

Grand Prix - Puchar Polski
Szczecin, 16-5-2015

Konkurencja 22
2015-05-16 - 19:25

Kobiet, 400m dowolny

14 lat i starsi
Wyniki

Punkty: FINA 2015

Pozycja			Rok ur.					Czas	Pkt.
14 lat i starsi									
1.	WIKIEŁ Manuela		92	AZS UWM Olsztyn				4:17.92	794
	50m:	30.61 30.61	150m:	1:35.24 32.56	250m:	2:40.30 32.41	350m:	3:45.92 32.92	
	100m:	1:02.68 32.07	200m:	2:07.89 32.65	300m:	3:13.00 32.70	400m:	4:17.92 32.00	
2.	ZACHOSZCZ Joanna		93	AZS UWM Olsztyn				4:18.52	788
	50m:	30.26 30.26	150m:	1:35.30 32.73	250m:	2:40.60 32.57	350m:	3:46.28 32.97	
	100m:	1:02.57 32.31	200m:	2:08.03 32.73	300m:	3:13.31 32.71	400m:	4:18.52 32.24	
3.	JANKOWSKA Klaudia		98	UKS GIM 92 Ursynów Warszawa				4:25.61	727
	50m:	29.65 29.65	150m:	1:34.24 32.62	250m:	2:41.44 33.86	350m:	3:50.82 35.14	
	100m:	1:01.62 31.97	200m:	2:07.58 33.34	300m:	3:15.68 34.24	400m:	4:25.61 34.79	
4.	ZYGO Karolina		96	Olimpia Lublin				4:31.55	680
	50m:	32.53 32.53	150m:	1:40.83 34.16	250m:	2:49.05 33.66	350m:	3:58.22 34.45	
	100m:	1:06.67 34.14	200m:	2:15.39 34.56	300m:	3:23.77 34.72	400m:	4:31.55 33.33	
5.	SZATANEK Julia		99	MKP Szczecin				4:32.29	675
	50m:	31.62 31.62	150m:	1:39.51 34.23	250m:	2:49.51 34.75	350m:	3:59.36 34.49	
	100m:	1:05.28 33.66	200m:	2:14.76 35.25	300m:	3:24.87 35.36	400m:	4:32.29 32.93	
6.	BAKUNIAK HANNA SSz		96	MKP Szczecin				4:33.23	668
	50m:	31.88 31.88	150m:	1:41.46 34.97	250m:	2:50.97 34.85	350m:	3:59.72 34.14	
	100m:	1:06.49 34.61	200m:	2:16.12 34.66	300m:	3:25.58 34.61	400m:	4:33.23 33.51	
7.	ADAMCZYK Julia		99	MTP Lublinianka Lublin				4:33.43	666
	50m:	31.51 31.51	150m:	1:41.00 34.84	250m:	2:51.03 35.06	350m:	4:00.47 34.59	
	100m:	1:06.16 34.65	200m:	2:15.97 34.97	300m:	3:25.88 34.85	400m:	4:33.43 32.96	
8.	MARGULA Weronika		00	MKP Szczecin				4:34.33	660
	50m:	31.75 31.75	150m:	1:41.57 34.69	250m:	2:51.30 34.74	350m:	4:00.92 34.86	
	100m:	1:06.88 35.13	200m:	2:16.56 34.99	300m:	3:26.06 34.76	400m:	4:34.33 33.41	
