

Grand Prix\_Puchar Polski  
Szczecin, 10- - 11-5-2014

Konkurencja 31  
2014-05-11 - 10:48

Kobiet, 400m dowolny

14 lat i starsi  
Wyniki

Punkty: FINA 2014

Pozycja			Rok ur.					Czas	Pkt.
1.	ZACHOSZCZ Joanna	93	AZS UWM Olsztyn					<b>4:20.51</b>	773
	50m: 31.22 31.22	150m: 1:36.96 32.78	250m: 2:42.56 32.50	350m: 3:48.35 32.87					
	100m: 1:04.18 32.96	200m: 2:10.06 33.10	300m: 3:15.48 32.92	400m: 4:20.51 32.16					
2.	WIKIEŁ Manuela	92	AZS UWM Olsztyn					<b>4:20.77</b>	771
	50m: 31.43 31.43	150m: 1:37.18 32.90	250m: 2:42.79 32.59	350m: 3:48.78 33.00					
	100m: 1:04.28 32.85	200m: 2:10.20 33.02	300m: 3:15.78 32.99	400m: 4:20.77 31.99					
3.	NAZI BŁO Klaudia	93	MKS Juwenia Wrocław					<b>4:27.80</b>	712
	50m: 31.53 31.53	150m: 1:39.20 34.04	250m: 2:46.96 33.67	350m: 3:54.75 33.71					
	100m: 1:05.16 33.63	200m: 2:13.29 34.09	300m: 3:21.04 34.08	400m: 4:27.80 33.05					
4.	KASPEREK Katarzyna	96	MKP Szczecin					<b>4:31.01</b>	687
	50m: 31.23 31.23	150m: 1:39.63 34.79	250m: 2:49.37 34.91	350m: 3:57.96 33.97					
	100m: 1:04.84 33.61	200m: 2:14.46 34.83	300m: 3:23.99 34.62	400m: 4:31.01 33.05					
5.	JANKOWSKA Klaudia	98	UKS Gim 92 Ursynów					<b>4:31.39</b>	684
	50m: 30.99 30.99	150m: 1:38.53 33.94	250m: 2:47.14 34.48	350m: 3:57.79 35.58					
	100m: 1:04.59 33.60	200m: 2:12.66 34.13	300m: 3:22.21 35.07	400m: 4:31.39 33.60					
6.	CIE LAK Joanna SP	96	Warta Pozna					<b>4:37.81</b>	637
	50m: 32.18 32.18	150m: 1:42.42 35.29	250m: 2:53.03 35.26	350m: 4:03.91 35.26					
	100m: 1:07.13 34.95	200m: 2:17.77 35.35	300m: 3:28.65 35.62	400m: 4:37.81 33.90					
7.	ZBROJEWSKA Michalina	96	UKS Pi tka Konstantynów Łódzki					<b>4:37.86</b>	637
	50m: 32.52 32.52	150m: 1:42.86 35.21	250m: 2:53.43 35.11	350m: 4:03.90 35.18					
	100m: 1:07.65 35.13	200m: 2:18.32 35.46	300m: 3:28.72 35.29	400m: 4:37.86 33.96					
8.	PO AROWSZCZYK Beata	91	MKS Juwenia Wrocław					<b>4:38.61</b>	632
	50m: 32.47 32.47	150m: 1:43.00 35.33	250m: 2:53.87 35.48	350m: 4:04.65 35.50					
	100m: 1:07.67 35.20	200m: 2:18.39 35.39	300m: 3:29.15 35.28	400m: 4:38.61 33.96					
9.	SZATANEK Julia SSz	99	MKP Szczecin					<b>4:39.97</b>	623
	50m: 31.86 31.86	150m: 1:42.54 35.64	250m: 2:53.85 35.72	350m: 4:06.40 36.12					
	100m: 1:06.90 35.04	200m: 2:18.13 35.59	300m: 3:30.28 36.43	400m: 4:39.97 33.57					
10.	GRZEGORCZYK Izabella	93	Warta Pozna					<b>4:40.11</b>	622
	50m: 32.69 32.69	150m: 1:43.72 35.40	250m: 2:55.04 35.49	350m: 4:06.83 35.61					
	100m: 1:08.32 35.63	200m: 2:19.55 35.83	300m: 3:31.22 36.18	400m: 4:40.11 33.28					
11.	BIELI SKA Karolina	99	MKP Słowianka Gorzów					<b>4:42.15</b>	608
	50m: 32.42 32.42	150m: 1:43.59 35.58	250m: 2:55.83 36.11	350m: 4:07.66 35.81					
	100m: 1:08.01 35.59	200m: 2:19.72 36.13	300m: 3:31.85 36.02	400m: 4:42.15 34.49					
12.	MARGULA Weronika	00	MKP Szczecin					<b>4:42.78</b>	604
	50m: 32.45 32.45	150m: 1:43.42 35.76	250m: 2:55.95 36.23	350m: 4:08.15 35.93					
	100m: 1:07.66 35.21	200m: 2:19.72 36.30	300m: 3:32.22 36.27	400m: 4:42.78 34.63					
13.	BARYŁA Julia	00	Dwójka Morena Gda sk					<b>4:49.23</b>	565
	50m: 32.65 32.65	150m: 1:46.41 36.90	250m: 3:00.89 37.07	350m: 4:13.82 36.86					
	100m: 1:09.51 36.86	200m: 2:23.82 37.41	300m: 3:36.96 36.07	400m: 4:49.23 35.41					
14.	WIERTEL Agata	95	MTP Lublinianka Lublin					<b>4:50.54</b>	557
	50m: 32.99 32.99	150m: 1:46.19 36.94	250m: 3:00.75 37.19	350m: 4:14.93 36.96					
	100m: 1:09.25 36.26	200m: 2:23.56 37.37	300m: 3:37.97 37.22	400m: 4:50.54 35.61					
15.	KAWCZAK Joanna	99	MKP Szczecin					<b>4:56.43</b>	525
	50m: 33.22 33.22	150m: 1:47.64 37.54	250m: 3:04.06 38.44	350m: 4:20.13 37.90					
	100m: 1:10.10 36.88	200m: 2:25.62 37.98	300m: 3:42.23 38.17	400m: 4:56.43 36.30					
16.	SOSNOWSKA Patrycja	99	Znicz Koszalin					<b>4:57.84</b>	517
	50m: 32.75 32.75	150m: 1:47.30 37.68	250m: 3:04.24 38.63	350m: 4:21.27 38.61					
	100m: 1:09.62 36.87	200m: 2:25.61 38.31	300m: 3:42.66 38.42	400m: 4:57.84 36.57					
17.	WACHOWIAK Patrycja	97	MKP Słowianka Gorzów					<b>4:59.80</b>	507
	50m: 34.00 34.00	150m: 1:50.86 39.09	250m: 3:08.87 39.06	350m: 4:25.24 37.74					
	100m: 1:11.77 37.77	200m: 2:29.81 38.95	300m: 3:47.50 38.63	400m: 4:59.80 34.56					

