

Zimowe Mistrzostwa Polski Juniorów 17-18 lat
Gorzów Wlkp., 10. - 12.3.2017

Konkurencja 19
11.03.2017 - 9:37

Kobiet, 400m dowolny

17 - 18 lat
Wyniki Eliminacje

Rekord Polski 17	4:08.04	KILIJA	SKA Donata	POL	Pozna	17.12.2011
Rekord Polski 18	4:08.04	KILIJA	SKA Donata	POL	Pozna	17.12.2011

Punkty: FINA 2016

Pozycja				Rok ur.					Czas	Pkt.		
1.	JANISZEWSKA Dominika			99	AZS AWF Warszawa				4:22.97	709 A		
	50m:	31.00	31.00	150m:	1:36.88	32.82	250m:	2:43.06	33.11	350m:	3:50.13	33.69
	100m:	1:04.06	33.06	200m:	2:09.95	33.07	300m:	3:16.44	33.38	400m:	4:22.97	32.84
2.	ADAMCZYK Julia SL			99	UMCS Lublin				4:23.43	705 A		
	50m:	30.96	30.96	150m:	1:37.03	32.97	250m:	2:43.54	33.21	350m:	3:50.48	33.58
	100m:	1:04.06	33.10	200m:	2:10.33	33.30	300m:	3:16.90	33.36	400m:	4:23.43	32.95
3.	PIECHOTA Paulina			99	190 Łód				4:23.45	705 A		
	50m:	30.08	30.08	150m:	1:36.67	33.29	250m:	2:43.30	33.42	350m:	3:50.20	33.34
	100m:	1:03.38	33.30	200m:	2:09.88	33.21	300m:	3:16.86	33.56	400m:	4:23.45	33.25
4.	ANDRZEJEWSKA Kamila SL			99	UMCS Lublin				4:24.08	700 A		
	50m:	30.94	30.94	150m:	1:38.22	33.53	250m:	2:44.92	33.12	350m:	3:51.08	33.12
	100m:	1:04.69	33.75	200m:	2:11.80	33.58	300m:	3:17.96	33.04	400m:	4:24.08	33.00
5.	POLANSKA Aleksandra			00	GOS Raszyn				4:24.10	700 A		
	50m:	31.02	31.02	150m:	1:37.50	33.06	250m:	2:44.14	33.33	350m:	3:50.90	33.36
	100m:	1:04.44	33.42	200m:	2:10.81	33.31	300m:	3:17.54	33.40	400m:	4:24.10	33.20
6.	SZAFRA SKA Julia Soc			00	KSZO Ostrowiec w.				4:24.16	699 A		
	50m:	31.05	31.05	150m:	1:37.28	33.52	250m:	2:44.20	33.39	350m:	3:51.65	33.58
	100m:	1:03.76	32.71	200m:	2:10.81	33.53	300m:	3:18.07	33.87	400m:	4:24.16	32.51
7.	KLONOWSKA Julia			00	G - 8 Bielany Warszawa				4:24.26	698 A		
	50m:	31.41	31.41	150m:	1:38.04	33.37	250m:	2:44.71	32.79	350m:	3:51.73	33.43
	100m:	1:04.67	33.26	200m:	2:11.92	33.88	300m:	3:18.30	33.59	400m:	4:24.26	32.53
8.	SŁUPEK Roksana SB			99	Pi tnatka Bydgoszcz				4:25.24	691 A		
	50m:	30.62	30.62	150m:	1:37.60	33.98	250m:	2:44.98	33.68	350m:	3:51.99	33.41
	100m:	1:03.62	33.00	200m:	2:11.30	33.70	300m:	3:18.58	33.60	400m:	4:25.24	33.25
9.	BARYŁA JULIA SSz			00	MKP Szczecin				4:27.21	676 B		
	50m:	31.21	31.21	150m:	1:38.69	33.67	250m:	2:46.38	33.78	350m:	3:54.04	33.71
	100m:	1:05.02	33.81	200m:	2:12.60	33.91	300m:	3:20.33	33.95	400m:	4:27.21	33.17
10.	ZAWADZKA Anna			00	Wodnik Tychy				4:27.26	675 B		
	50m:	31.72	31.72	150m:	1:38.50	33.51	250m:	2:46.29	33.88	350m:	3:55.04	34.39
	100m:	1:04.99	33.27	200m:	2:12.41	33.91	300m:	3:20.65	34.36	400m:	4:27.26	32.22
11.	PISAREK Justyna SO			00	Unia O wi cim				4:28.02	669 B		
	50m:	30.88	30.88	150m:	1:37.19	33.27	250m:	2:44.51	33.60	350m:	3:53.15	34.56
	100m:	1:03.92	33.04	200m:	2:10.91	33.72	300m:	3:18.59	34.08	400m:	4:28.02	34.87
12.	REKS Aleksandra			00	MKP Szczecin				4:29.59	658 B		
	50m:	31.35	31.35	150m:	1:38.97	33.98	250m:	2:46.76	33.98	350m:	3:55.16	34.25
	100m:	1:04.99	33.64	200m:	2:12.78	33.81	300m:	3:20.91	34.15	400m:	4:29.59	34.43
13.	GÓRSKA Julia			00	Warszawianka				4:30.97	648 B		
	50m:	30.58	30.58	150m:	1:38.78	34.45	250m:	2:47.61	34.36	350m:	3:56.63	34.66
	100m:	1:04.33	33.75	200m:	2:13.25	34.47	300m:	3:21.97	34.36	400m:	4:30.97	34.34
14.	SKIBCZAK Natalia			00	G - 8 Bielany Warszawa				4:31.75	642 B		
	50m:	31.43	31.43	150m:	1:39.81	34.50	250m:	2:49.41	34.90	350m:	3:58.15	33.99
	100m:	1:05.31	33.88	200m:	2:14.51	34.70	300m:	3:24.16	34.75	400m:	4:31.75	33.60
15.	SZUSTER Aleksandra SO			00	Unia O wi cim				4:32.24	639 B		
	50m:	31.00	31.00	150m:	1:38.74	33.92	250m:	2:47.36	34.44	350m:	3:57.54	35.61
	100m:	1:04.82	33.82	200m:	2:12.92	34.18	300m:	3:21.93	34.57	400m:	4:32.24	34.70
16.	KRÓL Oliwia			99	Trójka Łód				4:32.66	636 B		
	50m:	31.95	31.95	150m:	1:39.50	33.78	250m:	2:47.81	34.15	350m:	3:57.86	35.33
	100m:	1:05.72	33.77	200m:	2:13.66	34.16	300m:	3:22.53	34.72	400m:	4:32.66	34.80

