

Mi dzynarodowy Miting Pływacki "Dni Morza"
Szczecin, 22- - 24-6-2012

Konkurencja 14
2012-06-22 - 17:57

Kobiet, 400m dowolny

Open
Wyniki

Punkty: FINA 2011

Pozycja	Rok ur.	Czas	Pkt.	100m	200m	300m	400m
Open							
1.	KILIJA SKA Donata SSz 95	KS KSZO Ostrowiec w	4:26.97 718	1:03.72	1:07.64	1:08.45	1:07.16
	50m: 30.64 30.64	150m: 1:37.50 33.78	250m: 2:45.48	34.12	350m: 3:53.69	33.88	
	100m: 1:03.72 33.08	200m: 2:11.36 33.86	300m: 3:19.81	34.33	400m: 4:26.97	33.28	
2.	JOHANSEN Ditte 94	Langby Swimming Club	4:37.97 636	1:08.31	1:08.95	1:10.25	1:10.46
	50m: 32.92 32.92	150m: 1:42.26 33.95	250m: 2:52.24	34.98	350m: 4:02.81	35.30	
	100m: 1:08.31 35.39	200m: 2:17.26 35.00	300m: 3:27.51	35.27	400m: 4:37.97	35.16	
3.	KULIGOWSKA Marcela SS94	MKP Szczecin	4:43.94 597	1:08.75	1:11.27	1:12.21	1:11.71
	50m: 33.48 33.48	150m: 1:44.32 35.57	250m: 2:55.81	35.79	350m: 4:08.40	36.17	
	100m: 1:08.75 35.27	200m: 2:20.02 35.70	300m: 3:32.23	36.42	400m: 4:43.94	35.54	
4.	MIKOŁAJCZAK Anna SSz 95	MKP Szczecin	4:47.74 574	1:10.77	1:13.38	1:13.05	1:10.54
	50m: 33.76 33.76	150m: 1:47.48 36.71	250m: 3:00.78	36.63	350m: 4:13.14	35.94	
	100m: 1:10.77 37.01	200m: 2:24.15 36.67	300m: 3:37.20	36.42	400m: 4:47.74	34.60	
5.	HOJBERG Amanda 98	Langby Swimming Club	4:47.99 572	1:09.66	1:12.38	1:13.14	1:12.81
	50m: 33.15 33.15	150m: 1:45.21 35.55	250m: 2:58.33	36.29	350m: 4:11.68	36.50	
	100m: 1:09.66 36.51	200m: 2:22.04 36.83	300m: 3:35.18	36.85	400m: 4:47.99	36.31	
6.	PIECHOTA PAULINA 99	UKS 190 Łód	4:49.91 561	1:09.14	1:13.63	1:14.41	1:12.73
	50m: 32.12 32.12	150m: 1:46.15 37.01	250m: 2:59.99	37.22	350m: 4:14.32	37.14	
	100m: 1:09.14 37.02	200m: 2:22.77 36.62	300m: 3:37.18	37.19	400m: 4:49.91	35.59	
7.	WOSICKA Wiktoria 98	MKP Szczecin	4:50.33 558	1:09.33	1:14.25	1:14.62	1:12.13
	50m: 32.74 32.74	150m: 1:46.25 36.92	250m: 3:00.83	37.25	350m: 4:15.48	37.28	
	100m: 1:09.33 36.59	200m: 2:23.58 37.33	300m: 3:38.20	37.37	400m: 4:50.33	34.85	
8.	KARA Laura 98	MKP Szczecin	4:59.03 511	1:10.32	1:14.99	1:17.47	1:16.25
	50m: 33.44 33.44	150m: 1:47.33 37.01	250m: 3:03.88	38.57	350m: 4:21.27	38.49	
	100m: 1:10.32 36.88	200m: 2:25.31 37.98	300m: 3:42.78	38.90	400m: 4:59.03	37.76	
9.	OLEBA Małgorzata 98	MKP Szczecin	4:59.14 510	1:11.33	1:15.35	1:15.45	1:17.01
	50m: 34.20 34.20	150m: 1:48.79 37.46	250m: 3:04.44	37.76	350m: 4:20.64	38.51	
	100m: 1:11.33 37.13	200m: 2:26.68 37.89	300m: 3:42.13	37.69	400m: 4:59.14	38.50	
