

I Grand Prix SP Woj. Zachodniego i Lubuskiego
Szczecin, 12-11-2014

Konkurencja 9
2014-11-12 - 13:50

Dziewcz t, 400m dowolny

11 - 12 lat
Wyniki

Punkty: FINA 2014

Pozycja	Rok ur.	Czas	Pkt.
11 lat			
1. GARBARCZYK, Weronika	03 Wodnik Police	5:08.78	438
50m: 35.24 35.24	150m: 1:54.43 39.87	250m: 3:14.65 40.19	350m: 4:32.82 38.85
100m: 1:14.56 39.32	200m: 2:34.46 40.03	300m: 3:53.97 39.32	400m: 5:08.78 35.96
2. PO ARLIK, Karina	03 Znicz Koszalin	5:27.80	366
50m: 35.86 35.86	150m: 1:57.07 40.68	250m: 3:18.25 40.57	350m: 4:39.45 39.97
100m: 1:16.39 40.53	200m: 2:37.68 40.61	300m: 3:59.48 41.23	400m: 5:27.80 48.35
3. KACZMAREK, Marta	03 Znicz Koszalin	5:43.51	318
50m: 38.48 38.48	150m: 2:05.33 44.35	250m: 3:34.15 44.90	350m: 5:02.69 43.40
100m: 1:20.98 42.50	200m: 2:49.25 43.92	300m: 4:19.29 45.14	400m: 5:43.51 40.82
4. MATYSZCZUK, Jagoda	03 Znicz Koszalin	5:50.71	299
50m: 39.97 39.97	150m: 2:08.83 44.99	250m: 3:38.82 44.25	350m: 5:07.46 44.01
100m: 1:23.84 43.87	200m: 2:54.57 45.74	300m: 4:23.45 44.63	400m: 5:50.71 43.25
5. MOREL, Gabriela	03 MKP Słowianka Gorzów Wlkp.	6:01.86	272
50m: 42.54 42.54	150m: 2:14.32 45.99	250m: 3:46.95 46.47	350m: 5:18.55 45.24
100m: 1:28.33 45.79	200m: 3:00.48 46.16	300m: 4:33.31 46.36	400m: 6:01.86 43.31
6. WI NIEWSKA, Daria	03 Znicz Koszalin	6:06.93	261
50m: 40.18 40.18	150m: 2:14.71 47.60	250m: 3:49.73 47.34	350m: 5:23.66 46.52
100m: 1:27.11 46.93	200m: 3:02.39 47.68	300m: 4:37.14 47.41	400m: 6:06.93 43.27
7. MAZUR, Sandra	03 MKP Słowianka Gorzów Wlkp.	6:09.63	255
50m: 43.18 43.18	150m: 2:15.18 46.51	250m: 3:48.55 46.79	350m: 5:22.44 46.63
100m: 1:28.67 45.49	200m: 3:01.76 46.58	300m: 4:35.81 47.26	400m: 6:09.63 47.19
8. CZUGAŁA, Dorota	03 MKP Kołobrzeg	6:11.17	252
50m: 40.57 40.57	150m: 2:15.40 47.64	250m: 3:51.69 47.58	350m: 5:26.60 46.92
100m: 1:27.76 47.19	200m: 3:04.11 48.71	300m: 4:39.68 47.99	400m: 6:11.17 44.57
9. KAWCZY SKA, Zuzanna	03 MKP Szczecin 51	6:14.80	244
50m: 42.10 42.10	150m: 2:18.95 48.26	250m: 3:55.70 48.65	350m: 5:29.72 47.07
100m: 1:30.69 48.59	200m: 3:07.05 48.10	300m: 4:42.65 46.95	400m: 6:14.80 45.08
10. JA WI SKA, Patrycja	03 Neptun Stargard Szcz.	6:18.24	238
50m: 42.17 42.17	150m: 2:18.85 48.66	250m: 3:55.96 48.24	350m: 5:33.27 48.53
100m: 1:30.19 48.02	200m: 3:07.72 48.87	300m: 4:44.74 48.78	400m: 6:18.24 44.97
11. LIWKA, Joanna	03 Znicz Koszalin	6:19.32	236
50m: 40.66 40.66	150m: 2:17.11 48.54	250m: 3:54.03 48.94	350m: 5:29.90 47.00
100m: 1:28.57 47.91	200m: 3:05.09 47.98	300m: 4:42.90 48.87	400m: 6:19.32 49.42
12. KUJAWA, Amelia	03 Znicz Koszalin	6:26.27	223
50m: 40.54 40.54	150m: 2:18.76 50.45	250m: 3:59.48 50.72	350m: 5:40.23 50.65
100m: 1:28.31 47.77	200m: 3:08.76 50.00	300m: 4:49.58 50.10	400m: 6:26.27 46.04
13. HAŁADUDA, Maja	03 MKP Szczecin 51	6:33.50	211
50m: 43.90 43.90	150m: 2:24.97 50.08	250m: 4:06.25 50.77	350m: 5:46.80 50.08
100m: 1:34.89 50.99	200m: 3:15.48 50.51	300m: 4:56.72 50.47	400m: 6:33.50 46.70
14. WRÓBLEWSKA, Julia	03 MKP Szczecin 51	6:35.80	208
50m: 43.43 43.43	150m: 2:25.16 50.68	250m: 4:06.94 51.17	350m: 5:48.17 50.10
100m: 1:34.48 51.05	200m: 3:15.77 50.61	300m: 4:58.07 51.13	400m: 6:35.80 47.63
15. SZYPIÓRKOWSKA, Joanna	03 MKP Słowianka Gorzów Wlkp.	6:40.94	200
50m: 45.02 45.02	150m: 2:25.76 51.27	250m: 4:09.62 51.92	350m: 5:51.79 50.09
100m: 1:34.49 49.47	200m: 3:17.70 51.94	300m: 5:01.70 52.08	400m: 6:40.94 49.15
16. KIELAR, Zofia	03 Znicz Koszalin	6:41.00	200
50m: 45.97 45.97	150m: 2:30.67 53.03	250m: 4:13.85 51.46	350m: 5:56.55 51.03
100m: 1:37.64 51.67	200m: 3:22.39 51.72	300m: 5:05.52 51.67	400m: 6:41.00 44.45
17. SZMARO, Patrycja	03 Znicz Koszalin	6:41.39	199
50m: 41.87 41.87	150m: 2:25.48 51.37	250m: 4:10.01 52.27	350m: 5:52.69 53.54
100m: 1:34.11 52.24	200m: 3:17.74 52.26	300m: 4:59.15 49.14	400m: 6:41.39 48.70

