



Zimowe Mistrzostwa Polski Juniorów Mł-15 lat  
Gorzów Wlkp., 4- - 6-3-2016

Konkurencja 19  
2016-03-05 - 10:07

Dziewcz t, 400m dowolny

15 lat  
Wyniki Eliminacje

Rekord Polski 15 lat 4:11.12 KILIJA SKA Donata 00612 Lodz 2010-11-21

Punkty: FINA 2015

Pozycja	Rok ur.	Czas	Pkt.
1. KOSSAKOWSKA Dominika	01 SiKReT Gliwice	<b>4:29.51</b>	658 A
50m: 31.92 31.92	150m: 1:39.96 34.23	250m: 2:49.00 34.69	350m: 3:57.33 34.17
100m: 1:05.73 33.81	200m: 2:14.31 34.35	300m: 3:23.16 34.16	400m: 4:29.51 32.18
2. ZABOROWICZ Julia	01 KS Górnik Sosnowiec	<b>4:29.53</b>	658 A
50m: 31.72 31.72	150m: 1:39.31 34.13	250m: 2:49.02 34.84	350m: 3:57.49 34.46
100m: 1:05.18 33.46	200m: 2:14.18 34.87	300m: 3:23.03 34.01	400m: 4:29.53 32.04
3. NITA Daria	01 KS Korona Kraków	<b>4:29.89</b>	656 A
50m: 31.00 31.00	150m: 1:39.75 34.60	250m: 2:49.62 35.04	350m: 3:58.25 34.06
100m: 1:05.15 34.15	200m: 2:14.58 34.83	300m: 3:24.19 34.57	400m: 4:29.89 31.64
4. KRAUZE Alicja	01 MAL WOPR Malbork	<b>4:30.04</b>	655 A
50m: 31.06 31.06	150m: 1:39.89 34.67	250m: 2:49.56 35.06	350m: 3:57.94 34.05
100m: 1:05.22 34.16	200m: 2:14.50 34.61	300m: 3:23.89 34.33	400m: 4:30.04 32.10
5. HALICKA Lidia	01 WKS I sk Wrocław	<b>4:31.22</b>	646 A
50m: 32.09 32.09	150m: 1:40.22 34.11	250m: 2:49.41 34.43	350m: 3:58.36 34.42
100m: 1:06.11 34.02	200m: 2:14.98 34.76	300m: 3:23.94 34.53	400m: 4:31.22 32.86
6. W GRZYNOWSKA Aleksandra	01 WKS I sk Wrocław	<b>4:33.89</b>	627 A
50m: 31.68 31.68	150m: 1:41.15 34.76	250m: 2:51.30 34.99	350m: 4:00.58 34.30
100m: 1:06.39 34.71	200m: 2:16.31 35.16	300m: 3:26.28 34.98	400m: 4:33.89 33.31
7. BOCHENEK Anna	01 UKS Skalar Warszawa	<b>4:34.58</b>	623 A
50m: 31.53 31.53	150m: 1:39.37 34.43	250m: 2:49.19 34.98	350m: 3:59.27 35.15
100m: 1:04.94 33.41	200m: 2:14.21 34.84	300m: 3:24.12 34.93	400m: 4:34.58 35.31
8. GORZYNIK Aleksandra	01 KS Swim2win Krosno	<b>4:35.38</b>	617 A
50m: 31.76 31.76	150m: 1:40.91 35.05	250m: 2:51.37 35.14	350m: 4:01.65 35.11
100m: 1:05.86 34.10	200m: 2:16.23 35.32	300m: 3:26.54 35.17	400m: 4:35.38 33.73
9. ŁYSAKOWSKA Julia SL	01 AZS UMCS Lublin	<b>4:35.65</b>	615 B
50m: 32.51 32.51	150m: 1:41.56 34.85	250m: 2:51.73 35.21	350m: 4:01.75 35.12
100m: 1:06.71 34.20	200m: 2:16.52 34.96	300m: 3:26.63 34.90	400m: 4:35.65 33.90
10. PIECHOTA Karolina	01 UKS 190 Łódź	<b>4:35.75</b>	615 B
50m: 31.54 31.54	150m: 1:40.07 34.82	250m: 2:50.92 35.53	350m: 4:02.13 35.37
100m: 1:05.25 33.71	200m: 2:15.39 35.32	300m: 3:26.76 35.84	400m: 4:35.75 33.62
11. JU WICKA Zuzanna	01 MKS Trójka Łódź	<b>4:35.98</b>	613 B
50m: 31.69 31.69	150m: 1:40.60 35.10	250m: 2:50.86 35.11	350m: 4:01.78 35.66
100m: 1:05.50 33.81	200m: 2:15.75 35.15	300m: 3:26.12 35.26	400m: 4:35.98 34.20
12. BEDNAREK Zuzanna	01 MKS Jedyńka Łódź	<b>4:36.05</b>	613 B
50m: 31.91 31.91	150m: 1:41.31 34.57	250m: 2:50.82 34.75	350m: 4:01.87 35.71
100m: 1:06.74 34.83	200m: 2:16.07 34.76	300m: 3:26.16 35.34	400m: 4:36.05 34.18
13. OSI SKA Wiktoria	01 UKS SP 149 Łódź	<b>4:36.45</b>	610 B
50m: 31.56 31.56	150m: 1:40.85 34.79	250m: 2:51.36 35.60	350m: 4:02.34 35.67
100m: 1:06.06 34.50	200m: 2:15.76 34.91	300m: 3:26.67 35.31	400m: 4:36.45 34.11
14. GOŁ BIEWSKA Dominika	01 UKS Gim 92 Ursynów Warszawa	<b>4:36.81</b>	608 B
50m: 31.32 31.32	150m: 1:40.95 35.00	250m: 2:51.35 35.03	350m: 4:02.04 35.36
100m: 1:05.95 34.63	200m: 2:16.32 35.37	300m: 3:26.68 35.33	400m: 4:36.81 34.77
15. BALCER Julia	01 UKS 190 Łódź	<b>4:37.23</b>	605 B
50m: 31.70 31.70	150m: 1:41.20 35.03	250m: 2:52.37 35.83	350m: 4:03.10 35.05
100m: 1:06.17 34.47	200m: 2:16.54 35.34	300m: 3:28.05 35.68	400m: 4:37.23 34.13



