

## Szczecin, 28- - 31-5-2015

Konkurencja 28  
2015-05-30 - 11:19

M czynn, 400m dowolny

Open  
Wyniki Eliminacje

Rekord Polski Seniorów	3:45.71	STANCZYK Przemyslaw	00116	Chiba (JPN)	2007-08-21
Minimum M Kaza	3:50.87				
Minimum Uniwersjada Gwangju	3:53.46				

Punkty: FINA 2015

Pozycja			Rok ur.					Czas	Pkt.	CR	
1.	SZUBA Michał		93	lask Wrocław				<b>3:54.04</b>	831	+0,75	
	50m:	27.39 27.39	150m:	1:26.05	29.51	250m:	2:25.00	29.53	350m:	3:24.66	30.04
	100m:	56.54 29.15	200m:	1:55.47	29.42	300m:	2:54.62	29.62	400m:	3:54.04	29.38
2.	WOJDAK Wojciech SO		96	Unia O wi cim				<b>3:54.91</b>	822	+0,68	
	50m:	27.20 27.20	150m:	1:25.97	29.43	250m:	2:25.45	29.87	350m:	3:25.35	29.91
	100m:	56.54 29.34	200m:	1:55.58	29.61	300m:	2:55.44	29.99	400m:	3:54.91	29.56
3.	KLICH Kacper		94	lask Wrocław				<b>3:56.74</b>	803	+0,77	
	50m:	27.76 27.76	150m:	1:27.71	30.57	250m:	2:27.88	29.93	350m:	3:27.80	29.98
	100m:	57.14 29.38	200m:	1:57.95	30.24	300m:	2:57.82	29.94	400m:	3:56.74	28.94
4.	FURTEK Paweł		95	MKP Szczecin				<b>3:57.27</b>	797	+0,74	
	50m:	27.32 27.32	150m:	1:26.70	29.82	250m:	2:26.77	30.02	350m:	3:27.13	30.11
	100m:	56.88 29.56	200m:	1:56.75	30.05	300m:	2:57.02	30.25	400m:	3:57.27	30.14
5.	ZABOROWSKI Filip		94	MKP Szczecin				<b>3:57.71</b>	793	+0,71	
	50m:	27.74 27.74	150m:	1:27.68	30.08	250m:	2:28.09	30.32	350m:	3:28.73	30.36
	100m:	57.60 29.86	200m:	1:57.77	30.09	300m:	2:58.37	30.28	400m:	3:57.71	28.98
6.	SAWRYMOWICZ Mateusz		87	MKP Szczecin				<b>3:58.22</b>	788	+0,73	
	50m:	28.37 28.37	150m:	1:28.69	30.20	250m:	2:28.85	30.06	350m:	3:28.96	29.85
	100m:	58.49 30.12	200m:	1:58.79	30.10	300m:	2:59.11	30.26	400m:	3:58.22	29.26
7.	PIELOWSKI Krzysztof		91	MTP KORMORAN Olsztyn				<b>3:58.93</b>	781	+0,70	
	50m:	27.84 27.84	150m:	1:27.83	30.01	250m:	2:28.33	29.92	350m:	3:29.10	30.11
	100m:	57.82 29.98	200m:	1:58.41	30.58	300m:	2:58.99	30.66	400m:	3:58.93	29.83
8.	ZONIUK Maciej		94	lask Wrocław				<b>4:00.70</b>	764	+0,73	
	50m:	28.07 28.07	150m:	1:29.05	30.35	250m:	2:30.04	30.30	350m:	3:30.80	30.11
	100m:	58.70 30.63	200m:	1:59.74	30.69	300m:	3:00.69	30.65	400m:	4:00.70	29.90
9.	GŁYK Wojciech		92	AZS AWF Katowice				<b>4:01.01</b>	761	+0,80	
	50m:	27.61 27.61	150m:	1:28.08	30.34	250m:	2:29.43	30.61	350m:	3:31.01	30.66
	100m:	57.74 30.13	200m:	1:58.82	30.74	300m:	3:00.35	30.92	400m:	4:01.01	30.00
10.	DUBIEL Adam		93	AZS AWF Warszawa				<b>4:01.09</b>	760	+0,68	
	50m:	27.39 27.39	150m:	1:27.45	30.32	250m:	2:28.86	30.72	350m:	3:30.87	31.09
	100m:	57.13 29.74	200m:	1:58.14	30.69	300m:	2:59.78	30.92	400m:	4:01.09	30.22
11.	BI Daniel		95	AZS AWF Warszawa				<b>4:01.25</b>	759	+0,69	
	50m:	27.71 27.71	150m:	1:27.59	30.08	250m:	2:28.42	30.32	350m:	3:30.20	30.78
	100m:	57.51 29.80	200m:	1:58.10	30.51	300m:	2:59.42	31.00	400m:	4:01.25	31.05
12.	JASZCZAK Wiktor SWR		97	lask Wrocław				<b>4:01.33</b>	758	+0,80	
	50m:	28.60 28.60	150m:	1:29.60	30.53	250m:	2:30.86	30.72	350m:	3:31.82	30.54
	100m:	59.07 30.47	200m:	2:00.14	30.54	300m:	3:01.28	30.42	400m:	4:01.33	29.51
13.	STANISZEWSKI ADAM SSz		97	MKP Szczecin				<b>4:01.35</b>	758	+0,70	
	50m:	28.01 28.01	150m:	1:29.76	31.18	250m:	2:31.42	30.70	350m:	3:32.54	30.19
	100m:	58.58 30.57	200m:	2:00.72	30.96	300m:	3:02.35	30.93	400m:	4:01.35	28.81
14.	ARNDT Mateusz		98	KS Delfin Gdynia				<b>4:01.40</b>	757	+0,78	
	50m:	28.39 28.39	150m:	1:29.74	30.83	250m:	2:31.14	30.70	350m:	3:32.14	30.43
	100m:	58.91 30.52	200m:	2:00.44	30.70	300m:	3:01.71	30.57	400m:	4:01.40	29.26
15.	KAŁU Y SKI Antoni		99	UKS GIM 92 Ursynów				<b>4:01.77</b>	754	+0,79	
	50m:	27.46 27.46	150m:	1:27.85	30.54	250m:	2:29.52	30.80	350m:	3:31.82	31.19
	100m:	57.31 29.85	200m:	1:58.72	30.87	300m:	3:00.63	31.11	400m:	4:01.77	29.95
16.	MŁYNARCZYK Karol		00	UKS G - 8 Bielany				<b>4:02.35</b>	748	+0,60	
	50m:	27.03 27.03	150m:	1:27.84	30.90	250m:	2:29.16	30.09	350m:	3:31.50	31.20
	100m:	56.94 29.91	200m:	1:59.07	31.23	300m:	3:00.30	31.14	400m:	4:02.35	30.85
17.	GOLENIEC Łukasz SO		97	Unia O wi cim				<b>4:02.69</b>	745	+0,72	
	50m:	28.62 28.62	150m:	1:30.37	30.99	250m:	2:31.99	30.64	350m:	3:33.11	30.27
	100m:	59.38 30.76	200m:	2:01.35	30.98	300m:	3:02.84	30.85	400m:	4:02.69	29.58

