

Grand Prix Szczecina  
Szczecin, 27- - 28-4-2012

Konkurencja 32  
2012-04-28 - 11:18

M czynn, 400m dowolny

14 lat i starsi  
Wyniki

Punkty: FINA 2012

Pozycja	Rok ur.		Czas Pkt.		100m	200m	300m	400m				
1.	ZABOROWSKI Filip SSz	94	MKP Szczecin	<b>3:59.40</b>	776	58.46	1:01.16	1:00.49	59.29			
	50m:	28.36	28.36	150m:	1:29.06	30.60	250m:	2:29.78	30.16	350m:	3:29.94	29.83
	100m:	58.46	30.10	200m:	1:59.62	30.56	300m:	3:00.11	30.33	400m:	3:59.40	29.46
2.	KACZMARSKI Marcin SSz	96	KS KSZO Ostrowiec w	<b>4:02.44</b>	747	59.12	1:02.36	1:01.50	59.46			
	50m:	28.59	28.59	150m:	1:30.15	31.03	250m:	2:32.14	30.66	350m:	3:33.35	30.37
	100m:	59.12	30.53	200m:	2:01.48	31.33	300m:	3:02.98	30.84	400m:	4:02.44	29.09
3.	STA CZYK Przemysław	85	MKP Szczecin	<b>4:03.04</b>	742	1:00.08	1:02.14	1:01.64	59.18			
	50m:	28.94	28.94	150m:	1:31.02	30.94	250m:	2:33.10	30.88	350m:	3:33.95	30.09
	100m:	1:00.08	31.14	200m:	2:02.22	31.20	300m:	3:03.86	30.76	400m:	4:03.04	29.09
4.	KURANT Roger SSz	94	KS KSZO Ostrowiec w	<b>4:07.17</b>	705	59.22	1:02.36	1:02.74	1:02.85			
	50m:	28.32	28.32	150m:	1:30.10	30.88	250m:	2:32.53	30.95	350m:	3:35.80	31.48
	100m:	59.22	30.90	200m:	2:01.58	31.48	300m:	3:04.32	31.79	400m:	4:07.17	31.37
5.	URBANIAK Jan	95	KS Warta Pozna	<b>4:08.22</b>	696	1:01.02	1:02.99	1:02.90	1:01.31			
	50m:	29.35	29.35	150m:	1:32.51	31.49	250m:	2:35.38	31.37	350m:	3:38.22	31.31
	100m:	1:01.02	31.67	200m:	2:04.01	31.50	300m:	3:06.91	31.53	400m:	4:08.22	30.00
6.	OSSES Arkadiusz	95	KS Warta Pozna	<b>4:12.87</b>	659	1:01.10	1:04.25	1:04.25	1:03.27			
	50m:	29.30	29.30	150m:	1:33.07	31.97	250m:	2:37.60	32.25	350m:	3:41.16	31.56
	100m:	1:01.10	31.80	200m:	2:05.35	32.28	300m:	3:09.60	32.00	400m:	4:12.87	31.71
7.	GOZDZIK DAMIAN	95	KS Warta Pozna	<b>4:16.89</b>	628	1:01.91	1:05.10	1:06.59	1:03.29			
	50m:	29.53	29.53	150m:	1:34.43	32.52	250m:	2:40.08	33.07	350m:	3:46.51	32.91
	100m:	1:01.91	32.38	200m:	2:07.01	32.58	300m:	3:13.60	33.52	400m:	4:16.89	30.38
8.	RADUCKI Arkadiusz	97	KS Warta Pozna	<b>4:22.11</b>	591	1:04.29	1:06.66	1:06.27	1:04.89			
	50m:	30.39	30.39	150m:	1:38.01	33.72	250m:	2:44.20	33.25	350m:	3:50.49	33.27
	100m:	1:04.29	33.90	200m:	2:10.95	32.94	300m:	3:17.22	33.02	400m:	4:22.11	31.62
9.	HOFMANN ROBERT	95	Olimpia Pozna	<b>4:22.78</b>	587	1:02.65	1:07.48	1:06.99	1:05.66			
	50m:	29.57	29.57	150m:	1:36.12	33.47	250m:	2:43.85	33.72	350m:	3:51.09	33.97
	100m:	1:02.65	33.08	200m:	2:10.13	34.01	300m:	3:17.12	33.27	400m:	4:22.78	31.69
10.	KO CIELAK Adam	96	KS Warta Pozna	<b>4:23.66</b>	581	1:02.34	1:08.48	1:08.25	1:04.59			
	50m:	29.35	29.35	150m:	1:36.39	34.05	250m:	2:45.02	34.20	350m:	3:52.64	33.57