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Konkurencja 19, Dziewcz t, 400m dowolny, Eliminacje, 15 lat

Pozycja			Rok ur.					Czas	Pkt.	
16.	WŁODARCZYK Agnieszka	01	MKP W growiec					<b>4:37.65</b>	602	B
	50m: 30.64 30.64	150m: 1:38.51	34.60	250m: 2:49.53	35.79	350m: 4:03.13	36.64			
	100m: 1:03.91 33.27	200m: 2:13.74	35.23	300m: 3:26.49	36.96	400m: 4:37.65	34.52			
17.	MICHNIEWSKA Anna	01	UKS G-8 Bielany Warszawa					<b>4:38.42</b>	597	R
	50m: 31.99 31.99	150m: 1:42.43	35.61	250m: 2:53.80	35.51	350m: 4:04.79	35.26			
	100m: 1:06.82 34.83	200m: 2:18.29	35.86	300m: 3:29.53	35.73	400m: 4:38.42	33.63			
18.	SUDAK Zuzanna	01	UKS G-8 Bielany Warszawa					<b>4:38.51</b>	597	R
	50m: 31.85 31.85	150m: 1:41.97	35.33	250m: 2:53.43	35.62	350m: 4:04.94	35.39			
	100m: 1:06.64 34.79	200m: 2:17.81	35.84	300m: 3:29.55	36.12	400m: 4:38.51	33.57			
19.	SERAFIN Magdalena	01	UKS SMS Galicja Kraków					<b>4:39.51</b>	590	
	50m: 31.35 31.35	150m: 1:41.46	35.48	250m: 2:53.56	35.90	350m: 4:05.41	35.62			
	100m: 1:05.98 34.63	200m: 2:17.66	36.20	300m: 3:29.79	36.23	400m: 4:39.51	34.10			
20.	MIETANA Karolina	01	UKS SMS Galicja Kraków					<b>4:39.75</b>	589	
	50m: 31.98 31.98	150m: 1:42.71	35.58	250m: 2:54.05	35.72	350m: 4:05.05	35.07			
	100m: 1:07.13 35.15	200m: 2:18.33	35.62	300m: 3:29.98	35.93	400m: 4:39.75	34.70			
	SZEBESCZYK Hanna	01	WKS I sk Wrocław					<b>4:39.75</b>	589	
	50m: 31.64 31.64	150m: 1:41.95	35.62	250m: 2:53.07	35.26	350m: 4:04.32	35.72			
	100m: 1:06.33 34.69	200m: 2:17.81	35.86	300m: 3:28.60	35.53	400m: 4:39.75	35.43			
22.	ZIELI SKA Oliwia	01	MKP Szczecin					<b>4:39.78</b>	588	
	50m: 31.92 31.92	150m: 1:41.99	35.47	250m: 2:53.27	35.68	350m: 4:04.90	35.75			
	100m: 1:06.52 34.60	200m: 2:17.59	35.60	300m: 3:29.15	35.88	400m: 4:39.78	34.88			
23.	SOKÓŁ Zuzanna	01	IKS Konstancin					<b>4:39.93</b>	588	
	50m: 31.12 31.12	150m: 1:41.42	35.52	250m: 2:52.95	35.94	350m: 4:05.12	36.08			
