

Zimowe Mistrzostwa Polski Seniorów i Młodzieżowców
Szczecin, 1. - 4.12.2010

Konkurencja 33
2010-12-03 - 10:54

M czyzn, 1500m dowolny

Open
Wyniki

Rekord Polski 14:24.54 SAWRYMOWICZ Mateusz MKSZC Debrecen (HUN) 2007-12-15
Minimum Mistrz. wiata 14:56.97

Punkty: FINA 2010

Pozycja			Rok ur.							Czas	Pkt.
1.	HRENIAK Maciej		89	MKP Szczecin						14:59.85	843
	100m:	58.72 58.72	500m:	5:00.81	1:00.35	900m:	9:02.51	1:00.42	1300m:	13:04.31	1:00.20
	200m:	1:59.10 1:00.38	600m:	6:01.05	1:00.24	1000m:	10:03.24	1:00.73	1400m:	14:03.91	59.60
	300m:	2:59.94 1:00.84	700m:	7:01.50	1:00.45	1100m:	11:03.79	1:00.55	1500m:	14:59.85	55.94
	400m:	4:00.46 1:00.52	800m:	8:02.09	1:00.59	1200m:	12:04.11	1:00.32			
2.	ZACZY SKI Karol		91	AZS AWF Katowice						15:00.30	841
	100m:	57.61 57.61	500m:	5:01.19	1:00.66	900m:	9:02.65	1:00.37	1300m:	13:04.07	1:00.05
	200m:	1:58.33 1:00.72	600m:	6:01.60	1:00.41	1000m:	10:03.18	1:00.53	1400m:	14:03.64	59.57
	300m:	2:59.59 1:01.26	700m:	7:01.91	1:00.31	1100m:	11:03.65	1:00.47	1500m:	15:00.30	56.66
	400m:	4:00.53 1:00.94	800m:	8:02.28	1:00.37	1200m:	12:04.02	1:00.37			
3.	SAWRYMOWICZ Mateusz		87	MKP Szczecin						15:00.46	841
	100m:	59.07 59.07	500m:	5:00.45	1:00.25	900m:	9:02.49	1:00.52	1300m:	13:04.35	59.89
	200m:	1:59.52 1:00.45	600m:	6:00.80	1:00.35	1000m:	10:03.32	1:00.83	1400m:	14:04.07	59.72
	300m:	2:59.78 1:00.26	700m:	7:01.22	1:00.42	1100m:	11:03.95	1:00.63	1500m:	15:00.46	56.39
	400m:	4:00.20 1:00.42	800m:	8:01.97	1:00.75	1200m:	12:04.46	1:00.51			
4.	PIELOWSKI Krzysztof		91	Kormoran Olsztyn						15:14.78	802
	100m:	58.66 58.66	500m:	5:00.87	1:00.33	900m:	9:03.38	1:00.86	1300m:	13:10.61	1:02.51
	200m:	1:59.45 1:00.79	600m:	6:01.20	1:00.33	1000m:	10:04.61	1:01.23	1400m:	14:13.22	1:02.61
	300m:	2:59.93 1:00.48	700m:	7:01.85	1:00.65	1100m:	11:06.03	1:01.42	1500m:	15:14.78	1:01.56
	400m:	4:00.54 1:00.61	800m:	8:02.52	1:00.67	1200m:	12:08.10	1:02.07			
5.	SZUBA Michał SWR		93	I sk Wrocław						15:16.26	798
	100m:	58.27 58.27	500m:	5:02.79	1:01.29	900m:	9:10.00	1:01.47	1300m:	13:15.02	1:01.64
	200m:	1:59.27 1:01.00	600m:	6:04.61	1:01.82	1000m:	10:11.31	1:01.31	1400m:	14:16.47	1:01.45
	300m:	3:00.56 1:01.29	700m:	7:06.59	1:01.98	1100m:	11:12.22	1:00.91	1500m:	15:16.26	59.79
	400m:	4:01.50 1:00.94	800m:	8:08.53	1:01.94	1200m:	12:13.38	1:01.16			
6.	HURA Bartosz		91	Kormoran Olsztyn						15:19.39	790
