

Mi dzynarodowy Miting Pływacki "Dni Morza"
Szczecin, 22- - 24-6-2012

Konkurencja 15
2012-06-22 - 18:18

M czynn, 400m dowolny

Open
Wyniki

Punkty: FINA 2011

Pozycja	Rok ur.		Czas	Pkt.	100m	200m	300m	400m	
Open									
1.	KURANT Roger	94	KS KSZO Ostrowiec w	4:09.63	685	59.21	1:03.88	1:04.41	1:02.13
	50m: 27.97	27.97	150m: 1:31.10	31.89	250m: 2:35.21	32.12	350m: 3:39.42	31.92	
	100m: 59.21	31.24	200m: 2:03.09	31.99	300m: 3:07.50	32.29	400m: 4:09.63	30.21	
2.	BAGROWSKI Karol	96	MTKP Delfin Toru	4:19.36	610	1:01.16	1:07.04	1:06.85	1:04.31
	50m: 28.78	28.78	150m: 1:34.42	33.26	250m: 2:41.52	33.32	350m: 3:48.74	33.69	
	100m: 1:01.16	32.38	200m: 2:08.20	33.78	300m: 3:15.05	33.53	400m: 4:19.36	30.62	
3.	ADAMCZYK PATRYK	97	MKP Szczecin	4:19.70	608	1:03.67	1:07.32	1:06.17	1:02.54
	50m: 29.69	29.69	150m: 1:37.29	33.62	250m: 2:43.97	32.98	350m: 3:49.42	32.26	
	100m: 1:03.67	33.98	200m: 2:10.99	33.70	300m: 3:17.16	33.19	400m: 4:19.70	30.28	
4.	OILWA MICHAŁ	97	MKP Szczecin	4:26.31	564	1:02.62	1:08.85	1:08.72	1:06.12
	50m: 29.70	29.70	150m: 1:36.81	34.19	250m: 2:45.83	34.36	350m: 3:54.04	33.85	
	100m: 1:02.62	32.92	200m: 2:11.47	34.66	300m: 3:20.19	34.36	400m: 4:26.31	32.27	
5.	MUSZTAFAGA Piotr	96	MKP Szczecin	4:29.90	542	1:03.60	1:08.38	1:09.20	1:08.72
	50m: 29.59	29.59	150m: 1:37.71	34.11	250m: 2:46.51	34.53	350m: 3:56.21	35.03	
	100m: 1:03.60	34.01	200m: 2:11.98	34.27	300m: 3:21.18	34.67	400m: 4:29.90	33.69	
6.	NOWAK Igor	95	MKP Szczecin	4:31.53	532	1:02.66	1:09.57	1:10.32	1:08.98
	50m: 29.20	29.20	150m: 1:37.07	34.41	250m: 2:46.67	34.44	350m: 3:57.36	34.81	
	100m: 1:02.66	33.46	200m: 2:12.23	35.16	300m: 3:22.55	35.88	400m: 4:31.53	34.17	
7.	MATYJASZCZYK KAMIL	97	MKP Szczecin	4:32.48	526	1:03.33	1:10.12	1:10.29	1:08.74
	50m: 30.17	30.17	150m: 1:37.72	34.39	250m: 2:48.44	34.99	350m: 3:58.24	34.50	
	100m: 1:03.33	33.16	200m: 2:13.45	35.73	300m: 3:23.74	35.30	400m: 4:32.48	34.24	
8.	KWIATKOWSKI Krzysztof	97	MTKP Delfin Toru	4:34.08	517	1:06.01	1:09.85	1:10.19	1:08.03
	50m: 31.25	31.25	150m: 1:40.98	34.97	250m: 2:51.00	35.14	350m: 4:00.94	34.89	
	100m: 1:06.01	34.76	200m: 2:15.86	34.88	300m: 3:26.05	35.05	400m: 4:34.08	33.14	
9.	BORUCKI Marcin	95	MKP Szczecin	4:36.30	505	1:02.71	1:08.81	1:10.77	1:14.01
	50m: 30.11	30.11	150m: 1:36.59	33.88	250m: 2:46.31	34.79	350m: 3:59.08	36.79	
	100m: 1:02.71	32.60	200m: 2:11.52	34.93	300m: 3:22.29	35.98	400m: 4:36.30	37.22	