9.	WOJCIECHOWSKA Joanna		98	LUKS Orlik Lublin				4:36.10	647
	50m:	32.10 32.10	150m:	1:40.55 34.75	250m:	2:50.98 35.34	350m:	4:01.68 35.38	
	100m:	1:05.80 33.70	200m:	2:15.64 35.09	300m:	3:26.30 35.32	400m:	4:36.10 34.42	
10.	BARYŁA Julia		00	Dwójka Morena Gdańsk				4:36.24	646
	50m:	32.53 32.53	150m:	1:43.09 35.59	250m:	2:54.03 34.99	350m:	4:03.22 34.37	
	100m:	1:07.50 34.97	200m:	2:19.04 35.95	300m:	3:28.85 34.82	400m:	4:36.24 33.02	
11.	NIED WIEDZKA Małgorzata Sr		97	MMKS Kierzyńskie				4:40.08	620
	50m:	32.34 32.34	150m:	1:42.32 35.35	250m:	2:53.25 35.67	350m:	4:05.47 36.11	
	100m:	1:06.97 34.63	200m:	2:17.58 35.26	300m:	3:29.36 36.11	400m:	4:40.08 34.61	
12.	OLEBA MAŁGORZATA SSz		98	MKP Szczecin				4:43.75	596
	50m:	33.18 33.18	150m:	1:44.89 36.14	250m:	2:56.78 35.96	350m:	4:08.82 36.07	
	100m:	1:08.75 35.57	200m:	2:20.82 35.93	300m:	3:32.75 35.97	400m:	4:43.75 34.93	
13.	KLESSA Helena		00	MKS Nielba Wągrowiec				4:44.77	590
	50m:	32.13 32.13	150m:	1:43.61 36.35	250m:	2:56.62 36.68	350m:	4:09.45 36.53	
	100m:	1:07.26 35.13	200m:	2:19.94 36.33	300m:	3:32.92 36.30	400m:	4:44.77 35.32	
14.	JANCZAK Patrycja		00	MKP Szczecin				4:45.02	588
	50m:	32.89 32.89	150m:	1:44.74 36.23	250m:	2:57.49 36.17	350m:	4:09.86 35.88	
	100m:	1:08.51 35.62	200m:	2:21.32 36.58	300m:	3:33.98 36.49	400m:	4:45.02 35.16	
15.	A CIUKIEWICZ Marta		00	MKP Kołobrzeg				4:48.04	570
	50m:	30.89 30.89	150m:	1:41.46 36.03	250m:	2:55.07 37.16	350m:	4:11.51 38.56	
	100m:	1:05.43 34.54	200m:	2:17.91 36.45	300m:	3:32.95 37.88	400m:	4:48.04 36.53	
16.	CIESIUL Karolina		01	Wankan Legnica				4:48.46	567
	50m:	32.83 32.83	150m:	1:45.47 36.76	250m:	2:59.77 36.88	350m:	4:13.74 36.90	
	100m:	1:08.71 35.88	200m:	2:22.89 37.42	300m:	3:36.84 37.07	400m:	4:48.46 34.72	
17.	LICZNIAK Weronika		99	MTP Lublinianka Lublin				4:52.49	544
	50m:	32.88 32.88	150m:	1:46.54 37.13	250m:	3:01.30 37.44	350m:	4:15.58 36.97	
	100m:	1:09.41 36.53	200m:	2:23.86 37.32	300m:	3:38.61 37.31	400m:	4:52.49 36.91	

