

Ogólnopolski Wytrzymałości  
Szczecin/Gorzów, 20- - 21-11-2014

Konkurencja 6  
2014-11-21 - 11:09

Chłopców, 400m dowolny

11 lat  
Wyniki

Punkty: FINA 2014

Pozycja			Rok ur.					Czas	Pkt.
1.	MICHAŁECZKO, Patryk		03	MKP Szczecin				<b>5:30.80</b>	264
	50m:	36.42 36.42	150m:	2:00.12	42.86	250m:	3:27.23 43.53	350m:	4:52.20 41.71
	100m:	1:17.26 40.84	200m:	2:43.70	43.58	300m:	4:10.49 43.26	400m:	5:30.80 38.60
2.	WI NIEWSKI, Aleksander		03	MKP Szczecin				<b>5:30.87</b>	263
	50m:	36.33 36.33	150m:	1:59.57	42.60	250m:	3:25.57 42.74	350m:	4:51.38 42.35
	100m:	1:16.97 40.64	200m:	2:42.83	43.26	300m:	4:09.03 43.46	400m:	5:30.87 39.49
3.	WILAS, Oliwier		03	MKP Szczecin				<b>5:37.01</b>	249
	50m:	36.09 36.09	150m:	2:01.19	42.72	250m:	3:28.44 43.72	350m:	4:55.85 43.74
	100m:	1:18.47 42.38	200m:	2:44.72	43.53	300m:	4:12.11 43.67	400m:	5:37.01 41.16
4.	SZYMA SKI, Igor		03	MKP Słowianka Gorzów Wlkp				<b>5:45.54</b>	231
	50m:	38.19 38.19	150m:	2:06.49	45.09	250m:	3:35.88 44.54	350m:	5:05.50 44.85
	100m:	1:21.40 43.21	200m:	2:51.34	44.85	300m:	4:20.65 44.77	400m:	5:45.54 40.04
5.	GORRA, Mikołaj		03	MKP Szczecin				<b>5:48.13</b>	226
	50m:	38.42 38.42	150m:	2:54.00	1:31.99	250m:	3:39.42	350m:	5:06.89 41.10
	100m:	1:22.01 43.59	200m:			300m:	4:25.79 46.37	400m:	5:48.13 41.24
6.	KORONA, Kacper		03	MKP Szczecin				<b>5:50.10</b>	222
	50m:	37.11 37.11	150m:	2:02.07	43.80	250m:	3:31.77 44.97	350m:	5:03.28 46.05
	100m:	1:18.27 41.16	200m:	2:46.80	44.73	300m:	4:17.23 45.46	400m:	5:50.10 46.82
7.	NOWACZY SKI, Mateusz		03	MKP Słowianka Gorzów Wlkp				<b>5:51.73</b>	219
	50m:	37.18 37.18	150m:	2:05.10	44.17	250m:	3:36.68 45.92	350m:	5:08.36 45.43
	100m:	1:20.93 43.75	200m:	2:50.76	45.66	300m:	4:22.93 46.25	400m:	5:51.73 43.37
8.	POŁUDNIAK, Adrian		03	MKP Szczecin				<b>5:55.39</b>	213
	50m:	39.54 39.54	150m:	2:09.26	45.45	250m:	3:40.45 46.20	350m:	5:10.88 45.52
	100m:	1:23.81 44.27	200m:	2:54.25	44.99	300m:	4:25.36 44.91	400m:	5:55.39 44.51
