



Zimowe Mistrzostwa Polski Juniorów Mł-15 lat  
Gorzów Wlkp., 4- - 6-3-2016

Konkurencja 12  
2016-03-04 - 14:00

Chłopców, 400m zmienny

15 lat  
Wyniki Eliminacje

Rekord Polski 15 lat 4:23.69 KAŁUSOWSKI Jan 00905 Lublin 2015-12-18

Punkty: FINA 2015

Pozycja	Rok ur.	Czas	Pkt.
1. SACHA Kamil	01 CSIR MOS D browa Górnicza	<b>4:37.69</b>	609 A
50m: 29.47 29.47	150m: 1:38.33 35.53	250m: 2:53.62 40.10	350m: 4:06.69 32.54
100m: 1:02.80 33.33	200m: 2:13.52 35.19	300m: 3:34.15 40.53	400m: 4:37.69 31.00
2. WARZOCHA Albert	01 KS Warta Pozna	<b>4:38.33</b>	605 A
50m: 31.07 31.07	150m: 1:40.14 36.22	250m: 2:55.85 38.94	350m: 4:08.38 32.88
100m: 1:03.92 32.85	200m: 2:16.91 36.77	300m: 3:35.50 39.65	400m: 4:38.33 29.95
3. BARUSI SKI Kordian	01 MUKS Korona Swim Kielce	<b>4:40.04</b>	594 A
50m: 28.76 28.76	150m: 1:38.74 35.98	250m: 2:55.53 40.77	350m: 4:08.36 33.05
100m: 1:02.76 34.00	200m: 2:14.76 36.02	300m: 3:35.31 39.78	400m: 4:40.04 31.68
4. GOTSZLING Dawid	01 SKP Barkuda Starachowice	<b>4:40.31</b>	593 A
50m: 29.04 29.04	150m: 1:39.67 36.03	250m: 2:54.90 39.66	350m: 4:09.12 33.09
100m: 1:03.64 34.60	200m: 2:15.24 35.57	300m: 3:36.03 41.13	400m: 4:40.31 31.19
5. ADAMCZAK Jakub	01 UKS Shark Rudna	<b>4:41.20</b>	587 A
50m: 30.51 30.51	150m: 1:42.30 35.64	250m: 2:57.57 38.14	350m: 4:09.38 33.83
100m: 1:06.66 36.15	200m: 2:19.43 37.13	300m: 3:35.55 37.98	400m: 4:41.20 31.82
6. WILEJTO Igor	01 MKS Sambor Tczew	<b>4:41.66</b>	584 A
50m: 30.65 30.65	150m: 1:41.66 36.13	250m: 2:56.84 40.41	350m: 4:10.78 32.46
100m: 1:05.53 34.88	200m: 2:16.43 34.77	300m: 3:38.32 41.48	400m: 4:41.66 30.88
7. WOJCIECHOWSKI Jakub	01 KS Warta Pozna	<b>4:44.27</b>	568 A
50m: 31.08 31.08	150m: 1:41.31 35.12	250m: 2:58.57 42.27	350m: 4:12.16 32.45
100m: 1:06.19 35.11	200m: 2:16.30 34.99	300m: 3:39.71 41.14	400m: 4:44.27 32.11