	100m:	59.67 59.67	500m:	5:04.74	1:01.22	900m:	9:11.45	1:02.29	1300m:	13:17.52	1:01.76
	200m:	2:01.52 1:01.85	600m:	6:05.75	1:01.01	1000m:	10:13.75	1:02.30	1400m:	14:18.92	1:01.40
	300m:	3:02.50 1:00.98	700m:	7:07.26	1:01.51	1100m:	11:14.59	1:00.84	1500m:	15:19.39	1:00.47
	400m:	4:03.52 1:01.02	800m:	8:09.16	1:01.90	1200m:	12:15.76	1:01.17			
7.	STA CZYK Przemysław		85	MKP Szczecin						15:24.96	776
	100m:	58.74 58.74	500m:	5:03.98	1:01.37	900m:	9:11.51	1:02.26	1300m:	13:21.07	1:02.43
	200m:	2:00.27 1:01.53	600m:	6:05.23	1:01.25	1000m:	10:13.77	1:02.26	1400m:	14:23.73	1:02.66
	300m:	3:01.48 1:01.21	700m:	7:07.16	1:01.93	1100m:	11:16.27	1:02.50	1500m:	15:24.96	1:01.23
	400m:	4:02.61 1:01.13	800m:	8:09.25	1:02.09	1200m:	12:18.64	1:02.37			
8.	TOWAREK Sebastian SWR		93	I sk Wrocław						15:25.88	774
	100m:	59.38 59.38	500m:	5:04.89	1:01.35	900m:	9:12.22	1:02.29	1300m:	13:23.66	1:02.72
	200m:	2:00.82 1:01.44	600m:	6:06.57	1:01.68	1000m:	10:14.89	1:02.67	1400m:	14:25.94	1:02.28
	300m:	3:02.36 1:01.54	700m:	7:08.25	1:01.68	1100m:	11:17.77	1:02.88	1500m:	15:25.88	59.94
	400m:	4:03.54 1:01.18	800m:	8:09.93	1:01.68	1200m:	12:20.94	1:03.17			
9.	DUBIEL Adam		93	Lublinianka Lublin						15:28.26	768
	100m:	57.95 57.95	500m:	5:06.69	1:02.06	900m:	9:16.49	1:02.54	1300m:	13:28.00	1:03.01
	200m:	2:00.07 1:02.12	600m:	6:08.75	1:02.06	1000m:	10:19.06	1:02.57	1400m:	14:29.12	1:01.12
	300m:	3:02.24 1:02.17	700m:	7:11.21	1:02.46	1100m:	11:22.06	1:03.00	1500m:	15:28.26	59.14
	400m:	4:04.63 1:02.39	800m:	8:13.95	1:02.74	1200m:	12:24.99	1:02.93			
10.	CZARNOTA Mateusz SO		91	Unia O wi cim						15:28.97	766
	100m:	58.26 58.26	500m:	5:04.09	1:02.12	900m:	9:12.24	1:01.70	1300m:	13:24.42	1:03.23
	200m:	1:59.37 1:01.11	600m:	6:06.06	1:01.97	1000m:	10:15.10	1:02.86	1400m:	14:27.28	1:02.86
	300m:	3:00.38 1:01.01	700m:	7:08.20	1:02.14	1100m:	11:18.12	1:03.02	1500m:	15:28.97	1:01.69
	400m:	4:01.97 1:01.59	800m:	8:10.54	1:02.34	1200m:	12:21.19	1:03.07			
11.	KACZMARSKI Marcin SSz		94	KSZO Ostrowiec						15:31.87	759
	100m:	58.00 58.00	500m:	5:05.85	1:02.10	900m:	9:15.73	1:02.32	1300m:	13:27.55	1:03.03
	200m:	1:59.69 1:01.69	600m:	6:08.17	1:02.32	1000m:	10:18.33	1:02.60	1400m:	14:30.17	1:02.62
	300m:	3:01.59 1:01.90	700m:	7:10.71	1:02.54	1100m:	11:21.35	1:03.02	1500m:	15:31.87	1:01.70
	400m:	4:03.75 1:02.16	800m:	8:13.41	1:02.70	1200m:	12:24.52	1:03.17			

