

Mistrzostwa Polski 14 lat
Szczecin, 6- - 8-7-2012

Konkurencja 19
2012-07-07 - 9:48

Dziewcz t, 400m dowolny

14 lat
Wyniki Eliminacje

Top Times "Poland" 4:16.54 KILIJA SKA Donata 00612 Tampere (FIN) 2009-07-20

Punkty: FINA 2012

Pozycja			Rok ur.					Czas	Pkt.	
1.	KOTOWICZ Anna		98	MOS Ełk				4:43.56	599	A
	50m:	31.86 31.86	150m:	1:43.04	36.28	250m:	2:55.39	36.34	350m:	4:08.70 36.93
	100m:	1:06.76 34.90	200m:	2:19.05	36.01	300m:	3:31.77	36.38	400m:	4:43.56 34.86
2.	JANKOWSKA Klaudia		98	Gim 92 Ursynów				4:44.63	593	A
	50m:	31.31 31.31	150m:	1:43.85	36.99	250m:	2:57.04	36.21	350m:	4:10.13 36.74
	100m:	1:06.86 35.55	200m:	2:20.83	36.98	300m:	3:33.39	36.35	400m:	4:44.63 34.50
3.	POKRYWKA KAROLINA		98	190 Łód				4:46.74	580	A
	50m:	33.84 33.84	150m:	1:44.44	35.78	250m:	2:57.48	36.64	350m:	4:10.93 36.70
	100m:	1:08.66 34.82	200m:	2:20.84	36.40	300m:	3:34.23	36.75	400m:	4:46.74 35.81
	GRUSZCZY SKA Aleksandra SO		98	UNIA O wi cim				4:46.74	580	A
	50m:	32.24 32.24	150m:	1:43.44	35.95	250m:	2:56.73	36.41	350m:	4:10.73 37.02
	100m:	1:07.49 35.25	200m:	2:20.32	36.88	300m:	3:33.71	36.98	400m:	4:46.74 36.01
5.	POPIEL Magdalena		98	Juvenia Białystok				4:46.86	579	A
	50m:	31.92 31.92	150m:	1:44.06	36.59	250m:	2:58.33	37.12	350m:	4:12.19 36.41
	100m:	1:07.47 35.55	200m:	2:21.21	37.15	300m:	3:35.78	37.45	400m:	4:46.86 34.67
6.	WIECZOREK Magdalena		98	Fala Kra nik				4:46.95	578	A
	50m:	32.23 32.23	150m:	1:44.14	36.53	250m:	2:58.45	36.89	350m:	4:12.16 36.31
	100m:	1:07.61 35.38	200m:	2:21.56	37.42	300m:	3:35.85	37.40	400m:	4:46.95 34.79
7.	MYCAK Katarzyna SO		98	Zryw Opole				4:48.24	571	A
	50m:	32.35 32.35	150m:	1:44.42	36.54	250m:	2:58.87	37.29	350m:	4:12.75 36.29
	100m:	1:07.88 35.53	200m:	2:21.58	37.16	300m:	3:36.46	37.59	400m:	4:48.24 35.49
8.	WOJCIECHOWSKA Joanna		98	LUKS Orlik Lublin				4:48.37	570	A
	50m:	31.57 31.57	150m:	1:43.55	36.80	250m:	2:57.68	36.82	350m:	4:12.01 37.31
	100m:	1:06.75 35.18	200m:	2:20.86	37.31	300m:	3:34.70	37.02	400m:	4:48.37 36.36
9.	OLSZEWSKA Nikola		98	MTS Kwidzyn				4:49.15	565	A
	50m:	32.26 32.26	150m:	1:45.30	36.79	250m:	2:59.87	37.34	350m:	4:13.62 36.53
	100m:	1:08.51 36.25	200m:	2:22.53	37.23	300m:	3:37.09	37.22	400m:	4:49.15 35.53
10.	JAROCHA Wiktoria		98	KSZO Ostrowiec w.				4:49.54	563	A
	50m:	33.59 33.59	150m:	1:47.39	37.16	250m:	3:01.11	36.34	350m:	4:14.37 36.43
	100m:	1:10.23 36.64	200m:	2:24.77	37.38	300m:	3:37.94	36.83	400m:	4:49.54 35.17
11.	LEWANDOWSKA Aleksandra		98	MKP Szczecin				4:49.79	562	B
	50m:	32.60 32.60	150m:	1:44.81	36.32	250m:	2:59.58	37.42	350m:	4:14.51 37.26
	100m:	1:08.49 35.89	200m:	2:22.16	37.35	300m:	3:37.25	37.67	400m:	4:49.79 35.28
12.	PANKOWSKA Wiktoria		98	CKiS Skawina				4:49.81	561	B
	50m:	32.26 32.26	150m:	1:45.48	37.20	250m:	3:00.07	37.05	350m:	4:14.14 37.07
	100m:	1:08.28 36.02	200m:	2:23.02	37.54	300m:	3:37.07	37.00	400m:	4:49.81 35.67
13.	BARWICKA Aleksandra		98	Olimpijczyk Suwałki				4:52.77	545	B
	50m:	31.23 31.23	150m:	1:45.66	37.65	250m:	3:01.91	37.78	350m:	4:17.62 37.26
	100m:	1:08.01 36.78	200m:	2:24.13	38.47	300m:	3:40.36	38.45	400m:	4:52.77 35.15
14.	NOWAK Weronika		98	Jordan Kraków				4:52.84	544	B
	50m:	33.66 33.66	150m:	1:47.10	37.18	250m:	3:01.99	37.58	350m:	4:17.02 37.55
	100m:	1:09.92 36.26	200m:	2:24.41	37.31	300m:	3:39.47	37.48	400m:	4:52.84 35.82
15.	WARDZI SKA Martyna		98	Start Łód				4:54.20	537	B
	50m:	34.16 34.16	150m:	1:48.88	37.34	250m:	3:03.23	36.98	350m:	4:18.12 36.97
	100m:	1:11.54 37.38	200m:	2:26.25	37.37	300m:	3:41.15	37.92	400m:	4:54.20 36.08
16.	MACHULA Sara		98	KSZO Ostrowiec w.				4:55.26	531	B
	50m:	33.91 33.91	150m:	1:49.87	38.40	250m:	3:05.15	37.23	350m:	4:19.28 36.86
	100m:	1:11.47 37.56	200m:	2:27.92	38.05	300m:	3:42.42	37.27	400m:	4:55.26 35.98
17.	WOSICKA Wiktoria		98	MKP Szczecin				4:55.49	530	B
	50m:	32.29 32.29	150m:	1:46.92	38.00	250m:	3:03.18	37.78	350m:	4:19.64 37.67
	100m:	1:08.92 36.63	200m:	2:25.40	38.48	300m:	3:41.97	38.79	400m:	4:55.49 35.85

