

Mi dzynarodowy Miting Pływacki "Dni Morza"  
Szczecin, 22- - 24-6-2012

Konkurencja 5  
2012-06-22 - 13:59

M czynzn, 400m zmienny

Open  
Wyniki

Punkty: FINA 2011

Pozycja	Rok ur.		Czas	Pkt.	100m	200m	300m	400m	
<b>Open</b>									
1.	DUBIEL Adam	93	MTP Lublinianka	<b>4:35.35</b>	694	1:00.57	1:07.33	1:22.65	1:04.80
	50m: 27.95	27.95	150m: 1:34.86	34.29	250m: 2:48.56	40.66	350m: 4:03.41	32.86	
	100m: 1:00.57	32.62	200m: 2:07.90	33.04	300m: 3:30.55	41.99	400m: 4:35.35	31.94	
2.	HULBÓJ Marcin	96	MKP Szczecin	<b>4:44.54</b>	629	1:04.81	1:15.81	1:17.34	1:06.58
	50m: 29.83	29.83	150m: 1:43.23	38.42	250m: 2:59.18	38.56	350m: 4:11.83	33.87	
	100m: 1:04.81	34.98	200m: 2:20.62	37.39	300m: 3:37.96	38.78	400m: 4:44.54	32.71	
3.	ADAMCZYK PATRYK	97	MKP Szczecin	<b>4:55.48</b>	561	1:04.66	1:20.13	1:24.30	1:06.39
	50m: 28.68	28.68	150m: 1:45.55	40.89	250m: 3:06.97	42.18	350m: 4:23.18	34.09	
	100m: 1:04.66	35.98	200m: 2:24.79	39.24	300m: 3:49.09	42.12	400m: 4:55.48	32.30	
4.	KURANT Roger	94	KS KSZO Ostrowiec w	<b>5:00.04</b>	536	1:01.41	1:20.78	1:28.92	1:08.93
	50m: 28.67	28.67	150m: 1:43.58	42.17	250m: 3:05.76	43.57	350m: 4:29.03	37.92	
	100m: 1:01.41	32.74	200m: 2:22.19	38.61	300m: 3:51.11	45.35	400m: 5:00.04	31.01	
5.	KRAKOWIAK Waldemar	98	UKS Cityzen Pozna	<b>5:02.02</b>	526	1:09.09	1:16.96	1:25.12	1:10.85
	50m: 31.16	31.16	150m: 1:47.35	38.26	250m: 3:08.40	42.35	350m: 4:27.07	35.90	
	100m: 1:09.09	37.93	200m: 2:26.05	38.70	300m: 3:51.17	42.77	400m: 5:02.02	34.95	
6.	WŁODARCZYK STANISŁAW	97	MKP Szczecin	<b>5:03.06</b>	520	1:06.52	1:24.16	1:24.89	1:07.49
	50m: 30.05	30.05	150m: 1:49.42	42.90	250m: 3:12.40	41.72	350m: 4:30.83	35.26	
	100m: 1:06.52	36.47	200m: 2:30.68	41.26	300m: 3:55.57	43.17	400m: 5:03.06	32.23	
7.	WILKOWIECKI Robert	94	MKP Szczecin	<b>5:05.69</b>	507	1:07.92	1:16.67	1:31.67	1:09.43
	50m: 30.55	30.55	150m: 1:47.31	39.39	250m: 3:10.97	46.38	350m: 4:31.99	35.73	