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Szczecin, 1. - 4.12.2010

Konkurencja 33, M czynn, 1500m dowolny, Open

Pozycja			Rok ur.				Czas		Pkt.
12.	BOROWICZ SKONECZNY Sylwester	92	Kormoran Olsztyn				15:39.12		741
	100m: 58.83	58.83	500m: 5:04.27	1:01.32	900m: 9:13.55	1:02.63	1300m: 13:30.71	1:04.54	
	200m: 2:00.43	1:01.60	600m: 6:06.05	1:01.78	1000m: 10:17.27	1:03.72	1400m: 14:35.49	1:04.78	
	300m: 3:01.68	1:01.25	700m: 7:08.31	1:02.26	1100m: 11:21.40	1:04.13	1500m: 15:39.12	1:03.63	
	400m: 4:02.95	1:01.27	800m: 8:10.92	1:02.61	1200m: 12:26.17	1:04.77			
13.	ZABOROWSKI Filip SSz	94	MKP Szczecin				15:41.59		735
	100m: 58.95	58.95	500m: 5:07.62	1:02.29	900m: 9:19.17	1:03.25	1300m: 13:34.21	1:03.89	
	200m: 2:00.81	1:01.86	600m: 6:09.99	1:02.37	1000m: 10:22.53	1:03.36	1400m: 14:38.61	1:04.40	
	300m: 3:02.97	1:02.16	700m: 7:12.73	1:02.74	1100m: 11:26.19	1:03.66	1500m: 15:41.59	1:02.98	
	400m: 4:05.33	1:02.36	800m: 8:15.92	1:03.19	1200m: 12:30.32	1:04.13			
14.	GŁYK Wojciech	92	Orka L dziny				15:49.31		718
	100m: 59.77	59.77	500m: 5:12.82	1:03.69	900m: 9:27.80	1:03.68	1300m: 13:42.85	1:03.70	
	200m: 2:02.34	1:02.57	600m: 6:16.50	1:03.68	1000m: 10:31.82	1:04.02	1400m: 14:46.99	1:04.14	
	300m: 3:05.51	1:03.17	700m: 7:20.37	1:03.87	1100m: 11:35.36	1:03.54	1500m: 15:49.31	1:02.32	
	400m: 4:09.13	1:03.62	800m: 8:24.12	1:03.75	1200m: 12:39.15	1:03.79			
15.	PI TKOWSKI Mateusz	90	AZS AWF Warszawa				15:51.99		712
	100m: 1:00.46	1:00.46	500m: 5:15.91	1:03.97	900m: 9:30.59	1:03.81	1300m: 13:46.36	1:04.21	
	200m: 2:04.78	1:04.32	600m: 6:19.79	1:03.88	1000m: 10:34.16	1:03.57	1400m: 14:50.04	1:03.68	
	300m: 3:08.54	1:03.76	700m: 7:23.44	1:03.65	1100m: 11:37.83	1:03.67	1500m: 15:51.99	1:01.95	
	400m: 4:11.94	1:03.40	800m: 8:26.78	1:03.34	1200m: 12:42.15	1:04.32			
16.	SMEJA SŁAWOMIR	94	Astoria Bydgoszcz				15:52.33		711
	100m: 1:00.37	1:00.37	500m: 5:17.19	1:04.71	900m: 9:32.22	1:03.48	1300m: 13:47.87	1:04.26	
	200m: 2:04.29	1:03.92	600m: 6:21.59	1:04.40	1000m: 10:36.15	1:03.93	1400m: 14:51.46	1:03.59	
	300m: 3:08.34	1:04.05	700m: 7:25.57	1:03.98	1100m: 11:39.52	1:03.37	1500m: 15:52.33	1:00.87	
	400m: 4:12.48	1:04.14	800m: 8:28.74	1:03.17	1200m: 12:43.61	1:04.09			
17.	POŁAWSKI Mariusz	93	G-8 Bielany W-wa				16:04.98		683
	100m: 59.57	59.57	500m: 5:14.10	1:04.81	900m: 9:35.99	1:05.32	1300m: 13:56.97	1:05.25	
	200m: 2:02.57	1:03.00	600m: 6:19.16	1:05.06	1000m: 10:41.24	1:05.25	1400m: 15:02.14	1:05.17	
	300m: 3:05.73	1:03.16	700m: 7:24.90	1:05.74	1100m: 11:46.77	1:05.53	1500m: 16:04.98	1:02.84	