10.	KOTO SKA Dominika 97	IUKP Wodnik Police	5:01.30 500	1:09.72	1:15.95	1:17.67	1:17.96
	50m: 32.56 32.56	150m: 1:47.51 37.79	250m: 3:03.99	38.32	350m: 4:23.25	39.91	
	100m: 1:09.72 37.16	200m: 2:25.67 38.16	300m: 3:43.34	39.35	400m: 5:01.30	38.05	
11.	ELMEROS JERSILD Emili98	Langby Swimming Club	5:03.95 487	1:11.80	1:18.79	1:17.23	1:16.13
	50m: 33.30 33.30	150m: 1:51.18 39.38	250m: 3:09.71	39.12	350m: 4:25.94	38.12	
	100m: 1:11.80 38.50	200m: 2:30.59 39.41	300m: 3:47.82	38.11	400m: 5:03.95	38.01	
12.	PIWKO Dominika 98	MUKS Pi tnastka Bydgoszcz	5:05.79 478	1:13.69	1:17.66	1:17.89	1:16.55
	50m: 35.89 35.89	150m: 1:52.85 39.16	250m: 3:10.25	38.90	350m: 4:28.22	38.98	
	100m: 1:13.69 37.80	200m: 2:31.35 38.50	300m: 3:49.24	38.99	400m: 5:05.79	37.57	
13.	KAJKO PAULA 98	MUKS Pi tnastka Bydgoszcz	5:07.16 471	1:14.34	1:20.87	1:19.39	1:12.56
	50m: 35.14 35.14	150m: 1:54.71 40.37	250m: 3:14.78	39.57	350m: 4:33.23	38.63	
	100m: 1:14.34 39.20	200m: 2:35.21 40.50	300m: 3:54.60	39.82	400m: 5:07.16	33.93	
14.	JASICZAK Kinga 97	IUKP Wodnik Police	5:09.82 459	1:11.79	1:19.30	1:19.37	1:19.36
	50m: 34.14 34.14	150m: 1:51.07 39.28	250m: 3:10.30	39.21	350m: 4:31.17	40.71	
	100m: 1:11.79 37.65	200m: 2:31.09 40.02	300m: 3:50.46	40.16	400m: 5:09.82	38.65	
15.	FILIPKOWSKA Dominika 99	MKS "Ros" Pisz	5:14.69 438	1:13.69	1:19.07	1:21.39	1:20.54
	50m: 35.07 35.07	150m: 1:52.83 39.14	250m: 3:13.04	40.28	350m: 4:34.78	40.63	
	100m: 1:13.69 38.62	200m: 2:32.76 39.93	300m: 3:54.15	41.11	400m: 5:14.69	39.91	
16.	GOLUS Karolina 97	IUKP Wodnik Police	5:23.43 404	1:15.65	1:22.81	1:23.37	1:21.60
	50m: 35.76 35.76	150m: 1:57.18 41.53	250m: 3:20.94	42.48	350m: 4:43.69	41.86	
	100m: 1:15.65 39.89	200m: 2:38.46 41.28	300m: 4:01.83	40.89	400m: 5:23.43	39.74	
17.	WO NIAK Karina 98	MKP Szczecin	5:27.89 387	1:18.46	1:24.50	1:24.29	1:20.64
	50m: 37.56 37.56	150m: 2:01.16 42.70	250m: 3:25.67	42.71	350m: 4:47.69	40.44	
	100m: 1:18.46 40.90	200m: 2:42.96 41.80	300m: 4:07.25	41.58	400m: 5:27.89	40.20	
18.	WASILEWICZ Julia 00	UKS Cityzen Pozna	5:34.12 366	1:17.34	1:24.76	1:25.75	1:26.27
	50m: 36.21 36.21	150m: 2:00.27 42.93	250m: 3:24.80	42.70	350m: 4:51.15	43.30	
	100m: 1:17.34 41.13	200m: 2:42.10 41.83	300m: 4:07.85	43.05	400m: 5:34.12	42.97	
19.	KOWALEWSKA Weronika 00	UKS Cityzen Pozna	5:48.42 323	1:22.01	1:29.05	1:30.73	1:26.63
	50m: 38.90 38.90	150m: 2:06.26 44.25	250m: 3:36.26	45.20	350m: 5:07.00	45.21	
	100m: 1:22.01 43.11	200m: 2:51.06 44.80	300m: 4:21.79	45.53	400m: 5:48.42	41.42	