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Konkurencja 19, Dziewcz t, 400m dowolny, Eliminacje, 14 lat

Pozycja			Rok ur.					Czas	Pkt.	
18.	KOWALIK Natalia		98	Znicz Koszalin				4:56.89	522	B
	50m:	33.30 33.30	150m:	1:47.50	37.88	250m:	3:03.25	38.00	350m:	4:19.48 38.11
	100m:	1:09.62 36.32	200m:	2:25.25	37.75	300m:	3:41.37	38.12	400m:	4:56.89 37.41
19.	KASPROWICZ AGATA		98	AZS-WSG-Astoria Bydgoszcz				4:57.01	522	B
	50m:	32.80 32.80	150m:	1:48.18	38.23	250m:	3:05.98	38.87	350m:	4:23.87 38.71
	100m:	1:09.95 37.15	200m:	2:27.11	38.93	300m:	3:45.16	39.18	400m:	4:57.01 33.14
	GAWLICKA Maja		98	KORNER Zielona Góra				4:57.01	522	B
	50m:	33.46 33.46	150m:	1:47.62	37.49	250m:	3:02.90	37.94	350m:	4:21.17 39.06
	100m:	1:10.13 36.67	200m:	2:24.96	37.34	300m:	3:42.11	39.21	400m:	4:57.01 35.84
21.	WO NIAK Weronika		98	9 Kalisz				4:57.24	520	R
	50m:	31.32 31.32	150m:	1:44.27	37.65	250m:	3:01.39	38.78	350m:	4:20.06 39.14
	100m:	1:06.62 35.30	200m:	2:22.61	38.34	300m:	3:40.92	39.53	400m:	4:57.24 37.18
22.	MAZUR Maja		98	SALOS CORTILE Kielce				4:57.40	519	R
	50m:	33.64 33.64	150m:	1:47.96	37.86	250m:	3:03.81	37.46	350m:	4:20.18 38.08
	100m:	1:10.10 36.46	200m:	2:26.35	38.39	300m:	3:42.10	38.29	400m:	4:57.40 37.22
23.	MESJASZ Julia		98	Meduza Paj czno				4:58.26	515	
	50m:	33.77 33.77	150m:	1:49.25	38.11	250m:	3:04.77	37.12	350m:	4:21.41 37.97
	100m:	1:11.14 37.37	200m:	2:27.65	38.40	300m:	3:43.44	38.67	400m:	4:58.26 36.85
24.	JERUZAL Jowita		98	Start Łód				4:58.28	515	
	50m:	32.80 32.80	150m:	1:46.60	37.88	250m:	3:03.88	39.03	350m:	4:21.00 38.25
	100m:	1:08.72 35.92	200m:	2:24.85	38.25	300m:	3:42.75	38.87	400m:	4:58.28 37.28
25.	WLEZIE GABRIELA		98	AZS AWF Wrocław				5:00.49	504	
	50m:	32.74 32.74	150m:	1:47.50	37.62	250m:	3:05.11	38.91	350m:	4:22.72 38.19
	100m:	1:09.88 37.14	200m:	2:26.20	38.70	300m:	3:44.53	39.42	400m:	5:00.49 37.77
26.	ZIELENIEWICZ Paula		98	Jedynka Łód				5:00.88	502	
	50m:	32.94 32.94	150m:	1:49.70	38.50	250m:	3:07.92	39.11	350m:	4:25.22 38.21
