

Konkurencja 17  
2015-05-29 - 11:10

Kobiet, 400m zmienny

Open  
Wyniki Eliminacje

Rekord Polski Seniorów	4:36.95	BARANOWSKA Katarzyna	00116	Beijing (CHN)	2008-08-09
Minimum M Kaza	4:44.50				
Minimum Uniwersjada Gwangju	4:46.18				

Punkty: FINA 2015

Pozycja		Rok ur.			Czas	Pkt.	CR
1.	BARANOWSKA Katarzyna	87	PZP		<b>5:01.01</b>	709	+0,74
	50m: 30.39 30.39	150m: 1:46.15	39.65	250m: 3:06.18	41.76	350m: 4:25.26	36.16
	100m: 1:06.50 36.11	200m: 2:24.42	38.27	300m: 3:49.10	42.92	400m: 5:01.01	35.75
2.	UKOWSKA Paula	93	MKS Juvenia Wrocław		<b>5:02.19</b>	700	+0,77
	50m: 30.78 30.78	150m: 1:45.54	39.56	250m: 3:07.89	44.28	350m: 4:27.23	35.47
	100m: 1:05.98 35.20	200m: 2:23.61	38.07	300m: 3:51.76	43.87	400m: 5:02.19	34.96
3.	SZCZEPANIAK Karolina	92	AZS AWF Katowice		<b>5:03.88</b>	689	+0,75
	50m: 31.38 31.38	150m: 1:48.20	40.69	250m: 3:10.77	43.01	350m: 4:29.14	34.87
	100m: 1:07.51 36.13	200m: 2:27.76	39.56	300m: 3:54.27	43.50	400m: 5:03.88	34.74
4.	ADAMCZYK Julia	99	MTP Lublinianka Lublin		<b>5:04.70</b>	683	+0,73
	50m: 32.24 32.24	150m: 1:48.98	39.61	250m: 3:11.17	43.80	350m: 4:30.57	35.98
	100m: 1:09.37 37.13	200m: 2:27.37	38.39	300m: 3:54.59	43.42	400m: 5:04.70	34.13
5.	MUSIOŁ Wiktoria SO	98	Unia O wi cim		<b>5:05.13</b>	680	+0,71
	50m: 31.48 31.48	150m: 1:46.61	39.32	250m: 3:09.25	44.51	350m: 4:29.78	35.96
	100m: 1:07.29 35.81	200m: 2:24.74	38.13	300m: 3:53.82	44.57	400m: 5:05.13	35.35
6.	SIE CZYK Jowita SK	97	ak Biała Podlaska		<b>5:05.31</b>	679	+0,76
	50m: 30.46 30.46	150m: 1:46.57	39.52	250m: 3:09.73	44.23	350m: 4:29.61	36.05
	100m: 1:07.05 36.59	200m: 2:25.50	38.93	300m: 3:53.56	43.83	400m: 5:05.31	35.70
7.	MENDYK Adrianna SO	98	MKS Wodnik Radom		<b>5:07.35</b>	666	+0,76
	50m: 32.07 32.07	150m: 1:48.29	39.24	250m: 3:11.60	45.09	350m: 4:33.33	36.00
	100m: 1:09.05 36.98	200m: 2:26.51	38.22	300m: 3:57.33	45.73	400m: 5:07.35	34.02
8.	OKAJ Oliwia SWR	96	lask Wrocław		<b>5:07.54</b>	664	+0,82
	50m: 30.80 30.80	150m: 1:46.80	40.16	250m: 3:10.11	44.01	350m: 4:31.41	36.94
	100m: 1:06.64 35.84	200m: 2:26.10	39.30	300m: 3:54.47	44.36	400m: 5:07.54	36.13
9.	ZBROJEWSKA MICHALINA SSz	96	Pi tka Konstantynów Łódzki		<b>5:07.73</b>	663	+0,83
	50m: 31.87 31.87	150m: 1:49.40	40.46	250m: 3:11.83	42.48	350m: 4:32.07	36.89
	100m: 1:08.94 37.07	200m: 2:29.35	39.95	300m: 3:55.18	43.35	400m: 5:07.73	35.66
10.	MAGNER Agata SK	97	MKS Jordan Kraków		<b>5:08.34</b>	659	+0,79
	50m: 31.96 31.96	150m: 1:46.92	38.25	250m: 3:10.27	46.41	350m: 4:33.65	36.38
	100m: 1:08.67 36.71	200m: 2:23.86	36.94	300m: 3:57.27	47.00	400m: 5:08.34	34.69
11.	SPROSKA Magdalena SK	97	MKS ZRYW Opole		<b>5:08.60</b>	658	+0,80
	50m: 31.66 31.66	150m: 1:48.25	39.82	250m: 3:11.94	44.45	350m: 4:33.95	36.54
	100m: 1:08.43 36.77	200m: 2:27.49	39.24	300m: 3:57.41	45.47	400m: 5:08.60	34.65
12.	FILIPEK Jagoda	99	lask Wrocław		<b>5:09.71</b>	651	+0,69
	50m: 32.02 32.02	150m: 1:49.50	40.30	250m: 3:12.92	43.85	350m: 4:34.48	36.65
	100m: 1:09.20 37.18	200m: 2:29.07	39.57	300m: 3:57.83	44.91	400m: 5:09.71	35.23
13.	JANISZEWSKA Dominika SWwa	99	Polonia Warszawa		<b>5:10.28</b>	647	+0,87
	50m: 31.89 31.89	150m: 1:50.85	42.36	250m: 3:15.24	42.90	350m: 4:36.11	37.19
	100m: 1:08.49 36.60	200m: 2:32.34	41.49	300m: 3:58.92	43.68	400m: 5:10.28	34.17
14.	NIESZPOREK Wiktoria	99	UKS 190 Łód		<b>5:11.26</b>	641	
	50m: 33.76 33.76	150m: 1:55.81	41.97	250m: 3:17.67	41.87	350m: 4:36.00	36.32
	100m: 1:13.84 40.08	200m: 2:35.80	39.99	300m: 3:59.68	42.01	400m: 5:11.26	35.26
15.	GIEDZICZ Katarzyna	98	MKS Juvenia Białystok		<b>5:11.89</b>	637	+0,74
	50m: 32.32 32.32	150m: 1:52.17	42.04	250m: 3:17.24	44.24	350m: 4:37.89	35.68
	100m: 1:10.13 37.81	200m: 2:33.00	40.83	300m: 4:02.21	44.97	400m: 5:11.89	34.00
16.	SAMUŁA Wiktoria	99	MTP Lublinianka Lublin		<b>5:12.23</b>	635	+0,80
	50m: 32.81 32.81	150m: 1:52.86	42.47	250m: 3:15.27	41.34	350m: 4:35.83	37.03
	100m: 1:10.39 37.58	200m: 2:33.93	41.07	300m: 3:58.80	43.53	400m: 5:12.23	36.40
17.	MENDOWSKA Paulina SP	97	WARTA Pozna		<b>5:12.25</b>	635	+0,76
	50m: 33.21 33.21	150m: 1:52.47	41.59	250m: 3:17.05	44.73	350m: 4:37.74	35.75
	100m: 1:10.88 37.67	200m: 2:32.32	39.85	300m: 4:01.99	44.94	400m: 5:12.25	34.51