## Szczecin, 28- - 31-5-2015

## Konkurencja 28, M czynn, 400m dowolny, Eliminacje, Open

Pozycja			Rok ur.				Czas	Pkt.	CR
18.	WERNER Paweł		93	MKS Juvenia Wrocław			<b>4:02.98</b>	742	+0,73
	50m: 28.48	28.48	150m: 1:30.25	30.95	250m: 2:31.46	30.56	350m: 3:32.82	30.79	
	100m: 59.30	30.82	200m: 2:00.90	30.65	300m: 3:02.03	30.57	400m: 4:02.98	30.16	
19.	URBANIAK Jan		95	WARTA Pozna			<b>4:03.69</b>	736	+0,70
	50m: 28.68	28.68	150m: 1:29.91	30.70	250m: 2:31.32	30.42	350m: 3:33.27	31.23	
	100m: 59.21	30.53	200m: 2:00.90	30.99	300m: 3:02.04	30.72	400m: 4:03.69	30.42	
20.	JURA Maciej SWR		96	lask Wrocław			<b>4:03.84</b>	735	+0,73
	50m: 27.58	27.58	150m: 1:27.93	30.50	250m: 2:30.15	31.18	350m: 3:33.52	31.36	
	100m: 57.43	29.85	200m: 1:58.97	31.04	300m: 3:02.16	32.01	400m: 4:03.84	30.32	
21.	DERE Kacper		98	MKS 9 Dzierzoniów			<b>4:04.30</b>	730	+0,70
	50m: 28.01	28.01	150m: 1:30.23	30.86	250m: 2:32.10	30.80	350m: 3:34.52	31.08	
	100m: 59.37	31.36	200m: 2:01.30	31.07	300m: 3:03.44	31.34	400m: 4:04.30	29.78	
22.	BUJAK Piotr		97	SL SALOS Cortile Kielce			<b>4:04.64</b>	727	+0,58
	50m: 28.36	28.36	150m: 1:29.71	30.80	250m: 2:32.65	31.33	350m: 3:34.87	30.80	
	100m: 58.91	30.55	200m: 2:01.32	31.61	300m: 3:04.07	31.42	400m: 4:04.64	29.77	
23.	KU WIK Maciej SWR		96	lask Wrocław			<b>4:05.49</b>	720	+0,76
	50m: 27.63	27.63	150m: 1:27.99	30.25	250m: 2:29.88	31.08	350m: 3:33.53	32.06	
	100m: 57.74	30.11	200m: 1:58.80	30.81	300m: 3:01.47	31.59	400m: 4:05.49	31.96	
24.	KACZMARSKI Marcin		94	MKP Szczecin			<b>4:05.74</b>	718	+0,70
	50m: 28.07	28.07	150m: 1:29.54	30.82	250m: 2:32.20	31.42	350m: 3:35.22	31.25	
	100m: 58.72	30.65	200m: 2:00.78	31.24	300m: 3:03.97	31.77	400m: 4:05.74	30.52	
25.	KRAWCZYK Paweł		99	BUKS Warszawa			<b>4:05.82</b>	717	+0,76
	50m: 27.82	27.82	150m: 1:28.93	30.95	250m: 2:32.06	31.69	350m: 3:35.34	31.20	
	100m: 57.98	30.16	200m: 2:00.37	31.44	300m: 3:04.14	32.08	400m: 4:05.82	30.48	
26.	U CIŁKO Michał		95	MKS Juvenia Białystok			<b>4:06.86</b>	708	+0,79
	50m: 27.53	27.53	150m: 1:29.48	31.64	250m: 2:32.46	31.19	350m: 3:35.98	31.75	
	100m: 57.84	30.31	200m: 2:01.27	31.79	300m: 3:04.23	31.77	400m: 4:06.86	30.88	