	400m: 4:09.29	1:03.56	800m: 8:30.67	1:05.77	1200m: 12:51.72	1:04.95			
18.	NOWICKI Mateusz	94	Pi tnastka Bydgoszcz				16:11.31		670
	100m: 1:01.50	1:01.50	500m: 5:20.17	1:04.96	900m: 9:40.17	1:04.99	1300m: 14:01.75	1:05.53	
	200m: 2:06.12	1:04.62	600m: 6:24.89	1:04.72	1000m: 10:45.69	1:05.52	1400m: 15:07.46	1:05.71	
	300m: 3:10.96	1:04.84	700m: 7:30.06	1:05.17	1100m: 11:50.89	1:05.20	1500m: 16:11.31	1:03.85	
	400m: 4:15.21	1:04.25	800m: 8:35.18	1:05.12	1200m: 12:56.22	1:05.33			
19.	R YSKI Marcin	94	Kormoran Olsztyn				16:14.74		663
	100m: 1:02.75	1:02.75	500m: 5:21.21	1:04.90	900m: 9:41.95	1:05.24	1300m: 14:03.87	1:05.40	
	200m: 2:07.35	1:04.60	600m: 6:26.02	1:04.81	1000m: 10:47.45	1:05.50	1400m: 15:10.30	1:06.43	
	300m: 3:11.75	1:04.40	700m: 7:31.46	1:05.44	1100m: 11:53.22	1:05.77	1500m: 16:14.74	1:04.44	
	400m: 4:16.31	1:04.56	800m: 8:36.71	1:05.25	1200m: 12:58.47	1:05.25			
20.	PIÓRO Artur	91	AZS AWF Katowice				16:22.12		648
	100m: 1:00.04	1:00.04	500m: 5:13.68	1:04.18	900m: 9:38.54	1:07.42	1300m: 14:08.69	1:07.83	
	200m: 2:02.55	1:02.51	600m: 6:18.46	1:04.78	1000m: 10:46.40	1:07.86	1400m: 15:16.14	1:07.45	
	300m: 3:05.88	1:03.33	700m: 7:24.37	1:05.91	1100m: 11:53.86	1:07.46	1500m: 16:22.12	1:05.98	
	400m: 4:09.50	1:03.62	800m: 8:31.12	1:06.75	1200m: 13:00.86	1:07.00			
21.	KOWALSKI Wojciech	94	Kormoran Olsztyn				16:27.27		638
	100m: 1:02.31	1:02.31	500m: 5:27.25	1:05.83	900m: 9:50.47	1:05.94	1300m: 14:15.35	1:06.30	
	200m: 2:08.50	1:06.19	600m: 6:33.09	1:05.84	1000m: 10:56.53	1:06.06	1400m: 15:21.99	1:06.64	
	300m: 3:15.01	1:06.51	700m: 7:38.81	1:05.72	1100m: 12:02.77	1:06.24	1500m: 16:27.27	1:05.28	
	400m: 4:21.42	1:06.41	800m: 8:44.53	1:05.72	1200m: 13:09.05	1:06.28			
22.	URBANIAK Jan	95	Warta Pozna				16:27.40		638
	100m: 1:03.96	1:03.96	500m: 5:23.98	1:05.01	900m: 9:48.46	1:06.77	1300m: 14:15.86	1:06.98	
	200m: 2:09.22	1:05.26	600m: 6:28.87	1:04.89	1000m: 10:55.05	1:06.59	1400m: 15:21.71	1:05.85	
	300m: 3:14.40	1:05.18	700m: 7:35.48	1:06.61	1100m: 12:02.00	1:06.95	1500m: 16:27.40	1:05.69	
	400m: 4:18.97	1:04.57	800m: 8:41.69	1:06.21	1200m: 13:08.88	1:06.88			
23.	KOTLEWSKI Michał SK	94	Zryw Opole				16:35.63		622
	100m: 1:02.43	1:02.43	500m: 5:25.65	1:06.22	900m: 9:52.54	1:07.20	1300m: 14:23.19	1:08.21	
	200m: 2:08.29	1:05.86	600m: 6:32.10	1:06.45	1000m: 11:00.22	1:07.68	1400m: 15:30.23	1:07.04	
	300m: 3:14.17	1:05.88	700m: 7:38.45	1:06.35	1100m: 12:07.34	1:07.12	1500m: 16:35.63	1:05.40	
	400m: 4:19.43	1:05.26	800m: 8:45.34	1:06.89	1200m: 13:14.98	1:07.64			