10.	BESARABA Kamil	96	MKP Szczecin	4:37.62	498	1:05.68	1:10.84	1:11.49	1:09.61
	50m: 31.06	31.06	150m: 1:41.26	35.58	250m: 2:51.85	35.33	350m: 4:04.03	36.02	
	100m: 1:05.68	34.62	200m: 2:16.52	35.26	300m: 3:28.01	36.16	400m: 4:37.62	33.59	
11.	RÓJ Konrad	98	MKP Szczecin	4:37.79	497	1:05.76	1:11.49	1:11.92	1:08.62
	50m: 31.08	31.08	150m: 1:41.41	35.65	250m: 2:53.29	36.04	350m: 4:04.75	35.58	
	100m: 1:05.76	34.68	200m: 2:17.25	35.84	300m: 3:29.17	35.88	400m: 4:37.79	33.04	
12.	GIERSZEWSKI JAN	98	MUKS Pi tnastrka Bydgoszcz	4:40.31	483	1:05.74	1:12.40	1:13.64	1:08.53
	50m: 30.53	30.53	150m: 1:41.89	36.15	250m: 2:54.68	36.54	350m: 4:07.12	35.34	
	100m: 1:05.74	35.21	200m: 2:18.14	36.25	300m: 3:31.78	37.10	400m: 4:40.31	33.19	
13.	BIADU Michał	98	MKP Szczecin	4:40.79	481	1:07.62	1:12.74	1:11.80	1:08.63
	50m: 31.48	31.48	150m: 1:44.23	36.61	250m: 2:55.74	35.38	350m: 4:07.70	35.54	
	100m: 1:07.62	36.14	200m: 2:20.36	36.13	300m: 3:32.16	36.42	400m: 4:40.79	33.09	
14.	GÓRSKI MARCIN	97	MKP Szczecin	4:42.64	472	1:05.63	1:13.09	1:12.50	1:11.42
	50m: 31.04	31.04	150m: 1:42.11	36.48	250m: 2:54.80	36.08	350m: 4:07.44	36.22	
	100m: 1:05.63	34.59	200m: 2:18.72	36.61	300m: 3:31.22	36.42	400m: 4:42.64	35.20	
15.	STEC ADAM	97	MKP Szczecin	4:44.07	464	1:05.39	1:12.88	1:13.08	1:12.72
	50m: 30.69	30.69	150m: 1:41.46	36.07	250m: 2:54.64	36.37	350m: 4:07.84	36.49	
	100m: 1:05.39	34.70	200m: 2:18.27	36.81	300m: 3:31.35	36.71	400m: 4:44.07	36.23	
16.	KA MIERCZAK Miłosz	97	MTKP Delfin Toru	4:46.63	452	1:06.85	1:12.79	1:14.69	1:12.30
	50m: 31.60	31.60	150m: 1:42.82	35.97	250m: 2:56.60	36.96	350m: 4:11.08	36.75	
	100m: 1:06.85	35.25	200m: 2:19.64	36.82	300m: 3:34.33	37.73	400m: 4:46.63	35.55	
17.	JASI SKI Jakub	98	MKP Szczecin	4:47.63	447	1:07.96	1:13.93	1:14.05	1:11.69
	50m: 31.62	31.62	150m: 1:44.49	36.53	250m: 2:58.56	36.67	350m: 4:12.47	36.53	
	100m: 1:07.96	36.34	200m: 2:21.89	37.40	300m: 3:35.94	37.38	400m: 4:47.63	35.16	
18.	J DRASZCZYK Piotr	98	MKP Szczecin	4:51.59	429	1:07.64	1:15.14	1:15.41	1:13.40
	50m: 31.98	31.98	150m: 1:45.09	37.45	250m: 3:00.65	37.87	350m: 4:15.58	37.39	
	100m: 1:07.64	35.66	200m: 2:22.78	37.69	300m: 3:38.19	37.54	400m: 4:51.59	36.01	
19.	GÓRSKI GRZEGORZ	97	MKP Szczecin	4:54.87	415	1:09.04	1:15.61	1:15.41	1:14.81
	50m: 32.56	32.56	150m: 1:46.70	37.66	250m: 3:02.96	38.31	350m: 4:18.47	38.41	
	100m: 1:09.04	36.48	200m: 2:24.65	37.95	300m: 3:40.06	37.10	400m: 4:54.87	36.40	

