

Letnie Otwarte Mistrzostwa Polski Osób Niepełnosprawnych
Gorzów Wlkp., 13- - 14-6-2015

Konkurencja 8
2015-06-13 - 12:33

M cyczn, 400m dowolny

Open
Wyniki

Punkty: IPC 2014

Pozycja									Czas	Pkt.		
Grupa S6												
1.	BURAK Martin		S6		Start Katowice				7:35.51	239		
	50m:	51.59	51.59	150m:	2:45.54	59.18	250m:	4:43.27	58.75	350m:	6:37.84	56.12
	100m:	1:46.36	54.77	200m:	3:44.52	58.98	300m:	5:41.72	58.45	400m:	7:35.51	57.67
Grupa S7												
1.	MEJSNER Piotr		S7		KSI Start Szczecin				5:45.50	527		
	50m:	38.27	38.27	150m:	2:04.29	44.12	250m:	3:33.41	44.73	350m:	5:02.47	44.07
	100m:	1:20.17	41.90	200m:	2:48.68	44.39	300m:	4:18.40	44.99	400m:	5:45.50	43.03
2.	CEGLARSKI Marcin		S7		KSN Start Warszawa				6:04.29	450		
	50m:	40.82	40.82	150m:	2:11.37	46.05	250m:	3:45.19	47.03	350m:	5:18.80	46.77
	100m:	1:25.32	44.50	200m:	2:58.16	46.79	300m:	4:32.03	46.84	400m:	6:04.29	45.49
3.	NIEMANN Damian		S7		Start Wrocław				6:53.29	308		
	50m:	43.82	43.82	150m:	2:23.08	49.91	250m:	4:10.30	53.73	350m:	5:59.50	54.88
	100m:	1:33.17	49.35	200m:	3:16.57	53.49	300m:	5:04.62	54.32	400m:	6:53.29	53.79
4.	HANKUS Kamil		S7		Start Katowice				7:00.45	293		
	50m:	46.66	46.66	150m:	48.84		250m:	2:31.30		350m:	4:17.27	
	100m:	1:38.16	51.50	200m:	3:24.72	2:35.88	300m:	5:11.88	2:40.58	400m:	7:00.45	2:43.18
Grupa S8												
1.	WAWRZYNIAK Witold		S8		Start Wrocław				8:17.35	153		
	50m:	55.65	55.65	150m:	3:02.21	1:03.59	250m:	5:09.76	1:04.59	350m:	7:15.91	1:02.95
	100m:	1:58.62	1:02.97	200m:	4:05.17	1:02.96	300m:	6:12.96	1:03.20	400m:	8:17.35	1:01.44
Grupa S9												
1.	BISKUP Patryk		S9		Start Kalisz				4:35.40	747		
	50m:	31.70	31.70	150m:	1:41.15	35.20	250m:	2:51.61	35.36	350m:	4:01.91	34.83
	100m:	1:05.95	34.25	200m:	2:16.25	35.10	300m:	3:27.08	35.47	400m:	4:35.40	33.49
2.	BARTNIK Mateusz		S9		ICSiR Start Lublin				4:37.19	733		
	50m:	32.46	32.46	150m:	1:42.69	34.99	250m:	2:52.83	34.57	350m:	4:02.79	34.72
	100m:	1:07.70	35.24	200m:	2:18.26	35.57	300m:	3:28.07	35.24	400m:	4:37.19	34.40
3.	WAWER Jacek		S9		Start Zielona Góra				6:04.72	322		
	50m:	39.47	39.47	150m:	2:08.14	45.18	250m:	3:42.11	47.18	350m:	5:17.19	47.47
	100m:	1:22.96	43.49	200m:	2:54.93	46.79	300m:	4:29.72	47.61	400m:	6:04.72	47.53
4.	ZAR BSKI Tomasz		S9		Start Katowice				6:47.69	230		
	50m:	44.54	44.54	150m:	2:23.44	50.28	250m:	4:09.49	53.62	350m:	5:57.14	53.42
	100m:	1:33.16	48.62	200m:	3:15.87	52.43	300m:	5:03.72	54.23	400m:	6:47.69	50.55
Grupa S10												
1.	KOWALSKI Patryk		S10		Szansa Start Gda sk				4:35.82	694		
	50m:	31.51	31.51	150m:	1:40.29	34.53	250m:	2:50.21	35.20	350m:	4:01.01	35.03
	100m:	1:05.76	34.25	200m:	2:15.01	34.72	300m:	3:25.98	35.77	400m:	4:35.82	34.81
2.	HREHOROWICZ Igor		S10		Start Wrocław				5:18.59	450		
	50m:	34.74	34.74	150m:	1:55.56	40.00	250m:	3:16.21	39.74	350m:	4:37.47	40.40
	100m:	1:15.56	40.82	200m:	2:36.47	40.91	300m:	3:57.07	40.86	400m:	5:18.59	41.12
3.	TUL Jakub		S10		Start Wrocław				6:07.97	292		
	50m:	41.39	41.39	150m:	2:14.91	48.06	250m:	3:50.42	47.99	350m:	5:24.75	47.25
	100m:	1:26.85	45.46	200m:	3:02.43	47.52	300m:	4:37.50	47.08	400m:	6:07.97	43.22