	100m:	1:02.34	32.99	200m:	2:10.82	34.43	300m:	3:19.07	34.05	400m:	4:23.66	31.02
11.	HULBÓJ Marcin SS	96	MKP Szczecin	<b>4:24.00</b>	579	1:03.70	1:06.76	1:07.12	1:06.42			
	50m:	30.57	30.57	150m:	1:37.39	33.69	250m:	2:43.87	33.41	350m:	3:51.09	33.51
	100m:	1:03.70	33.13	200m:	2:10.46	33.07	300m:	3:17.58	33.71	400m:	4:24.00	32.91
12.	HORAŁA Damian	96	KS Warta Pozna	<b>4:28.18</b>	552	1:03.34	1:08.99	1:08.68	1:07.17			
	50m:	30.08	30.08	150m:	1:37.69	34.35	250m:	2:46.55	34.22	350m:	3:55.08	34.07
	100m:	1:03.34	33.26	200m:	2:12.33	34.64	300m:	3:21.01	34.46	400m:	4:28.18	33.10
13.	SOKOŁOWSKI Ziemowit	97	KS Warta Pozna	<b>4:28.91</b>	548	1:03.98	1:08.28	1:08.78	1:07.87			
	50m:	30.37	30.37	150m:	1:37.94	33.96	250m:	2:46.66	34.40	350m:	3:54.98	33.94
	100m:	1:03.98	33.61	200m:	2:12.26	34.32	300m:	3:21.04	34.38	400m:	4:28.91	33.93
14.	ADAMCZYK PATRYK	97	MKP Szczecin	<b>4:30.15</b>	540	1:03.50	1:09.16	1:09.31	1:08.18			
	50m:	29.60	29.60	150m:	1:38.15	34.65	250m:	2:47.42	34.76	350m:	3:56.33	34.36
	100m:	1:03.50	33.90	200m:	2:12.66	34.51	300m:	3:21.97	34.55	400m:	4:30.15	33.82
15.	MUSZTAFAGA Piotr	96	MKP Szczecin	<b>4:35.25</b>	511	1:04.73	1:09.55	1:10.40	1:10.57			
	50m:	30.62	30.62	150m:	1:39.23	34.50	250m:	2:49.28	35.00	350m:	4:00.38	35.70
	100m:	1:04.73	34.11	200m:	2:14.28	35.05	300m:	3:24.68	35.40	400m:	4:35.25	34.87
16.	WYSOCKI Mateusz	98	Znicz Koszalin	<b>4:36.02</b>	506	1:04.30	1:10.64	1:12.07	1:09.01			
	50m:	29.96	29.96	150m:	1:39.56	35.26	250m:	2:50.97	36.03	350m:	4:02.36	35.35
	100m:	1:04.30	34.34	200m:	2:14.94	35.38	300m:	3:27.01	36.04	400m:	4:36.02	33.66
17.	WI CKOWSKI Jakub	98	MKP Szczecin	<b>4:44.78</b>	461	1:06.71	1:13.26	1:13.08	1:11.73			
	50m:	31.55	31.55	150m:	1:43.08	36.37	250m:	2:56.31	36.34	350m:	4:09.83	36.78
	100m:	1:06.71	35.16	200m:	2:19.97	36.89	300m:	3:33.05	36.74	400m:	4:44.78	34.95
18.	BESARABA Kamil	96	MKP Szczecin	<b>4:45.68</b>	457	1:08.38	1:13.68	1:12.62	1:11.00			
	50m:	32.23	32.23	150m:	1:45.08	36.70	250m:	2:58.89	36.83	350m:	4:11.65	36.97
	100m:	1:08.38	36.15	200m:	2:22.06	36.98	300m:	3:34.68	35.79	400m:	4:45.68	34.03
19.	BIERNACKI Kacper	98	Znicz Koszalin	<b>4:46.78</b>	451	1:06.58	1:14.86	1:16.52	1:08.82			
	50m:	31.03	31.03	150m:	1:43.70	37.12	250m:	2:59.13	37.69	350m:	4:14.28	36.32
	100m:	1:06.58	35.55	200m:	2:21.44	37.74	300m:	3:37.96	38.83	400m:	4:46.78	32.50
20.	BIADU Michał	98	MKP Szczecin	<b>4:49.54</b>	439	1:09.06	1:17.27	1:14.42	1:08.79			
	50m:	32.24	32.24	150m:	1:47.22	38.16	250m:	3:04.10	37.77	350m:	4:15.91	35.16
	100m:	1:09.06	36.82	200m:	2:26.33	39.11	300m:	3:40.75	36.65	400m:	4:49.54	33.63