Mi dzynarodowy Miting Pływacki "Dni Morza"
Szczecin, 22- - 24-6-2012

Konkurencja 15, M czynn, 400m dowolny, Open

Pozycja	Rok ur.	Czas	Pkt.	100m	200m	300m	400m
20. LICBARSKI Paweł	98 IUKP Wodnik Police	4:58.12	402	1:08.12	1:16.73	1:17.15	1:16.12
50m: 31.81	31.81	150m: 1:46.09	37.97	250m: 3:02.84	37.99	350m: 4:20.72	38.72
100m: 1:08.12	36.31	200m: 2:24.85	38.76	300m: 3:42.00	39.16	400m: 4:58.12	37.40
21. ADAMCZYK DOMINIK	99 MKP Szczecin	5:01.87	387	1:12.48	1:18.24	1:17.63	1:13.52
50m: 33.82	33.82	150m: 1:51.83	39.35	250m: 3:09.51	38.79	350m: 4:26.73	38.38
100m: 1:12.48	38.66	200m: 2:30.72	38.89	300m: 3:48.35	38.84	400m: 5:01.87	35.14
22. OLEKSY HUBERT	98 MUKS Pi tnastrka Bydgoszcz	5:03.41	381	1:12.25	1:18.17	1:18.07	1:14.92
50m: 33.45	33.45	150m: 1:51.60	39.35	250m: 3:09.58	39.16	350m: 4:26.94	38.45
100m: 1:12.25	38.80	200m: 2:30.42	38.82	300m: 3:48.49	38.91	400m: 5:03.41	36.47
23. ŁUBKOWSKI Kacper	98 MKP Szczecin	5:04.86	376	1:12.27	1:18.47	1:20.84	1:13.28
50m: 33.30	33.30	150m: 1:52.33	40.06	250m: 3:10.79	40.05	350m: 4:30.61	39.03
100m: 1:12.27	38.97	200m: 2:30.74	38.41	300m: 3:51.58	40.79	400m: 5:04.86	34.25
24. GR BSKI Jakub	97 IUKP Wodnik Police	5:12.45	349	1:14.44	1:19.17	1:20.56	1:18.28
50m: 34.88	34.88	150m: 1:53.68	39.24	250m: 3:13.62	40.01	350m: 4:34.17	40.00
100m: 1:14.44	39.56	200m: 2:33.61	39.93	300m: 3:54.17	40.55	400m: 5:12.45	38.28
25. LESNER FILIP	99 MKP Szczecin	5:22.23	318	1:16.91	1:24.17	1:24.97	1:16.18
50m: 35.57	35.57	150m: 1:58.95	42.04	250m: 3:23.24	42.16	350m: 4:45.73	39.68
100m: 1:16.91	41.34	200m: 2:41.08	42.13	300m: 4:06.05	42.81	400m: 5:22.23	36.50
DYSKW. NERVIL KISTORP Jonas	97 Langby Swimming Club	4:44.95		1:04.83	1:11.36	1:14.49	1:14.27
50m: 30.20	30.20	150m: 1:39.74	34.91	250m: 2:53.03	36.84	350m: 4:08.20	37.52
100m: 1:04.83	34.63	200m: 2:16.19	36.45	300m: 3:30.68	37.65	400m: 4:44.95	36.75

