

Grand Prix - Puchar Polski  
Szczecin, 16-5-2015

Konkurencja 2  
2015-05-16 - 9:07

M czyzn, 400m zmienny

14 lat i starsi  
Wyniki

Punkty: FINA 2015

Pozycja			Rok ur.					Czas	Pkt.
<b>14 lat i starsi</b>									
1.	ZABOROWSKI Filip		94	MKP Szczecin				<b>4:29.81</b>	738
	50m:	27.83	27.83	150m:	1:35.75	35.46	250m:	2:48.42	38.28
	100m:	1:00.29	32.46	200m:	2:10.14	34.39	300m:	3:28.40	39.98
				350m:	3:59.61	31.21	400m:	4:29.81	30.20
2.	KACZMARSKI Marcin		94	MKP Szczecin				<b>4:32.75</b>	714
	50m:	28.10	28.10	150m:	1:35.15	34.99	250m:	2:50.18	41.41
	100m:	1:00.16	32.06	200m:	2:08.77	33.62	300m:	3:31.65	41.47
				350m:	4:02.95	31.30	400m:	4:32.75	29.80
3.	URBANIAK Jan		95	Warta Pozna				<b>4:42.82</b>	640
	50m:	30.65	30.65	150m:	1:40.86	36.32	250m:	2:57.65	40.74
	100m:	1:04.54	33.89	200m:	2:16.91	36.05	300m:	3:39.11	41.46
				350m:	4:11.26	32.15	400m:	4:42.82	31.56
4.	ADAMCZYK PATRYK SSz		97	MKP Szczecin				<b>4:45.06</b>	625
	50m:	29.20	29.20	150m:	1:41.94	37.45	250m:	3:01.68	42.78
	100m:	1:04.49	35.29	200m:	2:18.90	36.96	300m:	3:44.19	42.51
				350m:	4:15.64	31.45	400m:	4:45.06	29.42
5.	BODZIOCH ANDRZEJ SSz		98	MKP Szczecin				<b>4:47.76</b>	608
	50m:	30.14	30.14	150m:	1:40.94	36.30	250m:	2:59.61	42.53
	100m:	1:04.64	34.50	200m:	2:17.08	36.14	300m:	3:42.45	42.84
				350m:	4:16.01	33.56	400m:	4:47.76	31.75
6.	PIETRZAK DAWID SSz		97	MKP Szczecin				<b>4:47.90</b>	607
	50m:	29.55	29.55	150m:	1:41.92	38.03	250m:	3:00.53	41.60
	100m:	1:03.89	34.34	200m:	2:18.93	37.01	300m:	3:43.46	42.93
				350m:	4:17.78	34.32	400m:	4:47.90	30.12
7.	PALUSZKIEWICZ Dawid		97	MKP Gda sk				<b>4:47.94</b>	607
	50m:	29.74	29.74	150m:	1:40.29	36.44	250m:	2:56.90	40.55
	100m:	1:03.85	34.11	200m:	2:16.35	36.06	300m:	3:39.35	42.45
				350m:	4:14.69	35.34	400m:	4:47.94	33.25
8.	CZOP Michał		00	MTS Kwidzyn				<b>4:51.21</b>	587
	50m:	30.57	30.57	150m:	1:43.84	38.38	250m:	3:01.04	39.78
	100m:	1:05.46	34.89	200m:	2:21.26	37.42	300m:	3:42.44	41.40
				350m:	4:17.11	34.67	400m:	4:51.21	34.10
