		00	Słowianka Gorzów				4:42.10	474
	50m: 32.30	32.30	150m: 1:44.36	35.75	250m: 2:56.53	35.89	350m: 4:07.15	34.79	
	100m: 1:08.61	36.31	200m: 2:20.64	36.28	300m: 3:32.36	35.83	400m: 4:42.10	34.95	
35.	GU CIN Eryk		01	Shark Rudna				4:45.01	460
	50m: 33.96	33.96	150m: 1:47.27	36.77	250m: 2:58.29	34.86	350m: 4:09.99	35.92	
	100m: 1:10.50	36.54	200m: 2:23.43	36.16	300m: 3:34.07	35.78	400m: 4:45.01	35.02	

Grand Prix - Puchar Polski w Pływaniu
Gorzów Wlkp., 2- - 3-5-2015

Konkurencja 12, M czynn, 400m dowolny, 14 lat i starsi

Pozycja			Rok ur.				Czas				Pkt.
36.	CZESZEWSKI Krystian		01	Znicz Koszalin			4:48.90				442
	50m:	34.59 34.59	150m:	1:48.53	37.25	250m:	3:02.65	36.86	350m:	4:14.90	35.89
	100m:	1:11.28 36.69	200m:	2:25.79	37.26	300m:	3:39.01	36.36	400m:	4:48.90	34.00
37.	WO NY Wiktor		01	Shark Rudna			4:50.66				434
	50m:	32.42 32.42	150m:	1:46.13	37.20	250m:	2:59.89	36.95	350m:	4:15.56	38.03
	100m:	1:08.93 36.51	200m:	2:22.94	36.81	300m:	3:37.53	37.64	400m:	4:50.66	35.10
38.	KOKOSZA Filip		00	Warta Pozna			4:54.85				415
	50m:	32.57 32.57	150m:	1:46.79	37.10	250m:	3:02.66	37.66	350m:	4:18.32	37.65
	100m:	1:09.69 37.12	200m:	2:25.00	38.21	300m:	3:40.67	38.01	400m:	4:54.85	36.53
39.	SZAJNICKI Szymon		00	Shark Rudna			5:08.83				361
	50m:	1:54.67 1:54.67	150m:	3:14.13	1:59.06	250m:	4:31.83	1:57.69	350m:		
	100m:	1:15.07	200m:	2:34.14		300m:	3:53.23		400m:	5:08.83	

14 lat

1.	KRZYMA SKI Kajetan		01	Gim 92 Ursynów			4:27.60				556
	50m:	30.44 30.44	150m:	1:38.11	34.17	250m:	2:46.44	34.29	350m:	3:54.88	33.97
	100m:	1:03.94 33.50	200m:	2:12.15	34.04	300m:	3:20.91	34.47	400m:	4:27.60	32.72
2.	WILEJTO Igor		01	Sambor Tczew			4:33.97				518
	50m:	32.62 32.62	150m:	1:42.94	35.40	250m:	2:52.24	34.70	350m:	4:01.65	34.78
	100m:	1:07.54 34.92	200m:	2:17.54	34.60	300m:	3:26.87	34.63	400m:	4:33.97	32.32
3.	BUGAŁA Krzysztof		01	MKP Szczecin			4:36.28				505
	50m:	31.35 31.35	150m:	1:42.52	35.99	250m:	2:53.66	35.42	350m:	4:03.62	34.98
	100m:	1:06.53 35.18	200m:	2:18.24	35.72	300m:	3:28.64	34.98	400m:	4:36.28	32.66
4.	PIRÓG Bartosz		01	MKP Szczecin			4:38.91				491
	50m:	31.26 31.26	150m:	1:41.61	35.31	250m:	2:53.22	36.03	350m:	4:05.18	35.57
	100m:	1:06.30 35.04	200m:	2:17.19	35.58	300m:	3:29.61	36.39	400m:	4:38.91	33.73
5.	RÓJ Jakub		01	MKP Szczecin			4:40.27				484
	50m:	31.70 31.70	150m:	1:43.65	36.34	250m:	2:55.50	35.83	350m:	4:07.15	35.46
	100m:	1:07.31 35.61	200m:	2:19.67	36.02	300m:	3:31.69	36.19	400m:	4:40.27	33.12
6.	DROZDA Jakub		01	Słowianka Gorzów			4:40.31				483
	50m:	31.87 31.87	150m:	1:43.23	36.13	250m:	2:55.44	36.13	350m:	4:06.22	34.67
	100m:	1:07.10 35.23	200m:	2:19.31	36.08	300m:	3:31.55	36.11	400m:	4:40.31	34.09
7.	GU CIN Eryk		01	Shark Rudna			4:45.01				460
	50m:	33.96 33.96	150m:	1:47.27	36.77	250m:	2:58.29	34.86	350m:	4:09.99	35.92
	100m:	1:10.50 36.54	200m:	2:23.43	36.16	300m:	3:34.07	35.78	400m:	4:45.01	35.02
8.	CZESZEWSKI Krystian		01	Znicz Koszalin			4:48.90				442
	50m:	34.59 34.59	150m:	1:48.53	37.25	250m:	3:02.65	36.86	350m:	4:14.90	35.89
	100m:	1:11.28 36.69	200m:	2:25.79	37.26	300m:	3:39.01	36.36	400m:	4:48.90	34.00
9.	WO NY Wiktor		01	Shark Rudna			4:50.66				434
	50m:	32.42 32.42	150m:	1:46.13	37.20	250m:	2:59.89	36.95	350m:	4:15.56	38.03
	100m:	1:08.93 36.51	200m:	2:22.94	36.81	300m:	3:37.53	37.64	400m:	4:50.66	35.10