17 - 18 lat

1. KURANT Roger	94 KS KSZO Ostrowiec w	4:09.63	685	59.21	1:03.88	1:04.41	1:02.13
50m: 27.97	27.97	150m: 1:31.10	31.89	250m: 2:35.21	32.12	350m: 3:39.42	31.92
100m: 59.21	31.24	200m: 2:03.09	31.99	300m: 3:07.50	32.29	400m: 4:09.63	30.21
2. NOWAK Igor	95 MKP Szczecin	4:31.53	532	1:02.66	1:09.57	1:10.32	1:08.98
50m: 29.20	29.20	150m: 1:37.07	34.41	250m: 2:46.67	34.44	350m: 3:57.36	34.81
100m: 1:02.66	33.46	200m: 2:12.23	35.16	300m: 3:22.55	35.88	400m: 4:31.53	34.17
3. BORUCKI Marcin	95 MKP Szczecin	4:36.30	505	1:02.71	1:08.81	1:10.77	1:14.01
50m: 30.11	30.11	150m: 1:36.59	33.88	250m: 2:46.31	34.79	350m: 3:59.08	36.79
100m: 1:02.71	32.60	200m: 2:11.52	34.93	300m: 3:22.29	35.98	400m: 4:36.30	37.22

15 - 16 lat

1. BAGROWSKI Karol	96 MTKP Delfin Toru	4:19.36	610	1:01.16	1:07.04	1:06.85	1:04.31
50m: 28.78	28.78	150m: 1:34.42	33.26	250m: 2:41.52	33.32	350m: 3:48.74	33.69
100m: 1:01.16	32.38	200m: 2:08.20	33.78	300m: 3:15.05	33.53	400m: 4:19.36	30.62
2. ADAMCZYK PATRYK	97 MKP Szczecin	4:19.70	608	1:03.67	1:07.32	1:06.17	1:02.54
50m: 29.69	29.69	150m: 1:37.29	33.62	250m: 2:43.97	32.98	350m: 3:49.42	32.26
100m: 1:03.67	33.98	200m: 2:10.99	33.70	300m: 3:17.16	33.19	400m: 4:19.70	30.28
3. OILWA MICHAŁ	97 MKP Szczecin	4:26.31	564	1:02.62	1:08.85	1:08.72	1:06.12
50m: 29.70	29.70	150m: 1:36.81	34.19	250m: 2:45.83	34.36	350m: 3:54.04	33.85
100m: 1:02.62	32.92	200m: 2:11.47	34.66	300m: 3:20.19	34.36	400m: 4:26.31	32.27
4. MUSZTAFAGA Piotr	96 MKP Szczecin	4:29.90	542	1:03.60	1:08.38	1:09.20	1:08.72
50m: 29.59	29.59	150m: 1:37.71	34.11	250m: 2:46.51	34.53	350m: 3:56.21	35.03
100m: 1:03.60	34.01	200m: 2:11.98	34.27	300m: 3:21.18	34.67	400m: 4:29.90	33.69
5. MATYJASZCZYK KAMIL	97 MKP Szczecin	4:32.48	526	1:03.33	1:10.12	1:10.29	1:08.74
50m: 30.17	30.17	150m: 1:37.72	34.39	250m: 2:48.44	34.99	350m: 3:58.24	34.50
100m: 1:03.33	33.16	200m: 2:13.45	35.73	300m: 3:23.74	35.30	400m: 4:32.48	34.24
6. KWIATKOWSKI Krzysztof	97 MTKP Delfin Toru	4:34.08	517	1:06.01	1:09.85	1:10.19	1:08.03
50m: 31.25	31.25	150m: 1:40.98	34.97	250m: 2:51.00	35.14	350m: 4:00.94	34.89
100m: 1:06.01	34.76	200m: 2:15.86	34.88	300m: 3:26.05	35.05	400m: 4:34.08	33.14
7. BESARABA Kamil	96 MKP Szczecin	4:37.62	498	1:05.68	1:10.84	1:11.49	1:09.61
50m: 31.06	31.06	150m: 1:41.26	35.58	250m: 2:51.85	35.33	350m: 4:04.03	36.02
100m: 1:05.68	34.62	200m: 2:16.52	35.26	300m: 3:28.01	36.16	400m: 4:37.62	33.59
8. GÓRSKI MARCIN	97 MKP Szczecin	4:42.64	472	1:05.63	1:13.09	1:12.50	1:11.42
50m: 31.04	31.04	150m: 1:42.11	36.48	250m: 2:54.80	36.08	350m: 4:07.44	36.22
100m: 1:05.63	34.59	200m: 2:18.72	36.61	300m: 3:31.22	36.42	400m: 4:42.64	35.20
9. STEC ADAM	97 MKP Szczecin	4:44.07	464	1:05.39	1:12.88	1:13.08	1:12.72
50m: 30.69	30.69	150m: 1:41.46	36.07	250m: 2:54.64	36.37	350m: 4:07.84	36.49
100m: 1:05.39	34.70	200m: 2:18.27	36.81	300m: 3:31.35	36.71	400m: 4:44.07	36.23

