

Otwarte Mistrzostwa Województwa Zachodniopomorskiego w pływaniu  
Szczecin, 10-12-2014

Konkurencja 12  
2014-12-10 - 13:15

M czyzn, 400m dowolny

12 lat i starsi  
Wyniki

Punkty: FINA 2014

Pozycja	Rok ur.	Czas	Pkt.
<b>12 lat</b>			
1. DEMBSKI-KORNAGA, Eryk	02 Znicz Koszalin	<b>5:03.44</b>	342
50m: 33.42 33.42	150m: 1:50.45 39.03	250m: 3:09.91 39.66	350m: 4:27.24 38.29
100m: 1:11.42 38.00	200m: 2:30.25 39.80	300m: 3:48.95 39.04	400m: 5:03.44 36.20
2. WARKOCZ, Szymon	02 MKP Szczecin	<b>5:04.17</b>	339
50m: 34.57 34.57	150m: 1:52.67 39.31	250m: 3:11.07 38.87	350m: 4:28.44 38.70
100m: 1:13.36 38.79	200m: 2:32.20 39.53	300m: 3:49.74 38.67	400m: 5:04.17 35.73
3. KOLA CZYK, Kacper	02 MKP Kołobrzeg	<b>5:05.47</b>	335
50m: 34.17 34.17	150m: 1:52.41 39.62	250m: 3:11.54 39.34	350m: 4:28.94 37.99
100m: 1:12.79 38.62	200m: 2:32.20 39.79	300m: 3:50.95 39.41	400m: 5:05.47 36.53
4. CEGLI SKI, Hubert	02 Znicz Koszalin	<b>5:09.14</b>	323
50m: 33.66 33.66	150m: 1:51.98 40.04	250m: 3:12.62 40.31	350m: 4:31.71 39.26
100m: 1:11.94 38.28	200m: 2:32.31 40.33	300m: 3:52.45 39.83	400m: 5:09.14 37.43
5. BRONIKOWSKI, Bruno	02 MKP Szczecin	<b>5:13.12</b>	311
50m: 35.82 35.82	150m: 1:56.41 40.68	250m: 3:18.48 41.03	350m: 4:37.18 38.70
100m: 1:15.73 39.91	200m: 2:37.45 41.04	300m: 3:58.48 40.00	400m: 5:13.12 35.94
6. CIE LAK, Alexander	02 MKP Szczecin	<b>5:13.75</b>	309
50m: 35.65 35.65	150m: 1:56.54 40.91	250m: 3:18.54 40.90	350m: 4:38.68 39.48
100m: 1:15.63 39.98	200m: 2:37.64 41.10	300m: 3:59.20 40.66	400m: 5:13.75 35.07
7. RABIZA, Wojciech	02 MKP Szczecin	<b>5:16.15</b>	302
50m: 38.24 38.24	150m: 2:08.95 46.01	250m: 3:42.90 46.29	350m: 5:16.15 35.07
100m: 1:22.94 44.70	200m: 2:56.61 47.66	300m: 4:29.96 47.06	400m: 5:16.15 35.07
8. WIECHETEK, Daniel	02 MKP Szczecin	<b>5:17.41</b>	299
50m: 36.00 36.00	150m: 1:57.82 41.20	250m: 3:19.19 40.55	350m: 4:39.89 39.94
100m: 1:16.62 40.62	200m: 2:38.64 40.82	300m: 3:59.95 40.76	400m: 5:17.41 37.52
9. MALLEK, Mateusz	02 Znicz Koszalin	<b>5:22.64</b>	284
50m: 34.00 34.00	150m: 1:53.84 40.64	250m: 3:17.12 41.97	350m: 4:43.09 43.32
100m: 1:13.20 39.20	200m: 2:35.15 41.31	300m: 3:59.77 42.65	400m: 5:22.64 39.55
10. HAŁADUDA, Kacper	02 MKP Szczecin	<b>5:24.34</b>	280
50m: 35.13 35.13	150m: 1:55.75 40.86	250m: 3:18.79 41.86	350m: 4:43.29 42.33
100m: 1:14.89 39.76	200m: 2:36.93 41.18	300m: 4:00.96 42.17	400m: 5:24.34 41.05
11. STANISZEWSKI, Maksymilian	02 MKP Szczecin	<b>5:28.77</b>	269
50m: 35.32 35.32	150m: 1:57.72 42.13	250m: 3:22.97 42.67	350m: 4:48.22 42.89
100m: 1:15.59 40.27	200m: 2:40.30 42.58	300m: 4:05.33 42.36	400m: 5:28.77 40.55
12. PO ARLIK, Nikodem	02 Znicz Koszalin	<b>5:29.64</b>	266
50m: 34.41 34.41	150m: 1:56.52 41.60	250m: 3:22.22 43.37	350m: 4:48.77 43.41
100m: 1:14.92 40.51	200m: 2:38.85 42.33	300m: 4:05.36 43.14	400m: 5:29.64 40.87
<b>13 lat</b>			
1. BUGAŁA, Krzysztof	01 MKP Szczecin	<b>4:29.74</b>	487
50m: 30.07 30.07	150m: 1:39.09 34.95	250m: 2:48.69 34.46	350m: 3:57.28 34.29
100m: 1:04.14 34.07	200m: 2:14.23 35.14	300m: 3:22.99 34.30	400m: 4:29.74 32.46
2. KORZENIEWSKI, Witold	01 MKP „Słowianka” Gorzów Wlkp.	<b>4:41.17</b>	430
50m: 31.47 31.47	150m: 1:42.02 35.64	250m: 2:54.39 35.99	350m: 4:06.68 36.07
100m: 1:06.38 34.91	200m: 2:18.40 36.38	300m: 3:30.61 36.22	400m: 4:41.17 34.49
3. PIRÓG, Bartosz	01 MKP Szczecin	<b>4:42.10</b>	425
50m: 32.02 32.02	150m: 1:43.22 35.57	250m: 2:55.65 36.37	350m: 4:08.54 36.22
100m: 1:07.65 35.63	200m: 2:19.28 36.06	300m: 3:32.32 36.67	400m: 4:42.10 33.56
4. KOPERA, Oskar	01 MKP „Słowianka” Gorzów Wlkp.	<b>4:43.38</b>	420
50m: 31.08 31.08	150m: 1:43.54 36.56	250m: 2:56.81 36.37	350m: 4:08.60 35.63
100m: 1:06.98 35.90	200m: 2:20.44 36.90	300m: 3:32.97 36.16	400m: 4:43.38 34.78