Zimowe Mistrzostwa Polski Seniorów i Młodzieżowców
Szczecin, 1. - 4.12.2010

Konkurencja 33, M czyzn, 1500m dowolny, Open

Pozycja			Rok ur.				Czas	Pkt.				
24.	KOTKOWICZ Michał		93	Słowianka Gorzów			16:40.78	612				
	100m:	1:01.94	1:01.94	500m:	5:28.78	1:06.85	900m:	9:56.22	1:07.11	1300m:	14:25.93	1:07.92
	200m:	2:08.50	1:06.56	600m:	6:35.37	1:06.59	1000m:	11:03.65	1:07.43	1400m:	15:34.21	1:08.28
	300m:	3:15.32	1:06.82	700m:	7:41.97	1:06.60	1100m:	12:10.60	1:06.95	1500m:	16:40.78	1:06.57
	400m:	4:21.93	1:06.61	800m:	8:49.11	1:07.14	1200m:	13:18.01	1:07.41			
25.	MOCHOL Marcin		95	Orlik Lublin			16:52.10	592				
	100m:	1:02.69	1:02.69	500m:	5:30.54	1:07.77	900m:	10:02.76	1:08.45	1300m:	14:35.76	1:08.61
	200m:	2:09.33	1:06.64	600m:	6:38.81	1:08.27	1000m:	11:10.80	1:08.04	1400m:	15:44.17	1:08.41
	300m:	3:15.14	1:05.81	700m:	7:46.25	1:07.44	1100m:	12:19.07	1:08.27	1500m:	16:52.10	1:07.93
	400m:	4:22.77	1:07.63	800m:	8:54.31	1:08.06	1200m:	13:27.15	1:08.08			
26.	MARCHEL Adrian		95	Juvenia Białystok			16:58.42	581				
	100m:	1:03.71	1:03.71	500m:	5:32.92	1:07.61	900m:	10:05.89	1:08.81	1300m:	14:42.16	1:08.95
	200m:	2:10.59	1:06.88	600m:	6:40.80	1:07.88	1000m:	11:15.06	1:09.17	1400m:	15:51.04	1:08.88
	300m:	3:18.01	1:07.42	700m:	7:48.81	1:08.01	1100m:	12:24.19	1:09.13	1500m:	16:58.42	1:07.38
	400m:	4:25.31	1:07.30	800m:	8:57.08	1:08.27	1200m:	13:33.21	1:09.02			
27.	CIESIELSKI Filip		96	Pi tnastrka Bydgoszcz			17:04.36	571				
	100m:	1:03.51	1:03.51	500m:	5:37.93	1:09.55	900m:	10:15.34	1:09.23	1300m:	14:52.50	1:09.11
	200m:	2:11.43	1:07.92	600m:	6:47.21	1:09.28	1000m:	11:24.84	1:09.50	1400m:	15:59.37	1:06.87
	300m:	3:19.77	1:08.34	700m:	7:56.66	1:09.45	1100m:	12:34.49	1:09.65	1500m:	17:04.36	1:04.99