27.	CUKANOW Michał		99	Olimpijczyk Aleksandrów Łódzki			<b>4:06.96</b>	707	+0,82
	50m: 27.91	27.91	150m: 1:30.06	31.61	250m: 2:33.21	31.20	350m: 3:37.14	32.06	
	100m: 58.45	30.54	200m: 2:02.01	31.95	300m: 3:05.08	31.87	400m: 4:06.96	29.82	
28.	PARZYNOWSKI Wojciech		99	Olimpijczyk Aleksandrów Łódzki			<b>4:07.15</b>	705	+0,70
	50m: 28.59	28.59	150m: 1:30.55	31.18	250m: 2:33.98	31.74	350m: 3:36.23	30.29	
	100m: 59.37	30.78	200m: 2:02.24	31.69	300m: 3:05.94	31.96	400m: 4:07.15	30.92	
29.	SMEJA Sławomir		94	AZS AWF Katowice			<b>4:07.42</b>	703	+0,77
	50m: 28.17	28.17	150m: 1:30.15	31.17	250m: 2:32.99	31.65	350m: 3:36.55	31.78	
	100m: 58.98	30.81	200m: 2:01.34	31.19	300m: 3:04.77	31.78	400m: 4:07.42	30.87	
30.	OSSES Arkadiusz		95	WARTA Pozna			<b>4:08.04</b>	698	+0,77
	50m: 28.67	28.67	150m: 1:31.15	31.18	250m: 2:33.98	31.02	350m: 3:36.94	31.15	
	100m: 59.97	31.30	200m: 2:02.96	31.81	300m: 3:05.79	31.81	400m: 4:08.04	31.10	
31.	POPIS Emil SR		98	MKS-SMS Victoria Racibórz			<b>4:08.06</b>	698	+0,70
	50m: 28.20	28.20	150m: 1:30.96	31.93	250m: 2:34.05	31.30	350m: 3:37.36	31.42	
	100m: 59.03	30.83	200m: 2:02.75	31.79	300m: 3:05.94	31.89	400m: 4:08.06	30.70	
32.	KASZTELAN Mateusz SOL		98	MTP KORMORAN Olsztyn			<b>4:08.80</b>	692	+0,74
	50m: 28.08	28.08	150m: 1:30.42	31.15	250m: 2:32.54	31.00	350m: 3:36.78	32.49	
	100m: 59.27	31.19	200m: 2:01.54	31.12	300m: 3:04.29	31.75	400m: 4:08.80	32.02	
33.	YBURA Kornel		95	MKP Bobry D bica			<b>4:09.32</b>	687	+0,72
	50m: 27.83	27.83	150m: 1:29.39	31.20	250m: 2:33.30	31.92	350m: 3:37.64	32.34	
	100m: 58.19	30.36	200m: 2:01.38	31.99	300m: 3:05.30	32.00	400m: 4:09.32	31.68	
34.	CHODA Alan SOL		98	MTP KORMORAN Olsztyn			<b>4:10.32</b>	679	+0,70
	50m: 28.44	28.44	150m: 1:30.90	31.35	250m: 2:34.58	31.66	350m: 3:38.91	32.05	
	100m: 59.55	31.11	200m: 2:02.92	32.02	300m: 3:06.86	32.28	400m: 4:10.32	31.41	
35.	TOPOLSKI Arkadiusz SO		98	Unia O wi cim			<b>4:10.39</b>	678	+0,71
	50m: 28.65	28.65	150m: 1:33.26	32.57	250m: 2:38.14	32.31	350m: 3:41.18	30.84	
	100m: 1:00.69	32.04	200m: 2:05.83	32.57	300m: 3:10.34	32.20	400m: 4:10.39	29.21	