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Konkurencja 9, Dziewcz t, 400m dowolny, 11 lat

Pozycja			Rok ur.					Czas	Pkt.		
18.	KOWALECZKO - KRUPA, Natalia		03	MKP Słowianka Gorzów Wlkp.				6:56.76	178		
	50m:	41.85 41.85	150m:	2:25.94	52.56	250m:	4:14.96	54.28	350m:	6:02.79	53.68
	100m:	1:33.38 51.53	200m:	3:20.68	54.74	300m:	5:09.11	54.15	400m:	6:56.76	53.97
19.	JASI SKA, Krolina		03	MKP Słowianka Gorzów Wlkp.				7:01.30	172		
	50m:	43.04 43.04	150m:	2:30.95	54.97	250m:	4:20.01	55.42	350m:	6:10.31	55.04
	100m:	1:35.98 52.94	200m:	3:24.59	53.64	300m:	5:15.27	55.26	400m:	7:01.30	50.99
DYSKW.	GRONEK, Hanna		03	Znicz Koszalin				6:42.00			
	<i>O4 - Start wykonany przed sygnałem (przedwczesny start)</i>										
	50m:	44.78 44.78	150m:	2:29.08	52.57	250m:	4:12.28	51.30	350m:	5:54.55	50.24
	100m:	1:36.51 51.73	200m:	3:20.98	51.90	300m:	5:04.31	52.03	400m:	6:42.00	47.45