8. ELGALAL Sami	01 UKS SP 149 Łód	<b>4:46.23</b>	556 A
50m: 30.29 30.29	150m: 1:42.26 36.39	250m: 3:00.57 41.68	350m: 4:15.49 33.08
100m: 1:05.87 35.58	200m: 2:18.89 36.63	300m: 3:42.41 41.84	400m: 4:46.23 30.74
9. MIKOŁAJCZAK Bła ej	01 MUKS Pi tnastka Bydgoszcz	<b>4:47.87</b>	547 B
50m: 30.54 30.54	150m: 1:41.51 36.00	250m: 2:58.21 40.74	350m: 4:14.55 34.61
100m: 1:05.51 34.97	200m: 2:17.47 35.96	300m: 3:39.94 41.73	400m: 4:47.87 33.32
10. GUZY Marcel	01 DOKiS SP Vega Dobrodzie	<b>4:48.83</b>	542 B
50m: 31.18 31.18	150m: 1:43.78 36.86	250m: 3:00.27 39.66	350m: 4:14.97 34.74
100m: 1:06.92 35.74	200m: 2:20.61 36.83	300m: 3:40.23 39.96	400m: 4:48.83 33.86
11. SOLARSKI Antoni	01 KP Koziegłowy	<b>4:50.31</b>	533 B
50m: 30.89 30.89	150m: 1:44.91 37.94	250m: 3:03.41 39.98	350m: 4:17.48 33.27
100m: 1:06.97 36.08	200m: 2:23.43 38.52	300m: 3:44.21 40.80	400m: 4:50.31 32.83
12. ZAREMBA Jakub	01 WKS I sk Wrocław	<b>4:51.94</b>	524 B
50m: 30.73 30.73	150m: 1:43.95 37.83	250m: 3:03.18 41.93	350m: 4:19.02 34.02
100m: 1:06.12 35.39	200m: 2:21.25 37.30	300m: 3:45.00 41.82	400m: 4:51.94 32.92
13. OLEK Jakub	01 MKP Słowianka Gorzów Wlkp.	<b>4:52.52</b>	521 B
50m: 30.60 30.60	150m: 1:45.43 39.69	250m: 3:03.42 39.37	350m: 4:19.12 34.61
100m: 1:05.74 35.14	200m: 2:24.05 38.62	300m: 3:44.51 41.09	400m: 4:52.52 33.40
14. WOLI SKI Igor	01 MKP Szczecin	<b>4:52.58</b>	521 B
50m: 31.31 31.31	150m: 1:42.95 36.99	250m: 3:01.91 42.72	350m: 4:19.20 34.15
100m: 1:05.96 34.65	200m: 2:19.19 36.24	300m: 3:45.05 43.14	400m: 4:52.58 33.38
15. GRZYBOWSKI Artur	01 MKS Znicz Koszalin	<b>4:52.80</b>	520 B
50m: 28.93 28.93	150m: 1:40.75 37.57	250m: 3:01.32 43.80	350m: 4:18.82 33.52
100m: 1:03.18 34.25	200m: 2:17.52 36.77	300m: 3:45.30 43.98	400m: 4:52.80 33.98