	100m: 1:05.90 34.78	200m: 2:17.01	35.59	300m: 3:29.04	36.09	400m: 4:39.93	34.81			
24.	KACZMAREK Julia	01	MKS Juvenia Wrocław					<b>4:41.91</b>	575	
	50m: 31.62 31.62	150m: 1:42.52	35.90	250m: 2:54.78	36.20	350m: 4:06.77	35.90			
	100m: 1:06.62 35.00	200m: 2:18.58	36.06	300m: 3:30.87	36.09	400m: 4:41.91	35.14			
25.	MARCZUK Zuzanna	01	MKS Neptun Stargard Szczeci ski					<b>4:43.16</b>	568	
	50m: 32.56 32.56	150m: 1:44.21	36.30	250m: 2:56.41	35.82	350m: 4:08.18	35.68			
	100m: 1:07.91 35.35	200m: 2:20.59	36.38	300m: 3:32.50	36.09	400m: 4:43.16	34.98			
26.	ŁUSZCZY SKA Natalia	01	UKS Dwójka Morena Gda sk					<b>4:43.35</b>	566	
	50m: 31.89 31.89	150m: 1:43.86	36.34	250m: 2:57.03	36.52	350m: 4:10.30	35.96			
	100m: 1:07.52 35.63	200m: 2:20.51	36.65	300m: 3:34.34	37.31	400m: 4:43.35	33.05			
27.	KOSI SKA Dominika	01	KS Pi tka Chorzów					<b>4:43.36</b>	566	
	50m: 32.12 32.12	150m: 1:44.02	36.23	250m: 2:57.04	36.66	350m: 4:09.92	36.06			
	100m: 1:07.79 35.67	200m: 2:20.38	36.36	300m: 3:33.86	36.82	400m: 4:43.36	33.44			
28.	SOLIWODA Julia	01	UKS Nawa Skierniewice					<b>4:44.39</b>	560	
	50m: 31.95 31.95	150m: 1:44.35	36.55	250m: 2:57.27	36.52	350m: 4:10.43	36.54			
	100m: 1:07.80 35.85	200m: 2:20.75	36.40	300m: 3:33.89	36.62	400m: 4:44.39	33.96			
29.	GAZDA Zuzanna	01	CSIR MOS D browa Górnicza					<b>4:44.94</b>	557	
	50m: 32.89 32.89	150m: 1:45.16	36.40	250m: 2:57.92	36.38	350m: 4:10.03	35.88			
	100m: 1:08.76 35.87	200m: 2:21.54	36.38	300m: 3:34.15	36.23	400m: 4:44.94	34.91			
30.	CZECH Wiktoria	01	KS Swim2win Krosno					<b>4:46.39</b>	549	
	50m: 31.82 31.82	150m: 1:44.57	37.84	250m: 2:58.87	36.83	350m: 4:11.14	35.67			
	100m: 1:06.73 34.91	200m: 2:22.04	37.47	300m: 3:35.47	36.60	400m: 4:46.39	35.25			
31.	MA DOK Klaudia	01	Nowy KP Bielsko-Biała					<b>4:46.83</b>	546	
	50m: 32.56 32.56	150m: 1:45.11	36.72	250m: 2:57.79	36.06	350m: 4:11.09	36.61			
	100m: 1:08.39 35.83	200m: 2:21.73	36.62	300m: 3:34.48	36.69	400m: 4:46.83	35.74			



