

Otwarte Mistrzostwa Polski w Pływaniu Masters
Szczecin, 26- - 28-6-2015

Konkurencja 36 2015-06-28 - 12:03	M cyczn, 400m zmienny			20 - 94 lat Wyniki
Rekord Polski Masters 25 - 29	4:57.06	RADOMSKI Grzegorz	Pozna	2009-06-21
Rekord Polski Masters 30 - 34	5:00.77	RADOMSKI Grzegorz	Olsztyn	2014-06-28
Rekord Polski Masters 35 - 39	4:46.79	WOLNY Dariusz	Casablanca	1998-06-21
Rekord Polski Masters 40 - 44	4:49.62	WOLNY Dariusz	Monachium	2000-08-02
Rekord Polski Masters 45 - 49	5:34.05	MONCZAK Piotr	D bica	2013-06-15
Rekord Polski Masters 50 - 54	5:15.44	WOLNY Dariusz	Göteborg	2010-08-02
Rekord Polski Masters 55 - 59	6:19.52	BASTEK Ewald	Pilzno	1995-05-20
Rekord Polski Masters 60 - 64	6:27.92	RACZY SKI Marian	Casablanca	1998-06-21
Rekord Polski Masters 65 - 69	6:46.69	RACZY SKI Marian	Christchurch	2002-03-28
Rekord Polski Masters 70 - 74	7:01.33	BASTEK Ewald	Göteborg	2010-08-02
Rekord Polski Masters 75 - 79	9:10.13	PRZ DO Lucjan	Warszawa	2007-06-02
Rekord Polski Masters 80 - 84	8:20.62	KROKOSZY SKI Stanisław	Gliwice	2011-06-18
Rekord Polski Masters 85 - 89	15:00.00			

Pozycja	Rok ur.		Czas	
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Kat. 0

1. KUCA Przemysław	94	KS Warta Pozna	4:54.13
50m: 28.71 28.71	150m: 1:42.41 40.11	250m: 3:04.14 42.94	350m: 4:21.54 33.32
100m: 1:02.30 33.59	200m: 2:21.20 38.79	300m: 3:48.22 44.08	400m: 4:54.13 32.59
2. MUSIALIK Marcin	94	Nieزرzezony	5:21.19
50m: 33.86 33.86	150m: 1:54.08 40.71	250m: 3:21.86 47.48	350m: 4:46.79 36.67
100m: 1:13.37 39.51	200m: 2:34.38 40.30	300m: 4:10.12 48.26	400m: 5:21.19 34.40
3. SZCZUKA Paweł	92	Aquasfera Masters Olsztyn	5:23.54
50m: 31.46 31.46	150m: 1:52.81 43.06	250m: 3:22.02 45.17	350m: 4:46.14 37.28
100m: 1:09.75 38.29	200m: 2:36.85 44.04	300m: 4:08.86 46.84	400m: 5:23.54 37.40

Kat. A

1. KLUCZYK Szymon	87	MKP Szczecin	5:24.61
50m: 32.07 32.07	150m: 1:54.04 43.12	250m: 3:25.10 49.11	350m: 4:49.70 35.54
100m: 1:10.92 38.85	200m: 2:35.99 41.95	300m: 4:14.16 49.06	400m: 5:24.61 34.91
2. JAJUGA Dawid	86	MASTERS Zdieszowice	5:38.01
50m: 32.18 32.18	150m: 1:54.42 44.87	250m: 3:26.78 49.02	350m: 4:57.01 40.22
100m: 1:09.55 37.37	200m: 2:37.76 43.34	300m: 4:16.79 50.01	400m: 5:38.01 41.00
3. ZIELI SKI Kamil	89	AZS AWF Biała Podlaska	5:45.07
50m: 33.63 33.63	150m: 2:05.48 48.49	250m: 3:36.66 43.17	350m: 5:03.11 42.42
100m: 1:16.99 43.36	200m: 2:53.49 48.01	300m: 4:20.69 44.03	400m: 5:45.07 41.96
4. BAŁKA Michał	87	SMT Szczecin	5:54.02
50m: 34.68 34.68	150m: 2:01.95 46.47	250m: 3:40.28 52.67	350m: 5:13.65 40.91
100m: 1:15.48 40.80	200m: 2:47.61 45.66	300m: 4:32.74 52.46	400m: 5:54.02 40.37
5. SZYPRYT Łukasz	90	KPiRS "PŁYWAK" Płock	6:15.63
50m: 38.31 38.31	150m: 2:14.84 50.42	250m: 3:52.97 47.96	350m: 5:29.99 46.74
100m: 1:24.42 46.11	200m: 3:05.01 50.17	300m: 4:43.25 50.28	400m: 6:15.63 45.64

