

Otwarte Mistrzostwa Polski w Pływaniu Masters
Szczecin, 26- - 28-6-2015

Konkurencja 26 2015-06-27 - 17:58	M cyczn, 400m dowolny			20 - 94 lat Wyniki
Rekord Polski Masters 25 - 29	4:27.47	SZCZYPI SKI Marcin	Olsztyn	2014-06-29
Rekord Polski Masters 30 - 34	4:31.49	PR DKI Sławomir	Pozna	2009-06-20
Rekord Polski Masters 35 - 39	4:29.56	HORBACZ Marcin	D bica	2013-06-16
Rekord Polski Masters 40 - 44	4:21.40	STANEK Grzegorz	Cadiz	2009-09-17
Rekord Polski Masters 45 - 49	4:37.62	KASPEREK Jacek	San Francisco	2006-08-10
Rekord Polski Masters 50 - 54	4:49.39	MADEJ Leszek	Olsztyn	2014-06-29
Rekord Polski Masters 55 - 59	4:59.65	GABIEC Mariusz	D bica	2013-06-16
Rekord Polski Masters 60 - 64	5:39.60	LEWICKI Józef	Praga	1997-09-07
Rekord Polski Masters 65 - 69	5:51.23	LEWICKI Józef	Monachium	2000-07-31
Rekord Polski Masters 70 - 74	5:53.54	BASTEK Ewald	Gdynia	2009-06-27
Rekord Polski Masters 75 - 79	6:31.82	BASTEK Ewald	Olsztyn	2014-06-29
Rekord Polski Masters 80 - 84	6:58.79	KROKOSZY SKI Stanisław	Gliwice	2010-05-09
Rekord Polski Masters 85 - 89	9:12.44	MRÓWCZY SKI Kazimierz	Kranj	2007-08-31
Rekord Polski Masters 90 - 94	20:00.00			

Pozycja	Rok ur.				Czas			
Kat. 0								
1. KUCA Przemysław	94	KS Warta Pozna					4:23.76	
50m: 29.27 29.27	150m: 1:35.01 33.19	250m: 2:42.90 33.85	350m: 3:51.73 34.20					
100m: 1:01.82 32.55	200m: 2:09.05 34.04	300m: 3:17.53 34.63	400m: 4:23.76 32.03					
2. MUSIALIK Marcin	94	Nieزرzezony					4:41.25	
50m: 31.64 31.64	150m: 1:41.98 35.60	250m: 2:54.19 35.96	350m: 4:06.58 35.85					
100m: 1:06.38 34.74	200m: 2:18.23 36.25	300m: 3:30.73 36.54	400m: 4:41.25 34.67					
3. FUTOMA Marcel	95	nieزرzezony Nowogard					5:17.43	
50m: 32.51 32.51	150m: 1:48.53 39.55	250m: 3:11.72 42.03	350m: 4:37.47 43.03					
100m: 1:08.98 36.47	200m: 2:29.69 41.16	300m: 3:54.44 42.72	400m: 5:17.43 39.96					

Kat. A								
1. KLUCZYK Szymon	87	MKP Szczecin					4:41.23	
50m: 31.52 31.52	150m: 1:40.06 34.66	250m: 2:51.71 35.99	350m: 4:05.79 37.03					
100m: 1:05.40 33.88	200m: 2:15.72 35.66	300m: 3:28.76 37.05	400m: 4:41.23 35.44					
2. RADZI SKI Paweł	90	MKP Szczecin					4:51.25	
50m: 30.95 30.95	150m: 1:45.00 37.87	250m: 3:00.44 37.62	350m: 4:15.52 37.12					
100m: 1:07.13 36.18	200m: 2:22.82 37.82	300m: 3:38.40 37.96	400m: 4:51.25 35.73					
3. GOŁEMBIEWSKI Andrzej	86	WOPR Tczew					5:00.52	
50m: 33.25 33.25	150m: 1:48.16 37.86	250m: 3:06.72 39.37	350m: 4:25.25 39.05					
100m: 1:10.30 37.05	200m: 2:27.35 39.19	300m: 3:46.20 39.48	400m: 5:00.52 35.27					
4. JAJUGA Dawid	86	MASTERS Zdieszowice					5:03.22	
50m: 33.49 33.49	150m: 1:48.44 37.87	250m: 3:05.61 38.20	350m: 4:23.73 39.65					
100m: 1:10.57 37.08	200m: 2:27.41 38.97	300m: 3:44.08 38.47	400m: 5:03.22 39.49					
5. RESCHKE Maciej	90	WOPR Tczew					5:10.33	
50m: 32.30 32.30	150m: 1:47.85 38.56	250m: 3:07.77 40.57	350m: 4:30.49 41.19					
100m: 1:09.29 36.99	200m: 2:27.20 39.35	300m: 3:49.30 41.53	400m: 5:10.33 39.84					