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Szczecin, 16-5-2015

Konkurencja 22, Kobiet, 400m dowolny, 14 lat i starsi

Pozycja			Rok ur.					Czas	Pkt.
18.	WŁODARCZYK Agnieszka	01	MKS Nielba W growiec	4:52.99	541				
	50m: 32.36 32.36	150m: 1:44.75	36.86	250m: 3:00.60	38.00	350m: 4:16.73	38.07		
	100m: 1:07.89 35.53	200m: 2:22.60	37.85	300m: 3:38.66	38.06	400m: 4:52.99	36.26		
19.	COCHÓR Izabela	01	UKS Ostrobramska Warszawa	4:53.18	540				
	50m: 31.55 31.55	150m: 1:45.03	37.56	250m: 3:00.93	37.83	350m: 4:17.17	37.72		
	100m: 1:07.47 35.92	200m: 2:23.10	38.07	300m: 3:39.45	38.52	400m: 4:53.18	36.01		
20.	NOWICKA Patrycja	00	MTS Kwidzyn	4:53.42	539				
	50m: 33.57 33.57	150m: 1:47.80	37.36	250m: 3:03.33	37.89	350m: 4:18.42	37.28		
	100m: 1:10.44 36.87	200m: 2:25.44	37.64	300m: 3:41.14	37.81	400m: 4:53.42	35.00		
21.	ZIELI SKA Oliwia	01	MKP Szczecin	4:56.50	522				
	50m: 33.67 33.67	150m: 1:48.94	37.99	250m: 3:05.18	38.02	350m: 4:20.45	37.26		
	100m: 1:10.95 37.28	200m: 2:27.16	38.22	300m: 3:43.19	38.01	400m: 4:56.50	36.05		
22.	ŁYSAKOWSKA Julia	01	MTP Lublinianka Lublin	4:58.32	513				
	50m: 35.15 35.15	150m: 1:50.70	37.60	250m: 3:07.19	38.00	350m: 4:22.12	37.10		
	100m: 1:13.10 37.95	200m: 2:29.19	38.49	300m: 3:45.02	37.83	400m: 4:58.32	36.20		
23.	WEGRZYNOWSKA Aleksandra	01	WKS I sk Wrocław	4:58.94	510				
	50m: 33.51 33.51	150m: 1:48.87	38.15	250m: 3:06.77	39.21	350m: 4:22.17	36.94		
	100m: 1:10.72 37.21	200m: 2:27.56	38.69	300m: 3:45.23	38.46	400m: 4:58.94	36.77		
24.	ŁUSZCZY SKA Natalia	01	Dwójka Morena Gda sk	5:02.25	493				
	50m: 32.37 32.37	150m: 1:48.13	39.28	250m: 3:06.65	39.11	350m: 4:25.01	39.21		
	100m: 1:08.85 36.48	200m: 2:27.54	39.41	300m: 3:45.80	39.15	400m: 5:02.25	37.24		
25.	GRZEGORCZYK Izabela	93	Warta Pozna	5:05.06	480				
	50m: 28.35 28.35	150m: 1:45.44	45.18	250m: 3:06.54	39.93	350m: 4:25.80	39.76		
	100m: 1:00.26 31.91	200m: 2:26.61	41.17	300m: 3:46.04	39.50	400m: 5:05.06	39.26		
26.	GOŁ BIEWSKA Dominika	01	UKS GIM 92 Ursynów Warszawa	5:09.71	458				
	50m: 33.88 33.88	150m: 1:52.41	40.50	250m: 3:13.04	40.46	350m: 4:32.47	39.46		
	100m: 1:11.91 38.03	200m: 2:32.58	40.17	300m: 3:53.01	39.97	400m: 5:09.71	37.24		
27.	BRONIECKA Sandra	01	MKS Nielba W growiec	5:18.14	423				
	50m: 35.07 35.07	150m: 1:54.30	39.70	250m: 3:15.08	40.16	350m: 4:37.09	41.41		
	100m: 1:14.60 39.53	200m: 2:34.92	40.62	300m: 3:55.68	40.60	400m: 5:18.14	41.05		
28.	MICHALAK Weronika	00	Warta Pozna	5:18.89	420				
	50m: 35.39 35.39	150m: 1:55.89	40.83	250m: 3:18.24	41.32	350m: 4:40.60	40.87		
	100m: 1:15.06 39.67	200m: 2:36.92	41.03	300m: 3:59.73	41.49	400m: 5:18.89	38.29		
29.	DRABIK Martyna	99	Skalar Słupsk	5:18.91	420				
	50m: 35.62 35.62	150m: 1:55.29	40.16	250m: 3:18.68	42.37	350m: 4:41.30	40.89		
	100m: 1:15.13 39.51	200m: 2:36.31	41.02	300m: 4:00.41	41.73	400m: 5:18.91	37.61		
30.	CHWALCZYNSKA Aleksandra	01	WKS I sk Wrocław	5:20.15	415				
	50m: 35.87 35.87	150m: 1:57.37	40.28	250m: 3:18.21	40.85	350m: 4:40.99	41.23		
	100m: 1:17.09 41.22	200m: 2:37.36	39.99	300m: 3:59.76	41.55	400m: 5:20.15	39.16		
31.	NOWICKA Weronika	00	UMKSNiesłysz cych Pozna	5:32.65	370				
	50m: 36.79 36.79	150m: 1:59.84	42.18	250m: 3:26.03	43.04	350m: 4:54.19	43.31		
	100m: 1:17.66 40.87	200m: 2:42.99	43.15	300m: 4:10.88	44.85	400m: 5:32.65	38.46		
19 - 23 lat									
1.	WIKIEŁ Manuela	92	AZS UWM Olsztyn	4:17.92	794				
	50m: 30.61 30.61	150m: 1:35.24	32.56	250m: 2:40.30	32.41	350m: 3:45.92	32.92		
	100m: 1:02.68 32.07	200m: 2:07.89	32.65	300m: 3:13.00	32.70	400m: 4:17.92	32.00		
2.	ZACHOSZCZ Joanna	93	AZS UWM Olsztyn	4:18.52	788				
	50m: 30.26 30.26	150m: 1:35.30	32.73	250m: 2:40.60	32.57	350m: 3:46.28	32.97		
	100m: 1:02.57 32.31	200m: 2:08.03	32.73	300m: 3:13.31	32.71	400m: 4:18.52	32.24		
3.	ZYGO Karolina	96	Olimpia Lublin	4:31.55	680				
	50m: 32.53 32.53	150m: 1:40.83	34.16	250m: 2:49.05	33.66	350m: 3:58.22	34.45		
	100m: 1:06.67 34.14	200m: 2:15.39	34.56	300m: 3:23.77	34.72	400m: 4:31.55	33.33		

