

Liga Szkół Mistrzostw Sportowego I Runda
Gorzów Wlkp., 30-11- - 1-12-2018

Konkurencja 19
2018-12-01 - 9:25

Kobiet, 400m dowolny

18 lat i młodszy
Wyniki

Punkty: FINA 2018

Pozycja	Rok ur.	Czas	Pkt.	
1. PARADOWSKA Kinga SB	01 SMS Bydgoszcz	4:15.95	769	31,00
50m: 30.59 30.59	150m: 1:36.73 33.21	250m: 2:42.03 32.34	350m: 3:45.50 31.53	
100m: 1:03.52 32.93	200m: 2:09.69 32.96	300m: 3:13.97 31.94	400m: 4:15.95 30.45	
2. MARGULA Weronika	00 SMS Szczecin	4:17.45	755	29,00
50m: 30.59 30.59	150m: 1:36.46 33.12	250m: 2:41.57 32.32	350m: 3:45.60 31.99	
100m: 1:03.34 32.75	200m: 2:09.25 32.79	300m: 3:13.61 32.04	400m: 4:17.45 31.85	
3. NITA Daria SO	01 SMS O wi cim	4:20.01	733	28,00
50m: 30.35 30.35	150m: 1:36.74 33.35	250m: 2:42.93 33.05	350m: 3:48.30 32.25	
100m: 1:03.39 33.04	200m: 2:09.88 33.14	300m: 3:16.05 33.12	400m: 4:20.01 31.71	
4. JASZCZUK Ewa SOL	02 SMS Olsztyn	4:21.98	717	27,00
50m: 30.68 30.68	150m: 1:36.84 33.26	250m: 2:43.28 32.80	350m: 3:49.84 33.27	
100m: 1:03.58 32.90	200m: 2:10.48 33.64	300m: 3:16.57 33.29	400m: 4:21.98 32.14	
5. BARYŁA Julia	00 SMS Szczecin	4:22.14	716	26,00
50m: 31.22 31.22	150m: 1:36.54 32.76	250m: 2:42.40 33.04	350m: 3:49.09 33.30	
100m: 1:03.78 32.56	200m: 2:09.36 32.82	300m: 3:15.79 33.39	400m: 4:22.14 33.05	
6. MICIAK Agata SGW	02 SMS Gorzów Wlkp.	4:23.90	701	25,00
50m: 30.19 30.19	150m: 1:36.96 33.47	250m: 2:44.24 33.71	350m: 3:51.86 33.84	
100m: 1:03.49 33.30	200m: 2:10.53 33.57	300m: 3:18.02 33.78	400m: 4:23.90 32.04	
7. RABINIAK Zuzanna SL	01 SMS Lublin	4:24.44	697	24,00
50m: 30.27 30.27	150m: 1:37.87 33.83	250m: 2:45.21 33.31	350m: 3:52.04 33.17	
100m: 1:04.04 33.77	200m: 2:11.90 34.03	300m: 3:18.87 33.66	400m: 4:24.44 32.40	
8. CYNARSKA Weronika	03 SMS Warszawa	4:25.26	691	23,00
50m: 30.36 30.36	150m: 1:37.71 33.82	250m: 2:45.79 34.23	350m: 3:53.48 33.85	
100m: 1:03.89 33.53	200m: 2:11.56 33.85	300m: 3:19.63 33.84	400m: 4:25.26 31.78	
9. KLIMEK Marta SO	03 SMS O wi cim	4:25.76	687	22,00
50m: 30.75 30.75	150m: 1:37.20 33.47	250m: 2:44.27 33.54	350m: 3:52.67 34.02	
100m: 1:03.73 32.98	200m: 2:10.73 33.53	300m: 3:18.65 34.38	400m: 4:25.76 33.09	
10. GÓRNICKA Aleksandra	02 SMS Szczecin	4:26.39	682	-
50m: 30.70 30.70	150m: 1:38.39 33.97	250m: 2:46.38 34.09	350m: 3:54.16 33.81	
100m: 1:04.42 33.72	200m: 2:12.29 33.90	300m: 3:20.35 33.97	400m: 4:26.39 32.23	
11. OSINIAK Ewa	00 SMS Lublin	4:27.48	674	21,00
50m: 31.25 31.25	150m: 1:38.66 33.90	250m: 2:46.48 34.01	350m: 3:55.03 34.33	
100m: 1:04.76 33.51	200m: 2:12.47 33.81	300m: 3:20.70 34.22	400m: 4:27.48 32.45	
12. KLONOWSKA Julia	00 SMS Bielany Warszawa	4:27.98	670	20,00
50m: 31.55 31.55	150m: 1:40.04 34.24	250m: 2:47.69 33.43	350m: 3:55.85 34.22	
100m: 1:05.80 34.25	200m: 2:14.26 34.22	300m: 3:21.63 33.94	400m: 4:27.98 32.13	
13. ZIELI SKA Daria	03 SMS Warszawa	4:29.61	658	19,00
50m: 31.37 31.37	150m: 1:39.58 34.34	250m: 2:48.35 34.32	350m: 3:56.56 33.97	
100m: 1:05.24 33.87	200m: 2:14.03 34.45	300m: 3:22.59 34.24	400m: 4:29.61 33.05	
14. KINDRAT Julia	03 SMS Wrocław	4:30.29	653	18,00
50m: 30.90 30.90	150m: 1:39.46 34.73	250m: 2:48.59 34.67	350m: 3:57.68 34.26	
100m: 1:04.73 33.83	200m: 2:13.92 34.46	300m: 3:23.42 34.83	400m: 4:30.29 32.61	
15. KUSION Weronika SO	02 SMS O wi cim	4:30.76	649	-
50m: 31.63 31.63	150m: 1:40.01 34.20	250m: 2:48.56 34.00	350m: 3:57.78 34.83	
100m: 1:05.81 34.18	200m: 2:14.56 34.55	300m: 3:22.95 34.39	400m: 4:30.76 32.98	
16. WYGNAŁ Maja SR	03 SMS Racibórz	4:30.78	649	17,00
50m: 30.54 30.54	150m: 1:39.61 34.76	250m: 2:49.42 34.79	350m: 3:58.28 34.20	
100m: 1:04.85 34.31	200m: 2:14.63 35.02	300m: 3:24.08 34.66	400m: 4:30.78 32.50	
17. ŁUCZAK Dominika	02 SMS Zielona Góra	4:30.91	648	16,00
50m: 31.25 31.25	150m: 1:39.02 34.15	250m: 2:47.71 34.37	350m: 3:56.93 34.65	
100m: 1:04.87 33.62	200m: 2:13.34 34.32	300m: 3:22.28 34.57	400m: 4:30.91 33.98	