9.	FR CZEK Paweł		98	MKP Gda sk				<b>4:54.71</b>	566
	50m:	32.09	32.09	150m:	1:47.51	38.41	250m:	3:07.14	42.83
	100m:	1:09.10	37.01	200m:	2:24.31	36.80	300m:	3:50.27	43.13
				350m:	4:23.32	33.05	400m:	4:54.71	31.39
10.	SZOŁOCH Andrzej		96	MKP Gda sk				<b>4:56.88</b>	554
	50m:	29.78	29.78	150m:	1:44.66	40.35	250m:	3:05.67	42.89
	100m:	1:04.31	34.53	200m:	2:22.78	38.12	300m:	3:48.67	43.00
				350m:	4:23.47	34.80	400m:	4:56.88	33.41
11.	BARUSI SKI Kordian		01	KORONA SWIM Kielce				<b>4:57.43</b>	551
	50m:	30.57	30.57	150m:	1:43.76	36.88	250m:	3:04.30	43.09
	100m:	1:06.88	36.31	200m:	2:21.21	37.45	300m:	3:48.97	44.67
				350m:	4:23.83	34.86	400m:	4:57.43	33.60
12.	JANICKI Wojciech		96	MTS Kwidzyn				<b>5:01.50</b>	528
	50m:	29.08	29.08	150m:	1:44.05	41.08	250m:	3:08.92	43.55
	100m:	1:02.97	33.89	200m:	2:25.37	41.32	300m:	3:52.37	43.45
				350m:	4:27.66	35.29	400m:	5:01.50	33.84
13.	KOTWICA Bartosz		01	KP AVIA widnik				<b>5:03.55</b>	518
	50m:	30.08	30.08	150m:	1:45.50	39.02	250m:	3:09.63	45.14
	100m:	1:06.48	36.40	200m:	2:24.49	38.99	300m:	3:55.75	46.12
				350m:	4:30.59	34.84	400m:	5:03.55	32.96
14.	GRZYBOWSKI Artur		01	Znicz Koszalin				<b>5:04.09</b>	515
	50m:	32.25	32.25	150m:	1:46.48	37.17	250m:	3:09.84	45.56
	100m:	1:09.31	37.06	200m:	2:24.28	37.80	300m:	3:56.16	46.32
				350m:	4:30.54	34.38	400m:	5:04.09	33.55
15.	KOWALSKI Rafał		00	MKP Słowianka Gorzów Wlkp.				<b>5:05.42</b>	508
	50m:	31.40	31.40	150m:	1:47.25	39.34	250m:	3:09.35	43.15
	100m:	1:07.91	36.51	200m:	2:26.20	38.95	300m:	3:54.23	44.88
				350m:	4:29.96	35.73	400m:	5:05.42	35.46
16.	PIRÓG Bartosz		01	MKP Szczecin				<b>5:05.66</b>	507
	50m:	31.88	31.88	150m:	1:48.72	40.25	250m:	3:11.38	44.07
	100m:	1:08.47	36.59	200m:	2:27.31	38.59	300m:	3:55.74	44.36
				350m:	4:31.96	36.22	400m:	5:05.66	33.70
17.	WILEJTO Igor		01	Sambor Tczew				<b>5:07.16</b>	500
	50m:	33.01	33.01	150m:	1:51.39	39.82	250m:	3:14.85	44.46
	100m:	1:11.57	38.56	200m:	2:30.39	39.00	300m:	4:00.56	45.71
				350m:	4:34.45	33.89	400m:	5:07.16	32.71