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## Konkurencja 28, M czynn, 400m dowolny, Eliminacje, Open

Pozycja					Rok ur.					Czas	Pkt.	CR
36.	KOZIEJKO Bartłomiej				00	MTP KORMORAN Olsztyn				<b>4:10.94</b>	674	+0,69
	50m:	28.87	28.87	150m:	1:32.45	31.91	250m:	2:36.16	31.89	350m:	3:40.17	31.92
	100m:	1:00.54	31.67	200m:	2:04.27	31.82	300m:	3:08.25	32.09	400m:	4:10.94	30.77
37.	RÓJ Konrad Ssz				98	MKP Szczecin				<b>4:11.25</b>	671	+0,79
	50m:	28.29	28.29	150m:	1:31.21	31.78	250m:	2:35.46	32.22	350m:	3:40.15	32.42
	100m:	59.43	31.14	200m:	2:03.24	32.03	300m:	3:07.73	32.27	400m:	4:11.25	31.10
38.	PTASZY SKI Mikołaj				95	AZS AWF Warszawa				<b>4:11.38</b>	670	+0,75
	50m:	28.30	28.30	150m:	1:31.89	31.92	250m:	2:35.17	31.52	350m:	3:39.82	32.58
	100m:	59.97	31.67	200m:	2:03.65	31.76	300m:	3:07.24	32.07	400m:	4:11.38	31.56
39.	D BSKI Dominik				98	MKS Trójka Łód				<b>4:11.67</b>	668	+0,65
	50m:	28.52	28.52	150m:	1:31.32	31.56	250m:	2:34.94	31.86	350m:	3:40.17	32.82
	100m:	59.76	31.24	200m:	2:03.08	31.76	300m:	3:07.35	32.41	400m:	4:11.67	31.50
40.	SINITCHINE Radoslaw				98	MTP KORMORAN Olsztyn				<b>4:12.60</b>	661	+0,71
	50m:	28.17	28.17	150m:	1:31.59	31.93	250m:	2:36.68	32.66	350m:	3:42.36	32.55
	100m:	59.66	31.49	200m:	2:04.02	32.43	300m:	3:09.81	33.13	400m:	4:12.60	30.24
41.	BRYŁA Kamil				99	MTP Lublinianka Lublin				<b>4:13.17</b>	656	+0,71
	50m:	28.87	28.87	150m:	1:33.22	32.50	250m:	2:38.14	32.19	350m:	3:42.84	32.16
	100m:	1:00.72	31.85	200m:	2:05.95	32.73	300m:	3:10.68	32.54	400m:	4:13.17	30.33
42.	KSI EK Jakub				98	MKP Kołobrzeg				<b>4:13.26</b>	656	+0,76
	50m:	29.25	29.25	150m:	1:33.67	32.23	250m:	2:38.56	32.47	350m:	3:43.37	32.23
	100m:	1:01.44	32.19	200m:	2:06.09	32.42	300m:	3:11.14	32.58	400m:	4:13.26	29.89
43.	KACZOROWSKI Jakub				97	UKS oliborz Warszawa				<b>4:13.62</b>	653	+0,72
	50m:	29.41	29.41	150m:	1:33.35	31.69	250m:	2:37.99	32.25	350m:	3:43.11	32.43
	100m:	1:01.66	32.25	200m:	2:05.74	32.39	300m:	3:10.68	32.69	400m:	4:13.62	30.51
44.	W SOWSKI J drzej				00	MTP KORMORAN Olsztyn				<b>4:15.03</b>	642	+0,77
	50m:	29.17	29.17	150m:	1:34.18	32.72	250m:	2:39.69	32.47	350m:	3:44.12	31.85