Otwarte Mistrzostwa Województwa Zachodniopomorskiego w pływaniu  
Szczecin, 10-12-2014

Konkurencja 12, Chłopców, 400m dowolny, 13 lat

Pozycja			Rok ur.					Czas	Pkt.
5.	KOPKA, Jakub		01	MKP „Słowianka” Gorzów Wlkp.				<b>4:44.36</b>	415
	50m:	31.47 31.47	150m:	1:41.53 35.79	250m:	2:54.05 36.24	350m:	4:07.42 36.50	
	100m:	1:05.74 34.27	200m:	2:17.81 36.28	300m:	3:30.92 36.87	400m:	4:44.36 36.94	
6.	DROZDA, Jakub		01	MKP „Słowianka” Gorzów Wlkp.				<b>4:44.79</b>	413
	50m:	32.03 32.03	150m:	1:43.77 36.75	250m:	2:56.65 36.01	350m:	4:10.45 36.81	
	100m:	1:07.02 34.99	200m:	2:20.64 36.87	300m:	3:33.64 36.99	400m:	4:44.79 34.34	
7.	RÓJ, Jakub		01	MKP Szczecin				<b>4:48.56</b>	397
	50m:	32.16 32.16	150m:	1:45.12 36.75	250m:	2:59.78 37.45	350m:	4:13.99 37.20	
	100m:	1:08.37 36.21	200m:	2:22.33 37.21	300m:	3:36.79 37.01	400m:	4:48.56 34.57	
8.	KUREK, Jakub		01	MKP Szczecin				<b>4:49.49</b>	394
	50m:	32.90 32.90	150m:	1:46.55 37.49	250m:	3:00.83 36.87	350m:	4:14.33 37.05	
	100m:	1:09.06 36.16	200m:	2:23.96 37.41	300m:	3:37.28 36.45	400m:	4:49.49 35.16	
9.	CZESZEWSKI, Krystian		01	Znicz Koszalin				<b>4:52.48</b>	382
	50m:	33.33 33.33	150m:	1:48.81 37.92	250m:	3:03.64 37.33	350m:	4:18.15 36.67	
	100m:	1:10.89 37.56	200m:	2:26.31 37.50	300m:	3:41.48 37.84	400m:	4:52.48 34.33	
10.	PABICH, Bartosz		01	MKS Neptun Stargard				<b>4:53.59</b>	377
	50m:	31.31 31.31	150m:	1:46.41 38.12	250m:	3:03.00 38.33	350m:	4:16.98 36.53	
	100m:	1:08.29 36.98	200m:	2:24.67 38.26	300m:	3:40.45 37.45	400m:	4:53.59 36.61	
11.	KOTO SKI, Jakub		01	IUKP "WODNIK" Police				<b>4:57.35</b>	363
	50m:	32.81 32.81	150m:	1:48.43 38.15	250m:	3:04.63 37.99	350m:	4:20.92 37.62	
	100m:	1:10.28 37.47	200m:	2:26.64 38.21	300m:	3:43.30 38.67	400m:	4:57.35 36.43	
12.	KULCZYCKI, Patryk		01	MKP „Słowianka” Gorzów Wlkp.				<b>5:01.02</b>	350
	50m:	33.32 33.32	150m:	1:49.30 37.86	250m:	3:06.58 38.80	350m:	4:24.34 38.61	
	100m:	1:11.44 38.12	200m:	2:27.78 38.48	300m:	3:45.73 39.15	400m:	5:01.02 36.68	