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Szczecin, 16-5-2015

Konkurencja 2, M czyzn, 400m zmienny, 14 lat i starsi

Pozycja			Rok ur.							Czas	Pkt.		
18.	WOJCIECHOWSKI	Jakub	01	Warta	Pozna					<b>5:11.35</b>	480		
	50m:	33.08	33.08	150m:	1:52.01	39.75	250m:	3:16.48	45.29	350m:	4:38.38	36.06	
	100m:	1:12.26	39.18	200m:	2:31.19	39.18	300m:	4:02.32	45.84	400m:	5:11.35	32.97	
19.	PIOTROWSKI	Kacper	01	WKS	I sk	Wroclaw					<b>5:11.94</b>	477	
	50m:	31.93	31.93	150m:	1:48.01	38.45	250m:	3:13.38	48.11	350m:	4:37.08	36.33	
	100m:	1:09.56	37.63	200m:	2:25.27	37.26	300m:	4:00.75	47.37	400m:	5:11.94	34.86	
20.	SOCHA	Kacper	01	Znicz	Koszalin					<b>5:12.67</b>	474		
	50m:	32.59	32.59	150m:	1:54.33	43.95	250m:	3:18.11	41.33	350m:	4:36.45	36.05	
	100m:	1:10.38	37.79	200m:	2:36.78	42.45	300m:	4:00.40	42.29	400m:	5:12.67	36.22	
21.	HAŁADAJ	Dawid	01	Iskra	Konin					<b>5:17.31</b>	453		
	50m:	31.30	31.30	150m:	1:50.35	42.10	250m:	3:18.52	46.60	350m:	4:42.38	37.81	
	100m:	1:08.25	36.95	200m:	2:31.92	41.57	300m:	4:04.57	46.05	400m:	5:17.31	34.93	
22.	CZESZEWSKI	Krystian	01	Znicz	Koszalin					<b>5:18.99</b>	446		
	50m:	33.32	33.32	150m:	1:53.95	41.95	250m:	3:20.84	47.13	350m:	4:45.46	36.48	
	100m:	1:12.00	38.68	200m:	2:33.71	39.76	300m:	4:08.98	48.14	400m:	5:18.99	33.53	
23.	WOLI	SKI Igor	01	MKP	Szczecin					<b>5:19.21</b>	445		
	50m:	33.42	33.42	150m:	1:55.09	43.42	250m:	3:22.34	47.24	350m:	4:45.39	36.09	
	100m:	1:11.67	38.25	200m:	2:35.10	40.01	300m:	4:09.30	46.96	400m:	5:19.21	33.82	
24.	ZAREMBA	Jakub	01	WKS	I sk	Wroclaw					<b>5:19.82</b>	443	
	50m:	32.89	32.89	150m:	1:52.91	41.47	250m:	3:20.33	46.57	350m:	4:44.24	36.51	
	100m:	1:11.44	38.55	200m:	2:33.76	40.85	300m:	4:07.73	47.40	400m:	5:19.82	35.58	
25.	ZUBIK	Stanisław	01	MKS	Polonia	Warszawa					<b>5:24.65</b>	423	
	50m:	32.86	32.86	150m:	1:54.51	42.71	250m:	3:25.94	49.49	350m:	4:50.64	34.44	
	100m:	1:11.80	38.94	200m:	2:36.45	41.94	300m:	4:16.20	50.26	400m:	5:24.65	34.01	
26.	GRZEMSKI	Kamil	01	MKS	Nielba W	growiec					<b>5:26.22</b>	417	
	50m:	34.24	34.24	150m:	1:59.31	43.05	250m:	3:27.00	46.80	350m:	4:50.77	36.54	
	100m:	1:16.26	42.02	200m:	2:40.20	40.89	300m:	4:14.23	47.23	400m:	5:26.22	35.45	
27.	JOZKOW	Cezary	01	WKS	I sk	Wroclaw					<b>5:34.72</b>	386	
	50m:	34.11	34.11	150m:	1:58.10	42.85	250m:	3:27.59	47.55	350m:	4:56.00	40.28	
	100m:	1:15.25	41.14	200m:	2:40.04	41.94	300m:	4:15.72	48.13	400m:	5:34.72	38.72	
28.	NOWICKI	Kacper	98	UMKS	Niestysz	cych	Pozna					<b>6:00.11</b>	310
	50m:	35.14	35.14	150m:	2:06.05	47.47	250m:	3:44.93	52.49	350m:	5:21.49	42.75	
	100m:	1:18.58	43.44	200m:	2:52.44	46.39	300m:	4:38.74	53.81	400m:	6:00.11	38.62	
DYSKW.	JOCHYMEK	Oskar	01	WKS	I sk	Wroclaw							

