

Mistrzostwa Okręgu Lubuskiego w Pływaniu
Gorzów, 20-12-2014

Konkurencja 32
2014-12-20 - 12:58

Kobiet, 400m dowolny

11 lat i starsi
Wyniki

Punkty: FINA 2014

Pozycja			Rok ur.					Czas	Pkt.	
12 lat										
1.	VAN DOORNE, Natalia		02	MKP Słowianka Gorzów				5:04.10	458	
	50m:	34.49 34.49	150m:	1:51.40	39.11	250m:	3:10.47	39.48	350m:	4:28.09 38.90
	100m:	1:12.29 37.80	200m:	2:30.99	39.59	300m:	3:49.19	38.72	400m:	5:04.10 36.01
2.	MICIĄK, Agata		02	MKP Słowianka Gorzów				5:26.38	370	
	50m:	35.76 35.76	150m:	1:58.39	42.16	250m:	3:23.79	42.62	350m:	4:47.93 41.91
	100m:	1:16.23 40.47	200m:	2:41.17	42.78	300m:	4:06.02	42.23	400m:	5:26.38 38.45
3.	GRZEGOLEC, Weronika		02	MKP Słowianka Gorzów				5:37.45	335	
	50m:	36.01 36.01	150m:	2:01.48	44.20	250m:	3:28.20	44.11	350m:	4:53.80 43.57
	100m:	1:17.28 41.27	200m:	2:44.09	42.61	300m:	4:10.23	42.03	400m:	5:37.45 43.65
4.	PAWLAK, Katarzyna		02	Totis Viribus wiebodzice				6:36.87	206	
	50m:	44.09 44.09	150m:	2:24.65	51.08	250m:	4:08.55	52.02	350m:	5:52.30 51.75
	100m:	1:33.57 49.48	200m:	3:16.53	51.88	300m:	5:00.55	52.00	400m:	6:36.87 44.57
5.	BOGUĆKA, Blanka		02	Totis Viribus wiebodzice				6:38.18	204	
	50m:	42.30 42.30	150m:	2:23.50	52.06	250m:	4:10.07	52.90	350m:	5:54.71 51.92
	100m:	1:31.44 49.14	200m:	3:17.17	53.67	300m:	5:02.79	52.72	400m:	6:38.18 43.47
13 lat										
1.	ISIO, Adrianna		01	KORNER Zielona Góra				5:27.91	365	
	50m:	35.37 35.37	150m:	1:55.44	40.44	250m:	3:19.92	42.26	350m:	4:45.45 42.93
	100m:	1:15.00 39.63	200m:	2:37.66	42.22	300m:	4:02.52	42.60	400m:	5:27.91 42.46
14 - 15 lat										
1.	JAWORSKA, Aleksandra		99	MKP Słowianka Gorzów				4:56.28	495	
	50m:	33.61 33.61	150m:	1:48.10	37.43	250m:	3:04.11	38.17	350m:	4:19.89 37.89
	100m:	1:10.67 37.06	200m:	2:25.94	37.84	300m:	3:42.00	37.89	400m:	4:56.28 36.39
2.	OSI SKA, Aleksandra		00	MKP Słowianka Gorzów				5:26.70	369	
	50m:	35.38 35.38	150m:	1:54.70	41.07	250m:	4:47.94	43.50	350m:	5:26.55
	100m:	1:13.63 38.25	200m:	4:04.44	2:09.74	300m:			400m:	5:26.70 0.15
16 lat i starsi										
1.	HALAGIERA, Joanna		96	MKP Słowianka Gorzów				4:26.25	683	
	50m:	30.78 30.78	150m:	1:37.65	33.72	250m:	2:45.11	33.57	350m:	3:52.89 33.77
	100m:	1:03.93 33.15	200m:	2:11.54	33.89	300m:	3:19.12	34.01	400m:	4:26.25 33.36