9.	WRÓBEL, Mikołaj		03	MKP Szczecin				<b>5:56.50</b>	211
	50m:	36.51 36.51	150m:	2:06.20	45.18	250m:	3:39.05 46.14	350m:	5:12.80 47.06
	100m:	1:21.02 44.51	200m:	2:52.91	46.71	300m:	4:25.74 46.69	400m:	5:56.50 43.70
10.	WITES, Bartłomiej		03	MKP Szczecin				<b>5:58.89</b>	206
	50m:	38.89 38.89	150m:	2:10.37	46.31	250m:	3:43.69 47.32	350m:	5:15.45 44.91
	100m:	1:24.06 45.17	200m:	2:56.37	46.00	300m:	4:30.54 46.85	400m:	5:58.89 43.44
11.	GAWEŁ, Jakub		03	MKP Szczecin				<b>5:59.74</b>	205
	50m:	40.06 40.06	150m:	2:12.50	47.98	250m:	3:46.92 46.77	350m:	5:16.49 43.33
	100m:	1:24.52 44.46	200m:	3:00.15	47.65	300m:	4:33.16 46.24	400m:	5:59.74 43.25
12.	MALINOWSKI, Jakub		03	MKP Słowianka Gorzów Wlkp				<b>6:02.77</b>	200
	50m:	39.76 39.76	150m:	2:13.02	46.81	250m:	3:46.76 46.89	350m:	5:17.87 44.50
	100m:	1:26.21 46.45	200m:	2:59.87	46.85	300m:	4:33.37 46.61	400m:	6:02.77 44.90
13.	WALCZAK, Wiktor		03	MKP Słowianka Gorzów Wlkp				<b>6:11.25</b>	186
	50m:	40.44 40.44	150m:	2:16.63	48.44	250m:	3:54.11 48.83	350m:	5:30.73 47.58
	100m:	1:28.19 47.75	200m:	3:05.28	48.65	300m:	4:43.15 49.04	400m:	6:11.25 40.52
14.	JARDZIOCH, Eryk		03	MKP Szczecin				<b>6:13.61</b>	183
	50m:	36.84 36.84	150m:	3:01.10	1:38.04	250m:	3:49.99	350m:	
	100m:	1:23.06 46.22	200m:			300m:	5:28.14 1:38.15	400m:	6:13.61
15.	BISKUPSKI, Kacper		03	MKP Słowianka Gorzów Wlkp				<b>6:14.86</b>	181
	50m:	39.86 39.86	150m:	2:16.51	48.16	250m:		350m:	5:31.34 48.11
	100m:	1:28.35 48.49	200m:	3:05.05	48.54	300m:	4:43.23	400m:	6:14.86 43.52
16.	MATERLA, Marcel		03	MKP Szczecin				<b>6:17.34</b>	177
	50m:	41.80 41.80	150m:	2:17.31	48.07	250m:	3:52.29 47.34	350m:	5:30.71 49.89
	100m:	1:29.24 47.44	200m:	3:04.95	47.64	300m:	4:40.82 48.53	400m:	6:17.34 46.63
17.	NOWAKOWSKI, Łukasz		03	MKP Słowianka Gorzów Wlkp				<b>6:19.96</b>	174
	50m:		150m:	3:06.35	49.50	250m:		350m:	6:20.08 1:33.29
	100m:	2:16.85	200m:			300m:	4:46.79	400m:	6:19.96

