

Szczecin, 28- - 31-5-2015

Konkurencja 18

M czyzn, 400m zmienny

Open

2015-05-29 - 11:36

Wyniki Eliminacje

Rekord Polski Seniorów	4:12.28	MATCZAK Mateusz	00905	Belgrade (SRB)	2009-07-11
Minimum M Kaza	4:19.21				
Minimum Uniwersjada Gwangju	4:21.91				

Punkty: FINA 2015

Pozycja			Rok ur.					Czas	Pkt.	CR		
1.	ZBUTOWICZ Karol	SOL	98	MTP KORMORAN Olsztyn				4:28.07	752	+0,66		
	50m:	28.98	28.98	150m:	1:37.38	34.97	250m:	2:48.99	37.65	350m:	3:58.24	32.31
	100m:	1:02.41	33.43	200m:	2:11.34	33.96	300m:	3:25.93	36.94	400m:	4:28.07	29.83
2.	KUBKOWSKI Bartłomiej		95	MTP KORMORAN Olsztyn				4:28.22	751	+0,81		
	50m:	28.84	28.84	150m:	1:37.53	35.42	250m:	2:49.08	36.75	350m:	3:58.37	32.22
	100m:	1:02.11	33.27	200m:	2:12.33	34.80	300m:	3:26.15	37.07	400m:	4:28.22	29.85
3.	SZWEDZKI Dawid		94	lask Wrocław				4:28.25	751	+0,67		
	50m:	28.99	28.99	150m:	1:37.38	34.99	250m:	2:48.58	37.04	350m:	3:58.12	32.22
	100m:	1:02.39	33.40	200m:	2:11.54	34.16	300m:	3:25.90	37.32	400m:	4:28.25	30.13
4.	W GROWSKI Marcel		99	Olimpijczyk Aleksandrów Łódzki				4:28.27	750	+0,78		
	50m:	28.54	28.54	150m:	1:35.29	34.14	250m:	2:47.36	38.84	350m:	3:57.65	31.07
	100m:	1:01.15	32.61	200m:	2:08.52	33.23	300m:	3:26.58	39.22	400m:	4:28.27	30.62
5.	BUJAK Dominik		99	SL SALOS Cortile Kielce				4:31.35	725	+0,68		
	50m:	29.11	29.11	150m:	1:37.61	34.83	250m:	2:50.93	39.02	350m:	4:01.71	31.09
	100m:	1:02.78	33.67	200m:	2:11.91	34.30	300m:	3:30.62	39.69	400m:	4:31.35	29.64
6.	CHMIELEWSKI Jakub		99	lask Wrocław				4:31.42	725	+0,63		
	50m:	28.94	28.94	150m:	1:35.99	33.98	250m:	2:48.87	39.22	350m:	4:00.42	32.45
	100m:	1:02.01	33.07	200m:	2:09.65	33.66	300m:	3:27.97	39.10	400m:	4:31.42	31.00
7.	ZACZY SKI Karol		91	lask Wrocław				4:31.66	723	+0,73		
	50m:	28.64	28.64	150m:	1:37.19	35.12	250m:	2:49.96	37.71	350m:	4:01.43	32.46
	100m:	1:02.07	33.43	200m:	2:12.25	35.06	300m:	3:28.97	39.01	400m:	4:31.66	30.23
8.	DUBIEL Adam		93	AZS AWF Warszawa				4:31.74	722	+0,70		
	50m:	28.37	28.37	150m:	1:36.18	34.47	250m:	2:49.92	39.91	350m:	4:01.67	31.59
	100m:	1:01.71	33.34	200m:	2:10.01	33.83	300m:	3:30.08	40.16	400m:	4:31.74	30.07
9.	SOBCZYK Maciej		95	AZS AGH Kraków				4:32.11	719	+0,70		
	50m:	29.09	29.09	150m:	1:38.79	35.74	250m:	2:51.04	37.61	350m:	4:01.31	32.15
	100m:	1:03.05	33.96	200m:	2:13.43	34.64	300m:	3:29.16	38.12	400m:	4:32.11	30.80
10.	CZARNOTA Mateusz		91	Unia O wi cim				4:33.96	705	+0,80		
	50m:	29.18	29.18	150m:	1:39.79	37.11	250m:	2:52.66	36.97	350m:	4:03.38	32.18
	100m:	1:02.68	33.50	200m:	2:15.69	35.90	300m:	3:31.20	38.54	400m:	4:33.96	30.58
11.	URBANIAK Jan		95	WARTA Pozna				4:37.03	681	+0,69		
	50m:	29.18	29.18	150m:	1:36.17	34.78	250m:	2:51.05	40.26	350m:	4:05.13	33.00
	100m:	1:01.39	32.21	200m:	2:10.79	34.62	300m:	3:32.13	41.08	400m:	4:37.03	31.90
12.	BAŁABUCH Krystian		95	AZS AGH Kraków				4:37.73	676	+0,62		
	50m:	28.80	28.80	150m:	1:39.92	36.90	250m:	2:54.61	38.10	350m:	4:06.06	32.15
	100m:	1:03.02	34.22	200m:	2:16.51	36.59	300m:	3:33.91	39.30	400m:	4:37.73	31.67
13.	OSSES Arkadiusz		95	WARTA Pozna				4:39.17	666	+0,80		
	50m:	28.55	28.55	150m:	1:38.20	36.84	250m:	2:55.32	41.39	350m:	4:08.84	31.46
	100m:	1:01.36	32.81	200m:	2:13.93	35.73	300m:	3:37.38	42.06	400m:	4:39.17	30.33
14.	STEC ADAM SSz		97	MKP Szczecin				4:41.40	650	+0,74		
	50m:	29.14	29.14	150m:	1:37.52	34.92	250m:	2:52.70	40.53	350m:	4:08.20	33.13
	100m:	1:02.60	33.46	200m:	2:12.17	34.65	300m:	3:35.07	42.37	400m:	4:41.40	33.20
15.	ADAMCZYK PATRYK SSz		97	MKP Szczecin				4:41.76	648			
	50m:	27.90	27.90	150m:	1:39.20	37.52	250m:	2:57.79	41.40	350m:	4:12.01	33.13
	100m:	1:01.68	33.78	200m:	2:16.39	37.19	300m:	3:38.88	41.09	400m:	4:41.76	29.75
16.	BODZIOCH ANDRZEJ SSz		98	MKP Szczecin				4:41.82	647	+0,68		
	50m:	29.40	29.40	150m:	1:39.69	36.33	250m:	2:55.07	40.23	350m:	4:09.58	33.17
	100m:	1:03.36	33.96	200m:	2:14.84	35.15	300m:	3:36.41	41.34	400m:	4:41.82	32.24
17.	R YSKI Marcin		94	AZS UWM Olsztyn				4:41.92	647	+0,74		
	50m:	28.15	28.15	150m:	1:37.89	37.71	250m:	2:56.49	41.57	350m:	4:10.77	32.43
	100m:	1:00.18	32.03	200m:	2:14.92	37.03	300m:	3:38.34	41.85	400m:	4:41.92	31.15