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Pozycja			Rok ur.					Czas	Pkt.	CR
18.	OSINIAK Ewa		00	Olimpijczyk 23 Lublin				<b>5:14.27</b>	623	+0,71
	50m: 34.27	34.27	150m: 1:55.23	40.89	250m: 3:20.15	45.28	350m: 4:39.97	34.19		
	100m: 1:14.34	40.07	200m: 2:34.87	39.64	300m: 4:05.78	45.63	400m: 5:14.27	34.30		
19.	ZYGO Karolina		96	KS OLIMPIA Lublin				<b>5:14.30</b>	622	
	50m: 32.27	32.27	150m: 1:48.85	39.80	250m: 3:14.75	45.94	350m: 4:39.05	36.78		
	100m: 1:09.05	36.78	200m: 2:28.81	39.96	300m: 4:02.27	47.52	400m: 5:14.30	35.25		
20.	TERESKO Anna		97	CSiR MOS D browa Górnicza				<b>5:15.72</b>	614	+0,71
	50m: 33.68	33.68	150m: 1:52.63	40.49	250m: 3:17.40	44.92	350m: 4:39.29	35.68		
	100m: 1:12.14	38.46	200m: 2:32.48	39.85	300m: 4:03.61	46.21	400m: 5:15.72	36.43		
21.	DZWONNIK Zuzanna		00	UKS SP 19 Łódź				<b>5:16.67</b>	609	+0,74
	50m: 34.49	34.49	150m: 1:53.73	39.37	250m: 3:17.69	44.69	350m: 4:39.58	36.28		
	100m: 1:14.36	39.87	200m: 2:33.00	39.27	300m: 4:03.30	45.61	400m: 5:16.67	37.09		
22.	BURA Dominika		01	UKS Aligator Gorzyce				<b>5:18.78</b>	597	+0,76
	50m: 33.32	33.32	150m: 1:57.01	44.89	250m: 3:24.47	43.94	350m: 4:44.66	35.60		
	100m: 1:12.12	38.80	200m: 2:40.53	43.52	300m: 4:09.06	44.59	400m: 5:18.78	34.12		
23.	WETT Oliwia		01	Sambor Tczew				<b>5:19.11</b>	595	+0,74
	50m: 32.71	32.71	150m: 1:53.28	41.38	250m: 3:21.23	47.15	350m: 4:44.83	36.66		
	100m: 1:11.90	39.19	200m: 2:34.08	40.80	300m: 4:08.17	46.94	400m: 5:19.11	34.28		
24.	IWANOWSKA Alexandra		00	MKS Juwenia Wrocław				<b>5:19.57</b>	592	+0,77
	50m: 35.14	35.14	150m: 1:59.85	43.40	250m: 3:23.67	42.44	350m: 4:44.32	37.08		
	100m: 1:16.45	41.31	200m: 2:41.23	41.38	300m: 4:07.24	43.57	400m: 5:19.57	35.25		
25.	HALICKA Lidia		01	lask Wrocław				<b>5:20.02</b>	590	+0,67
	50m: 34.58	34.58	150m: 1:56.05	41.28	250m: 3:21.77	45.85	350m: 4:45.47	37.93		
	100m: 1:14.77	40.19	200m: 2:35.92	39.87	300m: 4:07.54	45.77	400m: 5:20.02	34.55		
26.	HALAGIERA Joanna		96	MKP Słowianka Gorzów Wlkp.				<b>5:22.53</b>	576	+0,74
	50m: 32.82	32.82	150m: 1:53.04	42.36	250m: 3:22.09	47.05	350m: 4:46.09	36.64		
	100m: 1:10.68	37.86	200m: 2:35.04	42.00	300m: 4:09.45	47.36	400m: 5:22.53	36.44		