Ogólnopolski Wytrzymałości  
Szczecin/Gorzów, 20- - 21-11-2014

Konkurencja 6, Chłopców, 400m dowolny, 11 lat

Pozycja			Rok ur.					Czas	Pkt.		
18.	PILARSKI, Kacper		03	MKP Szczecin				<b>6:24.03</b>	168		
	50m:	40.19 40.19	150m:	2:15.82	48.59	250m:	3:51.90	48.45	350m:	5:34.78	51.91
	100m:	1:27.23 47.04	200m:	3:03.45	47.63	300m:	4:42.87	50.97	400m:	6:24.03	49.25
19.	PO LEDNI, Eryk		03	MKP Słowianka Gorzów Wlkp				<b>6:24.14</b>	168		
	50m:	40.99 40.99	150m:			250m:			350m:		
	100m:	1:29.51 48.52	200m:			300m:			400m:	6:24.14	
20.	TOMICZEK, Filip		03	MKP Słowianka Gorzów Wlkp				<b>6:24.40</b>	168		
	50m:	40.93 40.93	150m:	2:18.06	49.90	250m:	3:58.96	51.25	350m:	5:40.14	50.77
	100m:	1:28.16 47.23	200m:	3:07.71	49.65	300m:	4:49.37	50.41	400m:	6:24.40	44.26
21.	SUROWIEC, Jakub		03	MKP Szczecin				<b>6:25.92</b>	166		
	50m:	42.57 42.57	150m:			250m:			350m:	6:26.29	1:34.55
	100m:		200m:	3:12.08		300m:	4:51.74		400m:	6:25.92	
22.	WOLSKI, Wiktor		03	MKP Szczecin				<b>6:26.48</b>	165		
	50m:	44.31 44.31	150m:	2:20.37	47.56	250m:	4:01.34	50.54	350m:	5:38.85	47.85
	100m:	1:32.81 48.50	200m:	3:10.80	50.43	300m:	4:51.00	49.66	400m:	6:26.48	47.63
23.	ŁU NIAK, Igor		03	MKP Słowianka Gorzów Wlkp				<b>6:28.50</b>	163		
	50m:	40.27 40.27	150m:	2:20.98	51.40	250m:	4:02.08	52.63	350m:	5:40.97	46.92
	100m:	1:29.58 49.31	200m:	3:09.45	48.47	300m:	4:54.05	51.97	400m:	6:28.50	47.53
24.	PAJOR, Szymon		03	MKP Szczecin				<b>6:31.19</b>	159		
	50m:	41.97 41.97	150m:	2:20.10	49.68	250m:			350m:	5:42.86	51.04
	100m:	1:30.42 48.45	200m:	3:11.27	51.17	300m:	4:51.82		400m:	6:31.19	48.33
25.	KOZŁOWSKI, Mateusz		03	MKP Szczecin				<b>6:32.81</b>	157		
	50m:	40.72 40.72	150m:	2:23.89	52.62	250m:	4:08.71	52.12	350m:	5:45.48	47.69
	100m:	1:31.27 50.55	200m:	3:16.59	52.70	300m:	4:57.79	49.08	400m:	6:32.81	47.33
26.	BAŁA, Cyprian		03	MKP Szczecin				<b>6:34.48</b>	155		
	50m:	41.70 41.70	150m:	2:20.84	50.58	250m:	4:01.83	51.07	350m:	5:44.93	51.52
	100m:	1:30.26 48.56	200m:	3:10.76	49.92	300m:	4:53.41	51.58	400m:	6:34.48	49.55