Grand Prix Szczecina  
Szczecin, 27- - 28-4-2012

Konkurencja 32, M czynn, 400m dowolny, 14 lat i starsi

Pozycja	Rok ur.		Czas		Pkt.	100m	200m	300m	400m
21. KASPRZYCKI Miłosz	98	UKS 9 Kalisz	<b>4:51.77</b>	429		1:06.79	1:14.85	1:16.78	1:13.35
	50m: 31.04	31.04	150m: 1:44.52	37.73	250m: 2:59.96	38.32	350m: 4:16.93	38.51	
	100m: 1:06.79	35.75	200m: 2:21.64	37.12	300m: 3:38.42	38.46	400m: 4:51.77	34.84	
22. GÓRSKI MARCIN	97	MKP Szczecin	<b>4:52.15</b>	427		1:08.05	1:16.02	1:14.54	1:13.54
	50m: 31.77	31.77	150m: 1:46.42	38.37	250m: 3:01.42	37.35	350m: 4:16.60	37.99	
	100m: 1:08.05	36.28	200m: 2:24.07	37.65	300m: 3:38.61	37.19	400m: 4:52.15	35.55	
23. MATYJASZCZYK KAMIL	97	MKP Szczecin	<b>4:52.95</b>	423		1:06.75	1:13.51	1:16.82	1:15.87
	50m: 31.99	31.99	150m: 1:42.86	36.11	250m: 2:58.41	38.15	350m: 4:15.46	38.38	
	100m: 1:06.75	34.76	200m: 2:20.26	37.40	300m: 3:37.08	38.67	400m: 4:52.95	37.49	
24. KAMI SKI Marcin	97	UKP Marlin	<b>4:53.82</b>	420		1:09.87	1:16.50	1:16.66	1:10.79
	50m: 33.11	33.11	150m: 1:47.84	37.97	250m: 3:04.53	38.16	350m: 4:20.19	37.16	
	100m: 1:09.87	36.76	200m: 2:26.37	38.53	300m: 3:43.03	38.50	400m: 4:53.82	33.63	
25. GÓRSKI GRZEGORZ	97	MKP Szczecin	<b>4:56.16</b>	410		1:09.26	1:16.12	1:16.84	1:13.94
	50m: 32.08	32.08	150m: 1:47.67	38.41	250m: 3:03.46	38.08	350m: 4:19.93	37.71	
	100m: 1:09.26	37.18	200m: 2:25.38	37.71	300m: 3:42.22	38.76	400m: 4:56.16	36.23	
26. KOWALCZYK Wiktor	98	MKP Szczecin	<b>4:56.89</b>	407		1:07.42	1:16.64	1:18.08	1:14.75
	50m: 31.16	31.16	150m: 1:45.16	37.74	250m: 3:02.89	38.83	350m: 4:20.20	38.06	
	100m: 1:07.42	36.26	200m: 2:24.06	38.90	300m: 3:42.14	39.25	400m: 4:56.89	36.69	
27. BORUCKI PATRYK	98	KS Warta Pozna	<b>4:57.67</b>	404		1:10.14	1:16.22	1:16.80	1:14.51
	50m: 32.81	32.81	150m: 1:48.09	37.95	250m: 3:04.76	38.40	350m: 4:21.33	38.17	
	100m: 1:10.14	37.33	200m: 2:26.36	38.27	300m: 3:43.16	38.40	400m: 4:57.67	36.34	
28. STEC ADAM	97	MKP Szczecin	<b>4:59.70</b>	395		1:08.46	1:19.28	1:18.81	1:13.15
