

Grand Prix Szczecina  
Szczecin, 27- - 28-4-2012

Konkurencja 31  
2012-04-28 - 10:59

Kobiet, 400m dowolny

14 lat i starsi  
Wyniki

Punkty: FINA 2012

Pozycja	Rok ur.		Czas		Pkt.	100m	200m	300m	400m
1. KILIJA SKA Donata SSz 95	KS KSZO Ostrowiec w	<b>4:19.81</b>	779	1:03.63	1:06.20	1:05.67	1:04.31		
50m: 30.41	30.41	150m: 1:36.93	33.30	250m: 2:42.43	32.60	350m: 3:48.21	32.71		
100m: 1:03.63	33.22	200m: 2:09.83	32.90	300m: 3:15.50	33.07	400m: 4:19.81	31.60		
2. KASPEREK Katarzyna SSz 94	KS Warta Pozna	<b>4:23.05</b>	751	1:03.93	1:07.52	1:07.07	1:04.53		
50m: 30.77	30.77	150m: 1:37.65	33.72	250m: 2:45.22	33.77	350m: 3:51.63	33.11		
100m: 1:03.93	33.16	200m: 2:11.45	33.80	300m: 3:18.52	33.30	400m: 4:23.05	31.42		
3. PIEKARSKA Magdalena SSz 94	MKP Szczecin	<b>4:23.54</b>	747	1:04.72	1:07.50	1:07.10	1:04.22		
50m: 31.46	31.46	150m: 1:38.37	33.65	250m: 2:45.76	33.54	350m: 3:52.47	33.15		
100m: 1:04.72	33.26	200m: 2:12.22	33.85	300m: 3:19.32	33.56	400m: 4:23.54	31.07		
4. ZACHOSZCZ Joanna 93	MKP Słowianka Gorzów Wlkp 94	<b>4:24.03</b>	743	1:04.44	1:07.64	1:06.40	1:05.55		
50m: 31.11	31.11	150m: 1:38.13	33.69	250m: 2:45.13	33.05	350m: 3:51.66	33.18		
100m: 1:04.44	33.33	200m: 2:12.08	33.95	300m: 3:18.48	33.35	400m: 4:24.03	32.37		
5. LIPI SKA Małgorzata SSz 93	KS KSZO Ostrowiec w	<b>4:32.26</b>	677	1:06.30	1:08.42	1:09.29	1:08.25		
50m: 32.09	32.09	150m: 1:40.47	34.17	250m: 2:49.06	34.34	350m: 3:58.71	34.70		
100m: 1:06.30	34.21	200m: 2:14.72	34.25	300m: 3:24.01	34.95	400m: 4:32.26	33.55		
6. CIE LAK Joanna 96	KS Warta Pozna	<b>4:37.72</b>	638	1:07.36	1:11.06	1:10.30	1:09.00		
50m: 32.70	32.70	150m: 1:42.99	35.63	250m: 2:53.70	35.28	350m: 4:03.52	34.80		
100m: 1:07.36	34.66	200m: 2:18.42	35.43	300m: 3:28.72	35.02	400m: 4:37.72	34.20		
7. SOBOLEWSKA Anna 95	KS Warta Pozna	<b>4:39.26</b>	628	1:07.18	1:11.40	1:11.86	1:08.82		
50m: 32.41	32.41	150m: 1:42.48	35.30	250m: 2:54.51	35.93	350m: 4:05.60	35.16		
100m: 1:07.18	34.77	200m: 2:18.58	36.10	300m: 3:30.44	35.93	400m: 4:39.26	33.66		
8. CICHOWSKA Kinga 94	MKP Słowianka Gorzów Wlkp 94	<b>4:42.87</b>	604	1:08.11	1:11.82	1:12.58	1:10.36		
50m: 32.41	32.41	150m: 1:43.72	35.61	250m: 2:56.32	36.39	350m: 4:08.34	35.83		
100m: 1:08.11	35.70	200m: 2:19.93	36.21	300m: 3:32.51	36.19	400m: 4:42.87	34.53		
9. WÓJCIK Claudia 97	KS Warta Pozna	<b>4:44.83</b>	591	1:08.49	1:12.77	1:12.38	1:11.19		
50m: 32.87	32.87	150m: 1:44.83	36.34	250m: 2:57.42	36.16	350m: 4:10.08	36.44		
100m: 1:08.49	35.62	200m: 2:21.26	36.43	300m: 3:33.64	36.22	400m: 4:44.83	34.75		
10. KULIGOWSKA Marcela SSz 94	MKP Szczecin	<b>4:45.63</b>	586	1:08.85	1:12.51	1:12.48	1:11.79		
50m: 33.14	33.14	150m: 1:44.92	36.07	250m: 2:57.44	36.08	350m: 4:10.14	36.30		
100m: 1:08.85	35.71	200m: 2:21.36	36.44	300m: 3:33.84	36.40	400m: 4:45.63	35.49		
11. DWORACZEK Paulina SSz 96	MKS Jordan Kraków	<b>4:47.40</b>	576	1:09.02	1:12.85	1:13.47	1:12.06		
50m: 33.19	33.19	150m: 1:45.30	36.28	250m: 2:58.72	36.85	350m: 4:11.81	36.47		