Kat. B								
1. PORADA Tomasz	83	Warsaw Masters Team					4:52.53	
50m: 31.97 31.97	150m: 1:44.28 36.73	250m: 2:58.93 37.52	350m: 4:15.24 38.37					
100m: 1:07.55 35.58	200m: 2:21.41 37.13	300m: 3:36.87 37.94	400m: 4:52.53 37.29					
2. BRODACKI Maciej	83	SMT Szczecin					4:54.99	
50m: 32.70 32.70	150m: 1:47.71 37.90	250m: 3:04.16 38.26	350m: 4:19.84 38.31					
100m: 1:09.81 37.11	200m: 2:25.90 38.19	300m: 3:41.53 37.37	400m: 4:54.99 35.15					

Otwarte Mistrzostwa Polski w Pływaniu Masters
Szczecin, 26- - 28-6-2015

Konkurencja 26, M czynn, 400m dowolny

Kat. C

1.	KACZMAREK Stanisław	79	KS Warta Pozna	4:36.53
	50m: 30.80 30.80	150m: 1:40.66 35.22	250m: 2:52.28 35.72	350m: 4:02.52 34.79
	100m: 1:05.44 34.64	200m: 2:16.56 35.90	300m: 3:27.73 35.45	400m: 4:36.53 34.01
2.	SZULC Jakub	76	Warsaw Masters Team	5:08.33
	50m: 33.95 33.95	150m: 1:49.97 38.66	250m: 3:10.53 40.70	350m: 4:31.11 40.27
	100m: 1:11.31 37.36	200m: 2:29.83 39.86	300m: 3:50.84 40.31	400m: 5:08.33 37.22
3.	SUWARA Piotr	79	Sopot Masters	5:10.77
	50m: 33.27 33.27	150m: 1:51.31 39.98	250m: 3:12.36 40.31	350m: 4:33.24 39.87
	100m: 1:11.33 38.06	200m: 2:32.05 40.74	300m: 3:53.37 41.01	400m: 5:10.77 37.53
4.	GIEJSZTOWT Marcin	78	Warsaw Masters Team	5:16.22
	50m: 35.25 35.25	150m: 1:54.01 39.45	250m: 3:15.93 41.09	350m: 4:36.03 40.24
	100m: 1:14.56 39.31	200m: 2:34.84 40.83	300m: 3:55.79 39.86	400m: 5:16.22 40.19
5.	FR CKOWIAK Artur	78	Masters Łód	5:18.56
	50m: 32.58 32.58	150m: 1:48.89 39.66	250m: 3:11.87 41.93	350m: 4:37.68 42.81
	100m: 1:09.23 36.65	200m: 2:29.94 41.05	300m: 3:54.87 43.00	400m: 5:18.56 40.88
6.	KALU Y SKI Wojciech	80	Warsaw Masters Team	5:59.06
	50m: 37.36 37.36	150m: 2:04.48 44.26	250m: 3:37.16 46.59	350m: 5:12.21 47.67
	100m: 1:20.22 42.86	200m: 2:50.57 46.09	300m: 4:24.54 47.38	400m: 5:59.06 46.85