	400m:	4:28.38	1:08.61	800m:	9:06.11	1:09.45	1200m:	13:43.39	1:08.90			
28.	PASIECZNY Przemysław		95	Orzeł Elbl g			17:10.93	560				
	100m:	1:02.96	1:02.96	500m:	5:34.07	1:08.38	900m:	10:12.55	1:10.50	1300m:	14:53.57	1:09.54
	200m:	2:10.08	1:07.12	600m:	6:42.94	1:08.87	1000m:	11:24.14	1:11.59	1400m:	16:03.01	1:09.44
	300m:	3:17.61	1:07.53	700m:	7:51.93	1:08.99	1100m:	12:33.93	1:09.79	1500m:	17:10.93	1:07.92
	400m:	4:25.69	1:08.08	800m:	9:02.05	1:10.12	1200m:	13:44.03	1:10.10			
29.	LEMA CZYK Konrad		95	Znicz Koszalin			17:46.43	506				
	100m:	1:03.77	1:03.77	500m:	5:46.79	1:12.19	900m:	10:37.61	1:12.97	1300m:	15:26.26	1:11.88
	200m:	2:13.10	1:09.33	600m:	6:59.22	1:12.43	1000m:	11:50.14	1:12.53	1400m:	16:37.70	1:11.44
	300m:	3:22.94	1:09.84	700m:	8:12.39	1:13.17	1100m:	13:02.36	1:12.22	1500m:	17:46.43	1:08.73
	400m:	4:34.60	1:11.66	800m:	9:24.64	1:12.25	1200m:	14:14.38	1:12.02			
30.	MUSZTAFAGA Piotr		96	MKP Szczecin			18:03.23	483				
	100m:	1:05.91	1:05.91	500m:	5:55.67	1:12.77	900m:	10:48.89	1:13.92	1300m:	15:42.89	1:13.18
	200m:	2:17.75	1:11.84	600m:	7:08.82	1:13.15	1000m:	12:02.50	1:13.61	1400m:	16:55.84	1:12.95
	300m:	3:30.05	1:12.30	700m:	8:22.07	1:13.25	1100m:	13:16.59	1:14.09	1500m:	18:03.23	1:07.39
	400m:	4:42.90	1:12.85	800m:	9:34.97	1:12.90	1200m:	14:29.71	1:13.12			
31.	RUDNICKI Ernest		95	Znicz Koszalin			18:25.90	454				
	100m:	1:04.42	1:04.42	500m:	5:53.81	1:13.47	900m:	10:50.94	1:15.10	1300m:	15:55.11	1:16.89
	200m:	2:14.41	1:09.99	600m:	7:07.45	1:13.64	1000m:	12:05.99	1:15.05	1400m:	17:11.87	1:16.76
	300m:	3:27.13	1:12.72	700m:	8:21.85	1:14.40	1100m:	13:21.85	1:15.86	1500m:	18:25.90	1:14.03
	400m:	4:40.34	1:13.21	800m:	9:35.84	1:13.99	1200m:	14:38.22	1:16.37			