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Szczecin, 16-5-2015

Konkurencja 22, Kobiet, 400m dowolny, 19 - 23 lat

Pozycja			Rok ur.				Czas				Pkt.
4.	BAKUNIAK HANNA SSz		96 MKP Szczecin				4:33.23				668
	50m:	31.88 31.88	150m:	1:41.46 34.97	250m:	2:50.97 34.85	350m:	3:59.72 34.14			
	100m:	1:06.49 34.61	200m:	2:16.12 34.66	300m:	3:25.58 34.61	400m:	4:33.23 33.51			
5.	GRZEGORCZYK Izabela		93 Warta Pozna				5:05.06				480
	50m:	28.35 28.35	150m:	1:45.44 45.18	250m:	3:06.54 39.93	350m:	4:25.80 39.76			
	100m:	1:00.26 31.91	200m:	2:26.61 41.17	300m:	3:46.04 39.50	400m:	5:05.06 39.26			

17 - 18 lat

1.	JANKOWSKA Klaudia		98 UKS GIM 92 Ursynów Warszawa				4:25.61				727
	50m:	29.65 29.65	150m:	1:34.24 32.62	250m:	2:41.44 33.86	350m:	3:50.82 35.14			
	100m:	1:01.62 31.97	200m:	2:07.58 33.34	300m:	3:15.68 34.24	400m:	4:25.61 34.79			
2.	WOJCIECHOWSKA Joanna		98 LUKS Orlik Lublin				4:36.10				647
	50m:	32.10 32.10	150m:	1:40.55 34.75	250m:	2:50.98 35.34	350m:	4:01.68 35.38			
	100m:	1:05.80 33.70	200m:	2:15.64 35.09	300m:	3:26.30 35.32	400m:	4:36.10 34.42			
3.	NIED WIEDZKA Małgorzata Sr		97 MMKS K dzierzyn Ko le				4:40.08				620
	50m:	32.34 32.34	150m:	1:42.32 35.35	250m:	2:53.25 35.67	350m:	4:05.47 36.11			
	100m:	1:06.97 34.63	200m:	2:17.58 35.26	300m:	3:29.36 36.11	400m:	4:40.08 34.61			
4.	OLEBA MAŁGORZATA SSz		98 MKP Szczecin				4:43.75				596
	50m:	33.18 33.18	150m:	1:44.89 36.14	250m:	2:56.78 35.96	350m:	4:08.82 36.07			
	100m:	1:08.75 35.57	200m:	2:20.82 35.93	300m:	3:32.75 35.97	400m:	4:43.75 34.93			