	50m: 31.69	31.69	150m: 1:47.93	39.47	250m: 3:07.84	40.10	350m: 4:21.72	35.17	
	100m: 1:08.46	36.77	200m: 2:27.74	39.81	300m: 3:46.55	38.71	400m: 4:59.70	37.98	
29. ANTONIEWICZ Bartosz	98	MKP Szczecin	<b>5:00.97</b>	390		1:09.65	1:18.16	1:18.40	1:14.76
	50m: 32.31	32.31	150m: 1:47.82	38.17	250m: 3:06.37	38.56	350m: 4:23.39	37.18	
	100m: 1:09.65	37.34	200m: 2:27.81	39.99	300m: 3:46.21	39.84	400m: 5:00.97	37.58	
30. JASI SKI Jakub	98	MKP Szczecin	<b>5:02.41</b>	385		1:12.74	1:17.74	1:16.61	1:15.32
	50m: 34.93	34.93	150m: 1:51.37	38.63	250m: 3:08.56	38.08	350m: 4:25.84	38.75	
	100m: 1:12.74	37.81	200m: 2:30.48	39.11	300m: 3:47.09	38.53	400m: 5:02.41	36.57	
31. MIKOŁAJCZAK Kamil	98	Znicz Koszalin	<b>5:03.37</b>	381		1:09.39	1:17.80	1:18.16	1:18.02
	50m: 32.01	32.01	150m: 1:48.12	38.73	250m: 3:06.33	39.14	350m: 4:24.49	39.14	
	100m: 1:09.39	37.38	200m: 2:27.19	39.07	300m: 3:45.35	39.02	400m: 5:03.37	38.88	
32. OSSES Filip	97	KS Warta Pozna	<b>5:04.42</b>	377		1:10.96	1:17.57	1:19.51	1:16.38
	50m: 33.98	33.98	150m: 1:49.79	38.83	250m: 3:08.47	39.94	350m: 4:26.87	38.83	
	100m: 1:10.96	36.98	200m: 2:28.53	38.74	300m: 3:48.04	39.57	400m: 5:04.42	37.55	
33. ŁUBKOWSKI Kacper	98	MKP Szczecin	<b>5:09.00</b>	361		1:15.29	1:20.39	1:18.82	1:14.50
	50m: 35.11	35.11	150m: 1:55.47	40.18	250m: 3:14.49	38.81	350m: 4:33.97	39.47	
	100m: 1:15.29	40.18	200m: 2:35.68	40.21	300m: 3:54.50	40.01	400m: 5:09.00	35.03	
34. ROSIAK Albert	98	MKP Szczecin	<b>5:09.77</b>	358		1:12.99	1:20.28	1:19.30	1:17.20
	50m: 34.31	34.31	150m: 1:53.00	40.01	250m: 3:13.12	39.85	350m: 4:32.28	39.71	
	100m: 1:12.99	38.68	200m: 2:33.27	40.27	300m: 3:52.57	39.45	400m: 5:09.77	37.49	
35. JARONI KAROL	98	KS Warta Pozna	<b>5:34.33</b>	285		1:19.25	1:26.62	1:27.53	1:20.93
	50m: 36.90	36.90	150m: 2:03.39	44.14	250m: 3:29.73	43.86	350m: 4:54.99	41.59	
	100m: 1:19.25	42.35	200m: 2:45.87	42.48	300m: 4:13.40	43.67	400m: 5:34.33	39.34	