27.	SOSIW, Krystian		03	MKP Szczecin				<b>6:35.79</b>	154		
	50m:	47.17 47.17	150m:	2:28.54	49.80	250m:	4:10.19	50.54	350m:	5:46.75	47.21
	100m:	1:38.74 51.57	200m:	3:19.65	51.11	300m:	4:59.54	49.35	400m:	6:35.79	49.04
28.	POŁCZY SKI, Adrian		03	MKP Szczecin				<b>6:37.25</b>	152		
	50m:	44.40 44.40	150m:	2:23.24	49.02	250m:	4:05.82	51.62	350m:	5:49.28	51.59
	100m:	1:34.22 49.82	200m:	3:14.20	50.96	300m:	4:57.69	51.87	400m:	6:37.25	47.97
29.	JANIEC, Radosław		03	MKP Słowianka Gorzów Wlkp				<b>6:38.98</b>	150		
	50m:	43.50 43.50	150m:	2:24.44	50.64	250m:	4:07.92	52.51	350m:	5:52.49	52.76
	100m:	1:33.80 50.30	200m:	3:15.41	50.97	300m:	4:59.73	51.81	400m:	6:38.98	46.49
30.	NIZIO, Bartłomiej		03	MKP Szczecin				<b>6:40.72</b>	148		
	50m:	44.30 44.30	150m:	2:27.15	52.29	250m:	4:10.43	51.56	350m:	5:52.75	50.33
	100m:	1:34.86 50.56	200m:	3:18.87	51.72	300m:	5:02.42	51.99	400m:	6:40.72	47.97
31.	CAŁA, Dawid		03	MKP Szczecin				<b>6:41.29</b>	147		
	50m:	43.20 43.20	150m:	2:22.36	50.19	250m:	4:06.46	52.01	350m:	5:50.84	51.82
	100m:	1:32.17 48.97	200m:	3:14.45	52.09	300m:	4:59.02	52.56	400m:	6:41.29	50.45
32.	NICPO , Jakub		03	MKP Słowianka Gorzów Wlkp				<b>6:41.72</b>	147		
	50m:	42.06 42.06	150m:	2:23.68	52.39	250m:	4:07.25	50.99	350m:	5:51.40	51.75
	100m:	1:31.29 49.23	200m:	3:16.26	52.58	300m:	4:59.65	52.40	400m:	6:41.72	50.32
33.	BORSUK, Kamil		03	MKP Szczecin				<b>6:42.49</b>	146		
	50m:	43.14 43.14	150m:	2:27.63	52.92	250m:	4:13.97	53.10	350m:	5:55.98	49.91
	100m:	1:34.71 51.57	200m:	3:20.87	53.24	300m:	5:06.07	52.10	400m:	6:42.49	46.51
34.	KACZMARCZYK, Marcel		03	MKP Słowianka Gorzów Wlkp				<b>6:45.96</b>	142		
	50m:	44.01 44.01	150m:	2:29.12	52.68	250m:	4:12.85	52.70	350m:	5:56.83	51.90
	100m:	1:36.44 52.43	200m:	3:20.15	51.03	300m:	5:04.93	52.08	400m:	6:45.96	49.13
35.	SZCZYT, Kamil		03	MKP Szczecin				<b>6:46.73</b>	142		
	50m:	41.34 41.34	150m:	2:23.78	51.92	250m:	4:09.35	53.00	350m:	5:57.33	53.98
	100m:	1:31.86 50.52	200m:	3:16.35	52.57	300m:	5:03.35	54.00	400m:	6:46.73	49.40