27.	LIWI SKA Marta		97	CSiR MOS D browa Górnicza				<b>5:23.92</b>	569	+0,63
	50m: 33.00	33.00	150m: 1:54.73	43.34	250m: 3:23.15	46.69	350m: 4:47.74	37.60		
	100m: 1:11.39	38.39	200m: 2:36.46	41.73	300m: 4:10.14	46.99	400m: 5:23.92	36.18		
28.	WIKIEŁ aklina		00	MTP KORMORAN Olsztyn				<b>5:25.03</b>	563	+0,76
	50m: 33.85	33.85	150m: 1:56.83	43.04	250m: 3:23.43	44.33	350m: 4:47.03	38.93		
	100m: 1:13.79	39.94	200m: 2:39.10	42.27	300m: 4:08.10	44.67	400m: 5:25.03	38.00		
29.	PARADOWSKA Kinga		01	MUKS Pi tnastrka Bydgoszcz				<b>5:25.06</b>	563	+0,71
	50m: 33.50	33.50	150m: 1:54.56	41.35	250m: 3:22.38	46.06	350m: 4:48.61	39.00		
	100m: 1:13.21	39.71	200m: 2:36.32	41.76	300m: 4:09.61	47.23	400m: 5:25.06	36.45		
30.	BACHANEK Julia		99	BUKS Warszawa				<b>5:25.52</b>	560	+0,85
	50m: 31.85	31.85	150m: 1:52.41	43.02	250m: 3:20.46	46.62	350m: 4:46.97	39.21		
	100m: 1:09.39	37.54	200m: 2:33.84	41.43	300m: 4:07.76	47.30	400m: 5:25.52	38.55		
31.	CICHOWSKA Julia		01	lask Wrocław				<b>5:27.99</b>	548	+0,72
	50m: 33.89	33.89	150m: 1:58.35	44.01	250m: 3:26.16	44.79	350m: 4:51.46	40.21		
	100m: 1:14.34	40.45	200m: 2:41.37	43.02	300m: 4:11.25	45.09	400m: 5:27.99	36.53		
32.	KRUSZEWSKA Kaja		00	MKS Juwenia Białystok				<b>5:28.27</b>	546	+0,82
	50m: 34.50	34.50	150m: 1:59.51	44.59	250m: 3:28.28	45.79	350m: 4:53.25	38.09		
	100m: 1:14.92	40.42	200m: 2:42.49	42.98	300m: 4:15.16	46.88	400m: 5:28.27	35.02		
33.	WIERTEL Agata		95	MTP Lublinianka Lublin				<b>5:29.51</b>	540	+0,81
	50m: 34.02	34.02	150m: 1:56.02	41.90	250m: 3:25.28	48.05	350m: 4:52.44	38.70		
	100m: 1:14.12	40.10	200m: 2:37.23	41.21	300m: 4:13.74	48.46	400m: 5:29.51	37.07		
34.	OSTROWSKA Kamila		01	UKS Aligator Gorzyce				<b>5:30.79</b>	534	+0,70
	50m: 35.24	35.24	150m: 1:58.13	41.61	250m: 3:26.53	48.08	350m: 4:53.26	38.88		
	100m: 1:16.52	41.28	200m: 2:38.45	40.32	300m: 4:14.38	47.85	400m: 5:30.79	37.53		
35.	GOTOWSKA Weronika		00	UKS G - 8 Bielany				<b>5:32.67</b>	525	+0,74
	50m: 33.63	33.63	150m: 1:57.24	42.21	250m: 3:27.43	47.68	350m: 4:54.72	37.80		
	100m: 1:15.03	41.40	200m: 2:39.75	42.51	300m: 4:16.92	49.49	400m: 5:32.67	37.95		