Letnie Otwarte Mistrzostwa Polski Osób Niepełnosprawnych
Gorzów Wlkp., 13- - 14-6-2015

Konkurencja 8, M cżyn, 400m dowolny

Grupa S12

1. JASTRZ BSKI Adrian	S12	IKS AWF Warszawa	5:23.33	440
50m: 32.95 32.95	150m: 1:51.82	40.24	250m: 3:13.96	40.98
100m: 1:11.58 38.63	200m: 2:32.98	41.16	300m: 3:59.41	45.45
			350m: 4:42.34	42.93
			400m: 5:23.33	40.99

Grupa S1 - 10

1. BISKUP Patryk	S9	Start Kalisz	4:35.40	747
50m: 31.70 31.70	150m: 1:41.15	35.20	250m: 2:51.61	35.36
100m: 1:05.95 34.25	200m: 2:16.25	35.10	300m: 3:27.08	35.47
			350m: 4:01.91	34.83
			400m: 4:35.40	33.49
2. BARTNIK Mateusz	S9	ICSiR Start Lublin	4:37.19	733
50m: 32.46 32.46	150m: 1:42.69	34.99	250m: 2:52.83	34.57
100m: 1:07.70 35.24	200m: 2:18.26	35.57	300m: 3:28.07	35.24
			350m: 4:02.79	34.72
			400m: 4:37.19	34.40
3. KOWALSKI Patryk	S10	Szansa Start Gda sk	4:35.82	694
50m: 31.51 31.51	150m: 1:40.29	34.53	250m: 2:50.21	35.20
100m: 1:05.76 34.25	200m: 2:15.01	34.72	300m: 3:25.98	35.77
			350m: 4:01.01	35.03
			400m: 4:35.82	34.81
4. MEJSNER Piotr	S7	KSI Start Szczecin	5:45.50	527
50m: 38.27 38.27	150m: 2:04.29	44.12	250m: 3:33.41	44.73
100m: 1:20.17 41.90	200m: 2:48.68	44.39	300m: 4:18.40	44.99
			350m: 5:02.47	44.07
			400m: 5:45.50	43.03
5. HREHOROWICZ Igor	S10	Start Wrocław	5:18.59	450
50m: 34.74 34.74	150m: 1:55.56	40.00	250m: 3:16.21	39.74
100m: 1:15.56 40.82	200m: 2:36.47	40.91	300m: 3:57.07	40.86
			350m: 4:37.47	40.40
			400m: 5:18.59	41.12
CEGLARSKI Marcin	S7	KSN Start Warszawa	6:04.29	450
50m: 40.82 40.82	150m: 2:11.37	46.05	250m: 3:45.19	47.03
100m: 1:25.32 44.50	200m: 2:58.16	46.79	300m: 4:32.03	46.84
			350m: 5:18.80	46.77
			400m: 6:04.29	45.49
7. WAWER Jacek	S9	Start Zielona Góra	6:04.72	322
50m: 39.47 39.47	150m: 2:08.14	45.18	250m: 3:42.11	47.18
100m: 1:22.96 43.49	200m: 2:54.93	46.79	300m: 4:29.72	47.61
			350m: 5:17.19	47.47
			400m: 6:04.72	47.53
8. NIEMANN Damian	S7	Start Wrocław	6:53.29	308
50m: 43.82 43.82	150m: 2:23.08	49.91	250m: 4:10.30	53.73
100m: 1:33.17 49.35	200m: 3:16.57	53.49	300m: 5:04.62	54.32
			350m: 5:59.50	54.88
			400m: 6:53.29	53.79
9. HANKUS Kamil	S7	Start Katowice	7:00.45	293
50m: 46.66 46.66	150m: 48.84		250m: 2:31.30	
100m: 1:38.16 51.50	200m: 3:24.72	2:35.88	300m: 5:11.88	2:40.58
			350m: 4:17.27	
			400m: 7:00.45	2:43.18
10. TUL Jakub	S10	Start Wrocław	6:07.97	292
50m: 41.39 41.39	150m: 2:14.91	48.06	250m: 3:50.42	47.99
100m: 1:26.85 45.46	200m: 3:02.43	47.52	300m: 4:37.50	47.08
			350m: 5:24.75	47.25
			400m: 6:07.97	43.22
11. BURAK Martin	S6	Start Katowice	7:35.51	239
50m: 51.59 51.59	150m: 2:45.54	59.18	250m: 4:43.27	58.75
100m: 1:46.36 54.77	200m: 3:44.52	58.98	300m: 5:41.72	58.45
			350m: 6:37.84	56.12
			400m: 7:35.51	57.67
12. ZAR BSKI Tomasz	S9	Start Katowice	6:47.69	230
50m: 44.54 44.54	150m: 2:23.44	50.28	250m: 4:09.49	53.62
100m: 1:33.16 48.62	200m: 3:15.87	52.43	300m: 5:03.72	54.23
			350m: 5:57.14	53.42
			400m: 6:47.69	50.55
13. WAWRZYNIAK Witold	S8	Start Wrocław	8:17.35	153
50m: 55.65 55.65	150m: 3:02.21	1:03.59	250m: 5:09.76	1:04.59
100m: 1:58.62 1:02.97	200m: 4:05.17	1:02.96	300m: 6:12.96	1:03.20
			350m: 7:15.91	1:02.95
			400m: 8:17.35	1:01.44
14. KOZŁOWSKI Jakub	S5	Start Białystok	8:58.79	
50m: 54.58 54.58	150m: 3:05.71	1:08.20	250m: 5:26.59	1:11.05
100m: 1:57.51 1:02.93	200m: 4:15.54	1:09.83	300m: 6:37.93	1:11.34
			350m: 7:49.23	1:11.30
			400m: 8:58.79	1:09.56