	100m:	1:01.46	32.29	200m:	2:07.22	33.04	300m:	3:12.27	32.58	400m:	4:15.03	30.91
45.	PIECHOWIAK Michał SZG				98	KORNER Zielona Góra				<b>4:15.25</b>	640	+0,64
	50m:	28.27	28.27	150m:	1:32.52	32.40	250m:	2:37.96	32.72	350m:	3:43.39	32.58
	100m:	1:00.12	31.85	200m:	2:05.24	32.72	300m:	3:10.81	32.85	400m:	4:15.25	31.86
46.	KRASKA Jakub				00	Pi tka Konstantinów Łódzki				<b>4:16.26</b>	633	+0,77
	50m:	29.24	29.24	150m:	1:35.36	33.45	250m:	2:41.28	32.01	350m:	3:47.21	33.54
	100m:	1:01.91	32.67	200m:	2:09.27	33.91	300m:	3:13.67	32.39	400m:	4:16.26	29.05
47.	KEPA Kacper				99	UKS GOS Raszyn				<b>4:17.64</b>	623	+0,80
	50m:	28.89	28.89	150m:	1:33.49	32.47	250m:	2:39.52	33.40	350m:	3:45.51	32.94
	100m:	1:01.02	32.13	200m:	2:06.12	32.63	300m:	3:12.57	33.05	400m:	4:17.64	32.13
48.	SZPOJANKOWSKI Kacper				98	MTP KORMORAN Olsztyn				<b>4:17.66</b>	623	+0,74
	50m:	28.58	28.58	150m:	1:31.67	32.04	250m:	2:37.98	33.32	350m:	3:45.16	33.42
	100m:	59.63	31.05	200m:	2:04.66	32.99	300m:	3:11.74	33.76	400m:	4:17.66	32.50
49.	PAWLACZYK Patryk				00	UKS 190 Łód				<b>4:19.61</b>	609	+0,74
	50m:	28.53	28.53	150m:	1:34.19	33.29	250m:	2:41.20	33.35	350m:	3:49.39	33.91
	100m:	1:00.90	32.37	200m:	2:07.85	33.66	300m:	3:15.48	34.28	400m:	4:19.61	30.22
50.	BOCHNOWSKI Maciej				98	MKP Bobry D bica				<b>4:20.24</b>	604	+0,75
	50m:	27.68	27.68	150m:	1:30.28	31.82	250m:	2:35.86	32.98	350m:	3:45.01	35.00
	100m:	58.46	30.78	200m:	2:02.88	32.60	300m:	3:10.01	34.15	400m:	4:20.24	35.23
51.	STEC ADAM Ssz				97	MKP Szczecin				<b>4:20.27</b>	604	+0,73
	50m:	28.41	28.41	150m:	1:31.77	32.05	250m:	2:37.26	32.77	350m:	3:45.66	34.59
	100m:	59.72	31.31	200m:	2:04.49	32.72	300m:	3:11.07	33.81	400m:	4:20.27	34.61
52.	WAŁCERZ Mateusz				00	MKP Słowianka Gorzów Wlkp.				<b>4:20.51</b>	602	+0,72
	50m:	28.53	28.53	150m:	1:33.67	32.83	250m:	2:39.83	33.35	350m:	3:47.87	34.33
	100m:	1:00.84	32.31	200m:	2:06.48	32.81	300m:	3:13.54	33.71	400m:	4:20.51	32.64
53.	KAROLCZAK Jan				01	BUKS Warszawa				<b>4:21.41</b>	596	+0,73
	50m:	27.21	27.21	150m:	1:30.91	32.58	250m:	2:38.98	34.17	350m:	3:48.12	34.59
	100m:	58.33	31.12	200m:	2:04.81	33.90	300m:	3:13.53	34.55	400m:	4:21.41	33.29