16 lat

1.	SZATANEK Julia		99 MKP Szczecin				4:32.29				675
	50m:	31.62 31.62	150m:	1:39.51 34.23	250m:	2:49.51 34.75	350m:	3:59.36 34.49			
	100m:	1:05.28 33.66	200m:	2:14.76 35.25	300m:	3:24.87 35.36	400m:	4:32.29 32.93			
2.	ADAMCZYK Julia		99 MTP Lublinianka Lublin				4:33.43				666
	50m:	31.51 31.51	150m:	1:41.00 34.84	250m:	2:51.03 35.06	350m:	4:00.47 34.59			
	100m:	1:06.16 34.65	200m:	2:15.97 34.97	300m:	3:25.88 34.85	400m:	4:33.43 32.96			
3.	LICZNIAK Weronika		99 MTP Lublinianka Lublin				4:52.49				544
	50m:	32.88 32.88	150m:	1:46.54 37.13	250m:	3:01.30 37.44	350m:	4:15.58 36.97			
	100m:	1:09.41 36.53	200m:	2:23.86 37.32	300m:	3:38.61 37.31	400m:	4:52.49 36.91			
4.	DRABIK Martyna		99 Skalar Słupsk				5:18.91				420
	50m:	35.62 35.62	150m:	1:55.29 40.16	250m:	3:18.68 42.37	350m:	4:41.30 40.89			
	100m:	1:15.13 39.51	200m:	2:36.31 41.02	300m:	4:00.41 41.73	400m:	5:18.91 37.61			

15 lat

1.	MARGULA Weronika		00 MKP Szczecin				4:34.33				660
	50m:	31.75 31.75	150m:	1:41.57 34.69	250m:	2:51.30 34.74	350m:	4:00.92 34.86			
	100m:	1:06.88 35.13	200m:	2:16.56 34.99	300m:	3:26.06 34.76	400m:	4:34.33 33.41			
2.	BARYŁA Julia		00 Dwójka Morena Gda sk				4:36.24				646
	50m:	32.53 32.53	150m:	1:43.09 35.59	250m:	2:54.03 34.99	350m:	4:03.22 34.37			
	100m:	1:07.50 34.97	200m:	2:19.04 35.95	300m:	3:28.85 34.82	400m:	4:36.24 33.02			
3.	KLESSA Helena		00 MKS Nielba W growiec				4:44.77				590
	50m:	32.13 32.13	150m:	1:43.61 36.35	250m:	2:56.62 36.68	350m:	4:09.45 36.53			
	100m:	1:07.26 35.13	200m:	2:19.94 36.33	300m:	3:32.92 36.30	400m:	4:44.77 35.32			
4.	JANCZAK Patrycja		00 MKP Szczecin				4:45.02				588
	50m:	32.89 32.89	150m:	1:44.74 36.23	250m:	2:57.49 36.17	350m:	4:09.86 35.88			
	100m:	1:08.51 35.62	200m:	2:21.32 36.58	300m:	3:33.98 36.49	400m:	4:45.02 35.16			
5.	A CIUKIEWICZ Marta		00 MKP Kołobrzeg				4:48.04				570
	50m:	30.89 30.89	150m:	1:41.46 36.03	250m:	2:55.07 37.16	350m:	4:11.51 38.56			
	100m:	1:05.43 34.54	200m:	2:17.91 36.45	300m:	3:32.95 37.88	400m:	4:48.04 36.53			

Grand Prix - Puchar Polski
Szczecin, 16-5-2015

Konkurencja 22, Dziewcz t, 400m dowolny, 15 lat

Pozycja			Rok ur.					Czas	Pkt.		
6.	NOWICKA Patrycja		00	MTS Kwidzyn				4:53.42	539		
	50m:	33.57 33.57	150m:	1:47.80	37.36	250m:	3:03.33	37.89	350m:	4:18.42	37.28
	100m:	1:10.44 36.87	200m:	2:25.44	37.64	300m:	3:41.14	37.81	400m:	4:53.42	35.00
7.	MICHALAK Weronika		00	Warta Pozna				5:18.89	420		
	50m:	35.39 35.39	150m:	1:55.89	40.83	250m:	3:18.24	41.32	350m:	4:40.60	40.87
	100m:	1:15.06 39.67	200m:	2:36.92	41.03	300m:	3:59.73	41.49	400m:	5:18.89	38.29
8.	NOWICKA Weronika		00	UMKSNiesłysz cych Pozna				5:32.65	370		
	50m:	36.79 36.79	150m:	1:59.84	42.18	250m:	3:26.03	43.04	350m:	4:54.19	43.31
	100m:	1:17.66 40.87	200m:	2:42.99	43.15	300m:	4:10.88	44.85	400m:	5:32.65	38.46

