

Liga SMS I Runda
Szczecin, 18- - 19-11-2011

Konkurencja 34
2011-11-19 - 17:17

Kobiet, 400m dowolny

Open
Wyniki

Punkty: FINA 2011

Pozycja			Rok ur.					Czas	Pkt.		
1.	KILIJA	SKA Donata SSz	95	SMS Szczecin				4:15.05	781		
	50m:	30.15 30.15	150m:	1:34.73	32.22	250m:	2:39.94	32.89	350m:	3:44.18	32.10
	100m:	1:02.51 32.36	200m:	2:07.05	32.32	300m:	3:12.08	32.14	400m:	4:15.05	30.87
2.	PIEKARSKA	Magdalena	94	SMS Szczecin				4:21.77	722		
	50m:	30.31 30.31	150m:	1:36.65	33.58	250m:	2:43.30	33.13	350m:	3:49.33	33.00
	100m:	1:03.07 32.76	200m:	2:10.17	33.52	300m:	3:16.33	33.03	400m:	4:21.77	32.44
3.	DWORACZEK	Paulina SSz	96	SMS Szczecin				4:22.84	713		
	50m:	31.06 31.06	150m:	1:37.20	33.31	250m:	2:44.64	33.43	350m:	3:51.43	33.41
	100m:	1:03.89 32.83	200m:	2:11.21	34.01	300m:	3:18.02	33.38	400m:	4:22.84	31.41
4.	LIPI	SKA Małgorzata SSz	93	SMS Szczecin				4:23.21	710		
	50m:	31.23 31.23	150m:	1:37.18	32.94	250m:	2:44.16	33.39	350m:	3:50.87	33.39
	100m:	1:04.24 33.01	200m:	2:10.77	33.59	300m:	3:17.48	33.32	400m:	4:23.21	32.34
5.	BAJORSKA	Dorota SO	94	SMS O wi cim				4:25.31	694		
	50m:	31.77 31.77	150m:	1:38.87	33.65	250m:	2:46.28	33.67	350m:	3:52.88	33.14
	100m:	1:05.22 33.45	200m:	2:12.61	33.74	300m:	3:19.74	33.46	400m:	4:25.31	32.43
6.	KULIGOWSKA	Marcela	94	SMS Szczecin				4:27.96	673		
	50m:	31.58 31.58	150m:	1:38.37	33.42	250m:	2:45.62	33.72	350m:	3:54.19	34.51
	100m:	1:04.95 33.37	200m:	2:11.90	33.53	300m:	3:19.68	34.06	400m:	4:27.96	33.77
7.	POMIETŁO	Aleksandra SO	94	SMS O wi cim				4:28.32	671		
	50m:	31.50 31.50	150m:	1:38.82	33.55	250m:	2:46.81	34.07	350m:	3:55.53	34.69
	100m:	1:05.27 33.77	200m:	2:12.74	33.92	300m:	3:20.84	34.03	400m:	4:28.32	32.79
8.	KUNKA	Kamila SO	96	SMS O wi cim				4:29.76	660		
	50m:	31.40 31.40	150m:	1:39.53	34.41	250m:	2:48.37	34.51	350m:	3:56.59	33.85
	100m:	1:05.12 33.72	200m:	2:13.86	34.33	300m:	3:22.74	34.37	400m:	4:29.76	33.17
9.	BOREK	Aleksandra SK	94	SMS Kraków				4:29.97	658		
	50m:	31.28 31.28	150m:	1:40.07	34.60	250m:	2:48.41	34.17	350m:	3:56.52	34.10
	100m:	1:05.47 34.19	200m:	2:14.24	34.17	300m:	3:22.42	34.01	400m:	4:29.97	33.45
10.	LEWANDOWSKA	Kamila, SG	95	SMS Gda sk				4:33.54	633		
	50m:	32.11 32.11	150m:	1:41.38	34.55	250m:	2:52.06	35.40	350m:	4:00.86	33.61
	100m:	1:06.83 34.72	200m:	2:16.66	35.28	300m:	3:27.25	35.19	400m:	4:33.54	32.68
11.	GRZEGORCZYK	Izabella	93	SMS Pozna				4:34.07	629		
	50m:	31.15 31.15	150m:	1:38.91	34.09	250m:	2:48.54	34.94	350m:	3:59.19	35.14
	100m:	1:04.82 33.67	200m:	2:13.60	34.69	300m:	3:24.05	35.51	400m:	4:34.07	34.88
12.	MISZTAL	Beata	94	SMS Wrocław				4:34.75	625		
	50m:	31.17 31.17	150m:	1:40.32	34.87	250m:	2:50.03	34.92	350m:	3:59.82	35.14
	100m:	1:05.45 34.28	200m:	2:15.11	34.79	300m:	3:24.68	34.65	400m:	4:34.75	34.93
13.	LEWITZKA	Paulina, SG	95	SMS Gda sk				4:35.28	621		
	50m:	31.29 31.29	150m:	1:40.54	34.89	250m:	2:50.79	35.30	350m:	4:01.25	35.41
	100m:	1:05.65 34.36	200m:	2:15.49	34.95	300m:	3:25.84	35.05	400m:	4:35.28	34.03
14.	UCHA	SKA Karolina SSz	94	SMS Szczecin				4:36.05	616		
	50m:	32.12 32.12	150m:	1:40.91	34.58	250m:	2:50.67	35.08	350m:	4:01.20	35.35
	100m:	1:06.33 34.21	200m:	2:15.59	34.68	300m:	3:25.85	35.18	400m:	4:36.05	34.85
15.	SOBOLEWSKA	Anna	95	SMS Pozna				4:36.80	611		
	50m:	30.77 30.77	150m:	1:40.68	35.43	250m:	2:51.38	35.48	350m:	4:02.84	35.84
	100m:	1:05.25 34.48	200m:	2:15.90	35.22	300m:	3:27.00	35.62	400m:	4:36.80	33.96
16.	SZCZYRBAK	Kornelia SK	96	SMS Kraków				4:37.41	607		
	50m:	31.74 31.74	150m:	1:40.74	34.58	250m:	2:51.37	35.75	350m:	4:02.42	35.34
	100m:	1:06.16 34.42	200m:	2:15.62	34.88	300m:	3:27.08	35.71	400m:	4:37.41	34.99
17.	LEWANDOWSKA	Aleksandra	98	MKP Szczecin				4:38.87	597		
	50m:	32.40 32.40	150m:	1:42.84	35.54	250m:	2:53.30	35.16	350m:	4:04.45	35.67
	100m:	1:07.30 34.90	200m:	2:18.14	35.30	300m:	3:28.78	35.48	400m:	4:38.87	34.42

