

Puchar Dyrektora MKP Szczecin  
Szczecin, 6-2-2015

Konkurencja 22  
2015-02-06 - 12:24

M czyzn, 400m dowolny

14 lat i starsi  
Wyniki

Punkty: FINA 2014

Pozycja			Rok ur.					Czas	Pkt.		
<b>14 lat</b>											
1.	BUGAŁA, Krzysztof		01	MKP Szczecin				<b>4:21.56</b>	534		
	50m:	29.60 29.60	150m:	1:35.12	32.92	250m:	2:42.53	33.66	350m:	3:49.43	32.97
	100m:	1:02.20 32.60	200m:	2:08.87	33.75	300m:	3:16.46	33.93	400m:	4:21.56	32.13
2.	DROZDA, Jakub		01	MKP Słowianka Gorzów				<b>4:38.40</b>	443		
	50m:	31.70 31.70	150m:	1:42.21	35.78	250m:	2:54.00	35.84	350m:	4:04.96	35.09
	100m:	1:06.43 34.73	200m:	2:18.16	35.95	300m:	3:29.87	35.87	400m:	4:38.40	33.44
3.	KORZENIEWSKI, Witold		01	MKP Słowianka Gorzów				<b>4:39.49</b>	437		
	50m:	30.75 30.75	150m:	1:41.58	35.95	250m:	2:52.90	35.61	350m:	4:04.93	36.13
	100m:	1:05.63 34.88	200m:	2:17.29	35.71	300m:	3:28.80	35.90	400m:	4:39.49	34.56
4.	KULCZYCKI, Patryk		01	MKP Słowianka Gorzów				<b>4:50.70</b>	389		
	50m:	33.33 33.33	150m:	1:48.03	37.62	250m:	3:02.75	37.32	350m:	4:16.07	36.25
	100m:	1:10.41 37.08	200m:	2:25.43	37.40	300m:	3:39.82	37.07	400m:	4:50.70	34.63
<b>15 lat</b>											
1.	DOMA SKI, Gracjan		00	MKP Kołobrzeg				<b>4:09.93</b>	612		
	50m:	28.96 28.96	150m:	1:32.46	31.90	250m:	2:36.06	31.79	350m:	3:39.68	31.56
	100m:	1:00.56 31.60	200m:	2:04.27	31.81	300m:	3:08.12	32.06	400m:	4:09.93	30.25
2.	MACIAK, Artur		00	MKP Szczecin				<b>4:25.64</b>	510		
	50m:	30.75 30.75	150m:	1:37.47	33.48	250m:	2:45.53	33.93	350m:	3:53.32	34.13
	100m:	1:03.99 33.24	200m:	2:11.60	34.13	300m:	3:19.19	33.66	400m:	4:25.64	32.32
3.	LISEK, Aleksander		00	MKP Słowianka Gorzów				<b>4:28.69</b>	492		
	50m:	30.64 30.64	150m:	1:37.36	33.64	250m:	2:45.76	34.15	350m:	3:54.75	34.42
	100m:	1:03.72 33.08	200m:	2:11.61	34.25	300m:	3:20.33	34.57	400m:	4:28.69	33.94
4.	STONAWSKI, Maciej		00	MKP Słowianka Gorzów				<b>4:29.97</b>	485		
	50m:	30.70 30.70	150m:	1:38.16	33.88	250m:	2:47.34	34.74	350m:	3:56.59	34.71
	100m:	1:04.28 33.58	200m:	2:12.60	34.44	300m:	3:21.88	34.54	400m:	4:29.97	33.38
5.	ŁAPACZ, Mateusz		00	MKP Szczecin				<b>4:41.02</b>	430		
	50m:	31.08 31.08	150m:	1:40.30	35.11	250m:	2:52.05	36.01	350m:	4:05.17	36.44
	100m:	1:05.19 34.11	200m:	2:16.04	35.74	300m:	3:28.73	36.68	400m:	4:41.02	35.85
6.	BEDNARZ, Olaf		00	MKP Słowianka Gorzów				<b>4:44.16</b>	416		
	50m:	32.40 32.40	150m:	1:44.08	36.31	250m:	2:56.97	35.91	350m:	4:08.89	35.10
	100m:	1:07.77 35.37	200m:	2:21.06	36.98	300m:	3:33.79	36.82	400m:	4:44.16	35.27
7.	KOSIK, Łukasz		00	MKP Słowianka Gorzów				<b>4:50.09</b>	391		
	50m:	33.38 33.38	150m:	1:47.50	37.23	250m:	3:02.14	37.67	350m:	4:14.85	35.48
	100m:	1:10.27 36.89	200m:	2:24.47	36.97	300m:	3:39.37	37.23	400m:	4:50.09	35.24
<b>16 lat</b>											
1.	PORADZI SKI, Paweł		99	MKP Słowianka Gorzów				<b>4:26.76</b>	503		
	50m:	29.75 29.75	150m:	1:36.81	34.18	250m:	2:46.17	34.54	350m:	3:54.02	34.04
	100m:	1:02.63 32.88	200m:	2:11.63	34.82	300m:	3:19.98	33.81	400m:	4:26.76	32.74
2.	REKOWSKI, Bartosz		99	MKP Szczecin				<b>4:29.81</b>	486		
	50m:	29.99 29.99	150m:	1:37.23	33.62	250m:	2:46.60	34.77	350m:	3:56.44	34.90
	100m:	1:03.61 33.62	200m:	2:11.83	34.60	300m:	3:21.54	34.94	400m:	4:29.81	33.37
<b>17 lat i starsi</b>											
1.	STANISZEWSKI, Adam SSz		97	Trójka Łód				<b>4:02.82</b>	667		
	50m:	28.39 28.39	150m:	1:30.23	31.06	250m:	2:31.97	30.75	350m:	3:33.08	30.74
	100m:	59.17 30.78	200m:	2:01.22	30.99	300m:	3:02.34	30.37	400m:	4:02.82	29.74