Kat. D

1.	BARTA Piotr	71	ZKS Drzonków	4:44.55
	50m: 33.96 33.96	150m: 1:45.88 35.95	250m: 2:58.01 35.93	350m: 4:09.35 35.65
	100m: 1:09.93 35.97	200m: 2:22.08 36.20	300m: 3:33.70 35.69	400m: 4:44.55 35.20
2.	GREGOROWICZ Paweł	74	Aquasfera Masters Olsztyn	4:46.44
	50m: 32.18 32.18	150m: 1:43.56 35.98	250m: 2:56.81 36.34	350m: 4:10.23 36.60
	100m: 1:07.58 35.40	200m: 2:20.47 36.91	300m: 3:33.63 36.82	400m: 4:46.44 36.21
3.	KOWALCZYK Piotr	74	MKP Szczecin	5:00.00
	50m: 33.00 33.00	150m: 1:48.05 38.40	250m: 3:06.16 39.08	350m: 4:24.10 38.78
	100m: 1:09.65 36.65	200m: 2:27.08 39.03	300m: 3:45.32 39.16	400m: 5:00.00 35.90
4.	GINCAS Raimondas	74	Kaisiadoriu p.k. "PLAUKIAM"	5:00.89
	50m: 33.08 33.08	150m: 1:47.78 37.81	250m: 3:04.89 38.48	350m: 4:22.19 38.27
	100m: 1:09.97 36.89	200m: 2:26.41 38.63	300m: 3:43.92 39.03	400m: 5:00.89 38.70
5.	L CZKA Krzysztof	74	Uks Delfin Masters Tarnobrzeg	5:03.10
	50m: 33.40 33.40	150m: 1:49.64 38.87	250m: 3:09.54 39.73	350m: 4:27.93 38.53
	100m: 1:10.77 37.37	200m: 2:29.81 40.17	300m: 3:49.40 39.86	400m: 5:03.10 35.17
6.	KALBARCZYK Waldemar	71	MOTYL -SENIOR MOSiR Stalowa Wo	5:38.14
	50m: 34.81 34.81	150m: 1:57.87 42.30	250m: 3:25.11 43.71	350m: 4:55.09 44.89
	100m: 1:15.57 40.76	200m: 2:41.40 43.53	300m: 4:10.20 45.09	400m: 5:38.14 43.05
7.	PŁANETA Maciej	74	Uks Delfin Masters Tarnobrzeg	5:39.47
	50m: 36.19 36.19	150m: 2:00.47 43.70	250m: 3:29.75 45.05	350m: 4:58.69 44.43
	100m: 1:16.77 40.58	200m: 2:44.70 44.23	300m: 4:14.26 44.51	400m: 5:39.47 40.78
8.	MAZUREK Marcin	75	Masters Krasnik	6:28.02
	50m: 39.00 39.00	150m: 2:11.41 47.47	250m: 3:51.84 51.02	350m: 5:37.34 53.29
	100m: 1:23.94 44.94	200m: 3:00.82 49.41	300m: 4:44.05 52.21	400m: 6:28.02 50.68
9.	WUJTIUK Piotr	75	Masters Szczecinek	6:44.53
	50m: 40.49 40.49	150m: 2:20.82 51.53	250m: 4:06.84 53.81	350m: 5:54.37 52.60
	100m: 1:29.29 48.80	200m: 3:13.03 52.21	300m: 5:01.77 54.93	400m: 6:44.53 50.16

Otwarte Mistrzostwa Polski w Pływaniu Masters
Szczecin, 26- - 28-6-2015

Konkurencja 26, M czynn, 400m dowolny

Kat. E

1.	MONCZAK Piotr	67	Start Pozna	4:50.06
	50m: 33.57 33.57	150m: 1:48.87 38.07	250m: 3:03.86 37.24	350m: 4:16.22 35.24
	100m: 1:10.80 37.23	200m: 2:26.62 37.75	300m: 3:40.98 37.12	400m: 4:50.06 33.84
2.	SMIRNOV Aleksandr	68	Zvezdy Rossii	4:55.20
	50m: 33.17 33.17	150m: 1:48.35 37.91	250m: 3:05.06 38.15	350m: 4:20.44 37.45
	100m: 1:10.44 37.27	200m: 2:26.91 38.56	300m: 3:42.99 37.93	400m: 4:55.20 34.76
3.	JANYGA Dariusz	66	KS Warta Pozna	5:16.05
	50m: 35.74 35.74	150m: 1:55.35 40.28	250m: 3:16.39 40.31	350m: 4:37.57 40.34
	100m: 1:15.07 39.33	200m: 2:36.08 40.73	300m: 3:57.23 40.84	400m: 5:16.05 38.48
4.	SKOCZYLAS Tomasz	66	UKS Wodnik 29 Katowice	5:22.86
	50m: 37.72 37.72	150m: 2:00.73 41.49	250m: 3:22.57 39.84	350m: 4:43.46 40.15
	100m: 1:19.24 41.52	200m: 2:42.73 42.00	300m: 4:03.31 40.74	400m: 5:22.86 39.40
5.	WOJCIECHOWICZ Marek	70	Masters Gorzów	5:26.64
	50m: 33.51 33.51	150m: 1:54.08 41.55	250m: 3:19.35 42.76	350m: 4:44.83 42.34
	100m: 1:12.53 39.02	200m: 2:36.59 42.51	300m: 4:02.49 43.14	400m: 5:26.64 41.81
6.	OTLIK Marian	66	Rydułtowska.AAS 60+	6:11.18
	50m: 38.40 38.40	150m: 2:08.74 46.42	250m: 3:47.18 49.38	350m: 5:25.56 49.31
	100m: 1:22.32 43.92	200m: 2:57.80 49.06	300m: 4:36.25 49.07	400m: 6:11.18 45.62