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18.	JAROMA Agata			95	SMS Wrocław				4:40.80	585		
	50m:	32.65	32.65	150m:	1:43.06	35.38	250m:	2:54.74	36.00	350m:	4:07.53	36.52
	100m:	1:07.68	35.03	200m:	2:18.74	35.68	300m:	3:31.01	36.27	400m:	4:40.80	33.27
19.	TOMALA Aleksandra SR			97	SMS Racibórz				4:57.69	491		
	50m:	34.18	34.18	150m:	1:51.52	39.16	250m:	3:09.47	38.79	350m:	4:25.02	37.11
	100m:	1:12.36	38.18	200m:	2:30.68	39.16	300m:	3:47.91	38.44	400m:	4:57.69	32.67
PK	PAJOR Aleksandra			95	MKP Szczecin				4:59.43	482		
	50m:	32.70	32.70	150m:	1:47.36	38.30	250m:	3:04.72	38.69	350m:	4:23.11	39.33
	100m:	1:09.06	36.36	200m:	2:26.03	38.67	300m:	3:43.78	39.06	400m:	4:59.43	36.32
PK	BALICKA Urszula			94	MKP Szczecin				5:04.58	458		
	50m:	34.34	34.34	150m:	1:51.32	39.11	250m:	3:09.86	39.46	350m:	4:26.61	38.40
	100m:	1:12.21	37.87	200m:	2:30.40	39.08	300m:	3:48.21	38.35	400m:	5:04.58	37.97