13.	KAMI SKI, Dawid		01	MKP Szczecin				<b>5:05.17</b>	336
	50m:	34.11 34.11	150m:	1:51.22 38.79	250m:	3:09.35 39.54	350m:	4:27.63 39.00	
	100m:	1:12.43 38.32	200m:	2:29.81 38.59	300m:	3:48.63 39.28	400m:	5:05.17 37.54	
14.	KRZY ANOWSKI, Sławomir		01	IUKP "WODNIK" Police				<b>5:19.33</b>	293
	50m:	33.52 33.52	150m:	1:52.46 40.11	250m:	3:16.06 41.60	350m:	4:39.28 41.69	
	100m:	1:12.35 38.83	200m:	2:34.46 42.00	300m:	3:57.59 41.53	400m:	5:19.33 40.05	
DYSKW.	ZABIELSKI, Kacper		01	Znicz Koszalin					
	<i>O2 - Umy Ine zakłócanie porz dku</i>								
	50m:		150m:		250m:		350m:		
	100m:		200m:		300m:		400m:		

14 lat

1.	DOMA SKI, Gracjan		00	MKP Kołobrzeg				<b>4:12.04</b>	597
	50m:	27.64 27.64	150m:	1:30.18 31.72	250m:	2:35.20 32.35	350m:	3:40.61 32.76	
	100m:	58.46 30.82	200m:	2:02.85 32.67	300m:	3:07.85 32.65	400m:	4:12.04 31.43	
2.	ZYCHOWICZ, Jakub		00	Znicz Koszalin				<b>4:22.44</b>	528
	50m:	29.16 29.16	150m:	1:34.90 33.30	250m:	2:43.05 33.91	350m:	3:50.33 33.52	
	100m:	1:01.60 32.44	200m:	2:09.14 34.24	300m:	3:16.81 33.76	400m:	4:22.44 32.11	
3.	MACIAK, Artur		00	MKP Szczecin				<b>4:23.96</b>	519
	50m:	30.83 30.83	150m:	1:37.05 33.25	250m:	2:44.44 33.96	350m:	3:52.33 33.75	
	100m:	1:03.80 32.97	200m:	2:10.48 33.43	300m:	3:18.58 34.14	400m:	4:23.96 31.63	
4.	ŁAPACZ, Mateusz		00	MKP Szczecin				<b>4:31.43</b>	478
	50m:	30.81 30.81	150m:	1:39.55 34.68	250m:	2:49.05 34.52	350m:	3:57.82 34.19	
	100m:	1:04.87 34.06	200m:	2:14.53 34.98	300m:	3:23.63 34.58	400m:	4:31.43 33.61	
5.	GÓRKA, Marcel		00	MKP My libórz				<b>4:42.84</b>	422
	50m:	31.37 31.37	150m:	1:42.62 36.02	250m:	2:55.71 36.64	350m:	4:08.63 36.23	
	100m:	1:06.60 35.23	200m:	2:19.07 36.45	300m:	3:32.40 36.69	400m:	4:42.84 34.21	
6.	SACZUK, Artur		00	IUKP "WODNIK" Police				<b>4:43.60</b>	419
	50m:	30.99 30.99	150m:	1:42.47 36.46	250m:	2:55.97 36.49	350m:	4:09.06 36.46	
	100m:	1:06.01 35.02	200m:	2:19.48 37.01	300m:	3:32.60 36.63	400m:	4:43.60 34.54	