Z2 - Uko czenie poszczególnych odcinków niezgodnie z przepisami o danym stylu

19 - 23 lat

1.	ZABOROWSKI	Filip	94	MKP	Szczecin					<b>4:29.81</b>	738	
	50m:	27.83	27.83	150m:	1:35.75	35.46	250m:	2:48.42	38.28	350m:	3:59.61	31.21
	100m:	1:00.29	32.46	200m:	2:10.14	34.39	300m:	3:28.40	39.98	400m:	4:29.81	30.20
2.	KACZMARSKI	Marcin	94	MKP	Szczecin					<b>4:32.75</b>	714	
	50m:	28.10	28.10	150m:	1:35.15	34.99	250m:	2:50.18	41.41	350m:	4:02.95	31.30
	100m:	1:00.16	32.06	200m:	2:08.77	33.62	300m:	3:31.65	41.47	400m:	4:32.75	29.80
3.	URBANIAK	Jan	95	Warta	Pozna					<b>4:42.82</b>	640	
	50m:	30.65	30.65	150m:	1:40.86	36.32	250m:	2:57.65	40.74	350m:	4:11.26	32.15
	100m:	1:04.54	33.89	200m:	2:16.91	36.05	300m:	3:39.11	41.46	400m:	4:42.82	31.56
4.	SZOŁOCH	Andrzej	96	MKP	Gda sk					<b>4:56.88</b>	554	
	50m:	29.78	29.78	150m:	1:44.66	40.35	250m:	3:05.67	42.89	350m:	4:23.47	34.80
	100m:	1:04.31	34.53	200m:	2:22.78	38.12	300m:	3:48.67	43.00	400m:	4:56.88	33.41
5.	JANICKI	Wojciech	96	MTS	Kwidzyn					<b>5:01.50</b>	528	
	50m:	29.08	29.08	150m:	1:44.05	41.08	250m:	3:08.92	43.55	350m:	4:27.66	35.29
	100m:	1:02.97	33.89	200m:	2:25.37	41.32	300m:	3:52.37	43.45	400m:	5:01.50	33.84

Grand Prix - Puchar Polski  
Szczecin, 16-5-2015

Konkurencja 2, M czynn, 400m zmienny

17 - 18 lat

1.	ADAMCZYK PATRYK SSz	97	MKP Szczecin	<b>4:45.06</b>	625
	50m: 29.20 29.20	150m: 1:41.94	37.45	250m: 3:01.68	42.78
	100m: 1:04.49 35.29	200m: 2:18.90	36.96	300m: 3:44.19	42.51
				350m: 4:15.64	31.45
				400m: 4:45.06	29.42
2.	BODZIOCH ANDRZEJ SSz	98	MKP Szczecin	<b>4:47.76</b>	608
	50m: 30.14 30.14	150m: 1:40.94	36.30	250m: 2:59.61	42.53
	100m: 1:04.64 34.50	200m: 2:17.08	36.14	300m: 3:42.45	42.84
				350m: 4:16.01	33.56
				400m: 4:47.76	31.75
3.	PIETRZAK DAWID SSz	97	MKP Szczecin	<b>4:47.90</b>	607
	50m: 29.55 29.55	150m: 1:41.92	38.03	250m: 3:00.53	41.60
	100m: 1:03.89 34.34	200m: 2:18.93	37.01	300m: 3:43.46	42.93
				350m: 4:17.78	34.32
				400m: 4:47.90	30.12
4.	PALUSZKIEWICZ Dawid	97	MKP Gda sk	<b>4:47.94</b>	607
	50m: 29.74 29.74	150m: 1:40.29	36.44	250m: 2:56.90	40.55
	100m: 1:03.85 34.11	200m: 2:16.35	36.06	300m: 3:39.35	42.45
				350m: 4:14.69	35.34
				400m: 4:47.94	33.25
5.	FR CZEK Paweł	98	MKP Gda sk	<b>4:54.71</b>	566
	50m: 32.09 32.09	150m: 1:47.51	38.41	250m: 3:07.14	42.83
	100m: 1:09.10 37.01	200m: 2:24.31	36.80	300m: 3:50.27	43.13
				350m: 4:23.32	33.05
				400m: 4:54.71	31.39
6.	NOWICKI Kacper	98	UMKSNiesłysz cych Pozna	<b>6:00.11</b>	310
	50m: 35.14 35.14	150m: 2:06.05	47.47	250m: 3:44.93	52.49
	100m: 1:18.58 43.44	200m: 2:52.44	46.39	300m: 4:38.74	53.81
				350m: 5:21.49	42.75
				400m: 6:00.11	38.62