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Pozycja	Rok ur.								Czas	Pkt.	CR	
36.	KRZY A SKA	Karolina	01	MKP Szczecin				<b>5:34.44</b>	517	+0,70		
	50m:	35.23	35.23	150m:	1:59.85	43.69	250m:	3:28.94	46.74	350m:	4:55.70	39.15
	100m:	1:16.16	40.93	200m:	2:42.20	42.35	300m:	4:16.55	47.61	400m:	5:34.44	38.74
37.	SROCZY SKA	Paula	98	MKP Bobry D bica				<b>5:36.41</b>	508	+0,52		
	50m:	36.49	36.49	150m:	2:04.05	44.80	250m:	3:33.12	45.31	350m:	4:58.34	39.18
	100m:	1:19.25	42.76	200m:	2:47.81	43.76	300m:	4:19.16	46.04	400m:	5:36.41	38.07
38.	BARTCZAK	Julia	00	SKS 137 Delfin Łód				<b>5:38.02</b>	500	+0,45		
	50m:	33.27	33.27	150m:	1:58.99	45.55	250m:	3:30.78	47.32	350m:	4:59.44	39.43
	100m:	1:13.44	40.17	200m:	2:43.46	44.47	300m:	4:20.01	49.23	400m:	5:38.02	38.58
39.	MIODEK	Karolina	01	UKS abianka Gda sk				<b>5:51.03</b>	447	+0,89		
	50m:	34.12	34.12	150m:	1:59.27	45.53	250m:	3:32.91	49.77	350m:	5:08.25	44.65
	100m:	1:13.74	39.62	200m:	2:43.14	43.87	300m:	4:23.60	50.69	400m:	5:51.03	42.78