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Pozycja		Rok ur.						Czas	Pkt.
32.	SOJA Malgorzata	01	UKS G-8 Bielany Warszawa	<b>4:49.24</b>	533				
	50m: 32.56 32.56	150m: 1:43.35	35.76	250m: 2:57.22	37.15	350m: 4:11.95	37.87		
	100m: 1:07.59 35.03	200m: 2:20.07	36.72	300m: 3:34.08	36.86	400m: 4:49.24	37.29		
33.	SZELUGA Wiktoria SOL	01	MTP Kormoran Olsztyn	<b>4:50.15</b>	528				
	50m: 32.41 32.41	150m: 1:45.14	36.91	250m: 2:59.75	37.55	350m: 4:14.61	37.42		
	100m: 1:08.23 35.82	200m: 2:22.20	37.06	300m: 3:37.19	37.44	400m: 4:50.15	35.54		
34.	GRYCHTOŁ Weronika	01	UKS Wodnik 29 Katowice	<b>4:50.49</b>	526				
	50m: 33.08 33.08	150m: 1:45.57	36.36	250m: 2:59.61	37.31	350m: 4:13.99	37.10		
	100m: 1:09.21 36.13	200m: 2:22.30	36.73	300m: 3:36.89	37.28	400m: 4:50.49	36.50		
35.	URBA SKA Paulina	01	MKP Słowianka Gorzów Wlkp.	<b>4:52.18</b>	517				
	50m: 32.55 32.55	150m: 1:44.74	36.29	250m: 2:59.25	37.45	350m: 4:14.77	37.40		
	100m: 1:08.45 35.90	200m: 2:21.80	37.06	300m: 3:37.37	38.12	400m: 4:52.18	37.41		
36.	WÓJCIK Zuzanna	01	MKS Juwenia Wrocław	<b>4:52.21</b>	516				
	50m: 33.22 33.22	150m: 1:47.29	36.90	250m: 3:01.82	37.06	350m: 4:16.08	37.57		
	100m: 1:10.39 37.17	200m: 2:24.76	37.47	300m: 3:38.51	36.69	400m: 4:52.21	36.13		
37.	BATOR Aleksandra SO	01	UKP Unia O wi cim	<b>4:52.55</b>	515				
	50m: 32.63 32.63	150m: 1:46.59	37.06	250m: 3:01.60	37.60	350m: 4:16.71	37.43		
	100m: 1:09.53 36.90	200m: 2:24.00	37.41	300m: 3:39.28	37.68	400m: 4:52.55	35.84		
38.	SZYMA SKA Magda	01	BUKS Warszawa	<b>4:53.69</b>	509				
	50m: 32.37 32.37	150m: 1:46.66	37.37	250m: 3:02.86	38.00	350m: 4:18.97	37.95		
	100m: 1:09.29 36.92	200m: 2:24.86	38.20	300m: 3:41.02	38.16	400m: 4:53.69	34.72		
39.	G SOWSKA Martyna	01	MTKP Delfin Toru	<b>4:53.98</b>	507				
	50m: 32.79 32.79	150m: 1:45.50	37.03	250m: 3:00.86	37.89	350m: 4:17.67	38.77		