Kat. B

1. BRODACKI Maciej	83	SMT Szczecin	5:29.48
50m: 33.27 33.27	150m: 1:57.22 43.49	250m: 3:27.65 47.64	350m: 4:54.55 38.58
100m: 1:13.73 40.46	200m: 2:40.01 42.79	300m: 4:15.97 48.32	400m: 5:29.48 34.93
2. PORADA Tomasz	83	Warsaw Masters Team	5:30.43
50m: 33.75 33.75	150m: 2:02.27 47.58	250m: 3:31.59 43.40	350m: 4:54.19 38.28
100m: 1:14.69 40.94	200m: 2:48.19 45.92	300m: 4:15.91 44.32	400m: 5:30.43 36.24
3. ARENTEWICZ Grzegorz	81	Toru Multisport Team	6:40.93
50m: 38.07 38.07	150m: 2:21.43 58.06	250m: 4:14.11 57.29	350m: 5:56.77 47.14
100m: 1:23.37 45.30	200m: 3:16.82 55.39	300m: 5:09.63 55.52	400m: 6:40.93 44.16

Otwarte Mistrzostwa Polski w Pływaniu Masters
Szczecin, 26- - 28-6-2015

Konkurencja 36, M czynn, 400m zmienny

Kat. C

1.	KACZMAREK Stanisław	79	KS Warta Pozna	5:19.01
	50m: 31.50 31.50	150m: 1:54.14 45.79	250m: 3:23.19 45.19	350m: 4:46.16 36.86
	100m: 1:08.35 36.85	200m: 2:38.00 43.86	300m: 4:09.30 46.11	400m: 5:19.01 32.85
2.	LEMA SKI Andrzej	78	B bel Sport	5:57.09
	50m: 33.95 33.95	150m: 2:06.18 48.45	250m: 3:42.63 49.11	350m: 5:15.39 42.42
	100m: 1:17.73 43.78	200m: 2:53.52 47.34	300m: 4:32.97 50.34	400m: 5:57.09 41.70
3.	SOBCZAK Wojciech	80	Aquapark Wrocław	7:09.53
	50m: 51.60 51.60	150m: 2:46.34 54.80	250m: 4:44.17 1:03.17	350m: 6:27.79 41.48
	100m: 1:51.54 59.94	200m: 3:41.00 54.66	300m: 5:46.31 1:02.14	400m: 7:09.53 41.74