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Pozycja			Rok ur.					Czas	Pkt.		
18.	SM	TEK Wiktoria SR	01	SMS Racibórz				4:32.39	638	15,00	
	50m:	32.00 32.00	150m:	1:41.18	34.77	250m:	2:50.83	34.76	350m:	3:59.56	34.13
	100m:	1:06.41 34.41	200m:	2:16.07	34.89	300m:	3:25.43	34.60	400m:	4:32.39	32.83
19.	KWIATKOWSKA	Zofia	01	SMS Lublin				4:34.99	620	-	
	50m:	30.20 30.20	150m:	1:39.63	35.14	250m:	2:50.78	35.81	350m:	4:01.58	35.36
	100m:	1:04.49 34.29	200m:	2:14.97	35.34	300m:	3:26.22	35.44	400m:	4:34.99	33.41
20.	BŁAJET	Oliwia	00	SMS Pozna				4:36.31	611	14,00	
	50m:	31.47 31.47	150m:	1:40.25	34.64	250m:	2:50.62	35.38	350m:	4:01.85	35.60
	100m:	1:05.61 34.14	200m:	2:15.24	34.99	300m:	3:26.25	35.63	400m:	4:36.31	34.46
21.	GARBARCZYK	Weronika	03	SMS Szczecin				4:36.41	610	-	
	50m:	31.03 31.03	150m:	1:39.66	34.55	250m:	2:49.65	34.96	350m:	4:01.32	36.13
	100m:	1:05.11 34.08	200m:	2:14.69	35.03	300m:	3:25.19	35.54	400m:	4:36.41	35.09
22.	WISTU	Julia	00	SMS Kraków				4:36.91	607	13,00	
	50m:	31.54 31.54	150m:	1:40.65	34.68	250m:	2:50.05	34.44	350m:	4:02.46	36.59
	100m:	1:05.97 34.43	200m:	2:15.61	34.96	300m:	3:25.87	35.82	400m:	4:36.91	34.45
23.	FRYSIAK	Zuzanna	03	SMS Bydgoszcz				4:37.03	606	12,00	
	50m:	32.15 32.15	150m:	1:41.01	34.83	250m:	2:51.17	35.07	350m:	4:03.14	36.14
	100m:	1:06.18 34.03	200m:	2:16.10	35.09	300m:	3:27.00	35.83	400m:	4:37.03	33.89
24.	PIEPIÓRKA	Martyna	03	SMS Gda sk				4:37.13	606	11,00	
	50m:	31.71 31.71	150m:	1:40.97	35.27	250m:	2:51.79	35.50	350m:	4:03.48	35.91
	100m:	1:05.70 33.99	200m:	2:16.29	35.32	300m:	3:27.57	35.78	400m:	4:37.13	33.65
25.	MIETANA	Karolina	01	SMS Kraków				4:37.20	605	10,00	
	50m:	32.00 32.00	150m:	1:41.65	35.08	250m:	2:51.93	35.05	350m:	4:02.62	35.13
	100m:	1:06.57 34.57	200m:	2:16.88	35.23	300m:	3:27.49	35.56	400m:	4:37.20	34.58
26.	MOLENDĄ	Dominika	03	SMS Gda sk				4:38.52	596	9,00	
	50m:	31.86 31.86	150m:	1:42.00	35.64	250m:	2:53.27	35.67	350m:	4:03.92	35.21
	100m:	1:06.36 34.50	200m:	2:17.60	35.60	300m:	3:28.71	35.44	400m:	4:38.52	34.60
27.	KACZOR	Natalia	01	SMS Racibórz				4:38.95	594	-	
	50m:	31.13 31.13	150m:	1:40.52	35.29	250m:	2:52.02	36.03	350m:	4:04.07	36.17
	100m:	1:05.23 34.10	200m:	2:15.99	35.47	300m:	3:27.90	35.88	400m:	4:38.95	34.88
28.	KURASI	SKA Oliwia SOc	02	SMS Ostrowiec w.				4:39.73	589	8,00	
	50m:	32.25 32.25	150m:	1:43.07	35.58	250m:	2:53.87	35.00	350m:	4:05.24	35.52
	100m:	1:07.49 35.24	200m:	2:18.87	35.80	300m:	3:29.72	35.85	400m:	4:39.73	34.49
29.	KRZYSZTOFIAK	Iga	03	SMS Pozna				4:41.04	581	7,00	
	50m:	31.20 31.20	150m:	1:41.12	35.56	250m:	2:53.40	36.37	350m:	4:06.18	36.45
	100m:	1:05.56 34.36	200m:	2:17.03	35.91	300m:	3:29.73	36.33	400m:	4:41.04	34.86
30.	SKIBCZAK	Natalia	00	SMS Bielany Warszawa				4:41.54	577	6,00	
	50m:	31.79 31.79	150m:	1:42.61	35.47	250m:	2:54.48	36.10	350m:	4:06.94	36.21
	100m:	1:07.14 35.35	200m:	2:18.38	35.77	300m:	3:30.73	36.25	400m:	4:41.54	34.60
31.	KASPROWICZ	Marta SR	03	SMS Racibórz				4:42.00	575	-	
	50m:	32.18 32.18	150m:	1:41.81	35.01	250m:	2:52.94	35.69	350m:	4:06.30	36.79
	100m:	1:06.80 34.62	200m:	2:17.25	35.44	300m:	3:29.51	36.57	400m:	4:42.00	35.70
32.	JASIORSKA	Aleksandra	02	SMS Warszawa				4:43.25	567	-	
	50m:	31.77 31.77	150m:	1:41.39	35.38	250m:	2:53.24	36.16	350m:	4:06.54	36.67
	100m:	1:06.01 34.24	200m:	2:17.08	35.69	300m:	3:29.87	36.63	400m:	4:43.25	36.71
33.	SZUSTER	Aleksandra	00	SMS Kraków				4:43.93	563	-	
	50m:	31.25 31.25	150m:	1:41.34	35.61	250m:	2:53.97	36.51	350m:	4:07.87	37.00
	100m:	1:05.73 34.48	200m:	2:17.46	36.12	300m:	3:30.87	36.90	400m:	4:43.93	36.06
34.	SZPIEGOWSKA	Wiktoria	02	SMS Wrocław				4:44.99	557	5,00	
	50m:	31.77 31.77	150m:	1:43.56	36.25	250m:	2:56.61	36.56	350m:	4:09.41	36.60
	100m:	1:07.31 35.54	200m:	2:20.05	36.49	300m:	3:32.81	36.20	400m:	4:44.99	35.58
35.	KRUPI	SKALaura Lila SOL	04	SMS Olsztyn				4:46.80	546	4,00	
	50m:	33.00 33.00	150m:	1:44.62	36.31	250m:	2:58.86	37.09	350m:	4:11.78	36.21
	100m:	1:08.31 35.31	200m:	2:21.77	37.15	300m:	3:35.57	36.71	400m:	4:46.80	35.02