	100m: 1:08.47 35.68	200m: 2:22.97	37.47	300m: 3:38.90	38.04	400m: 4:53.98	36.31		
40.	SKOWRONEK Zuzanna	01	UKS 51 Lublin	<b>4:54.01</b>	507				
	50m: 33.32 33.32	150m: 1:47.16	37.21	250m: 3:02.46	37.34	350m: 4:17.87	37.66		
	100m: 1:09.95 36.63	200m: 2:25.12	37.96	300m: 3:40.21	37.75	400m: 4:54.01	36.14		
41.	STANISZEWSKA Maryla	01	UKS SMS Galicja Kraków	<b>4:54.52</b>	504				
	50m: 34.19 34.19	150m: 1:47.60	37.21	250m: 3:03.13	38.21	350m: 4:18.24	37.31		
	100m: 1:10.39 36.20	200m: 2:24.92	37.32	300m: 3:40.93	37.80	400m: 4:54.52	36.28		
42.	ZOLKOWSKA Anna	01	UKS Skarpa Lublin	<b>4:54.73</b>	503				
	50m: 32.06 32.06	150m: 1:44.19	36.82	250m: 2:59.81	38.14	350m: 4:17.49	38.69		
	100m: 1:07.37 35.31	200m: 2:21.67	37.48	300m: 3:38.80	38.99	400m: 4:54.73	37.24		
43.	CIE LAR Zuzanna	01	UKS SMS Galicja Kraków	<b>4:54.76</b>	503				
	50m: 33.62 33.62	150m: 1:48.04	37.48	250m: 3:03.38	37.35	350m: 4:18.76	37.33		
	100m: 1:10.56 36.94	200m: 2:26.03	37.99	300m: 3:41.43	38.05	400m: 4:54.76	36.00		
44.	BILSKA Natalia	01	UKS abianka Gda sk	<b>4:54.86</b>	503				
	50m: 32.60 32.60	150m: 1:46.48	37.71	250m: 3:02.50	37.22	350m: 4:17.92	37.96		
	100m: 1:08.77 36.17	200m: 2:25.28	38.80	300m: 3:39.96	37.46	400m: 4:54.86	36.94		
45.	KACZOR Natalia	01	UKS Junior Kluczbork	<b>4:55.41</b>	500				
	50m: 31.96 31.96	150m: 1:45.55	37.66	250m: 3:01.42	37.94	350m: 4:18.64	38.29		
	100m: 1:07.89 35.93	200m: 2:23.48	37.93	300m: 3:40.35	38.93	400m: 4:55.41	36.77		
46.	PEPLAK Aleksandra	01	KS 1 O arów Mazowiecki	<b>4:55.51</b>	499				
	50m: 33.21 33.21	150m: 1:47.68	37.43	250m: 3:03.57	38.06	350m: 4:18.94	37.83		
	100m: 1:10.25 37.04	200m: 2:25.51	37.83	300m: 3:41.11	37.54	400m: 4:55.51	36.57		
47.	PEPLAK Julia	01	KS 1 O arów Mazowiecki	<b>4:56.43</b>	495				
	50m: 33.20 33.20	150m: 1:47.53	37.67	250m: 3:03.69	37.93	350m: 4:19.28	37.96		
	100m: 1:09.86 36.66	200m: 2:25.76	38.23	300m: 3:41.32	37.63	400m: 4:56.43	37.15		