15 lat

1.	CZOP Michał	00	MTS Kwidzyn	<b>4:51.21</b>	587
	50m: 30.57 30.57	150m: 1:43.84	38.38	250m: 3:01.04	39.78
	100m: 1:05.46 34.89	200m: 2:21.26	37.42	300m: 3:42.44	41.40
				350m: 4:17.11	34.67
				400m: 4:51.21	34.10
2.	KOWALSKI Rafał	00	MKP Słowianka Gorzów Wlkp.	<b>5:05.42</b>	508
	50m: 31.40 31.40	150m: 1:47.25	39.34	250m: 3:09.35	43.15
	100m: 1:07.91 36.51	200m: 2:26.20	38.95	300m: 3:54.23	44.88
				350m: 4:29.96	35.73
				400m: 5:05.42	35.46

14 lat

1.	BARUSI SKI Kordian	01	KORONA SWIM Kielce	<b>4:57.43</b>	551
	50m: 30.57 30.57	150m: 1:43.76	36.88	250m: 3:04.30	43.09
	100m: 1:06.88 36.31	200m: 2:21.21	37.45	300m: 3:48.97	44.67
				350m: 4:23.83	34.86
				400m: 4:57.43	33.60
2.	KOTWICA Bartosz	01	KP AVIA widnik	<b>5:03.55</b>	518
	50m: 30.08 30.08	150m: 1:45.50	39.02	250m: 3:09.63	45.14
	100m: 1:06.48 36.40	200m: 2:24.49	38.99	300m: 3:55.75	46.12
				350m: 4:30.59	34.84
				400m: 5:03.55	32.96
3.	GRZYBOWSKI Artur	01	Znicz Koszalin	<b>5:04.09</b>	515
	50m: 32.25 32.25	150m: 1:46.48	37.17	250m: 3:09.84	45.56
	100m: 1:09.31 37.06	200m: 2:24.28	37.80	300m: 3:56.16	46.32
				350m: 4:30.54	34.38
				400m: 5:04.09	33.55
4.	PIRÓG Bartosz	01	MKP Szczecin	<b>5:05.66</b>	507
	50m: 31.88 31.88	150m: 1:48.72	40.25	250m: 3:11.38	44.07
	100m: 1:08.47 36.59	200m: 2:27.31	38.59	300m: 3:55.74	44.36
				350m: 4:31.96	36.22
				400m: 5:05.66	33.70
5.	WILEJTO Igor	01	Sambor Tczew	<b>5:07.16</b>	500
	50m: 33.01 33.01	150m: 1:51.39	39.82	250m: 3:14.85	44.46
	100m: 1:11.57 38.56	200m: 2:30.39	39.00	300m: 4:00.56	45.71
				350m: 4:34.45	33.89
				400m: 5:07.16	32.71
6.	WOJCIECHOWSKI Jakub	01	Warta Pozna	<b>5:11.35</b>	480
	50m: 33.08 33.08	150m: 1:52.01	39.75	250m: 3:16.48	45.29
	100m: 1:12.26 39.18	200m: 2:31.19	39.18	300m: 4:02.32	45.84
				350m: 4:38.38	36.06
				400m: 5:11.35	32.97
7.	PIOTROWSKI Kacper	01	WKS I sk Wrocław	<b>5:11.94</b>	477
	50m: 31.93 31.93	150m: 1:48.01	38.45	250m: 3:13.38	48.11
	100m: 1:09.56 37.63	200m: 2:25.27	37.26	300m: 4:00.75	47.37
				350m: 4:37.08	36.33
				400m: 5:11.94	34.86
8.	SOCHA Kacper	01	Znicz Koszalin	<b>5:12.67</b>	474
	50m: 32.59 32.59	150m: 1:54.33	43.95	250m: 3:18.11	41.33
	100m: 1:10.38 37.79	200m: 2:36.78	42.45	300m: 4:00.40	42.29
				350m: 4:36.45	36.05
				400m: 5:12.67	36.22

