

Zimowe Mistrzostwa Polski Juniorów 17-18 lat  
Gorzów Wlkp., 10. - 12.3.2017

Konkurencja 11  
10.03.2017 - 11:53

Kobiet, 400m zmienny

17 - 18 lat  
Wyniki Eliminacje

Rekord Polski 17	4:38.72	SZCZEPANIAK Karolina	POL	Gorzów Wlkp.	09.10.2010
Rekord Polski 18	4:33.70	BARANOWSKA Katarzyna	POL	Trieste (ITA)	11.12.2005

Punkty: FINA 2016

Pozycja				Rok ur.						Czas	Pkt.	
1.	PIECHOTA Paulina			99	190 Łód					<b>4:52.96</b>	694 A	
	50m:	32.46	32.46	150m:	1:44.24	37.20	250m:	3:03.21	42.44	350m:	4:19.04	34.59
	100m:	1:07.04	34.58	200m:	2:20.77	36.53	300m:	3:44.45	41.24	400m:	4:52.96	33.92
2.	ADAMCZYK Julia SL			99	UMCS Lublin					<b>4:55.09</b>	679 A	
	50m:	31.85	31.85	150m:	1:44.59	37.23	250m:	3:01.76	39.47	350m:	4:18.43	35.84
	100m:	1:07.36	35.51	200m:	2:22.29	37.70	300m:	3:42.59	40.83	400m:	4:55.09	36.66
3.	JANISZEWSKA Dominika			99	AZS AWF Warszawa					<b>4:55.30</b>	678 A	
	50m:	31.62	31.62	150m:	1:46.47	39.57	250m:	3:05.65	40.87	350m:	4:21.57	35.33
	100m:	1:06.90	35.28	200m:	2:24.78	38.31	300m:	3:46.24	40.59	400m:	4:55.30	33.73
4.	SAMUŁA Wiktoria SL			99	UMCS Lublin					<b>4:55.83</b>	674 A	
	50m:	31.64	31.64	150m:	1:45.38	37.73	250m:	3:03.11	40.22	350m:	4:21.29	36.37
	100m:	1:07.65	36.01	200m:	2:22.89	37.51	300m:	3:44.92	41.81	400m:	4:55.83	34.54
5.	OSINIAK Ewa SL			00	UMCS Lublin					<b>4:56.16</b>	672 A	
	50m:	31.83	31.83	150m:	1:44.81	37.22	250m:	3:03.87	42.71	350m:	4:22.09	35.55
	100m:	1:07.59	35.76	200m:	2:21.16	36.35	300m:	3:46.54	42.67	400m:	4:56.16	34.07
6.	ZAWISZA Alina SO			00	Unia O wi cim					<b>4:56.34</b>	671 A	
	50m:	32.05	32.05	150m:	1:45.28	37.43	250m:	3:05.70	42.72	350m:	4:22.64	34.57
	100m:	1:07.85	35.80	200m:	2:22.98	37.70	300m:	3:48.07	42.37	400m:	4:56.34	33.70
7.	DZWONNIK Zuzanna			00	AZS UŁ Łód					<b>5:00.71</b>	642 A	
	50m:	32.30	32.30	150m:	1:47.88	37.70	250m:	3:08.31	42.53	350m:	4:25.81	35.05
	100m:	1:10.18	37.88	200m:	2:25.78	37.90	300m:	3:50.76	42.45	400m:	5:00.71	34.90
8.	PROCHOWNIK Olimpia SL			99	UMCS Lublin					<b>5:03.61</b>	624 A	
	50m:	31.72	31.72	150m:	1:49.72	41.00	250m:	3:11.51	41.69	350m:	4:29.10	35.84
	100m:	1:08.72	37.00	200m:	2:29.82	40.10	300m:	3:53.26	41.75	400m:	5:03.61	34.51
9.	K DZIORA Martina			99	MTS Kwidzyn					<b>5:05.15</b>	614 B	
	50m:	33.06	33.06	150m:	1:47.66	37.65	250m:	3:09.09	40.72	350m:	4:28.86	36.43
	100m:	1:10.01	36.95	200m:	2:28.37	40.71	300m:	3:52.43	43.34	400m:	5:05.15	36.29
10.	PECYNA Michalina			00	IKS Konstancin					<b>5:05.43</b>	613 B	
	50m:	32.30	32.30	150m:	1:48.34	38.31	250m:	3:11.36	43.26	350m:	4:31.06	35.89
	100m:	1:10.03	37.73	200m:	2:28.10	39.76	300m:	3:55.17	43.81	400m:	5:05.43	34.37
11.	SKORUPA Monika			99	Vega Dobrodzie					<b>5:06.72</b>	605 B	
	50m:	32.39	32.39	150m:	1:47.34	37.25	250m:	3:07.51	43.67	350m:	4:29.61	37.09
	100m:	1:10.09	37.70	200m:	2:23.84	36.50	300m:	3:52.52	45.01	400m:	5:06.72	37.11
12.	MUDA Weronika SL			00	UMCS Lublin					<b>5:07.14</b>	602 B	
	50m:	32.21	32.21	150m:	1:49.02	40.05	250m:	3:12.32	43.94	350m:	4:32.13	35.98
	100m:	1:08.97	36.76	200m:	2:28.38	39.36	300m:	3:56.15	43.83	400m:	5:07.14	35.01
13.	BOREJSZO Paula			00	MKP Szczecin					<b>5:10.04</b>	586 B	
	50m:	32.79	32.79	150m:	1:51.96	40.47	250m:	3:14.10	42.98	350m:	4:35.11	36.46
	100m:	1:11.49	38.70	200m:	2:31.12	39.16	300m:	3:58.65	44.55	400m:	5:10.04	34.93
14.	KUJAWSKA Katarzyna			00	Delfin Toru					<b>5:10.22</b>	585 B	
	50m:	32.91	32.91	150m:	1:49.62	38.89	250m:	3:13.39	43.86	350m:	4:34.66	36.44
	100m:	1:10.73	37.82	200m:	2:29.53	39.91	300m:	3:58.22	44.83	400m:	5:10.22	35.56
15.	SADOWSKA Klaudia SWR			99	I sk Wrocław					<b>5:11.06</b>	580 B	
	50m:	32.56	32.56	150m:	1:51.13	40.78	250m:	3:13.24	42.35	350m:	4:34.64	37.80
	100m:	1:10.35	37.79	200m:	2:30.89	39.76	300m:	3:56.84	43.60	400m:	5:11.06	36.42
16.	BORCZYK Martyna			00	Rekin wiebodzice					<b>5:21.39</b>	526 B	
	50m:	33.87	33.87	150m:	1:51.97	39.23	250m:	3:17.84	45.92	350m:	4:43.89	39.50
	100m:	1:12.74	38.87	200m:	2:31.92	39.95	300m:	4:04.39	46.55	400m:	5:21.39	37.50

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Pozycja	Rok ur.								Czas	Pkt.		
17.	NIZIOŁEK Kinga SMS			00	Ikar Mielec			<b>5:26.18</b>	503	R		
	50m:	32.82	32.82	150m:	1:54.01	43.29	250m:	3:23.66	46.57	350m:	4:49.37	38.85
	100m:	1:10.72	37.90	200m:	2:37.09	43.08	300m:	4:10.52	46.86	400m:	5:26.18	36.81