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## Konkurencja 28, M czynn, 400m dowolny, Eliminacje, Open

Pozycja			Rok ur.						Czas	Pkt.	CR
54.	DZIEDZIC Andrzej		93	AZS AWF Warszawa				<b>4:22.02</b>	592	+0,78	
	50m: 28.97	28.97	150m: 1:33.34	32.43	250m: 2:39.70	33.33	350m: 3:47.76	34.09			
	100m: 1:00.91	31.94	200m: 2:06.37	33.03	300m: 3:13.67	33.97	400m: 4:22.02	34.26			
55.	MA CZAK Błażej		98	KS Delfin Gdynia				<b>4:22.97</b>	586	+0,71	
	50m: 29.63	29.63	150m: 1:34.92	33.22	250m: 2:42.06	33.75	350m: 3:50.25	34.01			
	100m: 1:01.70	32.07	200m: 2:08.31	33.39	300m: 3:16.24	34.18	400m: 4:22.97	32.72			
56.	DOMA SKI Kamil		00	Olimpijczyk Aleksandrów Łódzki				<b>4:23.47</b>	582	+0,75	
	50m: 29.75	29.75	150m: 1:35.61	33.30	250m: 2:43.06	33.89	350m: 3:51.49	34.25			
	100m: 1:02.31	32.56	200m: 2:09.17	33.56	300m: 3:17.24	34.18	400m: 4:23.47	31.98			
57.	KRZYKAŁA Emil		01	KP AVIA widnik				<b>4:23.77</b>	580	+0,79	
	50m: 29.25	29.25	150m: 1:35.85	33.49	250m: 2:43.07	33.46	350m: 3:50.99	34.24			
	100m: 1:02.36	33.11	200m: 2:09.61	33.76	300m: 3:16.75	33.68	400m: 4:23.77	32.78			
58.	BRU DZIAK Maciej SOL		98	MTP KORMORAN Olsztyn				<b>4:24.02</b>	579	+0,56	
	50m: 29.26	29.26	150m: 1:35.32	33.30	250m: 2:43.69	34.13	350m: 3:51.61	33.35			
	100m: 1:02.02	32.76	200m: 2:09.56	34.24	300m: 3:18.26	34.57	400m: 4:24.02	32.41			
59.	KRZYMA SKI Kajetan		01	UKS GIM 92 Ursynów				<b>4:24.29</b>	577	+0,78	
	50m: 30.01	30.01	150m: 1:36.72	33.45	250m: 2:44.55	34.15	350m: 3:52.31	33.80			
	100m: 1:03.27	33.26	200m: 2:10.40	33.68	300m: 3:18.51	33.96	400m: 4:24.29	31.98			
60.	OZIMEK Kacper		99	UKS oliborz Warszawa				<b>4:25.57</b>	569	+0,66	
	50m: 28.36	28.36	150m: 1:34.57	33.55	250m: 2:42.65	33.57	350m: 3:52.26	34.82			
	100m: 1:01.02	32.66	200m: 2:09.08	34.51	300m: 3:17.44	34.79	400m: 4:25.57	33.31			
61.	SZCZEPA SKI Kacper		99	MUKS Pi tnastrka Bydgoszcz				<b>4:26.65</b>	562	+0,72	
	50m: 28.83	28.83	150m: 1:33.69	33.11	250m: 2:42.70	34.35	350m: 3:52.23	34.85			
	100m: 1:00.58	31.75	200m: 2:08.35	34.66	300m: 3:17.38	34.68	400m: 4:26.65	34.42			
62.	SACHA Kamil		01	CSiR MOS D browa Górnicza				<b>4:29.38</b>	545	+0,62	
	50m: 30.56	30.56	150m: 1:39.07	34.37	250m: 2:48.40	34.87	350m: 3:57.17	34.08			
	100m: 1:04.70	34.14	200m: 2:13.53	34.46	300m: 3:23.09	34.69	400m: 4:29.38	32.21			