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Konkurencja 12, Chłopców, 400m zmienny, Eliminacje, 15 lat

Pozycja			Rok ur.					Czas	Pkt.
16.	KORZENIEWSKI Witold		01	MKP Słowianka Gorzów Wlkp.				<b>4:55.15</b>	507 B
	50m: 31.45 31.45	150m: 1:44.89		37.08	250m: 3:03.11	42.08	350m: 4:21.41	34.90	
	100m: 1:07.81 36.36	200m: 2:21.03		36.14	300m: 3:46.51	43.40	400m: 4:55.15	33.74	
17.	DUBIEL Kornel		01	UKS abianka Gda sk				<b>4:56.95</b>	498 R
	50m: 31.81 31.81	150m: 1:44.49		35.83	250m: 3:05.73	44.65	350m: 4:22.85	34.50	
	100m: 1:08.66 36.85	200m: 2:21.08		36.59	300m: 3:48.35	42.62	400m: 4:56.95	34.10	
18.	MUC Filip		01	CSIR MOS D browa Górnicza				<b>4:57.18</b>	497 R
	50m: 31.37 31.37	150m: 1:47.18		39.37	250m: 3:05.21	39.78	350m: 4:23.02	35.81	
	100m: 1:07.81 36.44	200m: 2:25.43		38.25	300m: 3:47.21	42.00	400m: 4:57.18	34.16	
19.	PAJ K Bartosz		01	BUKS Warszawa				<b>4:57.35</b>	496
	50m: 29.90 29.90	150m: 1:44.62		38.61	250m: 3:06.02	43.67	350m: 4:25.47	34.39	
	100m: 1:06.01 36.11	200m: 2:22.35		37.73	300m: 3:51.08	45.06	400m: 4:57.35	31.88	
20.	MICHALSKI Wojciech		01	MUKS Gilus Gilowice				<b>5:00.71</b>	480
	50m: 32.62 32.62	150m: 1:48.54		37.86	250m: 3:09.02	42.82	350m: 4:26.76	33.99	
	100m: 1:10.68 38.06	200m: 2:26.20		37.66	300m: 3:52.77	43.75	400m: 5:00.71	33.95	
21.	KŁAK Marcin		01	KS Płetwal Szczytno				<b>5:01.91</b>	474
	50m: 30.43 30.43	150m: 1:46.42		40.02	250m: 3:07.97	43.66	350m: 4:27.92	36.38	
	100m: 1:06.40 35.97	200m: 2:24.31		37.89	300m: 3:51.54	43.57	400m: 5:01.91	33.99	
22.	ZIÓLKOWSKI Norbert		01	Nowy KP Bielsko-Biała				<b>5:04.33</b>	463
	50m: 31.79 31.79	150m: 1:49.57		39.96	250m: 3:09.95	40.27	350m: 4:29.91	36.59	
	100m: 1:09.61 37.82	200m: 2:29.68		40.11	300m: 3:53.32	43.37	400m: 5:04.33	34.42	
23.	CIESZKO Mateusz		01	MKS Trójka Łód				<b>5:04.66</b>	461
	50m: 31.16 31.16	150m: 1:46.17		39.17	250m: 3:07.87	43.30	350m: 4:28.79	36.39	
	100m: 1:07.00 35.84	200m: 2:24.57		38.40	300m: 3:52.40	44.53	400m: 5:04.66	35.87	
24.	WO NIAK Kamil		01	KS Wisła Puławy				<b>5:06.13</b>	455
	50m: 32.22 32.22	150m: 1:50.99		42.07	250m: 3:15.76	43.23	350m: 4:32.97	34.15	
	100m: 1:08.92 36.70	200m: 2:32.53		41.54	300m: 3:58.82	43.06	400m: 5:06.13	33.16	
25.	WOJCIECH Sterniczuk		01	UKS Pi tka Konstantynów Łódzki				<b>5:06.74</b>	452
	50m: 31.08 31.08	150m: 1:49.07		41.30	250m: 3:14.93	45.18	350m: 4:34.06	34.86	
	100m: 1:07.77 36.69	200m: 2:29.75		40.68	300m: 3:59.20	44.27	400m: 5:06.74	32.68	
26.	HAŁADAJ Dawid		01	KTP Iskra Konin				<b>5:08.57</b>	444
	50m: 29.93 29.93	150m: 1:44.51		38.71	250m: 3:11.85	47.75	350m: 4:33.87	36.84	
	100m: 1:05.80 35.87	200m: 2:24.10		39.59	300m: 3:57.03	45.18	400m: 5:08.57	34.70	
27.	NOWAK Aleksander		01	UKS Nawa Skierniewice				<b>5:08.71</b>	443
	50m: 31.29 31.29	150m: 1:49.44		40.75	250m: 3:12.62	44.17	350m: 4:33.75	36.77	
	100m: 1:08.69 37.40	200m: 2:28.45		39.01	300m: 3:56.98	44.36	400m: 5:08.71	34.96	
28.	ROGULIN Bogdan		01	UKP Unia O wi cim				<b>5:12.73</b>	427
	50m: 30.91 30.91	150m: 1:50.54		41.64	250m: 3:14.34	43.09	350m: 4:35.80	37.32	
	100m: 1:08.90 37.99	200m: 2:31.25		40.71	300m: 3:58.48	44.14	400m: 5:12.73	36.93	