

Mistrzostwa Polski 14 lat  
Szczecin, 6- - 8-7-2012

Event 19  
2012-07-07 - 17:52

Girls, 400m Freestyle

14 years  
Results Finals

Top Times "Poland" 4:16.54 KILIJA SKA Donata 00612 Tampere (FIN) 2009-07-20

Points: FINA 2012

Rank			YB							Time	Pts
<b>Final A</b>											
1.	KOTOWICZ Anna		98	MOS Elk						<b>4:37.97</b>	636
	50m:	31.28 31.28	150m:	1:41.48	35.67	250m:	2:53.16	36.09	350m:	4:04.28	35.51
	100m:	1:05.81 34.53	200m:	2:17.07	35.59	300m:	3:28.77	35.61	400m:	4:37.97	33.69
2.	POKRYWKA KAROLINA		98	190 Lodz						<b>4:38.61</b>	632
	50m:	31.37 31.37	150m:	1:41.67	35.70	250m:	2:53.23	35.94	350m:	4:04.68	35.30
	100m:	1:05.97 34.60	200m:	2:17.29	35.62	300m:	3:29.38	36.15	400m:	4:38.61	33.93
3.	JANKOWSKA Klaudia		98	Gim 92 Ursynow						<b>4:43.22</b>	602
	50m:	31.33 31.33	150m:	1:42.18	36.03	250m:	2:55.30	37.02	350m:	4:09.57	37.62
	100m:	1:06.15 34.82	200m:	2:18.28	36.10	300m:	3:31.95	36.65	400m:	4:43.22	33.65
4.	WIECZOREK Magdalena		98	Fala Krasnik						<b>4:43.47</b>	600
	50m:	32.05 32.05	150m:	1:43.25	36.12	250m:	2:56.37	36.45	350m:	4:09.10	35.83
	100m:	1:07.13 35.08	200m:	2:19.92	36.67	300m:	3:33.27	36.90	400m:	4:43.47	34.37
5.	JAROCHA Wiktoria		98	KSZO Ostrowiec Sw.						<b>4:44.90</b>	591
	50m:	32.90 32.90	150m:	1:45.12	36.08	250m:	2:57.11	35.84	350m:	4:09.80	35.90
	100m:	1:09.04 36.14	200m:	2:21.27	36.15	300m:	3:33.90	36.79	400m:	4:44.90	35.10
6.	MYCAK Katarzyna SO		98	Zryw Opole						<b>4:45.53</b>	587
	50m:	31.46 31.46	150m:	1:43.42	36.02	250m:	2:57.48	36.91	350m:	4:10.71	35.96
	100m:	1:07.40 35.94	200m:	2:20.57	37.15	300m:	3:34.75	37.27	400m:	4:45.53	34.82
7.	POPIEL Magdalena		98	Juwenia Bialystok						<b>4:45.88</b>	585
	50m:	31.79 31.79	150m:	1:44.18	36.76	250m:	2:58.27	37.03	350m:	4:12.03	36.59
	100m:	1:07.42 35.63	200m:	2:21.24	37.06	300m:	3:35.44	37.17	400m:	4:45.88	33.85
8.	WOJCIECHOWSKA Joanna		98	LUKS Orlik Lublin						<b>4:47.74</b>	574
	50m:	32.42 32.42	150m:	1:43.31	36.03	250m:	2:56.35	36.45	350m:	4:11.45	37.84
	100m:	1:07.28 34.86	200m:	2:19.90	36.59	300m:	3:33.61	37.26	400m:	4:47.74	36.29
9.	GRUSZCZYNSKA Aleksandra SO		98	UNIA Oswiecim						<b>4:48.67</b>	568
	50m:	32.28 32.28	150m:	1:43.97	36.31	250m:	2:58.44	37.15	350m:	4:12.75	37.03
	100m:	1:07.66 35.38	200m:	2:21.29	37.32	300m:	3:35.72	37.28	400m:	4:48.67	35.92
10.	OLSZEWSKA Nikola		98	MTS Kwidzyn						<b>4:49.52</b>	563
	50m:	31.97 31.97	150m:	1:44.81	36.81	250m:	2:59.43	37.32	350m:	4:13.55	36.51
	100m:	1:08.00 36.03	200m:	2:22.11	37.30	300m:	3:37.04	37.61	400m:	4:49.52	35.97
<b>Final B</b>											
11.	MAZUR Maja		98	SALOS CORTILE Kielce						<b>4:47.19</b>	577
	50m:	32.69 32.69	150m:	1:45.46	36.61	250m:	2:58.83	36.83	350m:	4:11.57	35.70
	100m:	1:08.85 36.16	200m:	2:22.00	36.54	300m:	3:35.87	37.04	400m:	4:47.19	35.62
12.	PANKOWSKA Wiktoria		98	CKiS Skawina						<b>4:48.33</b>	570
	50m:	32.28 32.28	150m:	1:45.30	37.02	250m:	2:59.72	37.23	350m:	4:13.48	36.14
	100m:	1:08.28 36.00	200m:	2:22.49	37.19	300m:	3:37.34	37.62	400m:	4:48.33	34.85
13.	NOWAK Weronika		98	Jordan Krakow						<b>4:48.53</b>	569
	50m:	32.64 32.64	150m:	1:44.81	36.73	250m:	2:59.21	37.26	350m:	4:13.26	36.60
	100m:	1:08.08 35.44	200m:	2:21.95	37.14	300m:	3:36.66	37.45	400m:	4:48.53	35.27
14.	BARWICKA Aleksandra		98	Olimpijczyk Suwalki						<b>4:49.19</b>	565
	50m:	31.92 31.92	150m:	1:45.48	37.39	250m:	3:00.31	37.59	350m:	4:14.58	36.78
	100m:	1:08.09 36.17	200m:	2:22.72	37.24	300m:	3:37.80	37.49	400m:	4:49.19	34.61
15.	MACHULA Sara		98	KSZO Ostrowiec Sw.						<b>4:50.56</b>	557
	50m:	32.98 32.98	150m:	1:45.65	36.75	250m:	3:00.15	37.18	350m:	4:13.97	36.73
	100m:	1:08.90 35.92	200m:	2:22.97	37.32	300m:	3:37.24	37.09	400m:	4:50.56	36.59
16.	WARDZINSKA Martyna		98	Start Lodz						<b>4:54.16</b>	537
	50m:	33.03 33.03	150m:	1:47.37	37.99	250m:	3:03.23	37.78	350m:	4:18.18	37.10
	100m:	1:09.38 36.35	200m:	2:25.45	38.08	300m:	3:41.08	37.85	400m:	4:54.16	35.98