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Pozycja			Rok ur.					Czas	Pkt.	CR
18.	KUBOT Szymon SZG		97	WARTA Pozna				4:42.12	645	+0,77
	50m: 28.74	28.74	150m: 1:40.34	38.30	250m: 2:56.30	38.98	350m: 4:09.84	33.97		
	100m: 1:02.04	33.30	200m: 2:17.32	36.98	300m: 3:35.87	39.57	400m: 4:42.12	32.28		
19.	DOBRZY SKI Tomasz		98	UKS G - 8 Bielany				4:42.14	645	+0,74
	50m: 29.86	29.86	150m: 1:41.28	37.27	250m: 2:58.01	40.24	350m: 4:11.44	33.32		
	100m: 1:04.01	34.15	200m: 2:17.77	36.49	300m: 3:38.12	40.11	400m: 4:42.14	30.70		
20.	URBA SKI Michał		97	MUKS Pi tnastka Bydgoszcz				4:43.67	635	+0,71
	50m: 28.68	28.68	150m: 1:40.31	38.15	250m: 2:56.04	38.94	350m: 4:09.85	33.90		
	100m: 1:02.16	33.48	200m: 2:17.10	36.79	300m: 3:35.95	39.91	400m: 4:43.67	33.82		
21.	PIETRZAK DAWID SSz		97	MKP Szczecin				4:43.81	634	+0,69
	50m: 28.86	28.86	150m: 1:38.40	36.25	250m: 2:55.51	41.32	350m: 4:11.31	34.08		
	100m: 1:02.15	33.29	200m: 2:14.19	35.79	300m: 3:37.23	41.72	400m: 4:43.81	32.50		
22.	PALMI-KUKIEŁKO Mieszko		93	IASK Wrocław				4:46.79	614	+0,78
	50m: 28.79	28.79	150m: 1:39.53	37.07	250m: 2:57.37	40.74	350m: 4:13.19	33.69		
	100m: 1:02.46	33.67	200m: 2:16.63	37.10	300m: 3:39.50	42.13	400m: 4:46.79	33.60		
23.	DANILEWSKI Maciej SOL		98	MKS Juvenia Białystok				4:47.47	610	+0,61
	50m: 30.35	30.35	150m: 1:44.42	37.51	250m: 3:02.64	41.88	350m: 4:17.18	32.97		
	100m: 1:06.91	36.56	200m: 2:20.76	36.34	300m: 3:44.21	41.57	400m: 4:47.47	30.29		
24.	GOLI SKI Patryk SK		97	MKS Jordan Kraków				4:48.46	604	+0,62
	50m: 29.54	29.54	150m: 1:42.12	37.61	250m: 2:59.42	41.32	350m: 4:15.33	33.09		
	100m: 1:04.51	34.97	200m: 2:18.10	35.98	300m: 3:42.24	42.82	400m: 4:48.46	33.13		
25.	KACZOROWSKI Jakub		97	UKS oliborz Warszawa				4:49.16	599	+0,71
	50m: 30.98	30.98	150m: 1:45.77	38.56	250m: 3:03.69	40.64	350m: 4:17.06	32.32		
	100m: 1:07.21	36.23	200m: 2:23.05	37.28	300m: 3:44.74	41.05	400m: 4:49.16	32.10		
26.	MA KA Filip		00	UKS 190 Łód				4:49.76	595	+0,72
	50m: 30.91	30.91	150m: 1:42.06	36.13	250m: 2:59.63	41.42	350m: 4:16.44	34.64		