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Konkurencja 31, Kobiet, 400m dowolny, 14 lat i starsi

Pozycja	Rok ur.						Czas	Pkt.
18. BIERNACKA Wiktoria	00	Znicz Koszalin				<b>5:02.99</b>	491	
50m: 33.87 33.87	150m: 1:50.11	38.94	250m: 3:07.07	38.50	350m: 4:24.76	39.46		
100m: 1:11.17 37.30	200m: 2:28.57	38.46	300m: 3:45.30	38.23	400m: 5:02.99	38.23		
19. LESNER Zuzanna	99	MKP Szczecin				<b>5:04.39</b>	484	
50m: 34.07 34.07	150m: 1:50.63	38.64	250m: 3:10.03	38.79	350m: 4:28.04	38.59		
100m: 1:11.99 37.92	200m: 2:31.24	40.61	300m: 3:49.45	39.42	400m: 5:04.39	36.35		
20. JANCZAK Patrycja	00	MKP Szczecin				<b>5:05.04</b>	481	
50m: 35.16 35.16	150m: 1:52.29	38.82	250m: 3:09.76	38.82	350m: 4:27.44	38.68		
100m: 1:13.47 38.31	200m: 2:30.94	38.65	300m: 3:48.76	39.00	400m: 5:05.04	37.60		
21. PRUSINOWSKA Klaudyna	00	MKP Słowianka Gorzów				<b>5:05.80</b>	478	
50m: 32.66 32.66	150m: 1:49.08	38.94	250m: 3:08.24	39.80	350m: 4:27.95	40.25		
100m: 1:10.14 37.48	200m: 2:28.44	39.36	300m: 3:47.70	39.46	400m: 5:05.80	37.85		
22. GROBLICA Joanna	00	MKP Szczecin				<b>5:05.94</b>	477	
50m: 34.21 34.21	150m: 1:51.10	38.66	250m: 3:10.42	39.70	350m: 4:28.99	38.93		
100m: 1:12.44 38.23	200m: 2:30.72	39.62	300m: 3:50.06	39.64	400m: 5:05.94	36.95		
23. KOTO SKA Dominika	97	IUKP " Wodnik" Police				<b>5:06.95</b>	472	
50m: 35.48 35.48	150m: 1:54.29	39.42	250m: 3:12.16	38.53	350m: 4:29.47	38.33		
100m: 1:14.87 39.39	200m: 2:33.63	39.34	300m: 3:51.14	38.98	400m: 5:06.95	37.48		
24. SZTANDERA Dominika	97	MKS Juwenia Wrocław				<b>5:08.25</b>	466	
50m: 29.57 29.57	150m: 1:39.76	35.82	250m: 3:01.88	45.42	350m: 4:26.38	42.35		
100m: 1:03.94 34.37	200m: 2:16.46	36.70	300m: 3:44.03	42.15	400m: 5:08.25	41.87		
25. KORLAGA Paulina	00	MKP Szczecin				<b>5:13.26</b>	444	
50m: 34.36 34.36	150m: 1:53.27	40.19	250m: 3:15.14	40.96	350m: 4:36.26	40.40		
100m: 1:13.08 38.72	200m: 2:34.18	40.91	300m: 3:55.86	40.72	400m: 5:13.26	37.00		
26. NOWAK Weronika	00	MKP Szczecin				<b>5:17.35</b>	427	
50m: 35.50 35.50	150m: 1:56.32	41.00	250m: 3:18.19	41.25	350m: 4:40.19	41.02		
100m: 1:15.32 39.82	200m: 2:36.94	40.62	300m: 3:59.17	40.98	400m: 5:17.35	37.16		
27. SZLOSOWSKA Aleksandra	98	KP "Totis Viribus" wiebodziń				<b>5:19.20</b>	420	
50m: 35.46 35.46	150m: 1:55.97	40.65	250m: 3:18.01	40.97	350m: 4:40.30	41.13		
100m: 1:15.32 39.86	200m: 2:37.04	41.07	300m: 3:59.17	41.16	400m: 5:19.20	38.90		
28. TOMCZAK Karolina	00	MKS NEPTUN Stargard				<b>5:26.82</b>	391	
50m: 36.10 36.10	150m: 1:58.41	41.68	250m: 3:21.97	42.02	350m: 4:46.00	42.19		
100m: 1:16.73 40.63	200m: 2:39.95	41.54	300m: 4:03.81	41.84	400m: 5:26.82	40.82		