15 lat

1.	KALKOWSKI Dawid		00	Sambor Tczew			4:18.54				616
	50m:	29.88 29.88	150m:	1:34.78	32.61	250m:	2:41.26	33.20	350m:	3:47.74	33.36
	100m:	1:02.17 32.29	200m:	2:08.06	33.28	300m:	3:14.38	33.12	400m:	4:18.54	30.80
2.	WAŁCERZ Mateusz		00	Słowianka Gorzów			4:23.45				582
	50m:	29.52 29.52	150m:	1:35.13	33.09	250m:	2:43.09	34.11	350m:	3:51.18	34.32
	100m:	1:02.04 32.52	200m:	2:08.98	33.85	300m:	3:16.86	33.77	400m:	4:23.45	32.27
3.	STONAWSKI Maciej		00	Słowianka Gorzów			4:25.90				566
	50m:	30.00 30.00	150m:	1:36.65	33.78	250m:	2:44.60	33.77	350m:	3:52.77	33.96
	100m:	1:02.87 32.87	200m:	2:10.83	34.18	300m:	3:18.81	34.21	400m:	4:25.90	33.13

Grand Prix - Puchar Polski w Pływaniu
Gorzów Wlkp., 2 - 3-5-2015

Konkurencja 12, Chłopców, 400m dowolny, 15 lat

Pozycja			Rok ur.						Czas	Pkt.
4.	LISEK Aleksander		00				Słowianka Gorzów		4:31.18	534
	50m:	29.96 29.96	150m:	1:36.17 33.75	250m:	2:46.11 35.16	350m:	3:57.11 35.35		
	100m:	1:02.42 32.46	200m:	2:10.95 34.78	300m:	3:21.76 35.65	400m:	4:31.18 34.07		
5.	ŁAPACZ Mateusz		00				MKP Szczecin		4:39.13	490
	50m:	31.59 31.59	150m:	1:42.50 36.09	250m:	2:54.97 36.21	350m:	4:05.61 34.73		
	100m:	1:06.41 34.82	200m:	2:18.76 36.26	300m:	3:30.88 35.91	400m:	4:39.13 33.52		
6.	BEDNARZ Olaf		00				Słowianka Gorzów		4:42.10	474
	50m:	32.30 32.30	150m:	1:44.36 35.75	250m:	2:56.53 35.89	350m:	4:07.15 34.79		
	100m:	1:08.61 36.31	200m:	2:20.64 36.28	300m:	3:32.36 35.83	400m:	4:42.10 34.95		
7.	KOKOSZA Filip		00				Warta Pozna		4:54.85	415
	50m:	32.57 32.57	150m:	1:46.79 37.10	250m:	3:02.66 37.66	350m:	4:18.32 37.65		
	100m:	1:09.69 37.12	200m:	2:25.00 38.21	300m:	3:40.67 38.01	400m:	4:54.85 36.53		
8.	SZAJNICKI Szymon		00				Shark Rudna		5:08.83	361
	50m:	1:54.67 1:54.67	150m:	3:14.13 1:59.06	250m:	4:31.83 1:57.69	350m:			
	100m:	1:15.07	200m:	2:34.14	300m:	3:53.23	400m:	5:08.83		