14 lat

1.	CIESIUL Karolina		01	Wankan Legnica				4:48.46	567		
	50m:	32.83 32.83	150m:	1:45.47	36.76	250m:	2:59.77	36.88	350m:	4:13.74	36.90
	100m:	1:08.71 35.88	200m:	2:22.89	37.42	300m:	3:36.84	37.07	400m:	4:48.46	34.72
2.	WŁODARCZYK Agnieszka		01	MKS Nielba W growiec				4:52.99	541		
	50m:	32.36 32.36	150m:	1:44.75	36.86	250m:	3:00.60	38.00	350m:	4:16.73	38.07
	100m:	1:07.89 35.53	200m:	2:22.60	37.85	300m:	3:38.66	38.06	400m:	4:52.99	36.26
3.	COCHÓR Izabela		01	UKS Ostrobramska Warszawa				4:53.18	540		
	50m:	31.55 31.55	150m:	1:45.03	37.56	250m:	3:00.93	37.83	350m:	4:17.17	37.72
	100m:	1:07.47 35.92	200m:	2:23.10	38.07	300m:	3:39.45	38.52	400m:	4:53.18	36.01
4.	ZIELI SKA Oliwia		01	MKP Szczecin				4:56.50	522		
	50m:	33.67 33.67	150m:	1:48.94	37.99	250m:	3:05.18	38.02	350m:	4:20.45	37.26
	100m:	1:10.95 37.28	200m:	2:27.16	38.22	300m:	3:43.19	38.01	400m:	4:56.50	36.05
5.	ŁYSAKOWSKA Julia		01	MTP Lublinianka Lublin				4:58.32	513		
	50m:	35.15 35.15	150m:	1:50.70	37.60	250m:	3:07.19	38.00	350m:	4:22.12	37.10
	100m:	1:13.10 37.95	200m:	2:29.19	38.49	300m:	3:45.02	37.83	400m:	4:58.32	36.20
6.	WEGRZYNOWSKA Aleksandra		01	WKS I sk Wrocław				4:58.94	510		
	50m:	33.51 33.51	150m:	1:48.87	38.15	250m:	3:06.77	39.21	350m:	4:22.17	36.94
	100m:	1:10.72 37.21	200m:	2:27.56	38.69	300m:	3:45.23	38.46	400m:	4:58.94	36.77
7.	ŁUSZCZY SKA Natalia		01	Dwójka Morena Gda sk				5:02.25	493		
	50m:	32.37 32.37	150m:	1:48.13	39.28	250m:	3:06.65	39.11	350m:	4:25.01	39.21
	100m:	1:08.85 36.48	200m:	2:27.54	39.41	300m:	3:45.80	39.15	400m:	5:02.25	37.24
8.	GOŁ BIEWSKA Dominika		01	UKS GIM 92 Ursynów Warszawa				5:09.71	458		
	50m:	33.88 33.88	150m:	1:52.41	40.50	250m:	3:13.04	40.46	350m:	4:32.47	39.46
	100m:	1:11.91 38.03	200m:	2:32.58	40.17	300m:	3:53.01	39.97	400m:	5:09.71	37.24
9.	BRONIECKA Sandra		01	MKS Nielba W growiec				5:18.14	423		
	50m:	35.07 35.07	150m:	1:54.30	39.70	250m:	3:15.08	40.16	350m:	4:37.09	41.41
	100m:	1:14.60 39.53	200m:	2:34.92	40.62	300m:	3:55.68	40.60	400m:	5:18.14	41.05
10.	CHWALCZYNSKA Aleksandra		01	WKS I sk Wrocław				5:20.15	415		
	50m:	35.87 35.87	150m:	1:57.37	40.28	250m:	3:18.21	40.85	350m:	4:40.99	41.23
	100m:	1:17.09 41.22	200m:	2:37.36	39.99	300m:	3:59.76	41.55	400m:	5:20.15	39.16