63.	NAPIERAJ Jan SWwa		98	Polonia Warszawa				<b>4:30.77</b>	536	+0,71	
	50m: 30.99	30.99	150m: 1:39.03	33.98	250m: 2:48.38	34.70	350m: 3:57.15	34.32			
	100m: 1:05.05	34.06	200m: 2:13.68	34.65	300m: 3:22.83	34.45	400m: 4:30.77	33.62			
64.	STERNAK Piotr SOL		98	MZOS Płock				<b>4:30.98</b>	535	+0,73	
	50m: 30.07	30.07	150m: 1:36.48	33.75	250m: 2:45.91	35.30	350m: 3:58.40	36.27			
	100m: 1:02.73	32.66	200m: 2:10.61	34.13	300m: 3:22.13	36.22	400m: 4:30.98	32.58			
65.	GÓRSKI Grzegorz		97	MKP Szczecin				<b>4:31.11</b>	534	+0,73	
	50m: 29.94	29.94	150m: 1:38.10	34.74	250m: 2:48.08	34.56	350m: 3:58.37	35.15			
	100m: 1:03.36	33.42	200m: 2:13.52	35.42	300m: 3:23.22	35.14	400m: 4:31.11	32.74			
66.	REKOWSKI Bartosz		99	MKP Szczecin				<b>4:31.14</b>	534	+0,72	
	50m: 30.21	30.21	150m: 1:38.94	34.66	250m: 2:48.79	34.78	350m: 3:58.39	34.06			
	100m: 1:04.28	34.07	200m: 2:14.01	35.07	300m: 3:24.33	35.54	400m: 4:31.14	32.75			
67.	WARDAK Jakub		00	UKS G - 8 Bielany				<b>4:31.29</b>	533	+0,67	
	50m: 29.54	29.54	150m: 1:36.91	34.06	250m: 2:47.29	34.97	350m: 3:57.53	34.69			
	100m: 1:02.85	33.31	200m: 2:12.32	35.41	300m: 3:22.84	35.55	400m: 4:31.29	33.76			
68.	KAWCZY SKI Marcin		95	SKS 137 Delfin Łódź				<b>4:31.96</b>	529	+0,65	
	50m: 29.67	29.67	150m: 1:37.68	34.50	250m: 2:47.84	35.49	350m: 3:58.70	35.49			
	100m: 1:03.18	33.51	200m: 2:12.35	34.67	300m: 3:23.21	35.37	400m: 4:31.96	33.26			
69.	D BSKI Szymon		99	UKS NAWA Skierniewice				<b>4:31.97</b>	529	+0,74	
	50m: 30.42	30.42	150m: 1:38.76	34.50	250m: 2:47.76	34.37	350m: 3:57.87	35.27			
	100m: 1:04.26	33.84	200m: 2:13.39	34.63	300m: 3:22.60	34.84	400m: 4:31.97	34.10			
70.	KOŁODZIEJ Bartłomiej		99	Neptun Stargard				<b>4:33.24</b>	522	+0,78	
	50m: 29.92	29.92	150m: 1:38.54	34.76	250m: 2:48.79	34.93	350m: 3:59.45	34.99			
	100m: 1:03.78	33.86	200m: 2:13.86	35.32	300m: 3:24.46	35.67	400m: 4:33.24	33.79			
71.	RUSSEK Filip		94	UKS oliborz Warszawa				<b>4:33.86</b>	518	+0,83	
	50m: 30.16	30.16	150m: 1:37.63	34.32	250m: 2:48.29	35.62	350m: 3:58.53	35.06			
	100m: 1:03.31	33.15	200m: 2:12.67	35.04	300m: 3:23.47	35.18	400m: 4:33.86	35.33			

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## Konkurencja 28, M czynn, 400m dowolny, Eliminacje, Open

