

Zimowe Mistrzostwa Polski Juniorów Mł-15 lat
Gorzów Wlkp., 4- - 6-3-2016

Konkurencja 11		Dziewcz t, 400m zmienny								15 lat		
2016-03-04 - 13:33										Wyniki Eliminacje		
Rekord Polski 15 lat		4:45.72		SZPUCHA Katarzyna		00505		Ciechanow		2011-03-11		
Punkty: FINA 2015												
Pozycja				Rok ur.						Czas	Pkt.	
1.	HALICKA Lidia				01	WKS I sk Wrocław					5:02.62	633 A
	50m:	32.25	32.25	150m:	1:49.24	38.71	250m:	3:10.45	43.15	350m:	4:29.36	36.22
	100m:	1:10.53	38.28	200m:	2:27.30	38.06	300m:	3:53.14	42.69	400m:	5:02.62	33.26
2.	WOŁEK Oliwia				01	KS KSZO Ostrowiec wi tokrzyski					5:03.50	627 A
	50m:	33.40	33.40	150m:	1:50.40	39.37	250m:	3:10.55	42.10	350m:	4:29.46	36.90
	100m:	1:11.03	37.63	200m:	2:28.45	38.05	300m:	3:52.56	42.01	400m:	5:03.50	34.04
3.	MAZURKIEWICZ Barbara				01	IKS Konstancin					5:04.82	619 A
	50m:	31.34	31.34	150m:	1:46.87	39.61	250m:	3:09.43	43.81	350m:	4:30.70	36.20
	100m:	1:07.26	35.92	200m:	2:25.62	38.75	300m:	3:54.50	45.07	400m:	5:04.82	34.12
4.	WETT Oliwia				01	MKS Sambor Tczew					5:06.24	610 A
	50m:	32.44	32.44	150m:	1:49.81	40.18	250m:	3:12.25	43.32	350m:	4:31.45	36.22
	100m:	1:09.63	37.19	200m:	2:28.93	39.12	300m:	3:55.23	42.98	400m:	5:06.24	34.79
5.	COCHÓR Izabela				01	UKS Ostrobramska Warszawa					5:06.91	606 A
	50m:	32.79	32.79	150m:	1:50.19	38.49	250m:	3:12.18	44.13	350m:	4:32.18	35.50
	100m:	1:11.70	38.91	200m:	2:28.05	37.86	300m:	3:56.68	44.50	400m:	5:06.91	34.73
6.	BURA Dominika				01	UKS Aligator Gorzyce					5:07.46	603 A
	50m:	33.62	33.62	150m:	1:50.52	40.21	250m:	3:12.83	41.69	350m:	4:32.29	36.88
	100m:	1:10.31	36.69	200m:	2:31.14	40.62	300m:	3:55.41	42.58	400m:	5:07.46	35.17
7.	OSTROWSKA Kamila				01	UKS Aligator Gorzyce					5:09.14	593 A
	50m:	32.43	32.43	150m:	1:49.22	38.40	250m:	3:12.78	44.03	350m:	4:34.72	37.28
	100m:	1:10.82	38.39	200m:	2:28.75	39.53	300m:	3:57.44	44.66	400m:	5:09.14	34.42
8.	W GRZYNOWSKA Aleksandra				01	WKS I sk Wrocław					5:09.68	590 A
	50m:	33.05	33.05	150m:	1:51.74	39.95	250m:	3:16.64	44.54	350m:	4:36.50	34.61
	100m:	1:11.79	38.74	200m:	2:32.10	40.36	300m:	4:01.89	45.25	400m:	5:09.68	33.18
9.	ST PI SKA Natalia				01	KS Korona Kraków					5:12.53	574 B
	50m:	34.20	34.20	150m:	1:54.35	38.79	250m:	3:18.06	45.08	350m:	4:38.97	34.86
	100m:	1:15.56	41.36	200m:	2:32.98	38.63	300m:	4:04.11	46.05	400m:	5:12.53	33.56
10.	MICHNIEWSKA Anna				01	UKS G-8 Bielany Warszawa					5:14.23	565 B
	50m:	33.08	33.08	150m:	1:51.39	39.53	250m:	3:17.27	46.66	350m:	4:39.82	35.65
	100m:	1:11.86	38.78	200m:	2:30.61	39.22	300m:	4:04.17	46.90	400m:	5:14.23	34.41
11.	KEMPA Anna SO				01	MMKS K dzierzyn-Ko le					5:17.10	550 B
	50m:	33.69	33.69	150m:	1:54.12	40.99	250m:	3:16.48	42.06	350m:	4:40.73	39.76
	100m:	1:13.13	39.44	200m:	2:34.42	40.30	300m:	4:00.97	44.49	400m:	5:17.10	36.37
12.	CZORNIK Julia				01	KS Pi tka Chorzów					5:17.87	546 B
	50m:	34.06	34.06	150m:	1:52.81	39.08	250m:	3:18.02	46.33	350m:	4:42.85	37.40
	100m:	1:13.73	39.67	200m:	2:31.69	38.88	300m:	4:05.45	47.43	400m:	5:17.87	35.02
13.	OSI SKA Wiktoria				01	UKS SP 149 Łód					5:21.34	528 B
	50m:	32.34	32.34	150m:	1:50.73	40.69	250m:	3:19.09	48.24	350m:	4:46.09	37.48
	100m:	1:10.04	37.70	200m:	2:30.85	40.12	300m:	4:08.61	49.52	400m:	5:21.34	35.25
14.	KRZY A SKA Karolina				01	MKP Szczecin					5:21.52	527 B
	50m:	34.11	34.11	150m:	1:55.08	41.93	250m:	3:21.66	45.51	350m:	4:44.88	37.08
	100m:	1:13.15	39.04	200m:	2:36.15	41.07	300m:	4:07.80	46.14	400m:	5:21.52	36.64
15.	WIDERSKA Barbara				01	UKS Pingwiny Warszawa					5:21.54	527 B
	50m:	33.54	33.54	150m:	1:53.76	42.05	250m:	3:21.90	47.56	350m:	4:45.87	38.13
	100m:	1:11.71	38.17	200m:	2:34.34	40.58	300m:	4:07.74	45.84	400m:	5:21.54	35.67