16 lat

1.	KRAWCZYK Paweł		99				BUKS Warszawa		4:11.07	673
	50m:	28.30 28.30	150m:	1:31.00 31.61	250m:	2:35.34 32.14	350m:	3:40.06 32.40		
	100m:	59.39 31.09	200m:	2:03.20 32.20	300m:	3:07.66 32.32	400m:	4:11.07 31.01		
2.	SZCZEPA SKI Kacper		99				Pi tnatka Bydgoszcz		4:13.98	650
	50m:	28.80 28.80	150m:	1:32.71 32.40	250m:	2:38.15 33.05	350m:	3:43.40 32.04		
	100m:	1:00.31 31.51	200m:	2:05.10 32.39	300m:	3:11.36 33.21	400m:	4:13.98 30.58		
3.	SOLAK Łukasz		99				Swim Płock		4:20.61	602
	50m:	29.16 29.16	150m:	1:34.34 32.54	250m:	2:40.68 32.66	350m:	3:48.85 34.16		
	100m:	1:01.80 32.64	200m:	2:08.02 33.68	300m:	3:14.69 34.01	400m:	4:20.61 31.76		
4.	GRYZ Dawid SSz		99				MKP Szczecin		4:31.43	532
	50m:	29.73 29.73	150m:	1:36.00 33.69	250m:	2:45.46 34.75	350m:	3:57.11 36.02		
	100m:	1:02.31 32.58	200m:	2:10.71 34.71	300m:	3:21.09 35.63	400m:	4:31.43 34.32		
5.	STAWARUK Michał		99				Jedynka Łód		4:40.96	480
	50m:	30.01 30.01	150m:	1:39.76 35.67	250m:	2:52.31 36.57	350m:	4:05.39 36.73		
	100m:	1:04.09 34.08	200m:	2:15.74 35.98	300m:	3:28.66 36.35	400m:	4:40.96 35.57		

17 - 18 lat

1.	STANISZEWSKI ADAM SSz		97				MKP Szczecin		4:07.59	702
	50m:	29.18 29.18	150m:	1:31.55 31.28	250m:	2:34.45 31.60	350m:	3:37.22 31.57		
	100m:	1:00.27 31.09	200m:	2:02.85 31.30	300m:	3:05.65 31.20	400m:	4:07.59 30.37		
2.	RÓJ Konrad Ssz		98				MKP Szczecin		4:07.81	700
	50m:	28.78 28.78	150m:	1:31.20 31.38	250m:	2:34.37 31.77	350m:	3:37.91 31.73		
	100m:	59.82 31.04	200m:	2:02.60 31.40	300m:	3:06.18 31.81	400m:	4:07.81 29.90		
3.	URBA SKI Michał		97				Pi tnatka Bydgoszcz		4:13.88	651
	50m:	28.76 28.76	150m:	1:32.95 32.40	250m:	2:38.30 32.59	350m:	3:43.83 32.30		
	100m:	1:00.55 31.79	200m:	2:05.71 32.76	300m:	3:11.53 33.23	400m:	4:13.88 30.05		
4.	GÓRSKI Marcin		97				MKP Szczecin		4:16.65	630
	50m:	29.83 29.83	150m:	1:34.96 32.64	250m:	2:39.97 32.42	350m:	3:45.15 32.29		
	100m:	1:02.32 32.49	200m:	2:07.55 32.59	300m:	3:12.86 32.89	400m:	4:16.65 31.50		
5.	STEC ADAM SSz		97				MKP Szczecin		4:17.40	624
	50m:	29.65 29.65	150m:	1:34.51 32.57	250m:	2:39.74 32.79	350m:	3:45.66 33.18		
	100m:	1:01.94 32.29	200m:	2:06.95 32.44	300m:	3:12.48 32.74	400m:	4:17.40 31.74		
6.	BRODOWSKI Jakub		97				Słowianka Gorzów		4:18.47	617
	50m:	29.55 29.55	150m:	1:33.80 32.51	250m:	2:39.32 32.44	350m:	3:45.88 33.01		
	100m:	1:01.29 31.74	200m:	2:06.88 33.08	300m:	3:12.87 33.55	400m:	4:18.47 32.59		