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Konkurencja 19, Dziewcz t, 400m dowolny, Eliminacje, 15 lat

Pozycja			Rok ur.						Czas	Pkt.		
48.	B K Julia		01	UKS Victoria Józefów					<b>4:56.46</b>	495		
	50m:	33.61	33.61	150m:	1:48.00	37.61	250m:	3:03.25	37.67	350m:	4:18.99	37.84
	100m:	1:10.39	36.78	200m:	2:25.58	37.58	300m:	3:41.15	37.90	400m:	4:56.46	37.47
49.	MAJEWSKA Weronika SR		01	UKS Manta Kochłowice Ruda l ska					<b>4:56.49</b>	494		
	50m:	32.75	32.75	150m:	1:46.89	37.15	250m:	3:03.05	38.29	350m:	4:20.12	38.38
	100m:	1:09.74	36.99	200m:	2:24.76	37.87	300m:	3:41.74	38.69	400m:	4:56.49	36.37
50.	PRZEWO NIAK Patrycja SO		01	UKP Unia O wi cim					<b>4:58.94</b>	482		
	50m:	34.91	34.91	150m:	1:50.79	38.06	250m:	3:06.51	37.71	350m:	4:22.28	37.90
	100m:	1:12.73	37.82	200m:	2:28.80	38.01	300m:	3:44.38	37.87	400m:	4:58.94	36.66
51.	OLEKSY Aleksandra		01	MKS Piaseczno					<b>4:59.15</b>	481		
	50m:	32.66	32.66	150m:	1:47.28	37.69	250m:	3:04.07	38.48	350m:	4:21.96	39.12
	100m:	1:09.59	36.93	200m:	2:25.59	38.31	300m:	3:42.84	38.77	400m:	4:59.15	37.19
52.	KOTLENGA Agata		01	UKS abianka Gda sk					<b>4:59.31</b>	481		
	50m:	33.79	33.79	150m:	1:49.26	37.70	250m:	3:05.55	38.01	350m:	4:21.87	38.06
	100m:	1:11.56	37.77	200m:	2:27.54	38.28	300m:	3:43.81	38.26	400m:	4:59.31	37.44
53.	POPIEL Anna		01	CKS-SMS Szczecin					<b>5:00.20</b>	476		
	50m:	32.45	32.45	150m:	1:48.60	38.23	250m:	3:05.88	38.99	350m:	4:24.25	39.54
	100m:	1:10.37	37.92	200m:	2:26.89	38.29	300m:	3:44.71	38.83	400m:	5:00.20	35.95
54.	KABA SKA Nicol		01	CSIR MOS D browa Górnicza					<b>5:00.42</b>	475		
	50m:	33.54	33.54	150m:	1:48.58	37.86	250m:			350m:	4:23.11	38.39
	100m:	1:10.72	37.18	200m:	2:27.18	38.60	300m:	3:44.72		400m:	5:00.42	37.31
55.	SM TEK Wiktoria		01	MMKS K dzierzyn-Ko le					<b>5:01.03</b>	472		
	50m:	33.40	33.40	150m:	1:49.21	38.64	250m:	3:06.82	38.62	350m:	4:23.44	38.01
