

Grand Prix - Puchar Polski  
Szczecin, 16-5-2015

Konkurencja 1  
2015-05-16 - 9:00

Kobiet, 400m zmienny

14 lat i starsi  
Wyniki

Punkty: FINA 2015

Pozycja	Rok ur.		Czas	Pkt.	100m	200m	300m	400m				
<b>14 lat i starsi</b>												
1.	ZBROJEWSKA M.	96	UKS Pi tka Konstantinów	<b>5:07.98</b>	662	1:10.67	1:21.10	1:25.13	1:11.08			
	50m:	32.84	32.84	150m:	1:51.81	41.14	250m:	3:13.92	42.15	350m:	4:33.54	36.64
	100m:	1:10.67	37.83	200m:	2:31.77	39.96	300m:	3:56.90	42.98	400m:	5:07.98	34.44
2.	ADAMCZYK Julia	99	MTP Lublinianka Lublin	<b>5:08.60</b>	658	1:11.26	1:19.70	1:29.37	1:08.27			
	50m:	33.04	33.04	150m:	1:51.91	40.65	250m:	3:15.87	44.91	350m:	4:35.78	35.45
	100m:	1:11.26	38.22	200m:	2:30.96	39.05	300m:	4:00.33	44.46	400m:	5:08.60	32.82
3.	MENDOWSKA Paulina	97	Warta Pozna	<b>5:13.74</b>	626	1:09.71	1:22.01	1:29.74	1:12.28			
	50m:	32.33	32.33	150m:	1:51.18	41.47	250m:	3:16.74	45.02	350m:	4:37.27	35.81
	100m:	1:09.71	37.38	200m:	2:31.72	40.54	300m:	4:01.46	44.72	400m:	5:13.74	36.47
4.	OSINIAK Ewa	00	Olimpijczyk 23 Lublin	<b>5:17.61</b>	603	1:13.96	1:21.73	1:31.84	1:10.08			
	50m:	33.97	33.97	150m:	1:55.67	41.71	250m:	3:21.00	45.31	350m:	4:43.34	35.81
	100m:	1:13.96	39.99	200m:	2:35.69	40.02	300m:	4:07.53	46.53	400m:	5:17.61	34.27
5.	HALAGIERA Joanna	96	MKP Słowianka Gorzów Wlk	<b>5:18.73</b>	597	1:11.41	1:25.11	1:32.94	1:09.27			
	50m:	33.21	33.21	150m:	1:54.26	42.85	250m:	3:22.78	46.26	350m:	4:44.69	35.23
	100m:	1:11.41	38.20	200m:	2:36.52	42.26	300m:	4:09.46	46.68	400m:	5:18.73	34.04
6.	WETT Oliwia	01	Sambor Tczew	<b>5:19.04</b>	595	1:13.24	1:22.55	1:32.52	1:10.73			
	50m:	33.54	33.54	150m:	1:55.28	42.04	250m:	3:21.69	45.90	350m:	4:44.78	36.47
	100m:	1:13.24	39.70	200m:	2:35.79	40.51	300m:	4:08.31	46.62	400m:	5:19.04	34.26
7.	HALICKA Lidia	01	WKS I sk Wrocław	<b>5:21.36</b>	582	1:12.90	1:19.24	1:36.03	1:13.19			
	50m:	33.18	33.18	150m:	1:52.88	39.98	250m:	3:20.28	48.14	350m:	4:45.40	37.23
	100m:	1:12.90	39.72	200m:	2:32.14	39.26	300m:	4:08.17	47.89	400m:	5:21.36	35.96
8.	MARGULA Weronika	00	MKP Szczecin	<b>5:22.51</b>	576	1:14.08	1:19.14	1:36.88	1:12.41			
	50m:	32.90	32.90	150m:	1:52.97	38.89	250m:	3:21.02	47.80	350m:	4:46.40	36.30
	100m:	1:14.08	41.18	200m:	2:33.22	40.25	300m:	4:10.10	49.08	400m:	5:22.51	36.11
9.	KARASZKIEWICZ Daria	99	MTS Kwidzyn	<b>5:24.68</b>	565	1:12.24	1:23.14	1:35.82	1:13.48			
	50m:	33.22	33.22	150m:	1:53.95	41.71	250m:	3:22.61	47.23	350m:	4:48.43	37.23
	100m:	1:12.24	39.02	200m:	2:35.38	41.43	300m:	4:11.20	48.59	400m:	5:24.68	36.25
10.	KRZY A SKA Karolina	01	MKP Szczecin	<b>5:28.67</b>	544	1:15.67	1:25.62	1:32.84	1:14.54			
	50m:	35.03	35.03	150m:	1:58.99	43.32	250m:	3:27.56	46.27	350m:	4:52.01	37.88
	100m:	1:15.67	40.64	200m:	2:41.29	42.30	300m:	4:14.13	46.57	400m:	5:28.67	36.66
11.	WĘGRZYNOWSKA A.	01	WKS I sk Wrocław	<b>5:34.68</b>	515	1:14.60	1:25.57	1:37.61	1:16.90			
	50m:	33.83	33.83	150m:	1:58.05	43.45	250m:	3:28.88	48.71	350m:	4:57.18	39.40
	100m:	1:14.60	40.77	200m:	2:40.17	42.12	300m:	4:17.78	48.90	400m:	5:34.68	37.50
12.	CICHOWSKA Julia	01	WKS I sk Wrocław	<b>5:44.52</b>	472	1:19.03	1:30.58	1:35.00	1:19.91			
	50m:	35.97	35.97	150m:	2:05.69	46.66	250m:	3:37.60	47.99	350m:	5:05.99	41.38
	100m:	1:19.03	43.06	200m:	2:49.61	43.92	300m:	4:24.61	47.01	400m:	5:44.52	38.53
13.	MARSZAŁEK Anna	01	MKP Szczecin	<b>5:48.09</b>	458	1:17.73	1:27.65	1:42.05	1:20.66			
	50m:	35.11	35.11	150m:	2:02.01	44.28	250m:	3:36.30	50.92	350m:	5:08.13	40.70
	100m:	1:17.73	42.62	200m:	2:45.38	43.37	300m:	4:27.43	51.13	400m:	5:48.09	39.96
14.	NOWICKA Weronika	00	UMKSNieslysz cych Pozna	<b>6:47.97</b>	284	1:39.02	1:46.03	1:54.05	1:28.87			
	50m:	43.33	43.33	150m:	2:33.69	54.67	250m:	4:22.25	57.20	350m:	6:03.87	44.77
	100m:	1:39.02	55.69	200m:	3:25.05	51.36	300m:	5:19.10	56.85	400m:	6:47.97	44.10