100m: 1:09.02	35.83	200m: 2:21.87	36.57	300m: 3:35.34	36.62	400m: 4:47.40	35.59		
12. FILIPIAK Wiktoria 97	KS Warta Pozna	<b>4:53.72</b>	539	1:10.08	1:14.32	1:14.44	1:14.88		
50m: 33.44	33.44	150m: 1:47.15	37.07	250m: 3:01.38	36.98	350m: 4:16.59	37.75		
100m: 1:10.08	36.64	200m: 2:24.40	37.25	300m: 3:38.84	37.46	400m: 4:53.72	37.13		
13. WALCZAK Katarzyna 97	KS Warta Pozna	<b>4:57.87</b>	517	1:10.59	1:15.19	1:17.26	1:14.83		
50m: 33.81	33.81	150m: 1:47.99	37.40	250m: 3:04.58	38.80	350m: 4:21.64	38.60		
100m: 1:10.59	36.78	200m: 2:25.78	37.79	300m: 3:43.04	38.46	400m: 4:57.87	36.23		
14. WOSICKA Wiktoria 98	MKP Szczecin	<b>4:58.35</b>	515	1:10.05	1:16.47	1:17.27	1:14.56		
50m: 33.10	33.10	150m: 1:48.25	38.20	250m: 3:04.97	38.45	350m: 4:21.46	37.67		
100m: 1:10.05	36.95	200m: 2:26.52	38.27	300m: 3:43.79	38.82	400m: 4:58.35	36.89		
15. CECERE Natalia 97	KS Warta Pozna	<b>4:59.10</b>	511	1:11.02	1:15.99	1:16.26	1:15.83		
50m: 33.67	33.67	150m: 1:48.76	37.74	250m: 3:05.05	38.04	350m: 4:21.53	38.26		
100m: 1:11.02	37.35	200m: 2:27.01	38.25	300m: 3:43.27	38.22	400m: 4:59.10	37.57		
16. BAMBER Weronika 94	KS Warta Pozna	<b>5:01.12</b>	500	1:10.36	1:15.78	1:18.50	1:16.48		
50m: 33.48	33.48	150m: 1:47.91	37.55	250m: 3:04.90	38.76	350m: 4:23.00	38.36		
100m: 1:10.36	36.88	200m: 2:26.14	38.23	300m: 3:44.64	39.74	400m: 5:01.12	38.12		
17. KOWALIK Natalia 98	Znicz Koszalin	<b>5:02.98</b>	491	1:11.27	1:16.64	1:18.17	1:16.90		
50m: 33.93	33.93	150m: 1:49.64	38.37	250m: 3:06.25	38.34	350m: 4:25.43	39.35		
100m: 1:11.27	37.34	200m: 2:27.91	38.27	300m: 3:46.08	39.83	400m: 5:02.98	37.55		
18. STARZY SKA Weronika 98	Znicz Koszalin	<b>5:10.16</b>	458	1:13.55	1:18.48	1:19.49	1:18.64		
50m: 34.97	34.97	150m: 1:52.62	39.07	250m: 3:11.78	39.75	350m: 4:30.92	39.40		
100m: 1:13.55	38.58	200m: 2:32.03	39.41	300m: 3:51.52	39.74	400m: 5:10.16	39.24		
19. ADAMSKA ADRIANNA 98	KS Warta Pozna	<b>5:11.67</b>	451	1:15.06	1:19.50	1:20.04	1:17.07		
50m: 36.34	36.34	150m: 1:54.67	39.61	250m: 3:14.75	40.19	350m: 4:33.60	39.00		
100m: 1:15.06	38.72	200m: 2:34.56	39.89	300m: 3:54.60	39.85	400m: 5:11.67	38.07		
20. WŁODARCZAK MARTA 98	KS Warta Pozna	<b>5:13.33</b>	444	1:15.42	1:20.69	1:19.70	1:17.52		
50m: 36.12	36.12	150m: 1:55.58	40.16	250m: 3:16.12	40.01	350m: 4:35.59	39.78		
100m: 1:15.42	39.30	200m: 2:36.11	40.53	300m: 3:55.81	39.69	400m: 5:13.33	37.74		

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Konkurencja 31, Kobiet, 400m dowolny, 14 lat i starsi

Pozycja		Rok ur.				Czas	Pkt.	100m	200m	300m	400m	
21.	GOMOŁA MONIKA	98	KS Warta Pozna			<b>5:16.32</b>	432	1:15.67	1:20.88	1:21.18	1:18.59	
	50m:	36.45	36.45	150m:	1:55.89	40.22	250m:	3:17.10	40.55	350m:	4:37.97	40.24
	100m:	1:15.67	39.22	200m:	2:36.55	40.66	300m:	3:57.73	40.63	400m:	5:16.32	38.35
22.	KRZY AN MARIA	98	KS Warta Pozna			<b>5:29.29</b>	383	1:18.32	1:24.37	1:25.47	1:21.13	
	50m:	36.90	36.90	150m:	1:59.99	41.67	250m:	3:25.07	42.38	350m:	4:48.59	40.43
	100m:	1:18.32	41.42	200m:	2:42.69	42.70	300m:	4:08.16	43.09	400m:	5:29.29	40.70