	100m:	1:10.57	37.17	200m:	2:28.20	38.99	300m:	3:45.43	38.61	400m:	5:01.03	37.59
56.	WIKTOR Marika SOL		01	MTP Kormoran Olsztyn					<b>5:01.85</b>	468		
	50m:	33.51	33.51	150m:	1:51.20	39.81	250m:	3:09.19	38.90	350m:	4:25.21	37.40
	100m:	1:11.39	37.88	200m:	2:30.29	39.09	300m:	3:47.81	38.62	400m:	5:01.85	36.64
57.	ZI BA Gabriela SO		01	UKP Unia O wi cim					<b>5:02.08</b>	467		
	50m:	33.24	33.24	150m:	1:48.29	38.03	250m:	3:06.06	38.78	350m:	4:24.40	39.05
	100m:	1:10.26	37.02	200m:	2:27.28	38.99	300m:	3:45.35	39.29	400m:	5:02.08	37.68
58.	BRONIECKA Sandra		01	MKP W growiec					<b>5:02.27</b>	467		
	50m:	33.65	33.65	150m:	1:48.51	37.65	250m:	3:05.42	38.48	350m:	4:23.38	39.04
	100m:	1:10.86	37.21	200m:	2:26.94	38.43	300m:	3:44.34	38.92	400m:	5:02.27	38.89
59.	SKOCZEK Julia		01	KKS Włókniarz 1925 Kalisz					<b>5:02.98</b>	463		
	50m:	33.99	33.99	150m:	1:51.56	38.83	250m:	3:10.32	39.62	350m:	4:27.48	38.25
	100m:	1:12.73	38.74	200m:	2:30.70	39.14	300m:	3:49.23	38.91	400m:	5:02.98	35.50
60.	SKUDLIK Marta		01	UKS Manta Kochłowice Ruda l ska					<b>5:03.00</b>	463		
	50m:	34.14	34.14	150m:	1:49.28	37.76	250m:	3:05.83	38.53	350m:	4:23.78	38.73
	100m:	1:11.52	37.38	200m:	2:27.30	38.02	300m:	3:45.05	39.22	400m:	5:03.00	39.22
61.	CHWAŁCZY SKA Aleksandra		01	WKS l sk Wrocław					<b>5:03.21</b>	462		
	50m:	34.71	34.71	150m:	1:52.30	39.11	250m:	3:08.49	38.15	350m:	4:26.08	38.87
	100m:	1:13.19	38.48	200m:	2:30.34	38.04	300m:	3:47.21	38.72	400m:	5:03.21	37.13
62.	KALETA Oliwia		01	UKS oliborz Warszawa					<b>5:03.68</b>	460		
	50m:	32.96	32.96	150m:	1:47.24	37.82	250m:	3:04.90	39.12	350m:	4:24.32	39.95
	100m:	1:09.42	36.46	200m:	2:25.78	38.54	300m:	3:44.37	39.47	400m:	5:03.68	39.36
63.	TROJA Delfina SOL		01	MTP Kormoran Olsztyn					<b>5:04.69</b>	456		
	50m:	34.47	34.47	150m:	1:51.62	39.19	250m:	3:10.26	39.12	350m:	4:28.87	38.68
	100m:	1:12.43	37.96	200m:	2:31.14	39.52	300m:	3:50.19	39.93	400m:	5:04.69	35.82