Otwarte Mistrzostwa Województwa Zachodniopomorskiego w pływaniu  
Szczecin, 10-12-2014

Konkurencja 12, M czynn, 400m dowolny

15 lat i starsi

1.	SZULGO, Filip	97	MKP Szczecin	<b>4:07.93</b>	627
	50m: 28.76 28.76	150m: 1:31.12	31.60 250m: 2:34.98	31.78 350m: 3:38.47	31.71
	100m: 59.52 30.76	200m: 2:03.20	32.08 300m: 3:06.76	31.78 400m: 4:07.93	29.46
2.	BODZIOCH, ANDRZEJ SSz	98	MKP Szczecin	<b>4:07.96</b>	627
	50m: 28.24 28.24	150m: 1:30.77	31.55 250m: 2:34.61	31.91 350m: 3:38.10	31.72
	100m: 59.22 30.98	200m: 2:02.70	31.93 300m: 3:06.38	31.77 400m: 4:07.96	29.86
3.	GÓRSKI, Marcin	97	MKP Szczecin	<b>4:10.94</b>	605
	50m: 28.15 28.15	150m: 1:31.01	31.79 250m: 2:35.07	31.65 350m: 3:39.31	32.08
	100m: 59.22 31.07	200m: 2:03.42	32.41 300m: 3:07.23	32.16 400m: 4:10.94	31.63
4.	STEC, Adam Ssz	97	MKP Szczecin	<b>4:21.49</b>	534
	50m: 29.31 29.31	150m: 1:33.38	32.33 250m: 2:39.30	32.98 350m: 3:47.74	34.39
	100m: 1:01.05 31.74	200m: 2:06.32	32.94 300m: 3:13.35	34.05 400m: 4:21.49	33.75
5.	REKOWSKI, Bartosz	99	MKP Szczecin	<b>4:24.37</b>	517
	50m: 28.91 28.91	150m: 1:33.48	32.79 250m: 2:41.54	34.04 350m: 3:50.96	34.77
	100m: 1:00.69 31.78	200m: 2:07.50	34.02 300m: 3:16.19	34.65 400m: 4:24.37	33.41
6.	KARLI SKI, Patryk	96	KSI START Szczecin	<b>4:27.90</b>	497
	50m: 29.28 29.28	150m: 1:34.85	33.21 250m: 2:43.49	34.47 350m: 3:53.41	34.81
	100m: 1:01.64 32.36	200m: 2:09.02	34.17 300m: 3:18.60	35.11 400m: 4:27.90	34.49
7.	KOŁODZIEJ, Bartłomiej	99	MKS Neptun Stargard	<b>4:29.19</b>	490
	50m: 29.70 29.70	150m: 1:36.25	33.91 250m: 2:46.29	35.23 350m: 3:56.49	35.03
	100m: 1:02.34 32.64	200m: 2:11.06	34.81 300m: 3:21.46	35.17 400m: 4:29.19	32.70
8.	SAŁAMAJ, Radosław	99	Znicz Koszalin	<b>4:56.46</b>	366
	50m: 33.16 33.16	150m: 1:47.64	38.15 250m: 3:04.50	38.57 350m: 4:20.36	38.22
	100m: 1:09.49 36.33	200m: 2:25.93	38.29 300m: 3:42.14	37.64 400m: 4:56.46	36.10
9.	WOJCIECHOWSKI, Jakub	99	Znicz Koszalin	<b>5:01.96</b>	347
	50m: 31.77 31.77	150m: 1:48.42	39.07 250m: 3:07.70	39.72 350m: 4:25.48	38.29
	100m: 1:09.35 37.58	200m: 2:27.98	39.56 300m: 3:47.19	39.49 400m: 5:01.96	36.48