

Mistrzostwa Polski 14 lat
Szczecin, 6- - 8-7-2012

Konkurencja 19
2012-07-07 - 17:52

Dziewcz t, 400m dowolny

14 lat
Wyniki Finał

Top Times "Poland" 4:16.54 KILIJA SKA Donata 00612 Tampere (FIN) 2009-07-20

Punkty: FINA 2012

Pozycja			Rok ur.					Czas	Pkt.
Finał A									
1.	KOTOWICZ Anna		98	MOS Ełk			4:37.97	636	
	50m: 31.28 31.28	150m: 1:41.48 35.67		250m: 2:53.16 36.09		350m: 4:04.28 35.51			
	100m: 1:05.81 34.53	200m: 2:17.07 35.59		300m: 3:28.77 35.61		400m: 4:37.97 33.69			
2.	POKRYWKA KAROLINA		98	190 Łód			4:38.61	632	
	50m: 31.37 31.37	150m: 1:41.67 35.70		250m: 2:53.23 35.94		350m: 4:04.68 35.30			
	100m: 1:05.97 34.60	200m: 2:17.29 35.62		300m: 3:29.38 36.15		400m: 4:38.61 33.93			
3.	JANKOWSKA Klaudia		98	Gim 92 Ursynów			4:43.22	602	
	50m: 31.33 31.33	150m: 1:42.18 36.03		250m: 2:55.30 37.02		350m: 4:09.57 37.62			
	100m: 1:06.15 34.82	200m: 2:18.28 36.10		300m: 3:31.95 36.65		400m: 4:43.22 33.65			
4.	WIECZOREK Magdalena		98	Fala Kra nik			4:43.47	600	
	50m: 32.05 32.05	150m: 1:43.25 36.12		250m: 2:56.37 36.45		350m: 4:09.10 35.83			
	100m: 1:07.13 35.08	200m: 2:19.92 36.67		300m: 3:33.27 36.90		400m: 4:43.47 34.37			
5.	JAROCHA Wiktoria		98	KSZO Ostrowiec w.			4:44.90	591	
	50m: 32.90 32.90	150m: 1:45.12 36.08		250m: 2:57.11 35.84		350m: 4:09.80 35.90			
	100m: 1:09.04 36.14	200m: 2:21.27 36.15		300m: 3:33.90 36.79		400m: 4:44.90 35.10			
6.	MYCAK Katarzyna SO		98	Zryw Opole			4:45.53	587	
	50m: 31.46 31.46	150m: 1:43.42 36.02		250m: 2:57.48 36.91		350m: 4:10.71 35.96			
	100m: 1:07.40 35.94	200m: 2:20.57 37.15		300m: 3:34.75 37.27		400m: 4:45.53 34.82			
7.	POPIEL Magdalena		98	Juvenia Białystok			4:45.88	585	
	50m: 31.79 31.79	150m: 1:44.18 36.76		250m: 2:58.27 37.03		350m: 4:12.03 36.59			
	100m: 1:07.42 35.63	200m: 2:21.24 37.06		300m: 3:35.44 37.17		400m: 4:45.88 33.85			
8.	WOJCIECHOWSKA Joanna		98	LUKS Orlik Lublin			4:47.74	574	
	50m: 32.42 32.42	150m: 1:43.31 36.03		250m: 2:56.35 36.45		350m: 4:11.45 37.84			
	100m: 1:07.28 34.86	200m: 2:19.90 36.59		300m: 3:33.61 37.26		400m: 4:47.74 36.29			
9.	GRUSZCZY SKA Aleksandra SO		98	UNIA O wi cim			4:48.67	568	
	50m: 32.28 32.28	150m: 1:43.97 36.31		250m: 2:58.44 37.15		350m: 4:12.75 37.03			
	100m: 1:07.66 35.38	200m: 2:21.29 37.32		300m: 3:35.72 37.28		400m: 4:48.67 35.92			
10.	OLSZEWSKA Nikola		98	MTS Kwidzyn			4:49.52	563	
	50m: 31.97 31.97	150m: 1:44.81 36.81		250m: 2:59.43 37.32		350m: 4:13.55 36.51			
	100m: 1:08.00 36.03	200m: 2:22.11 37.30		300m: 3:37.04 37.61		400m: 4:49.52 35.97			
Finał B									
11.	MAZUR Maja		98	SALOS CORTILE Kielce			4:47.19	577	
	50m: 32.69 32.69	150m: 1:45.46 36.61		250m: 2:58.83 36.83		350m: 4:11.57 35.70			
	100m: 1:08.85 36.16	200m: 2:22.00 36.54		300m: 3:35.87 37.04		400m: 4:47.19 35.62			
12.	PANKOWSKA Wiktoria		98	CKiS Skawina			4:48.33	570	
	50m: 32.28 32.28	150m: 1:45.30 37.02		250m: 2:59.72 37.23		350m: 4:13.48 36.14			
	100m: 1:08.28 36.00	200m: 2:22.49 37.19		300m: 3:37.34 37.62		400m: 4:48.33 34.85			
13.	NOWAK Weronika		98	Jordan Kraków			4:48.53	569	
	50m: 32.64 32.64	150m: 1:44.81 36.73		250m: 2:59.21 37.26		350m: 4:13.26 36.60			
	100m: 1:08.08 35.44	200m: 2:21.95 37.14		300m: 3:36.66 37.45		400m: 4:48.53 35.27			
14.	BARWICKA Aleksandra		98	Olimpijczyk Suwałki			4:49.19	565	
	50m: 31.92 31.92	150m: 1:45.48 37.39		250m: 3:00.31 37.59		350m: 4:14.58 36.78			
	100m: 1:08.09 36.17	200m: 2:22.72 37.24		300m: 3:37.80 37.49		400m: 4:49.19 34.61			
15.	MACHULA Sara		98	KSZO Ostrowiec w.			4:50.56	557	
	50m: 32.98 32.98	150m: 1:45.65 36.75		250m: 3:00.15 37.18		350m: 4:13.97 36.73			
	100m: 1:08.90 35.92	200m: 2:22.97 37.32		300m: 3:37.24 37.09		400m: 4:50.56 36.59			
16.	WARDZI SKA Martyna		98	Start Łód			4:54.16	537	
	50m: 33.03 33.03	150m: 1:47.37 37.99		250m: 3:03.23 37.78		350m: 4:18.18 37.10			
	100m: 1:09.38 36.35	200m: 2:25.45 38.08		300m: 3:41.08 37.85		400m: 4:54.16 35.98			