19 - 23 lat

1.	ZBROJEWSKA M.	96	UKS Pi tka Konstantinów	<b>5:07.98</b>	662	1:10.67	1:21.10	1:25.13	1:11.08			
	50m:	32.84	32.84	150m:	1:51.81	41.14	250m:	3:13.92	42.15	350m:	4:33.54	36.64
	100m:	1:10.67	37.83	200m:	2:31.77	39.96	300m:	3:56.90	42.98	400m:	5:07.98	34.44
2.	HALAGIERA Joanna	96	MKP Słowianka Gorzów Wlk	<b>5:18.73</b>	597	1:11.41	1:25.11	1:32.94	1:09.27			
	50m:	33.21	33.21	150m:	1:54.26	42.85	250m:	3:22.78	46.26	350m:	4:44.69	35.23
	100m:	1:11.41	38.20	200m:	2:36.52	42.26	300m:	4:09.46	46.68	400m:	5:18.73	34.04

17 - 18 lat

1.	MENDOWSKA Paulina	97	Warta Pozna	<b>5:13.74</b>	626	1:09.71	1:22.01	1:29.74	1:12.28			
	50m:	32.33	32.33	150m:	1:51.18	41.47	250m:	3:16.74	45.02	350m:	4:37.27	35.81
	100m:	1:09.71	37.38	200m:	2:31.72	40.54	300m:	4:01.46	44.72	400m:	5:13.74	36.47

Grand Prix - Puchar Polski  
Szczecin, 16-5-2015

Konkurencja 1, Kobiet, 400m zmienny

16 lat

1. ADAMCZYK Julia	99	MTP Lublinianka Lublin	<b>5:08.60</b>	658	1:11.26	1:19.70	1:29.37	1:08.27			
50m:	33.04	33.04	150m:	1:51.91	40.65	250m:	3:15.87	44.91	350m:	4:35.78	35.45
100m:	1:11.26	38.22	200m:	2:30.96	39.05	300m:	4:00.33	44.46	400m:	5:08.60	32.82
2. KARASZKIEWICZ Daria	99	MTS Kwidzyn	<b>5:24.68</b>	565	1:12.24	1:23.14	1:35.82	1:13.48			
50m:	33.22	33.22	150m:	1:53.95	41.71	250m:	3:22.61	47.23	350m:	4:48.43	37.23
100m:	1:12.24	39.02	200m:	2:35.38	41.43	300m:	4:11.20	48.59	400m:	5:24.68	36.25