	100m:	1:11.20 38.26	200m:	2:28.81	39.11	300m:	3:47.01	39.09	400m:	5:00.88 35.66
27.	KORAL Julia		98	H2O Jastrz bie-Zdrój				5:01.14	500	
	50m:	33.79 33.79	150m:	1:50.41	38.63	250m:	3:07.98	38.56	350m:	4:24.75 38.32
	100m:	1:11.78 37.99	200m:	2:29.42	39.01	300m:	3:46.43	38.45	400m:	5:01.14 36.39
28.	OLEBA Małgorzata		98	MKP Szczecin				5:01.23	500	
	50m:	33.83 33.83	150m:	1:49.62	38.07	250m:	3:06.65	38.23	350m:	4:23.89 38.49
	100m:	1:11.55 37.72	200m:	2:28.42	38.80	300m:	3:45.40	38.75	400m:	5:01.23 37.34
29.	GOLE Martyna		98	Fala Kra nik				5:01.68	498	
	50m:	33.65 33.65	150m:	1:50.06	38.97	250m:	3:08.32	39.26	350m:	4:25.20 37.88
	100m:	1:11.09 37.44	200m:	2:29.06	39.00	300m:	3:47.32	39.00	400m:	5:01.68 36.48
30.	KOZIK Anna		98	Fala Niepołomice				5:01.76	497	
	50m:	33.84 33.84	150m:	1:50.37	38.52	250m:	3:07.65	38.53	350m:	4:25.12 38.98
	100m:	1:11.85 38.01	200m:	2:29.12	38.75	300m:	3:46.14	38.49	400m:	5:01.76 36.64
31.	KRÓLEWICZ Konstancja		98	Ikar Mielec				5:02.40	494	
	50m:	33.61 33.61	150m:	1:50.32	39.11	250m:	3:08.39	38.95	350m:	4:25.62 38.03
	100m:	1:11.21 37.60	200m:	2:29.44	39.12	300m:	3:47.59	39.20	400m:	5:02.40 36.78
32.	TRZCI SKA Gabriela		98	Słowianka Gorzów Wlkp.				5:03.24	490	
	50m:	33.60 33.60	150m:	1:50.62	39.19	250m:	3:08.66	38.55	350m:	4:26.39 38.55
	100m:	1:11.43 37.83	200m:	2:30.11	39.49	300m:	3:47.84	39.18	400m:	5:03.24 36.85
33.	BRODOWSKA Aleksandra		98	Olimpijczyk Suwałki				5:03.93	487	
	50m:	33.74 33.74	150m:	1:50.59	38.83	250m:	3:08.06	38.43	350m:	4:26.40 38.47
	100m:	1:11.76 38.02	200m:	2:29.63	39.04	300m:	3:47.93	39.87	400m:	5:03.93 37.53
34.	YOKOKURA Mairi		98	Posnania Pozna				5:04.84	482	
	50m:	32.81 32.81	150m:	1:48.58	38.82	250m:	3:08.53	40.08	350m:	4:27.24 38.46
	100m:	1:09.76 36.95	200m:	2:28.45	39.87	300m:	3:48.78	40.25	400m:	5:04.84 37.60
35.	MIERZEJEWSKA Wiktoria		98	KS1 O arów Mazowiecki				5:04.96	482	
	50m:	34.48 34.48	150m:	1:50.77	38.62	250m:	3:08.38	38.87	350m:	4:26.86 39.37
	100m:	1:12.15 37.67	200m:	2:29.51	38.74	300m:	3:47.49	39.11	400m:	5:04.96 38.10