Kat. D

1.	BERWECKI Arkadiusz	73	MOTYL -SENIOR MOSiR Stalowa Wo	5:18.88
	50m: 32.91 32.91	150m: 1:51.73 40.75	250m: 3:18.07 46.28	350m: 4:42.49 38.18
	100m: 1:10.98 38.07	200m: 2:31.79 40.06	300m: 4:04.31 46.24	400m: 5:18.88 36.39
2.	BARTA Piotr	71	ZKS Drzonków	5:27.19
	50m: 33.58 33.58	150m: 2:00.46 47.92	250m: 3:30.22 43.92	350m: 4:52.79 37.34
	100m: 1:12.54 38.96	200m: 2:46.30 45.84	300m: 4:15.45 45.23	400m: 5:27.19 34.40
3.	GREGOROWICZ Paweł	74	Aquasfera Masters Olsztyn	5:31.75
	50m: 33.15 33.15	150m: 1:58.33 46.37	250m: 3:30.58 47.82	350m: 4:56.53 38.23
	100m: 1:11.96 38.81	200m: 2:42.76 44.43	300m: 4:18.30 47.72	400m: 5:31.75 35.22
4.	JAWIE Krzysztof	71	Stra Miejska Miasta Kraków	6:01.57
	50m: 36.20 36.20	150m: 2:09.00 51.37	250m: 3:47.97 49.07	350m: 5:19.19 41.61
	100m: 1:17.63 41.43	200m: 2:58.90 49.90	300m: 4:37.58 49.61	400m: 6:01.57 42.38
5.	RUTKOWSKI Artur	74	Masters Gorzów	6:10.66
	50m: 37.93 37.93	150m: 2:11.10 46.96	250m: 3:52.72 53.06	350m: 5:30.54 42.23
	100m: 1:24.14 46.21	200m: 2:59.66 48.56	300m: 4:48.31 55.59	400m: 6:10.66 40.12
6.	KALBARCZYK Waldemar	71	MOTYL -SENIOR MOSiR Stalowa Wo	6:31.10
	50m: 40.85 40.85	150m: 2:22.21 49.46	250m: 4:05.66 56.01	350m: 5:46.59 44.49
	100m: 1:32.75 51.90	200m: 3:09.65 47.44	300m: 5:02.10 56.44	400m: 6:31.10 44.51
7.	PŁANETA Maciej	74	Uks Delfin Masters Tarnobrzeg	6:37.56
	50m: 42.29 42.29	150m: 2:26.93 54.82	250m: 4:16.67 57.45	350m: 5:56.86 43.38
	100m: 1:32.11 49.82	200m: 3:19.22 52.29	300m: 5:13.48 56.81	400m: 6:37.56 40.70

Kat. E

1.	MONCZAK Piotr	67	Start Pozna	5:32.19
	<i>Rekord Polski Masters</i>			
	50m: 34.16 34.16	150m: 1:59.70 44.55	250m: 3:31.92 48.55	350m: 4:57.20 36.18
	100m: 1:15.15 40.99	200m: 2:43.37 43.67	300m: 4:21.02 49.10	400m: 5:32.19 34.99
2.	KORBA Jerzy	69	Masters Wisła Kraków	6:08.79
	50m: 41.31 41.31	150m: 2:20.16 50.36	250m: 4:02.03 53.58	350m: 5:34.31 39.96
	100m: 1:29.80 48.49	200m: 3:08.45 48.29	300m: 4:54.35 52.32	400m: 6:08.79 34.48
3.	WOLSKI Wojciech	66	Masters Wisła Kraków	6:50.54
	50m: 38.55 38.55	150m: 2:29.02 57.55	250m: 4:20.75 54.70	350m: 6:01.74 46.48
	100m: 1:31.47 52.92	200m: 3:26.05 57.03	300m: 5:15.26 54.51	400m: 6:50.54 48.80
4.	OTLIK Marian	66	Rydultowska.AAS 60+	7:16.11
	50m: 43.56 43.56	150m: 2:37.02 59.74	250m: 4:37.65 1:01.28	350m: 6:30.17 49.90
	100m: 1:37.28 53.72	200m: 3:36.37 59.35	300m: 5:40.27 1:02.62	400m: 7:16.11 45.94
5.	RUDZI SKI Michał	66	Warsaw Masters Team	7:46.98
	50m: 47.65 47.65	150m: 2:59.85 1:09.84	250m: 5:02.78 54.48	350m: 6:55.86 56.08
	100m: 1:50.01 1:02.36	200m: 4:08.30 1:08.45	300m: 5:59.78 57.00	400m: 7:46.98 51.12