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Pozycja			Rok ur.				Czas				Pkt.
17.	LICZNIAK Weronika SL	99	UMCS Lublin				4:34.12				626 R
	50m: 31.83 31.83	150m: 1:40.46	34.24	250m: 2:49.07	34.42	350m: 3:59.06	35.17				
	100m: 1:06.22 34.39	200m: 2:14.65	34.19	300m: 3:23.89	34.82	400m: 4:34.12	35.06				
18.	RUTKOWSKA Wiktoria SB	99	Pi tnaстка Bydgoszcz				4:34.46				623 R
	50m: 32.41 32.41	150m: 1:42.28	34.98	250m: 2:51.53	34.39	350m: 4:00.71	34.54				
	100m: 1:07.30 34.89	200m: 2:17.14	34.86	300m: 3:26.17	34.64	400m: 4:34.46	33.75				
19.	TOMO Martyna	00	Skarpa Lublin				4:35.00				620
	50m: 31.97 31.97	150m: 1:40.45	34.42	250m: 2:49.76	34.68	350m: 4:00.29	35.24				
	100m: 1:06.03 34.06	200m: 2:15.08	34.63	300m: 3:25.05	35.29	400m: 4:35.00	34.71				
20.	JANCZAK Patrycja	00	MKP Szczecin				4:35.85				614
	50m: 31.52 31.52	150m: 1:40.25	34.65	250m: 2:50.47	35.07	350m: 4:01.37	35.22				
	100m: 1:05.60 34.08	200m: 2:15.40	35.15	300m: 3:26.15	35.68	400m: 4:35.85	34.48				
21.	KRUSZEWSKA Kaja	00	Juvenia Białystok				4:35.92				614
	50m: 32.30 32.30	150m: 1:41.77	34.96	250m: 2:52.46	35.51	350m: 4:02.36	34.94				
	100m: 1:06.81 34.51	200m: 2:16.95	35.18	300m: 3:27.42	34.96	400m: 4:35.92	33.56				
22.	WÓJTOWICZ Julia SL	00	Skarpa Lublin				4:36.12				612
	50m: 31.45 31.45	150m: 1:41.06	35.20	250m: 2:51.42	35.06	350m: 4:01.80	35.18				
	100m: 1:05.86 34.41	200m: 2:16.36	35.30	300m: 3:26.62	35.20	400m: 4:36.12	34.32				
23.	NOWICKA Patrycja	00	MTS Kwidzyn				4:37.29				604
	50m: 32.32 32.32	150m: 1:42.66	35.35	250m: 2:53.36	35.43	350m: 4:03.67	34.84				
	100m: 1:07.31 34.99	200m: 2:17.93	35.27	300m: 3:28.83	35.47	400m: 4:37.29	33.62				
24.	BŁAJET Oliwia SP	00	Warta Pozna				4:38.28				598
	50m: 31.60 31.60	150m: 1:41.13	34.84	250m: 2:51.51	35.12	350m: 4:02.12	35.27				
	100m: 1:06.29 34.69	200m: 2:16.39	35.26	300m: 3:26.85	35.34	400m: 4:38.28	36.16				
25.	MALINOWSKA Zuzanna SWR	00	I sk Wrocław				4:39.78				588
	50m: 31.92 31.92	150m: 1:43.71	36.28	250m: 2:56.26	36.08	350m: 4:05.65	34.81				
	100m: 1:07.43 35.51	200m: 2:20.18	36.47	300m: 3:30.84	34.58	400m: 4:39.78	34.13				
26.	WI NIEWSKA Barbara	00	AZS AWF Warszawa				4:39.79				588
	50m: 31.95 31.95	150m: 1:41.83	35.28	250m: 2:53.02	35.41	350m: 4:05.04	36.04				
	100m: 1:06.55 34.60	200m: 2:17.61	35.78	300m: 3:29.00	35.98	400m: 4:39.79	34.75				
