



Zimowe Mistrzostwa Polski Juniorów Mł-15 lat
Gorzów Wlkp., 4- - 6-3-2016

Konkurencja 12
2016-03-04 - 19:12

Chłopców, 400m zmienny

15 lat
Wyniki Finał

Rekord Polski 15 lat 4:23.69 KAŁUSOWSKI Jan 00905 Lublin 2015-12-18

Punkty: FINA 2015

Pozycja			Rok ur.						Czas	Pkt.
Finał A										
1.	SACHA Kamil		01	CSIR MOS D	browa Górnicza				4:30.56	659
	50m: 28.37	28.37	150m: 1:35.85	34.62	250m: 2:47.76	37.24	350m: 3:58.74	32.17		
	100m: 1:01.23	32.86	200m: 2:10.52	34.67	300m: 3:26.57	38.81	400m: 4:30.56	31.82		
2.	BARUSI SKI Kordian		01	MUKS Korona Swim	Kielce				4:33.06	641
	50m: 28.66	28.66	150m: 1:36.33	34.56	250m: 2:49.06	37.75	350m: 4:01.98	32.95		
	100m: 1:01.77	33.11	200m: 2:11.31	34.98	300m: 3:29.03	39.97	400m: 4:33.06	31.08		
3.	WARZOCHA Albert		01	KS Warta Pozna					4:33.92	635
	50m: 29.61	29.61	150m: 1:39.18	35.48	250m: 2:53.93	39.03	350m: 4:04.17	31.35		
	100m: 1:03.70	34.09	200m: 2:14.90	35.72	300m: 3:32.82	38.89	400m: 4:33.92	29.75		
4.	GOTSZLING Dawid		01	SKP Barkuda	Starachowice				4:38.13	607
	50m: 28.89	28.89	150m: 1:38.87	35.30	250m: 2:53.05	39.04	350m: 4:06.24	32.86		
	100m: 1:03.57	34.68	200m: 2:14.01	35.14	300m: 3:33.38	40.33	400m: 4:38.13	31.89		
5.	ADAMCZAK Jakub		01	UKS Shark	Rudna				4:38.41	605
	50m: 31.29	31.29	150m: 1:43.95	36.90	250m: 2:57.58	37.62	350m: 4:07.99	32.35		
	100m: 1:07.05	35.76	200m: 2:19.96	36.01	300m: 3:35.64	38.06	400m: 4:38.41	30.42		
6.	WILEJTO Igor		01	MKS Sambor	Tczew				4:42.78	577
	50m: 30.30	30.30	150m: 1:41.69	36.20	250m: 2:57.59	40.70	350m: 4:11.84	32.37		
	100m: 1:05.49	35.19	200m: 2:16.89	35.20	300m: 3:39.47	41.88	400m: 4:42.78	30.94		
7.	ELGALAL Sami		01	UKS SP 149	Łód				4:45.69	560
	50m: 30.29	30.29	150m: 1:41.42	36.14	250m: 2:58.73	41.18	350m: 4:14.19	32.98		
	100m: 1:05.28	34.99	200m: 2:17.55	36.13	300m: 3:41.21	42.48	400m: 4:45.69	31.50		
8.	WOJCIECHOWSKI Jakub		01	KS Warta Pozna					4:51.44	527
	50m: 32.25	32.25	150m: 1:46.50	36.49	250m: 3:04.29	41.96	350m: 4:19.47	33.20		
	100m: 1:10.01	37.76	200m: 2:22.33	35.83	300m: 3:46.27	41.98	400m: 4:51.44	31.97		
Finał B										
9.	GUZY Marcel		01	DOKiS SP Vega	Dobrodzie				4:45.25	562
	50m: 31.93	31.93	150m: 1:43.86	37.67	250m: 2:59.72	39.05	350m: 4:12.06	33.59		
	100m: 1:06.19	34.26	200m: 2:20.67	36.81	300m: 3:38.47	38.75	400m: 4:45.25	33.19		
10.	SOLARSKI Antoni		01	KP Koziegłowy					4:47.45	549
	50m: 31.06	31.06	150m: 1:44.79	37.71	250m: 3:01.54	38.45	350m: 4:15.04	33.18		
	100m: 1:07.08	36.02	200m: 2:23.09	38.30	300m: 3:41.86	40.32	400m: 4:47.45	32.41		
11.	MIKOŁAJCZAK Bła ej		01	MUKS Pi tna	stka Bydgoszcz				4:49.62	537
	50m: 30.70	30.70	150m: 1:41.23	35.79	250m: 2:57.75	40.74	350m: 4:14.83	34.88		
	100m: 1:05.44	34.74	200m: 2:17.01	35.78	300m: 3:39.95	42.20	400m: 4:49.62	34.79		
12.	GRZYSZAK Artur		01	MKS Znicz	Koszalin				4:51.02	529
	50m: 29.85	29.85	150m: 1:41.26	37.07	250m: 3:01.28	43.33	350m: 4:18.35	33.62		
	100m: 1:04.19	34.34	200m: 2:17.95	36.69	300m: 3:44.73	43.45	400m: 4:51.02	32.67		
13.	ZAREMBA Jakub		01	WKS I sk	Wrocław				4:51.54	527
	50m: 30.09	30.09	150m: 1:43.09	37.79	250m: 3:02.74	42.39	350m: 4:19.16	33.95		
	100m: 1:05.30	35.21	200m: 2:20.35	37.26	300m: 3:45.21	42.47	400m: 4:51.54	32.38		
14.	OLEK Jakub		01	MKP Słowianka	Gorzów Wlkp.				4:51.91	525
	50m: 30.78	30.78	150m: 1:45.73	39.72	250m: 3:03.26	39.15	350m: 4:18.73	34.31		
	100m: 1:06.01	35.23	200m: 2:24.11	38.38	300m: 3:44.42	41.16	400m: 4:51.91	33.18		



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Pozycja			Rok ur.						Czas	Pkt.		
15.	KORZENIEWSKI Witold		01	MKP Słowianka Gorzów Wlkp.					4:53.88	514		
	50m:	31.68	31.68	150m:	1:45.36	37.63	250m:	3:04.51	42.08	350m:	4:21.32	33.75
	100m:	1:07.73	36.05	200m:	2:22.43	37.07	300m:	3:47.57	43.06	400m:	4:53.88	32.56
16.	WOLI SKI Igor		01	MKP Szczecin					5:00.26	482		
	50m:	30.81	30.81	150m:	1:44.56	38.09	250m:	3:06.30	44.36	350m:	4:25.97	34.78
	100m:	1:06.47	35.66	200m:	2:21.94	37.38	300m:	3:51.19	44.89	400m:	5:00.26	34.29