Grupa S11 - 13

1. JASTRZ BSKI Adrian	S12	IKS AWF Warszawa	5:23.33	440
50m: 32.95 32.95	150m: 1:51.82	40.24	250m: 3:13.96	40.98
100m: 1:11.58 38.63	200m: 2:32.98	41.16	300m: 3:59.41	45.45
			350m: 4:42.34	42.93
			400m: 5:23.33	40.99

Letnie Otwarte Mistrzostwa Polski Osób Niepełnosprawnych
Gorzów Wlkp., 13- - 14-6-2015

Konkurencja 8, M czyzn, 400m dowolny

Open

1.	BISKUP Patryk		S9	Start Kalisz		4:35.40	747	
	50m: 31.70	31.70	150m: 1:41.15	35.20	250m: 2:51.61	35.36	350m: 4:01.91	34.83
	100m: 1:05.95	34.25	200m: 2:16.25	35.10	300m: 3:27.08	35.47	400m: 4:35.40	33.49
2.	BARTNIK Mateusz		S9	ICSiR Start Lublin		4:37.19	733	
	50m: 32.46	32.46	150m: 1:42.69	34.99	250m: 2:52.83	34.57	350m: 4:02.79	34.72
	100m: 1:07.70	35.24	200m: 2:18.26	35.57	300m: 3:28.07	35.24	400m: 4:37.19	34.40
3.	KOWALSKI Patryk		S10	Szansa Start Gda sk		4:35.82	694	
	50m: 31.51	31.51	150m: 1:40.29	34.53	250m: 2:50.21	35.20	350m: 4:01.01	35.03
	100m: 1:05.76	34.25	200m: 2:15.01	34.72	300m: 3:25.98	35.77	400m: 4:35.82	34.81
4.	MEJSNER Piotr		S7	KSI Start Szczecin		5:45.50	527	
	50m: 38.27	38.27	150m: 2:04.29	44.12	250m: 3:33.41	44.73	350m: 5:02.47	44.07
	100m: 1:20.17	41.90	200m: 2:48.68	44.39	300m: 4:18.40	44.99	400m: 5:45.50	43.03
5.	HREHOROWICZ Igor		S10	Start Wrocław		5:18.59	450	
	50m: 34.74	34.74	150m: 1:55.56	40.00	250m: 3:16.21	39.74	350m: 4:37.47	40.40
	100m: 1:15.56	40.82	200m: 2:36.47	40.91	300m: 3:57.07	40.86	400m: 5:18.59	41.12
	CEGLARSKI Marcin		S7	KSN Start Warszawa		6:04.29	450	
	50m: 40.82	40.82	150m: 2:11.37	46.05	250m: 3:45.19	47.03	350m: 5:18.80	46.77
	100m: 1:25.32	44.50	200m: 2:58.16	46.79	300m: 4:32.03	46.84	400m: 6:04.29	45.49
7.	JASTRZ BSKI Adrian		S12	IKS AWF Warszawa		5:23.33	440	
	50m: 32.95	32.95	150m: 1:51.82	40.24	250m: 3:13.96	40.98	350m: 4:42.34	42.93