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Rank			YB					Time	Pts			
17.	KOWALIK Natalia		98	Znicz Koszalin				<b>4:58.14</b>	516			
	50m:	33.12	33.12	150m:	1:47.13	37.76	250m:	3:03.44	38.24	350m:	4:20.57	38.48
	100m:	1:09.37	36.25	200m:	2:25.20	38.07	300m:	3:42.09	38.65	400m:	4:58.14	37.57
18.	WOZNIAK Weronika		98	9 Kalisz				<b>4:59.05</b>	511			
	50m:	32.19	32.19	150m:	1:47.03	38.18	250m:	3:05.67	39.21	350m:	4:22.50	37.75
	100m:	1:08.85	36.66	200m:	2:26.46	39.43	300m:	3:44.75	39.08	400m:	4:59.05	36.55
19.	JERUZAL Jowita		98	Start Lodz				<b>4:59.15</b>	510			
	50m:	33.10	33.10	150m:	1:48.00	38.47	250m:	3:04.77	38.55	350m:	4:21.92	38.56
	100m:	1:09.53	36.43	200m:	2:26.22	38.22	300m:	3:43.36	38.59	400m:	4:59.15	37.23
20.	MESJASZ Julia		98	Meduza Pajeczno				<b>4:59.55</b>	508			
	50m:	33.40	33.40	150m:	1:49.15	38.41	250m:	3:06.80	38.35	350m:	4:23.18	37.63
	100m:	1:10.74	37.34	200m:	2:28.45	39.30	300m:	3:45.55	38.75	400m:	4:59.55	36.37