	100m: 1:05.93	35.02	200m: 2:18.21	36.15	300m: 3:41.80	42.17	400m: 4:49.76	33.32		
27.	JANUSZANIS Jakub SOL		98	OLIMPIJCZYK Suwałki				4:50.75	589	+0,73
	50m: 30.87	30.87	150m: 1:46.87	38.92	250m: 3:05.06	39.40	350m: 4:18.90	32.73		
	100m: 1:07.95	37.08	200m: 2:25.66	38.79	300m: 3:46.17	41.11	400m: 4:50.75	31.85		
28.	BARUSI SKI Kordian		01	KORONA SWIM Kielce				4:50.87	589	+0,72
	50m: 30.42	30.42	150m: 1:40.82	35.39	250m: 2:59.12	42.29	350m: 4:17.11	35.18		
	100m: 1:05.43	35.01	200m: 2:16.83	36.01	300m: 3:41.93	42.81	400m: 4:50.87	33.76		
29.	SZUTKO Mateusz		97	KS AZS - AWF Biała Podlaska				4:51.28	586	
	50m: 28.54	28.54	150m: 1:40.92	38.32	250m: 3:01.25	43.19	350m: 4:18.66	34.39		
	100m: 1:02.60	34.06	200m: 2:18.06	37.14	300m: 3:44.27	43.02	400m: 4:51.28	32.62		
30.	OLLER Krzysztof		00	MTP KORMORAN Olsztyn				4:53.01	576	+0,63
	50m: 29.52	29.52	150m: 1:42.92	38.10	250m: 3:03.56	42.13	350m: 4:19.88	33.98		
	100m: 1:04.82	35.30	200m: 2:21.43	38.51	300m: 3:45.90	42.34	400m: 4:53.01	33.13		
31.	SACHA Kamil		01	CSiR MOS D browa Górnicza				4:53.79	571	+0,64
	50m: 30.58	30.58	150m: 1:43.70	37.90	250m: 3:02.88	42.16	350m: 4:20.73	34.58		
	100m: 1:05.80	35.22	200m: 2:20.72	37.02	300m: 3:46.15	43.27	400m: 4:53.79	33.06		
	CHODA Alan SOL		98	MTP KORMORAN Olsztyn				4:53.79	571	+0,68
	50m: 28.31	28.31	150m: 1:39.97	38.76	250m: 3:02.63	43.17	350m: 4:20.60	33.53		
	100m: 1:01.21	32.90	200m: 2:19.46	39.49	300m: 3:47.07	44.44	400m: 4:53.79	33.19		
33.	CZOP Michał		00	MTS Kwidzyn				4:53.94	570	+0,68
	50m: 31.06	31.06	150m: 1:45.41	38.27	250m: 3:02.21	40.01	350m: 4:19.13	35.60		
	100m: 1:07.14	36.08	200m: 2:22.20	36.79	300m: 3:43.53	41.32	400m: 4:53.94	34.81		
34.	CZOP Filip		00	MTS Kwidzyn				4:54.42	568	+0,71
	50m: 30.63	30.63	150m: 1:48.15	41.01	250m: 3:05.46	38.10	350m: 4:19.94	35.54		
	100m: 1:07.14	36.51	200m: 2:27.36	39.21	300m: 3:44.40	38.94	400m: 4:54.42	34.48		
35.	FIKS Krzysztof		00	UKS 190 Łód				4:56.88	554	+0,67
	50m: 30.18	30.18	150m: 1:42.91	38.13	250m: 3:04.76	44.19	350m: 4:25.02	35.89		
	100m: 1:04.78	34.60	200m: 2:20.57	37.66	300m: 3:49.13	44.37	400m: 4:56.88	31.86		