Otwarte Mistrzostwa Polski w Pływaniu Masters
Szczecin, 26- - 28-6-2015

Konkurencja 36, M czynn, 400m zmienny

Kat. F

1.	LATECKI Grzegorz	65	Victory Masters Elbl g	6:10.68
	50m: 43.41 43.41	150m: 2:19.56 47.82	250m: 3:57.49 50.87	350m: 5:30.56 41.91
	100m: 1:31.74 48.33	200m: 3:06.62 47.06	300m: 4:48.65 51.16	400m: 6:10.68 40.12
2.	LOPIN Grigorii	63	Zvezdy Rossii	6:44.73
	50m: 46.95 46.95	150m: 2:34.40 55.31	250m: 4:22.08 53.46	350m: 6:03.43 46.43
	100m: 1:39.09 52.14	200m: 3:28.62 54.22	300m: 5:17.00 54.92	400m: 6:44.73 41.30
3.	KO LIKOWSKI Marek	61	Aquasfera Masters Olsztyn	6:50.38
	50m: 48.52 48.52	150m: 2:41.80 56.93	250m: 4:30.60 53.64	350m: 6:08.31 43.66
	100m: 1:44.87 56.35	200m: 3:36.96 55.16	300m: 5:24.65 54.05	400m: 6:50.38 42.07
4.	TCHORZEWSKI Norbert	65	niezrzeszony_NT	6:54.95
	50m: 42.80 42.80	150m: 2:31.91 56.03	250m: 4:31.78 1:00.59	350m: 6:13.84 42.99
	100m: 1:35.88 53.08	200m: 3:31.19 59.28	300m: 5:30.85 59.07	400m: 6:54.95 41.11
5.	TWAROWSKI Andrzej	65	Masters Białystok	7:16.10
	50m: 48.42 48.42	150m: 2:41.23 56.26	250m: 4:34.45 58.39	350m: 6:26.39 52.70
	100m: 1:44.97 56.55	200m: 3:36.06 54.83	300m: 5:33.69 59.24	400m: 7:16.10 49.71
6.	THIEM Jacek	63	KS Warta Pozna	7:28.18
	50m: 47.06 47.06	150m: 2:44.45 1:03.53	250m: 4:50.05 1:02.87	350m: 6:41.44 48.90
	100m: 1:40.92 53.86	200m: 3:47.18 1:02.73	300m: 5:52.54 1:02.49	400m: 7:28.18 46.74
7.	WISZNIEWSKI Andrzej	63	Warsaw Masters Team	8:16.25
	50m: 1:00.98 1:00.98	150m: 3:26.22 1:15.17	250m: 5:38.24 57.08	350m: 7:26.75 52.15
	100m: 2:11.05 1:10.07	200m: 4:41.16 1:14.94	300m: 6:34.60 56.36	400m: 8:16.25 49.50

Kat. G

1.	GABIEC Mariusz	58	Aquasfera Masters Olsztyn	6:09.16
	<i>Rekord Polski Masters</i>			
	50m: 38.90 38.90	150m: 2:10.93 46.94	250m: 3:52.97 56.00	350m: 5:30.91 41.01
	100m: 1:23.99 45.09	200m: 2:56.97 46.04	300m: 4:49.90 56.93	400m: 6:09.16 38.25
2.	LORKOWSKI Robert	60	MOTYL -SENIOR MOSiR Stalowa Wo	6:12.81
	50m: 39.57 39.57	150m: 2:15.46 47.44	250m: 3:56.27 54.19	350m: 5:32.63 42.11
	100m: 1:28.02 48.45	200m: 3:02.08 46.62	300m: 4:50.52 54.25	400m: 6:12.81 40.18
3.	SZYMIK Piotr	60	Wodnik Siemianowice	6:43.20
	50m: 44.98 44.98	150m: 2:30.89 51.53	250m: 4:19.16 56.42	350m: 6:00.49 43.67
	100m: 1:39.36 54.38	200m: 3:22.74 51.85	300m: 5:16.82 57.66	400m: 6:43.20 42.71
4.	MI SKI Andrzej	56	K.S. niezrzeszeni.pl	8:16.67
	50m: 56.79 56.79	150m: 3:13.42 1:13.31	250m: 5:32.19 1:04.45	350m: 7:26.82 50.61
	100m: 2:00.11 1:03.32	200m: 4:27.74 1:14.32	300m: 6:36.21 1:04.02	400m: 8:16.67 49.85
5.	SAMONEK Krzysztof	57	Masters Krasnik	8:27.90
	50m: 56.55 56.55	150m: 3:09.73 1:05.45	250m: 5:23.54 1:13.30	350m: 7:33.73 57.86
	100m: 2:04.28 1:07.73	200m: 4:10.24 1:00.51	300m: 6:35.87 1:12.33	400m: 8:27.90 54.17