27.	BOGUCKA Karolina SR	00	Karol Wadowice				4:45.02				557
	50m: 31.29 31.29	150m: 1:41.05	35.64	250m: 2:54.18	36.73	350m: 4:08.80	37.45				
	100m: 1:05.41 34.12	200m: 2:17.45	36.40	300m: 3:31.35	37.17	400m: 4:45.02	36.22				
28.	KUSTRA Julita	00	SiKReT Gliwice				4:45.41				554
	50m: 31.66 31.66	150m: 1:42.29	35.67	250m: 2:55.43	36.79	350m: 4:09.60	37.37				
	100m: 1:06.62 34.96	200m: 2:18.64	36.35	300m: 3:32.23	36.80	400m: 4:45.41	35.81				
29.	ADAMCZYK Agata	99	PWSZ Racibórz				4:46.67				547
	50m: 32.15 32.15	150m: 1:43.38	36.40	250m: 2:56.14	37.09	350m: 4:10.24	37.05				
	100m: 1:06.98 34.83	200m: 2:19.05	35.67	300m: 3:33.19	37.05	400m: 4:46.67	36.43				
30.	RADECKA Anna	00	G - 8 Bielany Warszawa				4:46.81				546
	50m: 32.59 32.59	150m: 1:43.30	35.76	250m: 2:55.96	36.46	350m: 4:09.72	36.77				
	100m: 1:07.54 34.95	200m: 2:19.50	36.20	300m: 3:32.95	36.99	400m: 4:46.81	37.09				
31.	CIE LIKOWSKA Zuzanna	99	Pingwiny Warszawa				4:47.04				545
	50m: 31.72 31.72	150m: 1:44.28	36.69	250m: 2:58.24	36.97	350m: 4:12.50	36.80				
	100m: 1:07.59 35.87	200m: 2:21.27	36.99	300m: 3:35.70	37.46	400m: 4:47.04	34.54				
32.	CIPORSKA Katarzyna	00	Polonia Warszawa				4:47.41				543
	50m: 32.82 32.82	150m: 1:44.40	36.06	250m: 2:57.87	36.80	350m: 4:11.73	36.85				
	100m: 1:08.34 35.52	200m: 2:21.07	36.67	300m: 3:34.88	37.01	400m: 4:47.41	35.68				
33.	PYRLIK Paulina SO	99	Unia O wi cim				4:48.13				539
	50m: 32.05 32.05	150m: 1:42.74	35.65	250m: 2:56.02	36.81	350m: 4:11.22	37.94				
	100m: 1:07.09 35.04	200m: 2:19.21	36.47	300m: 3:33.28	37.26	400m: 4:48.13	36.91				
34.	SAKSON-SZAFRA SKA Sara	00	Jagiellonka Warszawa				4:52.30				516
	50m: 32.39 32.39	150m: 1:45.24	37.01	250m: 2:59.04	37.19	350m: 4:14.10	37.49				
	100m: 1:08.23 35.84	200m: 2:21.85	36.61	300m: 3:36.61	37.57	400m: 4:52.30	38.20				

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Pozycja				Rok ur.					Czas	Pkt.		
35.	WRO SKA Marianna			00	MOSiR Sopot				4:53.76	508		
	50m:	32.84	32.84	150m:	1:45.70	37.14	250m:	3:01.38	37.65	350m:	4:16.85	37.73
	100m:	1:08.56	35.72	200m:	2:23.73	38.03	300m:	3:39.12	37.74	400m:	4:53.76	36.91
36.	MAŁKUS Amelia			00	Ostrobramska Warszawa				5:18.80	398		
	50m:	33.65	33.65	150m:	1:50.75	39.61	250m:	3:13.47	41.84	350m:	4:38.37	42.46
	100m:	1:11.14	37.49	200m:	2:31.63	40.88	300m:	3:55.91	42.44	400m:	5:18.80	40.43