	100m: 1:07.92	37.37	200m: 2:24.59	37.28	300m: 3:56.26	45.29	400m: 5:05.69	33.70	
8.	NERVIL KISTORP Jonas	97	Langby Swimming Club	<b>5:10.21</b>	485	1:04.69	1:22.01	1:35.21	1:08.30
	50m: 29.33	29.33	150m: 1:46.32	41.63	250m: 3:14.10	47.40	350m: 4:35.97	34.06	
	100m: 1:04.69	35.36	200m: 2:26.70	40.38	300m: 4:01.91	47.81	400m: 5:10.21	34.24	
9.	KWIATKOWSKI Krzysztof	97	MTKP Delfin Toru	<b>5:12.71</b>	474	1:06.60	1:21.23	1:33.08	1:11.80
	50m: 30.71	30.71	150m: 1:47.47	40.87	250m: 3:13.52	45.69	350m: 4:37.91	37.00	
	100m: 1:06.60	35.89	200m: 2:27.83	40.36	300m: 4:00.91	47.39	400m: 5:12.71	34.80	
10.	JAGODZI SKI OSKAR	98	MUKS Pi tnastka Bydgoszcz	<b>5:19.25</b>	445	1:07.13	1:22.74	1:32.75	1:16.63
	50m: 30.92	30.92	150m: 1:49.51	42.38	250m: 3:16.42	46.55	350m: 4:41.32	38.70	
	100m: 1:07.13	36.21	200m: 2:29.87	40.36	300m: 4:02.62	46.20	400m: 5:19.25	37.93	
11.	KAAS ELMGREEN Andrea	99	Langby Swimming Club	<b>5:27.21</b>	413	1:14.69	1:22.31	1:33.35	1:16.86
	50m: 33.89	33.89	150m: 1:55.95	41.26	250m: 3:23.17	46.17	350m: 4:48.75	38.40	
	100m: 1:14.69	40.80	200m: 2:37.00	41.05	300m: 4:10.35	47.18	400m: 5:27.21	38.46	
12.	MATHIASSEN Laurits	97	Langby Swimming Club	<b>5:30.52</b>	401	1:11.15	1:21.16	1:39.91	1:18.30
	50m: 31.77	31.77	150m: 1:52.26	41.11	250m: 3:21.95	49.64	350m: 4:51.93	39.71	
	100m: 1:11.15	39.38	200m: 2:32.31	40.05	300m: 4:12.22	50.27	400m: 5:30.52	38.59	
13.	KRUKOWSKI DOMINIK	98	MUKS Pi tnastka Bydgoszcz	<b>5:35.59</b>	383	1:13.92	1:27.44	1:37.67	1:16.56
	50m: 33.78	33.78	150m: 1:58.21	44.29	250m: 3:29.82	48.46	350m: 4:58.03	39.00	
	100m: 1:13.92	40.14	200m: 2:41.36	43.15	300m: 4:19.03	49.21	400m: 5:35.59	37.56	
14.	STRUK OSKAR	99	MKP Szczecin	<b>5:58.72</b>	314	1:15.36	1:34.54	1:52.97	1:15.85
	50m: 33.48	33.48	150m: 2:04.48	49.12	250m: 3:45.49	55.59	350m: 5:21.00	38.13	
	100m: 1:15.36	41.88	200m: 2:49.90	45.42	300m: 4:42.87	57.38	400m: 5:58.72	37.72	