Zimowe Mistrzostwa Polski Juniorów Mł-15 lat  
Gorzów Wlkp., 4- - 6-3-2016

Konkurencja 19, Dziewcz t, 400m dowolny, Eliminacje, 15 lat

Pozycja		Rok ur.							Czas	Pkt.
64.	JAKOWICKA Aleksandra	01	MKS Barracuda Białystok						<b>5:04.72</b>	455
	50m: 34.15 34.15	150m: 1:50.60	38.77	250m: 3:08.28	38.68	350m: 4:27.01	39.07			
	100m: 1:11.83 37.68	200m: 2:29.60	39.00	300m: 3:47.94	39.66	400m: 5:04.72	37.71			
65.	WOJCIECHOWSKA Martyna	01	MKS Znicz Koszalin						<b>5:05.15</b>	453
	50m: 34.12 34.12	150m: 1:51.84	39.43	250m: 3:09.79	39.22	350m: 4:28.74	39.88			
	100m: 1:12.41 38.29	200m: 2:30.57	38.73	300m: 3:48.86	39.07	400m: 5:05.15	36.41			
66.	MILEWICZ Natalia	01	UKS Ósemka Toru						<b>5:05.17</b>	453
	50m: 32.12 32.12	150m: 1:49.16	39.12	250m: 3:08.96	39.82	350m: 4:28.31	39.40			
	100m: 1:10.04 37.92	200m: 2:29.14	39.98	300m: 3:48.91	39.95	400m: 5:05.17	36.86			
67.	ST PAK Weronika	01	UKS SMS Galicja Kraków						<b>5:06.05</b>	449
	50m: 34.70 34.70	150m: 1:51.38	38.83	250m: 3:09.73	39.15	350m: 4:28.20	39.12			
	100m: 1:12.55 37.85	200m: 2:30.58	39.20	300m: 3:49.08	39.35	400m: 5:06.05	37.85			
68.	GALANT Maja	01	MKS Jedyńka Łód						<b>5:06.28</b>	448
	50m: 33.65 33.65	150m: 1:51.53	39.48	250m: 3:10.04	39.16	350m: 4:28.87	39.20			
	100m: 1:12.05 38.40	200m: 2:30.88	39.35	300m: 3:49.67	39.63	400m: 5:06.28	37.41			
69.	SZYMBORSKA Dominika	01	MKS Juwenia Białystok						<b>5:07.26</b>	444
	50m: 33.55 33.55	150m: 1:50.27	39.42	250m: 3:10.35	40.36	350m: 4:29.58	39.39			
	100m: 1:10.85 37.30	200m: 2:29.99	39.72	300m: 3:50.19	39.84	400m: 5:07.26	37.68			
70.	BERENT Marta	01	UKS oliborz Warszawa						<b>5:08.79</b>	438
	50m: 34.09 34.09	150m: 1:51.37	38.76	250m: 3:10.27	39.26	350m: 4:29.62	39.28			
	100m: 1:12.61 38.52	200m: 2:31.01	39.64	300m: 3:50.34	40.07	400m: 5:08.79	39.17			
71.	FRANKIEWICZ Zuzanna	01	UKS Ósemka Toru						<b>5:09.31</b>	435
	50m: 34.08 34.08	150m: 1:51.86	39.29	250m: 3:10.84	39.44	350m: 4:30.40	39.64			
	100m: 1:12.57 38.49	200m: 2:31.40	39.54	300m: 3:50.76	39.92	400m: 5:09.31	38.91			
	KRUPI SKA Laura SOL	01	MTP Kormoran Olsztyn						<b>5:09.31</b>	435
	50m: 34.64 34.64	150m: 1:52.93	39.60	250m: 3:12.36	39.90	350m: 4:30.55	39.25			
	100m: 1:13.33 38.69	200m: 2:32.46	39.53	300m: 3:51.30	38.94	400m: 5:09.31	38.76			
73.	KRÓL Patrycja	01	UKS abianka Gda sk						<b>5:09.86</b>	433
	50m: 34.09 34.09	150m: 1:50.19	38.74	250m: 3:10.64	40.12	350m: 4:30.17	39.66			
	100m: 1:11.45 37.36	200m: 2:30.52	40.33	300m: 3:50.51	39.87	400m: 5:09.86	39.69			
74.	ZIELI SKA Laura	01	KP Delfin Inowrocław						<b>5:10.26</b>	431
	50m: 33.55 33.55	150m: 1:51.21	39.30	250m: 3:11.03	39.91	350m: 4:31.46	39.28			
	100m: 1:11.91 38.36	200m: 2:31.12	39.91	300m: 3:52.18	41.15	400m: 5:10.26	38.80			
75.	SAWICKA Aleksandra	01	UKS 307 Warszawa-Mokotów						<b>5:10.48</b>	430
	50m: 32.06 32.06	150m: 1:49.45	39.30	250m: 3:09.92	40.50	350m: 4:31.35	40.39			
	100m: 1:10.15 38.09	200m: 2:29.42	39.97	300m: 3:50.96	41.04	400m: 5:10.48	39.13			
76.	RADECKA Maja	01	UKS Posejdon Pułtusk						<b>5:11.74</b>	425
	50m: 32.84 32.84	150m: 1:49.93	39.03	250m: 3:11.49	41.04	350m: 4:32.80	40.25			
	100m: 1:10.90 38.06	200m: 2:30.45	40.52	300m: 3:52.55	41.06	400m: 5:11.74	38.94			
77.	KOTWAS Aleksandra	01	KTP Iskra Konin						<b>5:13.51</b>	418
	50m: 32.97 32.97	150m: 1:51.23	39.95	250m: 3:12.77	40.56	350m: 4:33.61	40.43			
	100m: 1:11.28 38.31	200m: 2:32.21	40.98	300m: 3:53.18	40.41	400m: 5:13.51	39.90			
78.	SIERPUTOWSKA Oliwia	01	MKS Znicz Koszalin						<b>5:25.05</b>	375
	50m: 35.18 35.18	150m: 1:55.56	41.25	250m: 3:19.64	42.05	350m: 4:44.08	42.27			
	100m: 1:14.31 39.13	200m: 2:37.59	42.03	300m: 4:01.81	42.17	400m: 5:25.05	40.97			
DYSKW.	WI NIEWSKA Oliwia	01	CSIR MOS D browa Górnicza							
	O 2									