	100m: 1:11.58	38.63	200m: 2:32.98	41.16	300m: 3:59.41	45.45	400m: 5:23.33	40.99
8.	WAWER Jacek		S9	Start Zielona Góra		6:04.72	322	
	50m: 39.47	39.47	150m: 2:08.14	45.18	250m: 3:42.11	47.18	350m: 5:17.19	47.47
	100m: 1:22.96	43.49	200m: 2:54.93	46.79	300m: 4:29.72	47.61	400m: 6:04.72	47.53
9.	NIEMANN Damian		S7	Start Wrocław		6:53.29	308	
	50m: 43.82	43.82	150m: 2:23.08	49.91	250m: 4:10.30	53.73	350m: 5:59.50	54.88
	100m: 1:33.17	49.35	200m: 3:16.57	53.49	300m: 5:04.62	54.32	400m: 6:53.29	53.79
10.	HANKUS Kamil		S7	Start Katowice		7:00.45	293	
	50m: 46.66	46.66	150m: 48.84		250m: 2:31.30		350m: 4:17.27	
	100m: 1:38.16	51.50	200m: 3:24.72	2:35.88	300m: 5:11.88	2:40.58	400m: 7:00.45	2:43.18
11.	TUL Jakub		S10	Start Wrocław		6:07.97	292	
	50m: 41.39	41.39	150m: 2:14.91	48.06	250m: 3:50.42	47.99	350m: 5:24.75	47.25
	100m: 1:26.85	45.46	200m: 3:02.43	47.52	300m: 4:37.50	47.08	400m: 6:07.97	43.22
12.	BURAK Martin		S6	Start Katowice		7:35.51	239	
	50m: 51.59	51.59	150m: 2:45.54	59.18	250m: 4:43.27	58.75	350m: 6:37.84	56.12
	100m: 1:46.36	54.77	200m: 3:44.52	58.98	300m: 5:41.72	58.45	400m: 7:35.51	57.67
13.	ZAR BSKI Tomasz		S9	Start Katowice		6:47.69	230	
	50m: 44.54	44.54	150m: 2:23.44	50.28	250m: 4:09.49	53.62	350m: 5:57.14	53.42
	100m: 1:33.16	48.62	200m: 3:15.87	52.43	300m: 5:03.72	54.23	400m: 6:47.69	50.55
14.	WAWRZYNIAK Witold		S8	Start Wrocław		8:17.35	153	
	50m: 55.65	55.65	150m: 3:02.21	1:03.59	250m: 5:09.76	1:04.59	350m: 7:15.91	1:02.95
	100m: 1:58.62	1:02.97	200m: 4:05.17	1:02.96	300m: 6:12.96	1:03.20	400m: 8:17.35	1:01.44
15.	KOZŁOWSKI Jakub		S5	Start Białystok		8:58.79		
	50m: 54.58	54.58	150m: 3:05.71	1:08.20	250m: 5:26.59	1:11.05	350m: 7:49.23	1:11.30
	100m: 1:57.51	1:02.93	200m: 4:15.54	1:09.83	300m: 6:37.93	1:11.34	400m: 8:58.79	1:09.56