

Zimowe Mistrzostwa Polski Juniorów Mł-15 lat
Gorzów Wlkp., 4- - 6-3-2016

Konkurencja 11	Dziewcz t, 400m zmienny				15 lat
2016-03-04 - 18:52					Wyniki Finał
Rekord Polski 15 lat	4:45.72	SZPUCHA Katarzyna	00505	Ciechanow	2011-03-11

Punkty: FINA 2015

Pozycja			Rok ur.							Czas	Pkt.	
Finał A												
1.	HALICKA Lidia		01	WKS I sk Wrocław						4:52.52	701	
	50m:	31.42	31.42	150m:	1:44.46	35.93	250m:	3:02.87	42.30	350m:	4:19.87	34.90
	100m:	1:08.53	37.11	200m:	2:20.57	36.11	300m:	3:44.97	42.10	400m:	4:52.52	32.65
2.	WOŁEK Oliwia		01	KS KSZO Ostrowiec wi tokrzyski						4:56.48	673	
	50m:	33.01	33.01	150m:	1:47.92	38.68	250m:	3:06.64	41.15	350m:	4:23.28	34.46
	100m:	1:09.24	36.23	200m:	2:25.49	37.57	300m:	3:48.82	42.18	400m:	4:56.48	33.20
3.	WETT Oliwia		01	MKS Sambor Tczew						4:56.74	671	
	50m:	31.72	31.72	150m:	1:47.13	38.63	250m:	3:07.06	42.33	350m:	4:23.83	34.42
	100m:	1:08.50	36.78	200m:	2:24.73	37.60	300m:	3:49.41	42.35	400m:	4:56.74	32.91
4.	BURA Dominika		01	UKS Aligator Gorzyce						4:59.06	656	
	50m:	32.72	32.72	150m:	1:50.72	40.91	250m:	3:12.76	40.54	350m:	4:27.49	33.08
	100m:	1:09.81	37.09	200m:	2:32.22	41.50	300m:	3:54.41	41.65	400m:	4:59.06	31.57
5.	OSTROWSKA Kamila		01	UKS Aligator Gorzyce						5:03.50	627	
	50m:	32.14	32.14	150m:	1:46.80	37.72	250m:	3:08.95	43.36	350m:	4:28.76	36.15
	100m:	1:09.08	36.94	200m:	2:25.59	38.79	300m:	3:52.61	43.66	400m:	5:03.50	34.74
6.	MAZURKIEWICZ Barbara		01	IKS Konstancin						5:05.69	614	
	50m:	31.18	31.18	150m:	1:46.99	39.87	250m:	3:11.07	44.97	350m:	4:32.14	35.70
	100m:	1:07.12	35.94	200m:	2:26.10	39.11	300m:	3:56.44	45.37	400m:	5:05.69	33.55
7.	COCHÓR Izabela		01	UKS Ostrobramska Warszawa						5:06.80	607	
	50m:	32.65	32.65	150m:	1:50.02	39.05	250m:	3:12.53	44.38	350m:	4:33.63	35.67
	100m:	1:10.97	38.32	200m:	2:28.15	38.13	300m:	3:57.96	45.43	400m:	5:06.80	33.17
8.	W GRZYNOWSKA Aleksandra		01	WKS I sk Wrocław						5:11.40	581	
	50m:	33.12	33.12	150m:	1:51.23	39.61	250m:	3:16.34	45.27	350m:	4:36.94	35.07
	100m:	1:11.62	38.50	200m:	2:31.07	39.84	300m:	4:01.87	45.53	400m:	5:11.40	34.46
Finał B												
9.	MICHNIEWSKA Anna		01	UKS G-8 Bielany Warszawa						5:10.04	588	
	50m:	32.90	32.90	150m:	1:49.35	38.67	250m:	3:14.79	46.28	350m:	4:35.79	35.10
	100m:	1:10.68	37.78	200m:	2:28.51	39.16	300m:	4:00.69	45.90	400m:	5:10.04	34.25
10.	ST PI SKA Natalia		01	KS Korona Kraków						5:12.33	575	
	50m:	35.49	35.49	150m:	1:53.45	39.01	250m:	3:18.93	46.91	350m:	4:38.95	35.67
	100m:	1:14.44	38.95	200m:	2:32.02	38.57	300m:	4:03.28	44.35	400m:	5:12.33	33.38
11.	KEMPA Anna SO		01	MMKS K dzierzyn-Ko le						5:15.27	559	
	50m:	33.86	33.86	150m:	1:54.52	41.27	250m:	3:17.74	42.16	350m:	4:39.00	37.73
	100m:	1:13.25	39.39	200m:	2:35.58	41.06	300m:	4:01.27	43.53	400m:	5:15.27	36.27
12.	CZORNIK Julia		01	KS Pi tka Chorzów						5:19.26	539	
	50m:	34.70	34.70	150m:	1:53.01	38.67	250m:	3:19.03	45.59	350m:	4:42.53	37.25
	100m:	1:14.34	39.64	200m:	2:33.44	40.43	300m:	4:05.28	46.25	400m:	5:19.26	36.73
13.	OSI SKA Wiktoria		01	UKS SP 149 Łód						5:20.74	531	
	50m:	32.63	32.63	150m:	1:51.41	40.84	250m:	3:19.88	48.29	350m:	4:45.90	37.12
	100m:	1:10.57	37.94	200m:	2:31.59	40.18	300m:	4:08.78	48.90	400m:	5:20.74	34.84
14.	WIDERSKA Barbara		01	UKS Pingwiny Warszawa						5:21.19	529	
	50m:	33.10	33.10	150m:	1:52.55	42.01	250m:	3:21.05	47.85	350m:	4:46.15	37.72
	100m:	1:10.54	37.44	200m:	2:33.20	40.65	300m:	4:08.43	47.38	400m:	5:21.19	35.04

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15.	MA	DOK	Klaudia	01	Nowy KP	Bielsko-Biała			5:22.53	523
	50m:	34.59	34.59	150m:	1:55.79	41.62	250m:	3:25.32	49.18	35.90
	100m:	1:14.17	39.58	200m:	2:36.14	40.35	300m:	4:12.89	47.57	33.74
16.	KRZY	A	SKA	01	MKP	Szczecin			5:24.58	513
	50m:	33.67	33.67	150m:	1:55.49	41.34	250m:	3:22.19	46.10	38.00
	100m:	1:14.15	40.48	200m:	2:36.09	40.60	300m:	4:09.30	47.11	37.28