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Pozycja			Rok ur.					Czas	Pkt.
36.	MICHAŁOWSKA Olga	98	Skarpa Lublin					5:05.20	481
	50m: 34.84 34.84	150m: 1:53.54	39.42	250m: 3:12.78	39.86	350m: 4:28.91	36.96		
	100m: 1:14.12 39.28	200m: 2:32.92	39.38	300m: 3:51.95	39.17	400m: 5:05.20	36.29		
37.	KRZY AN MARIA	98	Warta Pozna					5:05.93	477
	50m: 34.97 34.97	150m: 1:53.07	39.38	250m: 3:11.32	39.13	350m: 4:28.70	38.60		
	100m: 1:13.69 38.72	200m: 2:32.19	39.12	300m: 3:50.10	38.78	400m: 5:05.93	37.23		
38.	SROCZY SKA Paula	98	Bobry D bica					5:06.55	474
	50m: 33.65 33.65	150m: 1:51.14	39.47	250m: 3:10.53	39.46	350m: 4:29.81	39.23		
	100m: 1:11.67 38.02	200m: 2:31.07	39.93	300m: 3:50.58	40.05	400m: 5:06.55	36.74		
39.	RABCZY SKA Marta	98	AVIA widnik					5:06.95	472
	50m: 34.54 34.54	150m: 1:53.36	39.33	250m: 3:12.74	39.49	350m: 4:30.16	37.74		
	100m: 1:14.03 39.49	200m: 2:33.25	39.89	300m: 3:52.42	39.68	400m: 5:06.95	36.79		
40.	DYKIJ DOMINIKA	98	lask Wroclaw					5:07.02	472
	50m: 34.51 34.51	150m: 1:52.15	39.20	250m: 3:11.43	39.99	350m: 4:29.36	38.81		
	100m: 1:12.95 38.44	200m: 2:31.44	39.29	300m: 3:50.55	39.12	400m: 5:07.02	37.66		
41.	SOFI SKA Martyna SO	98	MMKS K dzierzyn Ko le					5:07.31	471
	50m: 34.71 34.71	150m: 1:53.58	40.03	250m: 3:13.22	39.79	350m: 4:30.87	38.28		
	100m: 1:13.55 38.84	200m: 2:33.43	39.85	300m: 3:52.59	39.37	400m: 5:07.31	36.44		
42.	GIERCZAK ANNA	98	190 Łód					5:07.37	471
	50m: 34.94 34.94	150m: 1:53.04	39.22	250m: 3:10.69	38.33	350m: 4:29.10	39.02		
	100m: 1:13.82 38.88	200m: 2:32.36	39.32	300m: 3:50.08	39.39	400m: 5:07.37	38.27		
43.	DZIUBLI SKA Maja	98	Szczygłowice Knurów					5:07.53	470
	50m: 32.91 32.91	150m: 1:49.21	39.06	250m: 3:08.84	39.91	350m: 4:28.29	40.18		
	100m: 1:10.15 37.24	200m: 2:28.93	39.72	300m: 3:48.11	39.27	400m: 5:07.53	39.24		
44.	KAJKO PAULA	98	Pi tnastka Bydgoszcz					5:08.00	468
	50m: 34.05 34.05	150m: 1:53.59	40.45	250m: 3:14.17	39.91	350m: 4:33.95	39.25		
	100m: 1:13.14 39.09	200m: 2:34.26	40.67	300m: 3:54.70	40.53	400m: 5:08.00	34.05		
45.	VAN DOORNE Gabriela	98	Słowianka Gorzów Wlkp.					5:08.82	464
	50m: 33.60 33.60	150m: 1:50.14	39.22	250m: 3:10.06	40.32	350m: 4:30.68	1:56.59		
	100m: 1:10.92 37.32	200m: 2:29.74	39.60	300m: 2:34.09		400m: 5:08.82	38.14		
46.	PIWKO DOMINIKA	98	Pi tnastka Bydgoszcz					5:09.24	462
	50m: 34.74 34.74	150m: 1:52.93	39.68	250m: 3:12.93	40.06	350m: 4:31.51	38.74		
	100m: 1:13.25 38.51	200m: 2:32.87	39.94	300m: 3:52.77	39.84	400m: 5:09.24	37.73		
47.	TEUL Patrycja	98	Jordan Kraków					5:10.00	459
	50m: 34.37 34.37	150m: 1:54.49	40.68	250m: 3:16.98	41.88	350m: 4:33.76	36.59		
	100m: 1:13.81 39.44	200m: 2:35.10	40.61	300m: 3:57.17	40.19	400m: 5:10.00	36.24		
48.	ŁUKASZEWICZ Nikola	98	Neptun Stargard					5:10.04	458
	50m: 33.97 33.97	150m: 1:52.11	39.83	250m: 3:12.51	40.39	350m: 4:32.93	39.76		
	100m: 1:12.28 38.31	200m: 2:32.12	40.01	300m: 3:53.17	40.66	400m: 5:10.04	37.11		
49.	GOMOŁA MONIKA	98	Warta Pozna					5:11.59	452
	50m: 34.96 34.96	150m: 1:53.37	39.65	250m: 3:13.35	39.94	350m: 4:33.08	39.78		
	100m: 1:13.72 38.76	200m: 2:33.41	40.04	300m: 3:53.30	39.95	400m: 5:11.59	38.51		
50.	GOSZTYŁA Antonina	98	oliborz Warszawa					5:12.58	447
	50m: 33.27 33.27	150m: 1:48.68	38.93	250m: 3:10.13	40.32	350m: 4:32.76	41.29		
	100m: 1:09.75 36.48	200m: 2:29.81	41.13	300m: 3:51.47	41.34	400m: 5:12.58	39.82		
51.	PRZYBYSZ Karolina	98	Pirania Targówek					5:14.10	441
	50m: 36.06 36.06	150m: 1:55.72	39.83	250m: 3:16.06	40.42	350m: 4:36.09	39.57		
	100m: 1:15.89 39.83	200m: 2:35.64	39.92	300m: 3:56.52	40.46	400m: 5:14.10	38.01		
52.	RYZINSKA Daria	98	Ros Pisz					5:16.49	431
	50m: 35.50 35.50	150m: 1:55.10	40.26	250m: 3:16.56	40.24	350m: 4:38.12	40.48		
	100m: 1:14.84 39.34	200m: 2:36.32	41.22	300m: 3:57.64	41.08	400m: 5:16.49	38.37		
53.	ZDUNIAK Katarzyna	98	G - 8 Bielany					5:20.17	416
	50m: 33.18 33.18	150m: 1:52.60	40.81	250m: 3:17.17	42.21	350m: 4:41.73	42.18		
	100m: 1:11.79 38.61	200m: 2:34.96	42.36	300m: 3:59.55	42.38	400m: 5:20.17	38.44		