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Pozycja				Rok ur.					Czas	Pkt.	
17.	KOWALIK	Natalia		98	Znicz	Koszalin			4:58.14	516	
	50m:	33.12	33.12	150m:	1:47.13	37.76	250m:	3:03.44	38.24	350m: 4:20.57	38.48
	100m:	1:09.37	36.25	200m:	2:25.20	38.07	300m:	3:42.09	38.65	400m: 4:58.14	37.57
18.	WO NIAK	Weronika		98	9	Kalisz			4:59.05	511	
	50m:	32.19	32.19	150m:	1:47.03	38.18	250m:	3:05.67	39.21	350m: 4:22.50	37.75
	100m:	1:08.85	36.66	200m:	2:26.46	39.43	300m:	3:44.75	39.08	400m: 4:59.05	36.55
19.	JERUZAL	Jowita		98	Start	Łód			4:59.15	510	
	50m:	33.10	33.10	150m:	1:48.00	38.47	250m:	3:04.77	38.55	350m: 4:21.92	38.56
	100m:	1:09.53	36.43	200m:	2:26.22	38.22	300m:	3:43.36	38.59	400m: 4:59.15	37.23
20.	MESJASZ	Julia		98	Meduza	Paj czno			4:59.55	508	
	50m:	33.40	33.40	150m:	1:49.15	38.41	250m:	3:06.80	38.35	350m: 4:23.18	37.63
	100m:	1:10.74	37.34	200m:	2:28.45	39.30	300m:	3:45.55	38.75	400m: 4:59.55	36.37