12 lat

1.	VAN DOORNE, Natalia		02	MKP Słowianka Gorzów Wlkp.				5:06.71	447		
	50m:	35.53 35.53	150m:	1:53.55	39.11	250m:	3:12.70	39.41	350m:	4:30.80	38.88
	100m:	1:14.44 38.91	200m:	2:33.29	39.74	300m:	3:51.92	39.22	400m:	5:06.71	35.91
2.	KUPIS, Aleksandra		02	MKP Szczecin				5:09.58	434		
	50m:	35.52 35.52	150m:	1:54.90	39.74	250m:	3:15.20	39.52	350m:	4:34.40	38.72
	100m:	1:15.16 39.64	200m:	2:35.68	40.78	300m:	3:55.68	40.48	400m:	5:09.58	35.18
3.	GAŁAGUZ, Gabriela		02	Neptun Stargard Szcz.				5:09.94	433		
	50m:	35.34 35.34	150m:	1:54.87	40.25	250m:	3:15.32	40.05	350m:	4:34.36	39.09
	100m:	1:14.62 39.28	200m:	2:35.27	40.40	300m:	3:55.27	39.95	400m:	5:09.94	35.58
4.	KULESZA, Weronika		02	MKP Słowianka Gorzów Wlkp.				5:17.91	401		
	50m:	35.99 35.99	150m:	1:54.85	39.91	250m:	3:15.29	40.95	350m:	4:37.14	41.08
	100m:	1:14.94 38.95	200m:	2:34.34	39.49	300m:	3:56.06	40.77	400m:	5:17.91	40.77
5.	MICHALAK, Anna		02	MKP Szczecin 51				5:19.88	394		
	50m:	34.77 34.77	150m:	1:54.86	40.66	250m:	3:16.93	41.25	350m:	4:40.13	41.58
	100m:	1:14.20 39.43	200m:	2:35.68	40.82	300m:	3:58.55	41.62	400m:	5:19.88	39.75
6.	HAŁAWCZAK, Marcelina		02	MKP Szczecin 51				5:19.97	393		
	50m:	36.48 36.48	150m:	1:57.23	41.05	250m:	3:19.38	40.91	350m:	4:41.09	40.54
	100m:	1:16.18 39.70	200m:	2:38.47	41.24	300m:	4:00.55	41.17	400m:	5:19.97	38.88
7.	LISZTWAN, Alicja		02	Znicz Koszalin				5:21.63	387		
	50m:	35.98 35.98	150m:	1:55.87	40.13	250m:	3:16.64	40.71	350m:	4:38.47	40.10
	100m:	1:15.74 39.76	200m:	2:35.93	40.06	300m:	3:58.37	41.73	400m:	5:21.63	43.16
8.	SZULC, Sylwia		02	Znicz Koszalin				5:27.03	368		
	50m:	38.19 38.19	150m:	2:03.23	42.81	250m:	3:28.12	42.46	350m:	4:50.67	40.58
	100m:	1:20.42 42.23	200m:	2:45.66	42.43	300m:	4:10.09	41.97	400m:	5:27.03	36.36
9.	DZIURLEJA, Weronika		02	MKP Słowianka Gorzów Wlkp.				5:27.10	368		
	50m:	36.65 36.65	150m:	1:59.24	41.66	250m:	3:22.83	41.80	350m:	4:47.38	41.75
	100m:	1:17.58 40.93	200m:	2:41.03	41.79	300m:	4:05.63	42.80	400m:	5:27.10	39.72
10.	RODA, Dominika		02	MKP Szczecin 51				5:29.72	359		
	50m:	37.96 37.96	150m:	2:03.02	42.60	250m:	3:28.28	42.78	350m:	4:51.18	41.17
	100m:	1:20.42 42.46	200m:	2:45.50	42.48	300m:	4:10.01	41.73	400m:	5:29.72	38.54
11.	KRZEMIENIECKA, Martyna		02	Znicz Koszalin				5:30.45	357		
	50m:	37.29 37.29	150m:	2:00.20	41.54	250m:	3:24.83	42.61	350m:	4:50.14	42.62
	100m:	1:18.66 41.37	200m:	2:42.22	42.02	300m:	4:07.52	42.69	400m:	5:30.45	40.31
12.	MICIĄK, Agata		02	MKP Słowianka Gorzów Wlkp.				5:30.62	356		
	50m:	36.50 36.50	150m:	2:00.20	42.36	250m:	3:25.94	43.01	350m:	4:51.23	42.79
	100m:	1:17.84 41.34	200m:	2:42.93	42.73	300m:	4:08.44	42.50	400m:	5:30.62	39.39
13.	KAŁDUN, Ewelina		02	MKP Szczecin				5:33.44	347		
	50m:	36.31 36.31	150m:	1:57.60	41.60	250m:	3:22.90	42.61	350m:	4:51.93	44.13
	100m:	1:16.00 39.69	200m:	2:40.29	42.69	300m:	4:07.80	44.90	400m:	5:33.44	41.51
14.	KORYCKA, Zuzanna		02	MKP Słowianka Gorzów Wlkp.				5:35.74	340		
	50m:	36.65 36.65	150m:	2:01.20	43.11	250m:	3:29.69	44.31	350m:	4:57.49	43.18
	100m:	1:18.09 41.44	200m:	2:45.38	44.18	300m:	4:14.31	44.62	400m:	5:35.74	38.25

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Konkurencja 9, Dziewcz t, 400m dowolny, 12 lat

