

Zimowe Mistrzostwa Polski Juniorów 17-18 lat
Gorzów Wlkp., 10. - 12.3.2017

Konkurencja 19
11.03.2017 - 17:19

Kobiet, 400m dowolny

17 - 18 lat
Wyniki Finał

Rekord Polski 17	4:08.04	KILIJA	SKA Donata	POL	Pozna	17.12.2011
Rekord Polski 18	4:08.04	KILIJA	SKA Donata	POL	Pozna	17.12.2011

Punkty: FINA 2016

Pozycja			Rok ur.					Czas	Pkt.
Finał A									
1.	PIECHOTA Paulina		99	190 Łód				4:08.98	835
	50m:	29.39	29.39	150m:	1:31.55	31.36	250m:	2:34.34	31.50
	100m:	1:00.19	30.80	200m:	2:02.84	31.29	300m:	3:06.07	31.73
							350m:	3:37.80	31.73
							400m:	4:08.98	31.18
2.	JANISZEWSKA Dominika		99	AZS AWF Warszawa				4:12.57	800
	50m:	29.70	29.70	150m:	1:32.53	31.73	250m:	2:36.25	31.76
	100m:	1:00.80	31.10	200m:	2:04.49	31.96	300m:	3:08.55	32.30
							350m:	3:40.82	32.27
							400m:	4:12.57	31.75
3.	POLANSKA Aleksandra		00	GOS Raszyn				4:13.08	795
	50m:	30.12	30.12	150m:	1:33.95	32.16	250m:	2:37.93	31.78
	100m:	1:01.79	31.67	200m:	2:06.15	32.20	300m:	3:09.97	32.04
							350m:	3:41.95	31.98
							400m:	4:13.08	31.13
4.	ADAMCZYK Julia SL		99	UMCS Lublin				4:16.39	765
	50m:	30.01	30.01	150m:	1:35.11	32.65	250m:	2:39.95	32.13
	100m:	1:02.46	32.45	200m:	2:07.82	32.71	300m:	3:12.36	32.41
							350m:	3:44.58	32.22
							400m:	4:16.39	31.81
5.	ANDRZEJEWSKA Kamila SL		99	UMCS Lublin				4:18.13	749
	50m:	30.17	30.17	150m:	1:35.64	32.94	250m:	2:41.16	32.56
	100m:	1:02.70	32.53	200m:	2:08.60	32.96	300m:	3:13.79	32.63
							350m:	3:46.00	32.21
							400m:	4:18.13	32.13
6.	SZAFRA SKA Julia Soc		00	KSZO Ostrowiec w.				4:21.49	721
	50m:	30.36	30.36	150m:	1:35.90	33.04	250m:	2:42.19	33.18
	100m:	1:02.86	32.50	200m:	2:09.01	33.11	300m:	3:15.72	33.53
							350m:	3:49.05	33.33
							400m:	4:21.49	32.44
7.	SŁUPEK Rokszana SB		99	Pi tnastka Bydgoszcz				4:23.34	706
	50m:	30.25	30.25	150m:	1:35.93	33.09	250m:	2:42.96	33.69
	100m:	1:02.84	32.59	200m:	2:09.27	33.34	300m:	3:16.42	33.46
							350m:	3:50.10	33.68
							400m:	4:23.34	33.24
8.	ZAWADZKA Anna		00	Wodnik Tychy				4:28.32	667
	50m:	30.82	30.82	150m:	1:36.84	33.44	250m:	2:45.28	34.49
	100m:	1:03.40	32.58	200m:	2:10.79	33.95	300m:	3:20.22	34.94
							350m:	3:54.70	34.48
							400m:	4:28.32	33.62
Finał B									
9.	PISAREK Justyna SO		00	Unia O wi cim				4:26.06	684
	50m:	29.66	29.66	150m:	1:34.90	33.07	250m:	2:42.21	33.56
	100m:	1:01.83	32.17	200m:	2:08.65	33.75	300m:	3:15.15	32.94
							350m:	3:51.99	36.84
							400m:	4:26.06	34.07
10.	SKIBCZAK Natalia		00	G - 8 Bielany Warszawa				4:27.92	670
	50m:	30.52	30.52	150m:	1:36.12	33.23	250m:	2:44.53	34.47
	100m:	1:02.89	32.37	200m:	2:10.06	33.94	300m:	3:19.11	34.58
							350m:	3:54.01	34.90
							400m:	4:27.92	33.91
11.	KRÓL Oliwia		99	Trójka Łód				4:33.34	631
	50m:	31.27	31.27	150m:	1:39.74	34.59	250m:	2:49.08	34.65
	100m:	1:05.15	33.88	200m:	2:14.43	34.69	300m:	3:23.87	34.79
							350m:	3:58.76	34.89
							400m:	4:33.34	34.58
12.	LICZNIAK Weronika SL		99	UMCS Lublin				4:34.04	626
	50m:	31.50	31.50	150m:	1:40.19	34.47	250m:	2:50.07	35.10
	100m:	1:05.72	34.22	200m:	2:14.97	34.78	300m:	3:25.50	35.43
							350m:	4:00.34	34.84
							400m:	4:34.04	33.70
13.	GÓRSKA Julia		00	Warszawianka				4:34.45	623
	50m:	30.14	30.14	150m:	1:37.17	34.12	250m:	2:47.71	35.27
	100m:	1:03.05	32.91	200m:	2:12.44	35.27	300m:	3:23.93	36.22
							350m:	4:00.33	36.40
							400m:	4:34.45	34.12
14.	JANCZAK Patrycja		00	MKP Szczecin				4:35.36	617
	50m:	31.61	31.61	150m:	1:40.21	34.56	250m:	2:50.81	35.41
	100m:	1:05.65	34.04	200m:	2:15.40	35.19	300m:	3:25.91	35.10
							350m:	4:00.90	34.99
							400m:	4:35.36	34.46
15.	RUTKOWSKA Wiktoria SB		99	Pi tnastka Bydgoszcz				4:36.24	611
	50m:	32.33	32.33	150m:	1:42.26	35.10	250m:	2:52.04	35.12
	100m:	1:07.16	34.83	200m:	2:16.92	34.66	300m:	3:26.94	34.90
							350m:	4:02.14	35.20
							400m:	4:36.24	34.10
16.	TOMO Martyna		00	Skarpa Lublin				4:36.86	607
	50m:	32.09	32.09	150m:	1:40.83	34.54	250m:	2:51.05	35.27
	100m:	1:06.29	34.20	200m:	2:15.78	34.95	300m:	3:26.40	35.35
							350m:	4:02.01	35.61
							400m:	4:36.86	34.85