Grand Prix - Puchar Polski w Pływaniu
Gorzów Wlkp., 2- - 3-5-2015

Konkurencja 12, Chłopców, 400m dowolny, 17 - 18 lat

Pozycja			Rok ur.					Czas	Pkt.		
7.	BARTOSZEK Jarosław		97	Słowianka Gorzów				4:20.10	605		
	50m:	27.87 27.87	150m:	1:31.56	32.36	250m:	2:38.96	33.76	350m:	3:47.13	34.14
	100m:	59.20 31.33	200m:	2:05.20	33.64	300m:	3:12.99	34.03	400m:	4:20.10	32.97
8.	ZABOROWSKI Paweł		98	Jedynka Łód				4:20.15	605		
	50m:	29.59 29.59	150m:	1:35.30	32.91	250m:	2:41.18	32.69	350m:	3:47.68	33.19
	100m:	1:02.39 32.80	200m:	2:08.49	33.19	300m:	3:14.49	33.31	400m:	4:20.15	32.47
9.	KRUK Tomasz		98	Astromal Akwawit Leszno				4:36.65	503		
	50m:	30.56 30.56	150m:	1:40.72	35.45	250m:	2:52.79	35.79	350m:	4:04.76	35.65
	100m:	1:05.27 34.71	200m:	2:17.00	36.28	300m:	3:29.11	36.32	400m:	4:36.65	31.89

19 - 23 lat

1.	ZABOROWSKI Filip		94	MKP Szczecin				3:55.17	819		
	50m:	28.39 28.39	150m:	1:28.02	30.05	250m:	2:27.22	29.52	350m:	3:26.27	29.52
	100m:	57.97 29.58	200m:	1:57.70	29.68	300m:	2:56.75	29.53	400m:	3:55.17	28.90
2.	WOJDAK Wojciech SO		96	Unia Oswi cim				4:01.51	756		
	50m:	27.80 27.80	150m:	1:28.05	30.35	250m:	2:28.90	30.50	350m:	3:30.50	30.75
	100m:	57.70 29.90	200m:	1:58.40	30.35	300m:	2:59.75	30.85	400m:	4:01.51	31.01
3.	DUBIEL Adam		93	AZS AWF Warszawa				4:03.29	740		
	50m:	28.44 28.44	150m:	1:29.89	31.00	250m:	2:32.02	31.02	350m:	3:33.42	30.30
	100m:	58.89 30.45	200m:	2:01.00	31.11	300m:	3:03.12	31.10	400m:	4:03.29	29.87
4.	GŁYK Wojciech		92	AZS AWF Katowice				4:03.31	739		
	50m:	28.71 28.71	150m:	1:30.44	30.96	250m:	2:32.11	30.77	350m:	3:33.60	30.65
	100m:	59.48 30.77	200m:	2:01.34	30.90	300m:	3:02.95	30.84	400m:	4:03.31	29.71
5.	SMEJA Sławomir		94	AZS AWF Katowice				4:05.56	719		
	50m:	28.72 28.72	150m:	1:30.75	31.07	250m:	2:33.52	31.35	350m:	3:36.05	31.13
	100m:	59.68 30.96	200m:	2:02.17	31.42	300m:	3:04.92	31.40	400m:	4:05.56	29.51
6.	KACZMARSKI Marcin		94	MKP Szczecin				4:05.57	719		
	50m:	28.45 28.45	150m:	1:30.74	31.49	250m:	2:33.34	31.27	350m:	3:35.47	30.91
	100m:	59.25 30.80	200m:	2:02.07	31.33	300m:	3:04.56	31.22	400m:	4:05.57	30.10
7.	OSSES Arkadiusz		95	Warta Pozna				4:16.03	635		
	50m:	28.73 28.73	150m:	1:32.39	32.19	250m:	2:38.57	33.42	350m:	3:44.64	32.77
	100m:	1:00.20 31.47	200m:	2:05.15	32.76	300m:	3:11.87	33.30	400m:	4:16.03	31.39