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Konkurencja 11, Dziewcz t, 400m zmienny, Eliminacje, 15 lat

Pozycja			Rok ur.					Czas	Pkt.			
16.	MA DOK	Klaudia	01	Nowy KP Bielsko-Biała				5:21.77	526 B			
	50m:	34.88	34.88	150m:	1:55.40	40.74	250m:	3:23.87	48.57	350m:	4:46.74	35.50
	100m:	1:14.66	39.78	200m:	2:35.30	39.90	300m:	4:11.24	47.37	400m:	5:21.77	35.03
17.	HOLAK	Marta	01	MUKS Pi tnaстка Bydgoszcz				5:23.96	516 R			
	50m:	33.49	33.49	150m:	1:52.26	40.51	250m:	3:21.12	48.45	350m:	4:46.98	38.36
	100m:	1:11.75	38.26	200m:	2:32.67	40.41	300m:	4:08.62	47.50	400m:	5:23.96	36.98
18.	HOJÓŁ	Agata	01	UKS SMS Galicja Kraków				5:26.94	502 R			
	50m:	31.92	31.92	150m:	1:53.47	44.16	250m:	3:22.85	47.29	350m:	4:50.37	39.04
	100m:	1:09.31	37.39	200m:	2:35.56	42.09	300m:	4:11.33	48.48	400m:	5:26.94	36.57
19.	TOBIASZ	Anna	01	UKS Victoria Józefów				5:29.98	488			
	50m:	33.35	33.35	150m:	1:55.09	41.66	250m:	3:25.15	48.79	350m:	4:53.14	37.95
	100m:	1:13.43	40.08	200m:	2:36.36	41.27	300m:	4:15.19	50.04	400m:	5:29.98	36.84
20.	SKROK	Zuzanna	01	SP Motyl MOSiR Stalowa Wola				5:31.52	481			
	50m:	33.97	33.97	150m:	1:58.21	43.67	250m:	3:27.36	46.12	350m:	4:53.81	39.02
	100m:	1:14.54	40.57	200m:	2:41.24	43.03	300m:	4:14.79	47.43	400m:	5:31.52	37.71
21.	BIENIECKA	Natalia	01	MKS Polonia Warszawa				5:34.08	470			
	50m:	33.61	33.61	150m:	1:57.09	43.37	250m:	3:25.92	46.35	350m:	4:54.76	41.41
	100m:	1:13.72	40.11	200m:	2:39.57	42.48	300m:	4:13.35	47.43	400m:	5:34.08	39.32
22.	KOZANECKA	Katarzyna	01	KS Posnania Pozna				5:35.00	466			
	50m:	36.68	36.68	150m:	2:03.65	43.28	250m:	3:33.46	46.40	350m:	4:59.27	38.04
	100m:	1:20.37	43.69	200m:	2:47.06	43.41	300m:	4:21.23	47.77	400m:	5:35.00	35.73
23.	KRÓŁ	Wiktoria	01	KS Warta Pozna				5:35.45	464			
	50m:	36.62	36.62	150m:	2:01.21	40.82	250m:	3:30.78	47.76	350m:	4:58.81	37.68
	100m:	1:20.39	43.77	200m:	2:43.02	41.81	300m:	4:21.13	50.35	400m:	5:35.45	36.64
24.	ZYCH	Natalia	01	UKS 51 Lublin				5:39.08	450			
	50m:	34.91	34.91	150m:	2:01.04	42.57	250m:	3:31.21	48.32	350m:	4:59.80	39.91
	100m:	1:18.47	43.56	200m:	2:42.89	41.85	300m:	4:19.89	48.68	400m:	5:39.08	39.28
25.	MAZUREK	Gabriela	01	KS Korona Kraków				5:41.12	442			
	50m:	38.06	38.06	150m:	2:04.60	42.99	250m:	3:35.55	48.37	350m:	5:03.62	39.43
	100m:	1:21.61	43.55	200m:	2:47.18	42.58	300m:	4:24.19	48.64	400m:	5:41.12	37.50
26.	WO NIAK	Joanna	01	MKP Szczecin				5:42.25	437			
	50m:	37.71	37.71	150m:	2:02.25	42.37	250m:	3:33.90	50.09	350m:	5:04.04	39.83
	100m:	1:19.88	42.17	200m:	2:43.81	41.56	300m:	4:24.21	50.31	400m:	5:42.25	38.21