

Grand Prix Szczecina  
Szczecin, 27- - 28-4-2012

Konkurencja 1  
2012-04-27 - 10:00

Kobiet, 400m zmienny

14 lat i starsi  
Wyniki

Punkty: FINA 2012

Pozycja	Rok ur.	Czas	Pkt.	100m	200m	300m	400m
1. CHWADECZKO, Zuzanna	95z MTP Lublinianka	<b>5:07.90</b>	670	1:07.65	1:18.98	1:30.42	1:10.85
50m:	31.09 31.09	150m:	1:47.46 39.81	250m:	3:11.33	44.70	350m: 4:33.14 36.09
100m:	1:07.65 36.56	200m:	2:26.63 39.17	300m:	3:57.05	45.72	400m: 5:07.90 34.76
2. CICHOWSKA, Kinga	94 MKP Słowianka Gorzów Wlkp.	<b>5:11.02</b>	650	1:11.97	1:22.20	1:24.32	1:12.53
50m:	33.45 33.45	150m:	1:53.13 41.16	250m:	3:16.04	41.87	350m: 4:35.28 36.79
100m:	1:11.97 38.52	200m:	2:34.17 41.04	300m:	3:58.49	42.45	400m: 5:11.02 35.74
3. MENDOWSKA, Paulina	97 KS Warta Pozna	<b>5:14.90</b>	626	1:09.64	1:22.15	1:29.72	1:13.39
50m:	32.54 32.54	150m:	1:50.75 41.11	250m:	3:16.12	44.33	350m: 4:39.06 37.55
100m:	1:09.64 37.10	200m:	2:31.79 41.04	300m:	4:01.51	45.39	400m: 5:14.90 35.84
4. HALAGIERA, Joanna	96 MKP Słowianka Gorzów Wlkp.	<b>5:19.51</b>	599	1:11.40	1:22.99	1:33.59	1:11.53
50m:	33.62 33.62	150m:	1:53.24 41.84	250m:	3:21.10	46.71	350m: 4:43.89 35.91
100m:	1:11.40 37.78	200m:	2:34.39 41.15	300m:	4:07.98	46.88	400m: 5:19.51 35.62
5. BEJUK, Oliwia	98 MKP Słowianka Gorzów Wlkp.	<b>5:28.56</b>	551	1:15.24	1:25.25	1:32.26	1:15.81
50m:	35.12 35.12	150m:	1:58.34 43.10	250m:	3:26.52	46.03	350m: 4:51.45 38.70
100m:	1:15.24 40.12	200m:	2:40.49 42.15	300m:	4:12.75	46.23	400m: 5:28.56 37.11
6. WI NIEWSKA, Natalia	97 KS Warta Pozna	<b>5:28.80</b>	550	1:13.84	1:26.85	1:30.39	1:17.72
50m:	33.81 33.81	150m:	1:58.46 44.62	250m:	3:25.67	44.98	350m: 4:50.55 39.47
100m:	1:13.84 40.03	200m:	2:40.69 42.23	300m:	4:11.08	45.41	400m: 5:28.80 38.25
7. MIKOŁAJCZAK, Anna	SSz95 MKP Szczecin	<b>5:29.78</b>	545	1:11.92	1:28.00	1:34.88	1:14.98
50m:	33.31 33.31	150m:	1:56.85 44.93	250m:	3:27.36	47.44	350m: 4:52.89 38.09
100m:	1:11.92 38.61	200m:	2:39.92 43.07	300m:	4:14.80	47.44	400m: 5:29.78 36.89
8. CISZEWSKA, Sandra	97 UKS 9 Kalisz	<b>5:32.61</b>	531	1:15.45	1:24.05	1:38.09	1:15.02
50m:	34.49 34.49	150m:	1:57.52 42.07	250m:	3:28.56	49.06	350m: 4:55.58 37.99
100m:	1:15.45 40.96	200m:	2:39.50 41.98	300m:	4:17.59	49.03	400m: 5:32.61 37.03
9. SOBOTNICKA, Angelika	97 MKP Słowianka Gorzów Wlkp.	<b>5:44.78</b>	477	1:15.09	1:29.69	1:41.84	1:18.16
50m:	34.45 34.45	150m:	2:00.07 44.98	250m:	3:34.21	49.43	350m: 5:06.37 39.75
100m:	1:15.09 40.64	200m:	2:44.78 44.71	300m:	4:26.62	52.41	400m: 5:44.78 38.41
10. RODZIEWICZ, Adrianna	98 MKP Szczecin	<b>5:46.10</b>	471	1:15.44	1:28.88	1:39.81	1:21.97
50m:	35.22 35.22	150m:	2:00.72 45.28	250m:	3:33.86	49.54	350m: 5:05.13 41.00
100m:	1:15.44 40.22	200m:	2:44.32 43.60	300m:	4:24.13	50.27	400m: 5:46.10 40.97