

Liga SMS - I runda  
Szczecin, 6- - 7-12-2013

Konkurencja 22  
2013-12-07 - 10:18

Kobiet, 400m zmienny

Open  
Wyniki

Punkty: FINA 2013

Pozycja	Rok ur.	Czas	Pkt.	
1. SIE CZYK Jowita SK	97 SMS Kraków	<b>4:51.03</b>	721	17
50m: 30.22 30.22	150m: 1:42.79 37.54	250m: 3:00.70 41.80	350m: 4:18.05 35.21	
100m: 1:05.25 35.03	200m: 2:18.90 36.11	300m: 3:42.84 42.14	400m: 4:51.03 32.98	
2. ZBROJEWSKA Michalina SSz	96 SMS Szczecin	<b>4:52.34</b>	711	15
50m: 31.20 31.20	150m: 1:44.95 38.14	250m: 3:02.48 40.78	350m: 4:18.94 35.21	
100m: 1:06.81 35.61	200m: 2:21.70 36.75	300m: 3:43.73 41.25	400m: 4:52.34 33.40	
3. CHWADECZKO Zuzanna SSz	95 SMS Szczecin	<b>4:57.89</b>	672	14
50m: 30.59 30.59	150m: 1:45.16 38.49	250m: 3:05.70 42.47	350m: 4:24.51 34.88	
100m: 1:06.67 36.08	200m: 2:23.23 38.07	300m: 3:49.63 43.93	400m: 4:57.89 33.38	
4. MAGNER Agata SK	97 SMS Kraków	<b>5:00.46</b>	655	13
50m: 32.42 32.42	150m: 1:46.79 37.25	250m: 3:06.94 44.40	350m: 4:27.63 34.88	
100m: 1:09.54 37.12	200m: 2:22.54 35.75	300m: 3:52.75 45.81	400m: 5:00.46 32.83	
5. K CKA Natalia SO	95 SMS O wi cim	<b>5:01.26</b>	650	12
50m: 31.96 31.96	150m: 1:48.19 39.51	250m: 3:10.67 43.29	350m: 4:28.63 34.13	
100m: 1:08.68 36.72	200m: 2:27.38 39.19	300m: 3:54.50 43.83	400m: 5:01.26 32.63	
6. MENDOWSKA Paulina	97 SMS Pozna	<b>5:02.18</b>	644	11
50m: 31.43 31.43	150m: 1:46.78 38.64	250m: 3:07.84 42.89	350m: 4:27.17 36.11	
100m: 1:08.14 36.71	200m: 2:24.95 38.17	300m: 3:51.06 43.22	400m: 5:02.18 35.01	
7. MENDYK Adrianna SO	98 SMS O wi cim	<b>5:02.99</b>	639	10
50m: 31.36 31.36	150m: 1:46.14 38.19	250m: 3:07.95 44.10	350m: 4:28.72 36.57	
100m: 1:07.95 36.59	200m: 2:23.85 37.71	300m: 3:52.15 44.20	400m: 5:02.99 34.27	
8. ULATOWSKA Alicja SO	96 SMS O wi cim	<b>5:03.10</b>	638	
50m: 32.22 32.22	150m: 1:48.18 39.03	250m: 3:10.63 43.27	350m: 4:29.55 34.98	
100m: 1:09.15 36.93	200m: 2:27.36 39.18	300m: 3:54.57 43.94	400m: 5:03.10 33.55	
9. WISNIEWSKA Natalia	97 SMS Pozna	<b>5:10.93</b>	591	9
50m: 32.50 32.50	150m: 1:52.48 40.78	250m: 3:14.73 42.36	350m: 4:35.14 37.06	
100m: 1:11.70 39.20	200m: 2:32.37 39.89	300m: 3:58.08 43.35	400m: 5:10.93 35.79	
10. DYMAREK Ewa	95 SMS Racibórz	<b>5:11.30</b>	589	8
50m: 33.91 33.91	150m: 1:54.20 41.97	250m: 3:17.11 41.97	350m: 4:35.71 36.28	
100m: 1:12.23 38.32	200m: 2:35.14 40.94	300m: 3:59.43 42.32	400m: 5:11.30 35.59	
11. HELBING Justyna SK	97 SMS Kraków	<b>5:14.44</b>	572	
50m: 33.20 33.20	150m: 1:53.49 41.01	250m: 3:18.11 43.89	350m: 4:38.96 36.22	
100m: 1:12.48 39.28	200m: 2:34.22 40.73	300m: 4:02.74 44.63	400m: 5:14.44 35.48	
12. KOLBOWICZ Barbara	99 SMS Szczecin	<b>5:15.20</b>	568	
50m: 32.93 32.93	150m: 1:52.53 41.02	250m: 3:17.50 45.33	350m: 4:39.94 36.91	
100m: 1:11.51 38.58	200m: 2:32.17 39.64	300m: 4:03.03 45.53	400m: 5:15.20 35.26	
13. NIEMCZYK Mirosława	95 SMS Zielona Góra	<b>5:22.23</b>	531	7
50m: 34.06 34.06	150m: 1:56.75 43.06	250m: 3:23.34 44.20	350m: 4:45.57 37.37	
100m: 1:13.69 39.63	200m: 2:39.14 42.39	300m: 4:08.20 44.86	400m: 5:22.23 36.66	
14. MIKOŁAJCZAK Anna SSz	95 SMS Szczecin	<b>5:25.97</b>	513	
50m: 32.10 32.10	150m: 1:54.77 44.23	250m: 3:23.94 46.19	350m: 4:48.95 37.93	
100m: 1:10.54 38.44	200m: 2:37.75 42.98	300m: 4:11.02 47.08	400m: 5:25.97 37.02	
15. WARMI SKA Daria SR	98 SMS Racibórz	<b>5:32.14</b>	485	6
50m: 36.19 36.19	150m: 2:01.60 42.67	250m: 3:28.96 45.37	350m: 4:54.30 39.81	
100m: 1:18.93 42.74	200m: 2:43.59 41.99	300m: 4:14.49 45.53	400m: 5:32.14 37.84	