Mi dzynarodowy Miting Pływacki "Dni Morza"
Szczecin, 22- - 24-6-2012

Konkurencja 15, Chłopców, 400m dowolny, 15 - 16 lat

Pozycja	Rok ur.		Czas		Pkt.	100m	200m	300m	400m		
10. KA MIERCZAK Miłosz	97	MTKP Delfin Toru	4:46.63	452		1:06.85	1:12.79	1:14.69	1:12.30		
50m:	31.60	31.60	150m:	1:42.82	35.97	250m:	2:56.60	36.96	350m:	4:11.08	36.75
100m:	1:06.85	35.25	200m:	2:19.64	36.82	300m:	3:34.33	37.73	400m:	4:46.63	35.55
11. GÓRSKI GRZEGORZ	97	MKP Szczecin	4:54.87	415		1:09.04	1:15.61	1:15.41	1:14.81		
50m:	32.56	32.56	150m:	1:46.70	37.66	250m:	3:02.96	38.31	350m:	4:18.47	38.41
100m:	1:09.04	36.48	200m:	2:24.65	37.95	300m:	3:40.06	37.10	400m:	4:54.87	36.40
12. GR BSKI Jakub	97	IUKP Wodnik Police	5:12.45	349		1:14.44	1:19.17	1:20.56	1:18.28		
50m:	34.88	34.88	150m:	1:53.68	39.24	250m:	3:13.62	40.01	350m:	4:34.17	40.00
100m:	1:14.44	39.56	200m:	2:33.61	39.93	300m:	3:54.17	40.55	400m:	5:12.45	38.28
DYSKW. NERVIL KISTORP Jonas	97	Langby Swimming Club	4:44.95			1:04.83	1:11.36	1:14.49	1:14.27		
50m:	30.20	30.20	150m:	1:39.74	34.91	250m:	2:53.03	36.84	350m:	4:08.20	37.52
100m:	1:04.83	34.63	200m:	2:16.19	36.45	300m:	3:30.68	37.65	400m:	4:44.95	36.75