Pozycja			Rok ur.					Czas	Pkt.
15.	GRZEGOLEC, Weronika		02	MKP Słowianka Gorzów Wlkp.				5:38.02	333
	50m: 37.05	37.05	150m: 2:01.59	42.55	250m: 3:28.97	44.02	350m: 4:55.74	43.49	
	100m: 1:19.04	41.99	200m: 2:44.95	43.36	300m: 4:12.25	43.28	400m: 5:38.02	42.28	
16.	BOHDANOWICZ, Anna		02	MKP Słowianka Gorzów Wlkp.				5:42.30	321
	50m: 37.67	37.67	150m: 2:02.78	42.88	250m: 3:30.23	43.73	350m: 4:58.08	44.04	
	100m: 1:19.90	42.23	200m: 2:46.50	43.72	300m: 4:14.04	43.81	400m: 5:42.30	44.22	
17.	CZEPULANIS, Alicja		02	MKP Słowianka Gorzów Wlkp.				5:46.90	308
	50m: 39.14	39.14	150m: 2:06.15	44.50	250m: 3:35.80	44.43	350m: 5:04.69	44.45	
	100m: 1:21.65	42.51	200m: 2:51.37	45.22	300m: 4:20.24	44.44	400m: 5:46.90	42.21	
18.	KAMI SKA, Martyna		02	Znicz Koszalin				5:46.91	308
	50m: 37.61	37.61	150m: 2:04.46	44.16	250m: 3:33.27	44.65	350m: 5:04.07	45.08	
	100m: 1:20.30	42.69	200m: 2:48.62	44.16	300m: 4:18.99	45.72	400m: 5:46.91	42.84	
19.	GABRY , Kamila		02	MKP Słowianka Gorzów Wlkp.				5:47.33	307
	50m: 39.51	39.51	150m: 2:07.87	44.32	250m: 3:36.87	44.70	350m: 5:05.88	43.65	
	100m: 1:23.55	44.04	200m: 2:52.17	44.30	300m: 4:22.23	45.36	400m: 5:47.33	41.45	
20.	JANKOWSKA, Emilia		02	Wodnik Police				5:47.62	307
	50m: 38.20	38.20	150m: 2:04.71	44.24	250m: 3:34.30	44.69	350m: 5:04.45	44.94	
	100m: 1:20.47	42.27	200m: 2:49.61	44.90	300m: 4:19.51	45.21	400m: 5:47.62	43.17	
21.	HENKIEL, Julia		02	MKP Słowianka Gorzów Wlkp.				5:49.66	301
	50m: 37.36	37.36	150m: 2:05.14	44.82	250m: 3:36.00	45.19	350m: 5:07.50	45.93	
	100m: 1:20.32	42.96	200m: 2:50.81	45.67	300m: 4:21.57	45.57	400m: 5:49.66	42.16	
22.	HANUS, Zuzanna		02	Znicz Koszalin				5:54.87	288
	50m: 39.87	39.87	150m: 2:08.61	44.91	250m: 3:39.46	44.86	350m: 5:10.79	45.89	
	100m: 1:23.70	43.83	200m: 2:54.60	45.99	300m: 4:24.90	45.44	400m: 5:54.87	44.08	
23.	OPAŁKA, Dominika		02	MKP Słowianka Gorzów Wlkp.				6:03.71	268
	50m: 39.22	39.22	150m: 2:08.35	45.80	250m: 3:42.19	47.19	350m: 5:17.26	48.14	
	100m: 1:22.55	43.33	200m: 2:55.00	46.65	300m: 4:29.12	46.93	400m: 6:03.71	46.45	
24.	LEWANDOWSKA, Julia		02	Wodnik Police				6:05.48	264
	50m: 42.04	42.04	150m: 2:15.50	47.16	250m: 3:48.69	46.72	350m: 5:20.92	45.98	
	100m: 1:28.34	46.30	200m: 3:01.97	46.47	300m: 4:34.94	46.25	400m: 6:05.48	44.56	
25.	SUKIENNICKA, Dominika		02	MKP Słowianka Gorzów Wlkp.				6:14.13	246
	50m: 41.76	41.76	150m: 2:16.74	48.14	250m: 3:53.93	48.68	350m: 5:27.33	46.28	
	100m: 1:28.60	46.84	200m: 3:05.25	48.51	300m: 4:41.05	47.12	400m: 6:14.13	46.80	
26.	WITUSZY SKA, Barbara		02	Marlin Gryfino				6:51.77	184
	50m: 44.07	44.07	150m: 2:26.56	51.39	250m: 4:12.43	53.72	350m: 5:57.80	53.28	
	100m: 1:35.17	51.10	200m: 3:18.71	52.15	300m: 5:04.52	52.09	400m: 6:51.77	53.97	
PK	RZEPNICKA, Natalia		03	MKP Szczecin				5:45.96	311
	50m: 38.70	38.70	150m: 2:06.49	44.63	250m: 3:36.62	45.03	350m: 5:05.21	43.28	
	100m: 1:21.86	43.16	200m: 2:51.59	45.10	300m: 4:21.93	45.31	400m: 5:45.96	40.75	
PK	BRONISZ, Katina		03	MKP Szczecin				6:00.77	274
	50m: 40.04	40.04	150m: 2:13.15	47.05	250m: 3:45.90	46.00	350m: 5:17.22	43.68	
	100m: 1:26.10	46.06	200m: 2:59.90	46.75	300m: 4:33.54	47.64	400m: 6:00.77	43.55	