Mi dzynarodowy Miting Pływacki "Dni Morza"
Szczecin, 22- - 24-6-2012

Konkurencja 14, Kobiet, 400m dowolny, Open

Pozycja	Rok ur.	Czas	Pkt.	100m	200m	300m	400m
20. KRZY A SKA KAROLINA01	MKP Szczecin	6:09.81	270	1:28.05	1:35.48	1:35.60	1:30.68
50m: 41.40	41.40	150m: 2:15.59	47.54	250m: 3:51.21	47.68	350m: 5:25.74	46.61
100m: 1:28.05	46.65	200m: 3:03.53	47.94	300m: 4:39.13	47.92	400m: 6:09.81	44.07
21. MIECZKOWSKA Wiktoria 02	MKS "Ros" Pisz	6:17.12	255	1:28.53	1:37.29	1:38.47	1:32.83
50m: 41.18	41.18	150m: 2:16.38	47.85	250m: 3:55.15	49.33	350m: 5:33.31	49.02
100m: 1:28.53	47.35	200m: 3:05.82	49.44	300m: 4:44.29	49.14	400m: 6:17.12	43.81

15 - 16 lat

1. KOTO SKA Dominika 97	IUKP Wodnik Police	5:01.30	500	1:09.72	1:15.95	1:17.67	1:17.96
50m: 32.56	32.56	150m: 1:47.51	37.79	250m: 3:03.99	38.32	350m: 4:23.25	39.91
100m: 1:09.72	37.16	200m: 2:25.67	38.16	300m: 3:43.34	39.35	400m: 5:01.30	38.05
2. JASICZAK Kinga 97	IUKP Wodnik Police	5:09.82	459	1:11.79	1:19.30	1:19.37	1:19.36
50m: 34.14	34.14	150m: 1:51.07	39.28	250m: 3:10.30	39.21	350m: 4:31.17	40.71
100m: 1:11.79	37.65	200m: 2:31.09	40.02	300m: 3:50.46	40.16	400m: 5:09.82	38.65
3. GOLUS Karolina 97	IUKP Wodnik Police	5:23.43	404	1:15.65	1:22.81	1:23.37	1:21.60
50m: 35.76	35.76	150m: 1:57.18	41.53	250m: 3:20.94	42.48	350m: 4:43.69	41.86
100m: 1:15.65	39.89	200m: 2:38.46	41.28	300m: 4:01.83	40.89	400m: 5:23.43	39.74