13 - 14 lat

1. RÓJ Konrad	98	MKP Szczecin	4:37.79	497		1:05.76	1:11.49	1:11.92	1:08.62		
50m:	31.08	31.08	150m:	1:41.41	35.65	250m:	2:53.29	36.04	350m:	4:04.75	35.58
100m:	1:05.76	34.68	200m:	2:17.25	35.84	300m:	3:29.17	35.88	400m:	4:37.79	33.04
2. GIERSZEWSKI JAN	98	MUKS Pi tnastrka Bydgoszcz	4:40.31	483		1:05.74	1:12.40	1:13.64	1:08.53		
50m:	30.53	30.53	150m:	1:41.89	36.15	250m:	2:54.68	36.54	350m:	4:07.12	35.34
100m:	1:05.74	35.21	200m:	2:18.14	36.25	300m:	3:31.78	37.10	400m:	4:40.31	33.19
3. BIADU Michał	98	MKP Szczecin	4:40.79	481		1:07.62	1:12.74	1:11.80	1:08.63		
50m:	31.48	31.48	150m:	1:44.23	36.61	250m:	2:55.74	35.38	350m:	4:07.70	35.54
100m:	1:07.62	36.14	200m:	2:20.36	36.13	300m:	3:32.16	36.42	400m:	4:40.79	33.09
4. JASI SKI Jakub	98	MKP Szczecin	4:47.63	447		1:07.96	1:13.93	1:14.05	1:11.69		
50m:	31.62	31.62	150m:	1:44.49	36.53	250m:	2:58.56	36.67	350m:	4:12.47	36.53
100m:	1:07.96	36.34	200m:	2:21.89	37.40	300m:	3:35.94	37.38	400m:	4:47.63	35.16
5. J DRASZCZYK Piotr	98	MKP Szczecin	4:51.59	429		1:07.64	1:15.14	1:15.41	1:13.40		
50m:	31.98	31.98	150m:	1:45.09	37.45	250m:	3:00.65	37.87	350m:	4:15.58	37.39
100m:	1:07.64	35.66	200m:	2:22.78	37.69	300m:	3:38.19	37.54	400m:	4:51.59	36.01
6. LICBARSKI Paweł	98	IUKP Wodnik Police	4:58.12	402		1:08.12	1:16.73	1:17.15	1:16.12		
50m:	31.81	31.81	150m:	1:46.09	37.97	250m:	3:02.84	37.99	350m:	4:20.72	38.72
100m:	1:08.12	36.31	200m:	2:24.85	38.76	300m:	3:42.00	39.16	400m:	4:58.12	37.40
7. ADAMCZYK DOMINIK	99	MKP Szczecin	5:01.87	387		1:12.48	1:18.24	1:17.63	1:13.52		
50m:	33.82	33.82	150m:	1:51.83	39.35	250m:	3:09.51	38.79	350m:	4:26.73	38.38
100m:	1:12.48	38.66	200m:	2:30.72	38.89	300m:	3:48.35	38.84	400m:	5:01.87	35.14
8. OLEKSY HUBERT	98	MUKS Pi tnastrka Bydgoszcz	5:03.41	381		1:12.25	1:18.17	1:18.07	1:14.92		
50m:	33.45	33.45	150m:	1:51.60	39.35	250m:	3:09.58	39.16	350m:	4:26.94	38.45
100m:	1:12.25	38.80	200m:	2:30.42	38.82	300m:	3:48.49	38.91	400m:	5:03.41	36.47
9. ŁUBKOWSKI Kacper	98	MKP Szczecin	5:04.86	376		1:12.27	1:18.47	1:20.84	1:13.28		
50m:	33.30	33.30	150m:	1:52.33	40.06	250m:	3:10.79	40.05	350m:	4:30.61	39.03
100m:	1:12.27	38.97	200m:	2:30.74	38.41	300m:	3:51.58	40.79	400m:	5:04.86	34.25
10. LESNER FILIP	99	MKP Szczecin	5:22.23	318		1:16.91	1:24.17	1:24.97	1:16.18		
50m:	35.57	35.57	150m:	1:58.95	42.04	250m:	3:23.24	42.16	350m:	4:45.73	39.68
100m:	1:16.91	41.34	200m:	2:41.08	42.13	300m:	4:06.05	42.81	400m:	5:22.23	36.50