Kat. H

1.	SLUGOCKI Maciej	52	Hobart Aquatic Masters SC	6:17.52
	50m: 43.44 43.44	150m: 2:22.37 51.70	250m: 4:05.67 53.96	350m: 5:39.34 39.67
	100m: 1:30.67 47.23	200m: 3:11.71 49.34	300m: 4:59.67 54.00	400m: 6:17.52 38.18
2.	PIETRASZEWSKI Zbigniew	55	TS Olimpia Pozna	6:56.05
	50m: 49.13 49.13	150m: 2:38.59 51.61	250m: 4:25.97 55.53	350m: 6:11.11 48.74
	100m: 1:46.98 57.85	200m: 3:30.44 51.85	300m: 5:22.37 56.40	400m: 6:56.05 44.94
3.	CIECIOR Jerzy	53	Rydultowska.AAS 60+	7:28.35
	50m: 45.86 45.86	150m: 2:43.00 59.39	250m: 4:47.32 1:06.04	350m: 6:40.95 48.56
	100m: 1:43.61 57.75	200m: 3:41.28 58.28	300m: 5:52.39 1:05.07	400m: 7:28.35 47.40
4.	DUBI SKI Bogdan	53	niezrzeszony	7:38.21
	50m: 57.50 57.50	150m: 3:00.12 59.37	250m: 5:05.60 1:07.89	350m: 6:55.38 45.57
	100m: 2:00.75 1:03.25	200m: 3:57.71 57.59	300m: 6:09.81 1:04.21	400m: 7:38.21 42.83

Otwarte Mistrzostwa Polski w Pływaniu Masters
Szczecin, 26- - 28-6-2015

Konkurencja 36, M czynn, 400m zmienny, Kat. H

Pozycja			Rok ur.					Czas	
5.	STARUCH Wojciech		54	K.S. niezrzeszeni.pl				7:49.14	
	50m:	51.54 51.54	150m:	2:54.51 1:03.77	250m:	5:01.21 1:02.20	350m:	6:57.91 54.84	
	100m:	1:50.74 59.20	200m:	3:59.01 1:04.50	300m:	6:03.07 1:01.86	400m:	7:49.14 51.23	
6.	WYSOCKI Jarosław		53	Toru Multisport Team				8:01.51	
	50m:	49.45 49.45	150m:	2:57.79 1:09.64	250m:	5:06.32 1:03.11	350m:	7:07.00 57.25	
	100m:	1:48.15 58.70	200m:	4:03.21 1:05.42	300m:	6:09.75 1:03.43	400m:	8:01.51 54.51	
7.	IRCZYK Leon		51	Rydultowska.AAS 60+				9:00.60	
	50m:	1:00.55 1:00.55	150m:	3:31.41 1:22.44	250m:	5:57.11 1:03.45	350m:	8:01.56 1:01.20	
	100m:	2:08.97 1:08.42	200m:	4:53.66 1:22.25	300m:	7:00.36 1:03.25	400m:	9:00.60 59.04	
8.	BŁASIAK Janusz		55	DELFIN MASTERS Łód				9:24.35	
	50m:	1:00.53 1:00.53	150m:	3:36.58 1:16.05	250m:	6:09.66 1:19.96	350m:	8:29.46 59.41	
	100m:	2:20.53 1:20.00	200m:	4:49.70 1:13.12	300m:	7:30.05 1:20.39	400m:	9:24.35 54.89	