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Pozycja	Rok ur.								Czas	Pkt.	
36. BILSKA Natalia	01 SMS Gda sk								4:47.08	545	-
50m:	32.26	32.26	150m:	1:44.55	36.65	250m:	2:57.16	35.69	350m:	4:11.21	37.29
100m:	1:07.90	35.64	200m:	2:21.47	36.92	300m:	3:33.92	36.76	400m:	4:47.08	35.87
37. SERAFIN Magdalena	01 SMS Kraków								4:49.14	533	-
50m:	32.44	32.44	150m:	1:42.83	35.61	250m:	2:56.44	37.23	350m:	4:11.58	37.76
100m:	1:07.22	34.78	200m:	2:19.21	36.38	300m:	3:33.82	37.38	400m:	4:49.14	37.56
38. MAZUR Zuzanna	05 SMS Gorzów Wlkp.								5:10.58	430	3,00
50m:	35.00	35.00	150m:	1:54.21	40.08	250m:	3:14.63	40.44	350m:	4:33.82	38.61
100m:	1:14.13	39.13	200m:	2:34.19	39.98	300m:	3:55.21	40.58	400m:	5:10.58	36.76
39. JAGODA Patrycja	05 SMS Gorzów Wlkp.								5:17.19	404	-
50m:	34.98	34.98	150m:	1:55.19	40.82	250m:	3:17.53	41.19	350m:	4:37.74	40.40
100m:	1:14.37	39.39	200m:	2:36.34	41.15	300m:	3:57.34	39.81	400m:	5:17.19	39.45