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Pozycja				Rok ur.					Czas	Pkt.		
54.	PAWLICKA Józefina			98	MKP Szczecin				5:20.87	414		
	50m:	33.75	33.75	150m:	1:52.80	40.13	250m:	3:16.15	42.14	350m:	4:39.49	41.40
	100m:	1:12.67	38.92	200m:	2:34.01	41.21	300m:	3:58.09	41.94	400m:	5:20.87	41.38
55.	JAMRO Y Kinga			98	Jordan Kraków				5:23.62	403		
	50m:	35.50	35.50	150m:	1:58.00	42.34	250m:	3:23.06	42.78	350m:	4:46.67	41.03
	100m:	1:15.66	40.16	200m:	2:40.28	42.28	300m:	4:05.64	42.58	400m:	5:23.62	36.95
56.	KONDRASIUK Małgorzata			98	Gim 92 Ursynów				5:25.28	397		
	50m:	34.39	34.39	150m:	1:54.66	41.02	250m:	3:18.82	42.57	350m:	4:44.67	43.08
	100m:	1:13.64	39.25	200m:	2:36.25	41.59	300m:	4:01.59	42.77	400m:	5:25.28	40.61
57.	GRABEK Anna Maria			98	Olimpijczyk Suwałki				5:29.80	381		
	50m:	34.86	34.86	150m:	1:55.52	41.57	250m:	3:23.25	45.10	350m:	4:49.27	43.21
	100m:	1:13.95	39.09	200m:	2:38.15	42.63	300m:	4:06.06	42.81	400m:	5:29.80	40.53
58.	WO NIAK Karina			98	MKP Szczecin				5:33.76	367		
	50m:	36.58	36.58	150m:	2:01.53	43.38	250m:	3:28.33	43.56	350m:	4:52.82	42.19
	100m:	1:18.15	41.57	200m:	2:44.77	43.24	300m:	4:10.63	42.30	400m:	5:33.76	40.94
59.	ZIÓŁKOWSKA Daria			98	DELFIN Toru				5:41.44	343		
	50m:	37.68	37.68	150m:	2:02.79	43.62	250m:	3:30.59	44.05	350m:	4:59.53	44.30
	100m:	1:19.17	41.49	200m:	2:46.54	43.75	300m:	4:15.23	44.64	400m:	5:41.44	41.91