13 - 14 lat

1. HOJBERG Amanda 98	Langby Swimming Club	4:47.99	572	1:09.66	1:12.38	1:13.14	1:12.81
50m: 33.15	33.15	150m: 1:45.21	35.55	250m: 2:58.33	36.29	350m: 4:11.68	36.50
100m: 1:09.66	36.51	200m: 2:22.04	36.83	300m: 3:35.18	36.85	400m: 4:47.99	36.31
2. PIECHOTA PAULINA 99	UKS 190 Łód	4:49.91	561	1:09.14	1:13.63	1:14.41	1:12.73
50m: 32.12	32.12	150m: 1:46.15	37.01	250m: 2:59.99	37.22	350m: 4:14.32	37.14
100m: 1:09.14	37.02	200m: 2:22.77	36.62	300m: 3:37.18	37.19	400m: 4:49.91	35.59
3. WOSICKA Wiktoria 98	MKP Szczecin	4:50.33	558	1:09.33	1:14.25	1:14.62	1:12.13
50m: 32.74	32.74	150m: 1:46.25	36.92	250m: 3:00.83	37.25	350m: 4:15.48	37.28
100m: 1:09.33	36.59	200m: 2:23.58	37.33	300m: 3:38.20	37.37	400m: 4:50.33	34.85
4. KARA Laura 98	MKP Szczecin	4:59.03	511	1:10.32	1:14.99	1:17.47	1:16.25
50m: 33.44	33.44	150m: 1:47.33	37.01	250m: 3:03.88	38.57	350m: 4:21.27	38.49
100m: 1:10.32	36.88	200m: 2:25.31	37.98	300m: 3:42.78	38.90	400m: 4:59.03	37.76
5. OLEBA Małgorzata 98	MKP Szczecin	4:59.14	510	1:11.33	1:15.35	1:15.45	1:17.01
50m: 34.20	34.20	150m: 1:48.79	37.46	250m: 3:04.44	37.76	350m: 4:20.64	38.51
100m: 1:11.33	37.13	200m: 2:26.68	37.89	300m: 3:42.13	37.69	400m: 4:59.14	38.50
6. ELMEROS JERSILD Emili98	Langby Swimming Club	5:03.95	487	1:11.80	1:18.79	1:17.23	1:16.13
50m: 33.30	33.30	150m: 1:51.18	39.38	250m: 3:09.71	39.12	350m: 4:25.94	38.12
100m: 1:11.80	38.50	200m: 2:30.59	39.41	300m: 3:47.82	38.11	400m: 5:03.95	38.01
7. PIWKO Dominika 98	MUKS Pi tnastka Bydgoszcz	5:05.79	478	1:13.69	1:17.66	1:17.89	1:16.55
50m: 35.89	35.89	150m: 1:52.85	39.16	250m: 3:10.25	38.90	350m: 4:28.22	38.98
100m: 1:13.69	37.80	200m: 2:31.35	38.50	300m: 3:49.24	38.99	400m: 5:05.79	37.57
8. KAJKO PAULA 98	MUKS Pi tnastka Bydgoszcz	5:07.16	471	1:14.34	1:20.87	1:19.39	1:12.56
50m: 35.14	35.14	150m: 1:54.71	40.37	250m: 3:14.78	39.57	350m: 4:33.23	38.63
100m: 1:14.34	39.20	200m: 2:35.21	40.50	300m: 3:54.60	39.82	400m: 5:07.16	33.93
9. FILIPKOWSKA Dominika 99	MKS "Ros" Pisz	5:14.69	438	1:13.69	1:19.07	1:21.39	1:20.54
50m: 35.07	35.07	150m: 1:52.83	39.14	250m: 3:13.04	40.28	350m: 4:34.78	40.63
100m: 1:13.69	38.62	200m: 2:32.76	39.93	300m: 3:54.15	41.11	400m: 5:14.69	39.91
10. WO NIAK Karina 98	MKP Szczecin	5:27.89	387	1:18.46	1:24.50	1:24.29	1:20.64
50m: 37.56	37.56	150m: 2:01.16	42.70	250m: 3:25.67	42.71	350m: 4:47.69	40.44
100m: 1:18.46	40.90	200m: 2:42.96	41.80	300m: 4:07.25	41.58	400m: 5:27.89	40.20

11 - 12 lat

1. WASILEWICZ Julia 00	UKS Cityzen Pozna	5:34.12	366	1:17.34	1:24.76	1:25.75	1:26.27
50m: 36.21	36.21	150m: 2:00.27	42.93	250m: 3:24.80	42.70	350m: 4:51.15	43.30
100m: 1:17.34	41.13	200m: 2:42.10	41.83	300m: 4:07.85	43.05	400m: 5:34.12	42.97
2. KOWALEWSKA Weronika 00	UKS Cityzen Pozna	5:48.42	323	1:22.01	1:29.05	1:30.73	1:26.63
50m: 38.90	38.90	150m: 2:06.26	44.25	250m: 3:36.26	45.20	350m: 5:07.00	45.21
100m: 1:22.01	43.11	200m: 2:51.06	44.80	300m: 4:21.79	45.53	400m: 5:48.42	41.42
3. KRZY A SKA KAROLINA01	MKP Szczecin	6:09.81	270	1:28.05	1:35.48	1:35.60	1:30.68
50m: 41.40	41.40	150m: 2:15.59	47.54	250m: 3:51.21	47.68	350m: 5:25.74	46.61
100m: 1:28.05	46.65	200m: 3:03.53	47.94	300m: 4:39.13	47.92	400m: 6:09.81	44.07

Mi dzynarodowy Miting Pływacki "Dni Morza"
Szczecin, 22- - 24-6-2012

Konkurencja 14, Kobiet, 400m dowolny

10 lat i młodszy

1. MIECZKOWSKA Wiktoria 02	MKS "Ros" Pisz	6:17.12	255	1:28.53	1:37.29	1:38.47	1:32.83
50m: 41.18 41.18	150m: 2:16.38 47.85	250m: 3:55.15 49.33	350m: 5:33.31 49.02				
100m: 1:28.53 47.35	200m: 3:05.82 49.44	300m: 4:44.29 49.14	400m: 6:17.12 43.81				