17 - 18 lat

1.	KURANT Roger	94	KS KSZO Ostrowiec w	<b>5:00.04</b>	536	1:01.41	1:20.78	1:28.92	1:08.93
	50m: 28.67	28.67	150m: 1:43.58	42.17	250m: 3:05.76	43.57	350m: 4:29.03	37.92	
	100m: 1:01.41	32.74	200m: 2:22.19	38.61	300m: 3:51.11	45.35	400m: 5:00.04	31.01	
2.	WILKOWIECKI Robert	94	MKP Szczecin	<b>5:05.69</b>	507	1:07.92	1:16.67	1:31.67	1:09.43
	50m: 30.55	30.55	150m: 1:47.31	39.39	250m: 3:10.97	46.38	350m: 4:31.99	35.73	
	100m: 1:07.92	37.37	200m: 2:24.59	37.28	300m: 3:56.26	45.29	400m: 5:05.69	33.70	

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15 - 16 lat

1. HULBÓJ Marcin	96	MKP Szczecin	<b>4:44.54</b>	629	1:04.81	1:15.81	1:17.34	1:06.58
50m:	29.83	29.83	150m:	1:43.23	38.42	250m:	2:59.18	38.56
100m:	1:04.81	34.98	200m:	2:20.62	37.39	300m:	3:37.96	38.78
350m:			400m:			4:11.83	33.87	
2. ADAMCZYK PATRYK	97	MKP Szczecin	<b>4:55.48</b>	561	1:04.66	1:20.13	1:24.30	1:06.39
50m:	28.68	28.68	150m:	1:45.55	40.89	250m:	3:06.97	42.18
100m:	1:04.66	35.98	200m:	2:24.79	39.24	300m:	3:49.09	42.12
350m:			400m:			4:23.18	34.09	
3. WŁODARCZYK STANISŁA97		MKP Szczecin	<b>5:03.06</b>	520	1:06.52	1:24.16	1:24.89	1:07.49
50m:	30.05	30.05	150m:	1:49.42	42.90	250m:	3:12.40	41.72
100m:	1:06.52	36.47	200m:	2:30.68	41.26	300m:	3:55.57	43.17
350m:			400m:			4:30.83	35.26	
4. NERVIL KISTORP Jonas	97	Langby Swimming Club	<b>5:10.21</b>	485	1:04.69	1:22.01	1:35.21	1:08.30
50m:	29.33	29.33	150m:	1:46.32	41.63	250m:	3:14.10	47.40
100m:	1:04.69	35.36	200m:	2:26.70	40.38	300m:	4:01.91	47.81
350m:			400m:			4:35.97	34.06	
5. KWIATKOWSKI Krzysztof	97	MTKP Delfin Toru	<b>5:12.71</b>	474	1:06.60	1:21.23	1:33.08	1:11.80
50m:	30.71	30.71	150m:	1:47.47	40.87	250m:	3:13.52	45.69
100m:	1:06.60	35.89	200m:	2:27.83	40.36	300m:	4:00.91	47.39
350m:			400m:			4:37.91	37.00	
6. MATHIASSEN Laurits	97	Langby Swimming Club	<b>5:30.52</b>	401	1:11.15	1:21.16	1:39.91	1:18.30
50m:	31.77	31.77	150m:	1:52.26	41.11	250m:	3:21.95	49.64
100m:	1:11.15	39.38	200m:	2:32.31	40.05	300m:	4:12.22	50.27
350m:			400m:			4:51.93	39.71	
400m:						5:30.52	38.59	

13 - 14 lat

1. KRAKOWIAK Waldemar	98	UKS Cityzen Pozna	<b>5:02.02</b>	526	1:09.09	1:16.96	1:25.12	1:10.85
50m:	31.16	31.16	150m:	1:47.35	38.26	250m:	3:08.40	42.35
100m:	1:09.09	37.93	200m:	2:26.05	38.70	300m:	3:51.17	42.77
350m:			400m:			4:27.07	35.90	
2. JAGODZI SKI OSKAR	98	MUKS Pi tnastka Bydgoszcz	<b>5:19.25</b>	445	1:07.13	1:22.74	1:32.75	1:16.63
50m:	30.92	30.92	150m:	1:49.51	42.38	250m:	3:16.42	46.55
100m:	1:07.13	36.21	200m:	2:29.87	40.36	300m:	4:02.62	46.20
350m:			400m:			4:41.32	38.70	
3. KAAS ELMGREEN Andrea99		Langby Swimming Club	<b>5:27.21</b>	413	1:14.69	1:22.31	1:33.35	1:16.86
50m:	33.89	33.89	150m:	1:55.95	41.26	250m:	3:23.17	46.17
100m:	1:14.69	40.80	200m:	2:37.00	41.05	300m:	4:10.35	47.18
350m:			400m:			4:48.75	38.40	
4. KRUKOWSKI DOMINIK	98	MUKS Pi tnastka Bydgoszcz	<b>5:35.59</b>	383	1:13.92	1:27.44	1:37.67	1:16.56
50m:	33.78	33.78	150m:	1:58.21	44.29	250m:	3:29.82	48.46
100m:	1:13.92	40.14	200m:	2:41.36	43.15	300m:	4:19.03	49.21
350m:			400m:			4:58.03	39.00	
5. STRUK OSKAR	99	MKP Szczecin	<b>5:58.72</b>	314	1:15.36	1:34.54	1:52.97	1:15.85
50m:	33.48	33.48	150m:	2:04.48	49.12	250m:	3:45.49	55.59
100m:	1:15.36	41.88	200m:	2:49.90	45.42	300m:	4:42.87	57.38
350m:			400m:			5:21.00	38.13	
400m:						5:58.72	37.72	