15 lat

1. OSINIAK Ewa	00	Olimpijczyk 23 Lublin	<b>5:17.61</b>	603	1:13.96	1:21.73	1:31.84	1:10.08			
50m:	33.97	33.97	150m:	1:55.67	41.71	250m:	3:21.00	45.31	350m:	4:43.34	35.81
100m:	1:13.96	39.99	200m:	2:35.69	40.02	300m:	4:07.53	46.53	400m:	5:17.61	34.27
2. MARGULA Weronika	00	MKP Szczecin	<b>5:22.51</b>	576	1:14.08	1:19.14	1:36.88	1:12.41			
50m:	32.90	32.90	150m:	1:52.97	38.89	250m:	3:21.02	47.80	350m:	4:46.40	36.30
100m:	1:14.08	41.18	200m:	2:33.22	40.25	300m:	4:10.10	49.08	400m:	5:22.51	36.11
3. NOWICKA Weronika	00	UMKSNiesłysz cych Pozna	<b>6:47.97</b>	284	1:39.02	1:46.03	1:54.05	1:28.87			
50m:	43.33	43.33	150m:	2:33.69	54.67	250m:	4:22.25	57.20	350m:	6:03.87	44.77
100m:	1:39.02	55.69	200m:	3:25.05	51.36	300m:	5:19.10	56.85	400m:	6:47.97	44.10

14 lat

1. WETT Oliwia	01	Sambor Tczew	<b>5:19.04</b>	595	1:13.24	1:22.55	1:32.52	1:10.73			
50m:	33.54	33.54	150m:	1:55.28	42.04	250m:	3:21.69	45.90	350m:	4:44.78	36.47
100m:	1:13.24	39.70	200m:	2:35.79	40.51	300m:	4:08.31	46.62	400m:	5:19.04	34.26
2. HALICKA Lidia	01	WKS I sk Wrocław	<b>5:21.36</b>	582	1:12.90	1:19.24	1:36.03	1:13.19			
50m:	33.18	33.18	150m:	1:52.88	39.98	250m:	3:20.28	48.14	350m:	4:45.40	37.23
100m:	1:12.90	39.72	200m:	2:32.14	39.26	300m:	4:08.17	47.89	400m:	5:21.36	35.96
3. KRZY A SKA Karolina	01	MKP Szczecin	<b>5:28.67</b>	544	1:15.67	1:25.62	1:32.84	1:14.54			
50m:	35.03	35.03	150m:	1:58.99	43.32	250m:	3:27.56	46.27	350m:	4:52.01	37.88
100m:	1:15.67	40.64	200m:	2:41.29	42.30	300m:	4:14.13	46.57	400m:	5:28.67	36.66
4. WEGRZYNOWSKA A.	01	WKS I sk Wrocław	<b>5:34.68</b>	515	1:14.60	1:25.57	1:37.61	1:16.90			
50m:	33.83	33.83	150m:	1:58.05	43.45	250m:	3:28.88	48.71	350m:	4:57.18	39.40
100m:	1:14.60	40.77	200m:	2:40.17	42.12	300m:	4:17.78	48.90	400m:	5:34.68	37.50
5. CICHOWSKA Julia	01	WKS I sk Wrocław	<b>5:44.52</b>	472	1:19.03	1:30.58	1:35.00	1:19.91			
50m:	35.97	35.97	150m:	2:05.69	46.66	250m:	3:37.60	47.99	350m:	5:05.99	41.38
100m:	1:19.03	43.06	200m:	2:49.61	43.92	300m:	4:24.61	47.01	400m:	5:44.52	38.53
6. MARSZAŁEK Anna	01	MKP Szczecin	<b>5:48.09</b>	458	1:17.73	1:27.65	1:42.05	1:20.66			
50m:	35.11	35.11	150m:	2:02.01	44.28	250m:	3:36.30	50.92	350m:	5:08.13	40.70
100m:	1:17.73	42.62	200m:	2:45.38	43.37	300m:	4:27.43	51.13	400m:	5:48.09	39.96