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Pozycja			Rok ur.					Czas	Pkt.	CR
36.	DOMA SKI Kamil		00	Olimpijczyk Aleksandrów Łódzki				4:57.17	552	+0,73
	50m: 30.70	30.70	150m: 1:44.40	37.86	250m: 3:07.00	44.43	350m: 4:25.41	34.04		
	100m: 1:06.54	35.84	200m: 2:22.57	38.17	300m: 3:51.37	44.37	400m: 4:57.17	31.76		
37.	KOTWICA Bartosz		01	KP AVIA widnik				4:58.79	543	+0,71
	50m: 30.22	30.22	150m: 1:45.13	39.12	250m: 3:06.30	42.03	350m: 4:25.03	34.94		
	100m: 1:06.01	35.79	200m: 2:24.27	39.14	300m: 3:50.09	43.79	400m: 4:58.79	33.76		
38.	WINIATOWSKI Patryk		99	MUKS Pi tnastrka Bydgoszcz				4:59.47	539	+0,65
	50m: 29.67	29.67	150m: 1:46.43	40.62	250m: 3:07.29	42.59	350m: 4:26.65	36.44		
	100m: 1:05.81	36.14	200m: 2:24.70	38.27	300m: 3:50.21	42.92	400m: 4:59.47	32.82		
39.	PAWLACZYK Patryk		00	UKS 190 Łód				5:04.20	515	+0,73
	50m: 30.59	30.59	150m: 1:43.93	37.30	250m: 3:07.83	47.87	350m: 4:30.20	35.01		
	100m: 1:06.63	36.04	200m: 2:19.96	36.03	300m: 3:55.19	47.36	400m: 5:04.20	34.00		
40.	WALCZYSKO Jakub		00	CSiR MOS D browa Górnicza				5:04.58	513	+0,62
	50m: 30.98	30.98	150m: 1:46.14	38.43	250m: 3:06.36	42.76	350m: 4:28.16	36.80		
	100m: 1:07.71	36.73	200m: 2:23.60	37.46	300m: 3:51.36	45.00	400m: 5:04.58	36.42		
41.	W SOWSKI J drzej		00	MTP KORMORAN Olsztyn				5:08.47	493	+0,76
	50m: 31.36	31.36	150m: 1:50.14	41.51	250m: 3:15.47	45.15	350m: 4:34.61	33.35		
	100m: 1:08.63	37.27	200m: 2:30.32	40.18	300m: 4:01.26	45.79	400m: 5:08.47	33.86		
42.	KRZY ANIAK Krystian		00	MKS Juvenia Białystok				5:11.56	479	+0,74
	50m: 31.89	31.89	150m: 1:50.96	41.45	250m: 3:15.31	44.23	350m: 4:36.50	36.30		
	100m: 1:09.51	37.62	200m: 2:31.08	40.12	300m: 4:00.20	44.89	400m: 5:11.56	35.06		
43.	PAJ K Bartosz		01	BUKS Warszawa				5:13.12	472	+0,62
	50m: 31.18	31.18	150m: 1:50.46	41.31	250m: 3:16.92	46.04	350m: 4:39.70	35.75		
	100m: 1:09.15	37.97	200m: 2:30.88	40.42	300m: 4:03.95	47.03	400m: 5:13.12	33.42		
44.	GALICKI Bartek		01	BUKS Warszawa				5:22.77	431	+0,63
	50m: 30.60	30.60	150m: 1:51.49	41.09	250m: 3:19.55	46.76	350m: 4:46.24	39.06		
	100m: 1:10.40	39.80	200m: 2:32.79	41.30	300m: 4:07.18	47.63	400m: 5:22.77	36.53		
45.	SKUBA Marcin		98	Orka Zamo				5:26.48	416	
	50m: 32.07	32.07	150m: 1:53.33	42.45	250m: 3:23.59	48.88	350m: 4:50.68	37.69		
	100m: 1:10.88	38.81	200m: 2:34.71	41.38	300m: 4:12.99	49.40	400m: 5:26.48	35.80		
46.	FRONCZYK Michał		96	CKS-SMS Szczecin				5:43.11	358	+0,73
	50m: 31.73	31.73	150m: 1:55.10	44.50	250m: 3:29.44	50.05	350m: 5:04.34	41.95		
	100m: 1:10.60	38.87	200m: 2:39.39	44.29	300m: 4:22.39	52.95	400m: 5:43.11	38.77		
DYSKW.	KAMINIARZ Jakub		96	Astromal Akwawit Leszno				4:56.03		+0,79
	<i>G4 - Wykonanie wi cej ni jednego poci gni cia ramieniem (lub obydwoma ramionami jednocześnie) po bróceniu si</i>									
	50m: 32.26	32.26	150m: 1:48.32	39.37	250m: 3:06.95	40.00	350m: 4:23.45	35.48		
	100m: 1:08.95	36.69	200m: 2:26.95	38.63	300m: 3:47.97	41.02	400m: 4:56.03	32.58		