Kat. I

1.	JARZYNA Włodzimierz		49	MOTYL -SENIOR MOSiR Stalowa Wo				7:04.06	
	50m:	49.85 49.85	150m:	2:43.92 55.42	250m:	4:33.72 59.37	350m:	6:20.99 47.38	
	100m:	1:48.50 58.65	200m:	3:34.35 50.43	300m:	5:33.61 59.89	400m:	7:04.06 43.07	
2.	ŁUKASZEWICZ Marek		49	niezrzeszony				7:22.76	
	50m:	47.18 47.18	150m:	2:43.94 59.36	250m:	4:45.50 1:02.19	350m:	6:36.94 48.79	
	100m:	1:44.58 57.40	200m:	3:43.31 59.37	300m:	5:48.15 1:02.65	400m:	7:22.76 45.82	
3.	MIKOŁAJCZYK Czesław		50	Gdynia masters				8:02.05	
	50m:	58.61 58.61	150m:	3:11.82 1:04.82	250m:	5:14.28 1:01.92	350m:	7:10.44 54.85	
	100m:	2:07.00 1:08.39	200m:	4:12.36 1:00.54	300m:	6:15.59 1:01.31	400m:	8:02.05 51.61	
4.	DASZY SKI Andrzej		48	UKS Energetyk Zgorzelec				8:46.28	
	50m:	59.83 59.83	150m:	3:18.01 1:07.69	250m:	5:38.66 1:17.10	350m:	7:48.60 56.75	
	100m:	2:10.32 1:10.49	200m:	4:21.56 1:03.55	300m:	6:51.85 1:13.19	400m:	8:46.28 57.68	
5.	MLECZKO Andrzej		47	Masters Korona Kraków				9:01.86	
	50m:	59.17 59.17	150m:	3:19.82 1:11.57	250m:	5:47.23 1:14.83	350m:	8:04.11 1:02.00	
	100m:	2:08.25 1:09.08	200m:	4:32.40 1:12.58	300m:	7:02.11 1:14.88	400m:	9:01.86 57.75	
6.	PŁONKA Janusz		48	niezrzeszony				10:49.08	
	50m:	1:08.52 1:08.52	150m:	4:09.62 1:39.94	250m:	7:06.24 1:32.73	350m:	9:45.67 1:05.55	
	100m:	2:29.68 1:21.16	200m:	5:33.51 1:23.89	300m:	8:40.12 1:33.88	400m:	10:49.08 1:03.41	
7.	BANTKOWSKI Jan		49	Toru Multisport Team				10:51.93	
	50m:	1:12.09 1:12.09	150m:	4:07.24 1:32.19	250m:	7:09.72 1:33.50	350m:	9:49.73 1:10.86	
	100m:	2:35.05 1:22.96	200m:	5:36.22 1:28.98	300m:	8:38.87 1:29.15	400m:	10:51.93 1:02.20	

Kat. J

1.	KUTSENKO Vadym		45	Dynamo				6:55.05	
	50m:	47.65 47.65	150m:	2:40.31 55.59	250m:	4:32.38 1:00.26	350m:	6:14.60 42.92	
	100m:	1:44.72 57.07	200m:	3:32.12 51.81	300m:	5:31.68 59.30	400m:	6:55.05 40.45	

Kat. K

1.	BUGLA Rudolf		40	Rydultowska.AAS 60+				10:05.62	
	50m:	1:09.91 1:09.91	150m:	3:49.78 1:17.32	250m:	6:28.29 1:21.60	350m:	8:56.69 1:08.06	
	100m:	2:32.46 1:22.55	200m:	5:06.69 1:16.91	300m:	7:48.63 1:20.34	400m:	10:05.62 1:08.93	