Kat. F

1.	OLSZEWSKI Paweł	62	KS Warta Pozna	4:54.31
	50m: 34.29 34.29	150m: 1:48.96 37.67	250m: 3:04.31 37.33	350m: 4:18.56 36.91
	100m: 1:11.29 37.00	200m: 2:26.98 38.02	300m: 3:41.65 37.34	400m: 4:54.31 35.75
2.	KANAPICKAS Gintas	65	Kaisiadoriu p.k. "PLAUKIAM"	5:37.96
	50m: 35.02 35.02	150m: 1:57.86 42.50	250m: 3:25.63 44.17	350m: 4:55.53 45.33
	100m: 1:15.36 40.34	200m: 2:41.46 43.60	300m: 4:10.20 44.57	400m: 5:37.96 42.43
3.	TCHORZEWSKI Norbert	65	niezrzeszony_NT	5:53.97
	50m: 36.90 36.90	150m: 2:03.52 44.50	250m: 3:35.50 46.30	350m: 5:10.44 47.07
	100m: 1:19.02 42.12	200m: 2:49.20 45.68	300m: 4:23.37 47.87	400m: 5:53.97 43.53
4.	KO LIKOWSKI Marek	61	Aquasfera Masters Olsztyn	6:01.35
	50m: 39.77 39.77	150m: 2:12.99 47.20	250m: 3:48.50 47.53	350m: 5:19.91 44.29
	100m: 1:25.79 46.02	200m: 3:00.97 47.98	300m: 4:35.62 47.12	400m: 6:01.35 41.44
5.	WIERZCHO Aleksy	62	Szkoła Pływania Goleniów	6:02.09
	50m: 40.35 40.35	150m: 2:11.42 46.67	250m: 3:47.04 47.83	350m: 5:21.90 47.09
	100m: 1:24.75 44.40	200m: 2:59.21 47.79	300m: 4:34.81 47.77	400m: 6:02.09 40.19

Kat. G

1.	GABIEC Mariusz	58	Aquasfera Masters Olsztyn	5:14.40
	50m: 37.83 37.83	150m: 1:57.79 39.97	250m: 3:17.75 39.93	350m: 4:37.06 39.43
	100m: 1:17.82 39.99	200m: 2:37.82 40.03	300m: 3:57.63 39.88	400m: 5:14.40 37.34
2.	SZYMIK Piotr	60	Wodnik Siemianowice	5:56.02
	50m: 39.41 39.41	150m: 2:09.07 46.20	250m: 3:41.57 46.49	350m: 5:13.12 46.00
	100m: 1:22.87 43.46	200m: 2:55.08 46.01	300m: 4:27.12 45.55	400m: 5:56.02 42.90
3.	SKRZYPEK Stefan	56	STEEF Wrocław	6:06.15
	50m: 42.36 42.36	150m: 2:18.67 47.99	250m: 3:51.96 45.84	350m: 5:22.18 44.89
	100m: 1:30.68 48.32	200m: 3:06.12 47.45	300m: 4:37.29 45.33	400m: 6:06.15 43.97
4.	MIKHAYLOV Sergei	59	Zvezdy Rossii	6:26.44
	50m: 42.58 42.58	150m: 2:20.12 49.78	250m: 3:59.66 49.94	350m: 5:38.78 49.88
	100m: 1:30.34 47.76	200m: 3:09.72 49.60	300m: 4:48.90 49.24	400m: 6:26.44 47.66
5.	SUTOWSKI Robert	59	Warsaw Masters Team	6:48.35
	50m: 47.95 47.95	150m: 2:32.71 53.69	250m: 4:18.51 52.88	350m: 6:01.11 50.52
	100m: 1:39.02 51.07	200m: 3:25.63 52.92	300m: 5:10.59 52.08	400m: 6:48.35 47.24