Ogólnopolski Wytrzymałość ci  
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Pozycja			Rok ur.					Czas	Pkt.		
36.	BEKIER, Wojciech		03	MKP Słowianka Gorzów Wlkp				<b>6:47.52</b>	141		
	50m:	44.87 44.87	150m:	2:28.06	51.87	250m:	4:13.64	53.19	350m:	5:59.11	51.83
	100m:	1:36.19 51.32	200m:	3:20.45	52.39	300m:	5:07.28	53.64	400m:	6:47.52	48.41
37.	NOWAKOWSKI, Kacper		03	MKP Słowianka Gorzów Wlkp				<b>6:47.57</b>	141		
	50m:	45.23 45.23	150m:	2:30.52	52.56	250m:	4:18.22	53.73	350m:	6:03.11	52.03
	100m:	1:37.96 52.73	200m:	3:24.49	53.97	300m:	5:11.08	52.86	400m:	6:47.57	44.46
38.	OZIEWICZ, Oliwier		03	MKP Szczecin				<b>6:51.77</b>	136		
	50m:	47.52 47.52	150m:	2:31.06	52.42	250m:	4:17.58	53.16	350m:	6:03.45	52.03
	100m:	1:38.64 51.12	200m:	3:24.42	53.36	300m:	5:11.42	53.84	400m:	6:51.77	48.32
39.	SZTARK, Krzysztof		03	MKP Szczecin				<b>6:54.02</b>	134		
	50m:	41.59 41.59	150m:	2:22.72	51.99	250m:	4:09.40	53.41	350m:	5:59.99	55.09
	100m:	1:30.73 49.14	200m:	3:15.99	53.27	300m:	5:04.90	55.50	400m:	6:54.02	54.03
40.	KROPIDŁOWSKI, Adam		03	MKP Słowianka Gorzów Wlkp				<b>6:54.97</b>	133		
	50m:	43.95 43.95	150m:	2:29.50	54.03	250m:	4:15.97	53.23	350m:	6:04.88	55.06
	100m:	1:35.47 51.52	200m:	3:22.74	53.24	300m:	5:09.82	53.85	400m:	6:54.97	50.09
41.	STUDZI SKI, Oliwier		03	MKP Słowianka Gorzów Wlkp				<b>7:04.11</b>	125		
	50m:	43.86 43.86	150m:	2:32.38	55.37	250m:	4:21.91	54.51	350m:	6:10.65	54.38
	100m:	1:37.01 53.15	200m:	3:27.40	55.02	300m:	5:16.27	54.36	400m:	7:04.11	53.46
42.	JANKOWSKI - RIOS, Carlos - Diego		03	MKP Słowianka Gorzów Wlkp				<b>7:08.38</b>	121		
	50m:	42.46 42.46	150m:			250m:	4:21.01	54.41	350m:		
	100m:		200m:	3:26.60		300m:			400m:	7:08.38	
43.	JASKOWSKI, Jakub		03	MKP Szczecin				<b>7:11.01</b>	119		
	50m:	45.30 45.30	150m:	2:33.31	54.74	250m:	4:23.70	55.38	350m:	6:15.36	55.24
	100m:	1:38.57 53.27	200m:	3:28.32	55.01	300m:	5:20.12	56.42	400m:	7:11.01	55.65
44.	KOR OWNIK, Hubert		03	MKP Słowianka Gorzów Wlkp				<b>7:12.39</b>	118		
	50m:	45.20 45.20	150m:	2:31.66	54.21	250m:	4:25.42	56.12	350m:	6:20.62	58.39
	100m:	1:37.45 52.25	200m:	3:29.30	57.64	300m:	5:22.23	56.81	400m:	7:12.39	51.77
45.	KOWALCZYK, Maciej		03	MKP Słowianka Gorzów Wlkp				<b>7:19.08</b>	112		
	50m:	44.92 44.92	150m:	2:33.60	54.75	250m:	4:26.08	56.16	350m:		
	100m:	1:38.85 53.93	200m:	3:29.92	56.32	300m:	5:24.55	58.47	400m:	7:19.08	
46.	KAMI SKI, Mikołaj		03	MKP Słowianka Gorzów Wlkp				<b>7:19.72</b>	112		
	50m:	47.76 47.76	150m:	2:39.19	55.77	250m:	4:33.67	58.13	350m:	6:29.43	57.88
	100m:	1:43.42 55.66	200m:	3:35.54	56.35	300m:	5:31.55	57.88	400m:	7:19.72	50.29
47.	WRZESZCZ, Mateusz		03	MKP Szczecin				<b>7:30.86</b>	104		
	50m:		150m:	2:44.42		250m:	4:40.09	58.80	350m:	6:36.54	57.39
	100m:		200m:	3:41.29	56.87	300m:	5:39.15	59.06	400m:	7:30.86	54.32
DYSKW.	CACAJ, Wiktor		03	MKP Szczecin				<b>5:58.59</b>			
	<i>O15 - Brak kontaktu fizycznego ze cian podczas nawrotów</i>										
	50m:	40.80 40.80	150m:	2:11.73	46.71	250m:	3:44.91	46.52	350m:	5:15.40	43.52
	100m:	1:25.02 44.22	200m:	2:58.39	46.66	300m:	4:31.88	46.97	400m:	5:58.59	43.19
PK	HERDA, Mikołaj		03	MKP Szczecin				<b>5:58.36</b>	207		
	50m:	37.68 37.68	150m:	2:09.04	46.20	250m:	3:42.07	46.63	350m:	5:14.70	44.94
	100m:	1:22.84 45.16	200m:	2:55.44	46.40	300m:	4:29.76	47.69	400m:	5:58.36	43.66