Pozycja	Rok ur.								Czas	Pkt.	CR	
72.	GIER Oliwer		99		MTP KORMORAN Olsztyn				<b>4:35.03</b>	512	+0,79	
	50m:	31.17	31.17	150m:	1:40.06	34.81	250m:	2:50.01	35.27	350m:	4:01.70	35.79
	100m:	1:05.25	34.08	200m:	2:14.74	34.68	300m:	3:25.91	35.90	400m:	4:35.03	33.33
73.	PAJ K Bartosz		01		BUKS Warszawa				<b>4:35.30</b>	510	+0,61	
	50m:	29.07	29.07	150m:	1:37.82	35.36	250m:	2:49.51	35.80	350m:	4:02.05	35.41
	100m:	1:02.46	33.39	200m:	2:13.71	35.89	300m:	3:26.64	37.13	400m:	4:35.30	33.25
74.	OPAŁA Krystian		01		Dwójka Morena Gdańsk				<b>4:35.84</b>	507	+0,67	
	50m:	31.28	31.28	150m:	1:40.69	35.14	250m:	2:51.38	34.98	350m:	4:02.15	35.26
	100m:	1:05.55	34.27	200m:	2:16.40	35.71	300m:	3:26.89	35.51	400m:	4:35.84	33.69
75.	KRUK Tomasz		98		Astromal Akwawit Leszno				<b>4:35.91</b>	507	+0,73	
	50m:	31.56	31.56	150m:	1:39.86	34.87	250m:	2:51.74	35.91	350m:	4:03.18	35.47
	100m:	1:04.99	33.43	200m:	2:15.83	35.97	300m:	3:27.71	35.97	400m:	4:35.91	32.73
76.	TRZ SIEC Daniel		00		CSiR MOS D browa Górnicza				<b>4:36.14</b>	506	+0,76	
	50m:	30.77	30.77	150m:	1:40.74	35.56	250m:	2:52.72	35.94	350m:	4:03.32	34.80
	100m:	1:05.18	34.41	200m:	2:16.78	36.04	300m:	3:28.52	35.80	400m:	4:36.14	32.82
77.	K PI SKI Michał		97		SKS 137 Delfin Łódź				<b>4:38.02</b>	495	+0,74	
	50m:	31.44	31.44	150m:	1:39.90	34.52	250m:	2:51.04	35.81	350m:	4:03.72	36.00
	100m:	1:05.38	33.94	200m:	2:15.23	35.33	300m:	3:27.72	36.68	400m:	4:38.02	34.30
78.	MIAROWSKI Benjamin		00		MTP KORMORAN Olsztyn				<b>4:38.24</b>	494	+0,71	
	50m:	30.82	30.82	150m:	1:41.02	35.64	250m:	2:52.90	35.79	350m:	4:04.30	35.55
	100m:	1:05.38	34.56	200m:	2:17.11	36.09	300m:	3:28.75	35.85	400m:	4:38.24	33.94
79.	ŁAPACZ Mateusz		00		MKP Szczecin				<b>4:38.67</b>	492	+0,83	
	50m:	30.91	30.91	150m:	1:40.76	36.06	250m:	2:53.18	36.17	350m:	4:04.42	35.31
	100m:	1:04.70	33.79	200m:	2:17.01	36.25	300m:	3:29.11	35.93	400m:	4:38.67	34.25
80.	PABICH Bartosz		01		Neptun Stargard				<b>4:46.82</b>	451	+0,69	
	50m:	32.14	32.14	150m:	1:46.19	37.03	250m:	2:59.98	36.64	350m:	4:13.35	35.67
	100m:	1:09.16	37.02	200m:	2:23.34	37.15	300m:	3:37.68	37.70	400m:	4:46.82	33.47
81.	S DŁAK Wiktor		99		Orka Zamość				<b>4:48.01</b>	446	+0,69	
	50m:	31.72	31.72	150m:	1:43.26	36.21	250m:	2:57.25	36.88	350m:	4:11.55	37.31
	100m:	1:07.05	35.33	200m:	2:20.37	37.11	300m:	3:34.24	36.99	400m:	4:48.01	36.46
DYSKW.	GÓRSKI Marcin		97		MKP Szczecin							
	<i>O4 - Start wykonany przed sygnałem (przedwczesny start)</i>											