Puchar Dyrektora MKP Szczecin  
Szczecin, 6-2-2015

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Konkurencja 22, M czynn, 400m dowolny, 17 lat i starsi

Pozycja				Rok ur.					Czas	Pkt.		
2.	GÓRSKI, Marcin			97	MKP Szczecin				<b>4:06.13</b>	641		
	50m:	28.36	28.36	150m:	1:29.82	31.09	250m:	2:32.40	31.12	350m:	3:35.65	31.51
	100m:	58.73	30.37	200m:	2:01.28	31.46	300m:	3:04.14	31.74	400m:	4:06.13	30.48
3.	RÓJ, Konrad SSZ			98	MKP Szczecin				<b>4:07.43</b>	631		
	50m:	29.22	29.22	150m:	1:32.12	31.55	250m:	2:35.33	31.57	350m:	3:38.05	31.29
	100m:	1:00.57	31.35	200m:	2:03.76	31.64	300m:	3:06.76	31.43	400m:	4:07.43	29.38
4.	SZULGO, Filip			97	MKP Szczecin				<b>4:24.74</b>	515		
	50m:	29.27	29.27	150m:	1:35.24	33.33	250m:	2:42.68	33.99	350m:	3:51.49	34.07
	100m:	1:01.91	32.64	200m:	2:08.69	33.45	300m:	3:17.42	34.74	400m:	4:24.74	33.25
PK	OLIWA, Michał			97	MKP Szczecin				<b>4:07.63</b>	629		
	50m:	28.82	28.82	150m:	1:31.90	31.81	250m:	2:35.05	31.18	350m:	3:37.55	31.13
	100m:	1:00.09	31.27	200m:	2:03.87	31.97	300m:	3:06.42	31.37	400m:	4:07.63	30.08