Otwarte Mistrzostwa Polski w Pływaniu Masters
Szczecin, 26- - 28-6-2015

Konkurencja 26, M czynn, 400m dowolny, Kat. G

Pozycja			Rok ur.					Czas				
6.	MI SKI	Andrzej	56	K.S. niezrzeszeni.pl				6:56.34				
	50m:	45.40	45.40	150m:	2:30.56	54.03	250m:	4:19.43	54.40	350m:	6:08.50	53.89
	100m:	1:36.53	51.13	200m:	3:25.03	54.47	300m:	5:14.61	55.18	400m:	6:56.34	47.84
7.	CHEŁSTOWSKI	Jerzy	56	BARAKUDA Stargard				7:05.95				
	50m:	45.74	45.74	150m:	2:35.13	55.72	250m:	4:26.36	56.04	350m:	6:16.72	54.57
	100m:	1:39.41	53.67	200m:	3:30.32	55.19	300m:	5:22.15	55.79	400m:	7:05.95	49.23

Kat. H

1.	SLUGOCKI	Maciej	52	Hobart Aquatic Masters SC				5:21.78				
	50m:	38.53	38.53	150m:	2:00.11	40.82	250m:	3:21.99	40.95	350m:	4:43.70	40.51
	100m:	1:19.29	40.76	200m:	2:41.04	40.93	300m:	4:03.19	41.20	400m:	5:21.78	38.08
2.	DEMETRAKI-PALEOLOG	Jerzy	55	niezrzeszony				6:17.49				
	50m:	42.76	42.76	150m:	2:21.08	49.20	250m:	3:58.62	48.65	350m:	5:34.30	48.35
	100m:	1:31.88	49.12	200m:	3:09.97	48.89	300m:	4:45.95	47.33	400m:	6:17.49	43.19
3.	DUBI	SKI Bogdan	53	niezrzeszony				6:19.65				
	50m:	40.91	40.91	150m:	2:15.83	49.08	250m:	3:56.71	50.51	350m:	5:36.33	49.38
	100m:	1:26.75	45.84	200m:	3:06.20	50.37	300m:	4:46.95	50.24	400m:	6:19.65	43.32
4.	PIETRASZEWSKI	Zbigniew	55	TS Olimpia Pozna				6:21.01				
	50m:	42.31	42.31	150m:	2:18.88	49.11	250m:	3:57.34	49.10	350m:	5:34.08	47.54
	100m:	1:29.77	47.46	200m:	3:08.24	49.36	300m:	4:46.54	49.20	400m:	6:21.01	46.93
5.	IRCZYK	Leon	51	Rydultowska.AAS 60+				7:35.71				
	50m:	52.66	52.66	150m:	2:50.13	58.63	250m:	4:48.91	59.29	350m:	6:43.50	56.98
	100m:	1:51.50	58.84	200m:	3:49.62	59.49	300m:	5:46.52	57.61	400m:	7:35.71	52.21
6.	BŁASIAK	Janusz	55	DELFIN MASTERS Łód				7:46.91				
	50m:	48.25	48.25	150m:	2:51.02	1:03.35	250m:	4:52.70	1:00.58	350m:	6:54.65	1:00.19
	100m:	1:47.67	59.42	200m:	3:52.12	1:01.10	300m:	5:54.46	1:01.76	400m:	7:46.91	52.26
7.	GRZESIAK	Jerzy	55	BARAKUDA Stargard				8:49.97				
	50m:	58.33	58.33	150m:	3:14.80	1:09.02	250m:	5:33.88	1:09.36	350m:	7:50.58	1:07.01
	100m:	2:05.78	1:07.45	200m:	4:24.52	1:09.72	300m:	6:43.57	1:09.69	400m:	8:49.97	59.39