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Szczecin, 16-5-2015

Konkurencja 2, Chłopców, 400m zmienny, 14 lat

Pozycja	Rok ur.								Czas	Pkt.
9.	HAŁADAJ Dawid		01	Iskra Konin				<b>5:17.31</b>	453	
	50m:	31.30 31.30	150m:	1:50.35 42.10	250m:	3:18.52 46.60	350m:	4:42.38 37.81		
	100m:	1:08.25 36.95	200m:	2:31.92 41.57	300m:	4:04.57 46.05	400m:	5:17.31 34.93		
10.	CZESZEWSKI Krystian		01	Znicz Koszalin				<b>5:18.99</b>	446	
	50m:	33.32 33.32	150m:	1:53.95 41.95	250m:	3:20.84 47.13	350m:	4:45.46 36.48		
	100m:	1:12.00 38.68	200m:	2:33.71 39.76	300m:	4:08.98 48.14	400m:	5:18.99 33.53		
11.	WOLI SKI Igor		01	MKP Szczecin				<b>5:19.21</b>	445	
	50m:	33.42 33.42	150m:	1:55.09 43.42	250m:	3:22.34 47.24	350m:	4:45.39 36.09		
	100m:	1:11.67 38.25	200m:	2:35.10 40.01	300m:	4:09.30 46.96	400m:	5:19.21 33.82		
12.	ZAREMBA Jakub		01	WKS I sk Wrocław				<b>5:19.82</b>	443	
	50m:	32.89 32.89	150m:	1:52.91 41.47	250m:	3:20.33 46.57	350m:	4:44.24 36.51		
	100m:	1:11.44 38.55	200m:	2:33.76 40.85	300m:	4:07.73 47.40	400m:	5:19.82 35.58		
13.	ZUBIK Stanisław		01	MKS Polonia Warszawa				<b>5:24.65</b>	423	
	50m:	32.86 32.86	150m:	1:54.51 42.71	250m:	3:25.94 49.49	350m:	4:50.64 34.44		
	100m:	1:11.80 38.94	200m:	2:36.45 41.94	300m:	4:16.20 50.26	400m:	5:24.65 34.01		
14.	GRZEMSKI Kamil		01	MKS Nielba W growiec				<b>5:26.22</b>	417	
	50m:	34.24 34.24	150m:	1:59.31 43.05	250m:	3:27.00 46.80	350m:	4:50.77 36.54		
	100m:	1:16.26 42.02	200m:	2:40.20 40.89	300m:	4:14.23 47.23	400m:	5:26.22 35.45		
15.	JOZKOW Cezary		01	WKS I sk Wrocław				<b>5:34.72</b>	386	
	50m:	34.11 34.11	150m:	1:58.10 42.85	250m:	3:27.59 47.55	350m:	4:56.00 40.28		
	100m:	1:15.25 41.14	200m:	2:40.04 41.94	300m:	4:15.72 48.13	400m:	5:34.72 38.72		
DYSKW.	JOCHYMEK Oskar		01	WKS I sk Wrocław						
	<i>Z2 - Uko czenie poszczególnych odcinków niezgodnie z przepisami o danym stylu</i>									