Kat. I

1.	JARZYNA	Włodzimierz	49	MOTYL -SENIOR MOSiR Stalowa Wo				6:13.31				
	50m:	40.92	40.92	150m:	2:16.81	49.05	250m:	3:55.70	49.94	350m:	5:31.42	47.32
	100m:	1:27.76	46.84	200m:	3:05.76	48.95	300m:	4:44.10	48.40	400m:	6:13.31	41.89
2.	ŁUKASZEWICZ	Marek	49	niezrzeszony				6:18.09				
	50m:	41.69	41.69	150m:	2:15.93	47.79	250m:	3:55.65	50.16	350m:	5:34.06	48.31
	100m:	1:28.14	46.45	200m:	3:05.49	49.56	300m:	4:45.75	50.10	400m:	6:18.09	44.03
3.	MLECZKO	Andrzej	47	Masters Korona Kraków				6:58.96				
	50m:	47.40	47.40	150m:	2:39.23	56.02	250m:	4:26.73	53.74	350m:	6:11.28	51.36
	100m:	1:43.21	55.81	200m:	3:32.99	53.76	300m:	5:19.92	53.19	400m:	6:58.96	47.68
4.	WOLNIEWICZ	Janusz	48	Ks Extreme Team Oborniki				7:37.47				
	50m:	46.87	46.87	150m:	2:41.68	59.28	250m:	4:41.55	59.94	350m:	6:41.41	58.93
	100m:	1:42.40	55.53	200m:	3:41.61	59.93	300m:	5:42.48	1:00.93	400m:	7:37.47	56.06
5.	BANTKOWSKI	Jan	49	Toru Multisport Team				9:16.55				
	50m:	1:05.66	1:05.66	150m:	3:29.49	1:13.03	250m:	5:56.23	1:14.84	350m:	8:18.43	1:10.55
	100m:	2:16.46	1:10.80	200m:	4:41.39	1:11.90	300m:	7:07.88	1:11.65	400m:	9:16.55	58.12

Kat. J

1.	KUTSENKO	Vadym	45	Dynamo				5:45.81				
	50m:	39.52	39.52	150m:	2:08.77	44.79	250m:	3:37.40	44.53	350m:	5:04.54	43.48
	100m:	1:23.98	44.46	200m:	2:52.87	44.10	300m:	4:21.06	43.66	400m:	5:45.81	41.27

Otwarte Mistrzostwa Polski w Pływaniu Masters
Szczecin, 26- - 28-6-2015

Konkurencja 26, M czynn, 400m dowolny

Kat. K

1.	LEWANDOWSKI Zygmunt	37	Niezrzeszony_ZL	7:40.32
	50m: 49.22 49.22	150m: 2:45.31 58.81	250m: 4:44.56 59.31	350m: 6:44.42 59.09
	100m: 1:46.50 57.28	200m: 3:45.25 59.94	300m: 5:45.33 1:00.77	400m: 7:40.32 55.90
2.	WAGA Stanisław	40	Masters Korona Kraków	8:19.44
	50m: 50.17 50.17	150m: 2:54.63 1:04.26	250m: 5:06.48 1:05.48	350m: 7:17.75 1:05.05
	100m: 1:50.37 1:00.20	200m: 4:01.00 1:06.37	300m: 6:12.70 1:06.22	400m: 8:19.44 1:01.69

Kat. L

1.	LUDWICZAK Zbigniew	33	Masters Szczecinek	9:03.04
	50m: 1:00.38 1:00.38	150m: 3:16.56 1:08.98	250m: 5:37.11 1:09.73	350m: 7:57.71 1:09.68
	100m: 2:07.58 1:07.20	200m: 4:27.38 1:10.82	300m: 6:48.03 1:10.92	400m: 9:03.04 1:05.33
2.	L Y SKI Jan	31	AZS AWF Katowice	11:49.51
	50m: 1:14.55 1:14.55	150m: 4:19.19 1:32.86	250m: 7:22.76 1:31.86	350m: 10:25.71 1:31.05
	100m: 2:46.33 1:31.78	200m: 5:50.90 1:31.71	300m: 8:54.66 1:31.90	400m: 11:49.51 1:23.80

Kat. M

1.	KROKOSZY SKI Stanisław	30	Masters Wisła Kraków	8:01.90
	<i>Rekord Polski Masters</i>			
	50m: 49.02 49.02	150m: 2:47.74 1:00.25	250m: 4:50.83 1:02.00	350m: 6:58.86 1:03.16
	100m: 1:47.49 58.47	200m: 3:48.83 1:01.09	300m: 5:55.70 1:04.87	400m: 8:01.90 1:03.04