

Ogólnopolski Sprawdzian Wytrzymało ci
Szczecin, 24-11-2015

Konkurencja 4
2015-11-24 - 14:13

Chłopców, 400m dowolny

11 lat
Wyniki

Punkty: FINA 2015

Pozycja			Rok ur.					Czas	Pkt.
1.	CACAJ, Wiktor		04	MKP Szczecin				5:21.85	286
	50m:	35.73 35.73	150m:	1:56.41	40.99	250m:	3:20.51 42.00	350m:	4:42.75 40.91
	100m:	1:15.42 39.69	200m:	2:38.51	42.10	300m:	4:01.84 41.33	400m:	5:21.85 39.10
2.	SZYDŁOWSKI, Jakub		04	MKP Szczecin				5:23.04	283
	50m:	37.29 37.29	150m:	1:58.92	41.28	250m:	3:21.66 41.73	350m:	4:43.81 40.87
	100m:	1:17.64 40.35	200m:	2:39.93	41.01	300m:	4:02.94 41.28	400m:	5:23.04 39.23
3.	KAMI SKI, Fabian		04	MKP Szczecin				5:25.21	278
	50m:	30.23 30.23	150m:	1:58.82	42.07	250m:	3:21.39 41.00	350m:	4:44.48 41.90
	100m:	1:16.75 46.52	200m:	2:40.39	41.57	300m:	4:02.58 41.19	400m:	5:25.21 40.73
4.	HERDA, Mikołaj		04	MKP Szczecin				5:30.82	264
	50m:	38.00 38.00	150m:	2:02.67	42.87	250m:	3:26.89 42.34	350m:	4:51.32 42.76
	100m:	1:19.80 41.80	200m:	2:44.55	41.88	300m:	4:08.56 41.67	400m:	5:30.82 39.50
5.	GERMANEK, Alexander		04	MKP Szczecin				5:33.87	256
	50m:	36.78 36.78	150m:	2:01.36	43.45	250m:	3:27.39 43.38	350m:	4:53.40 42.79
	100m:	1:17.91 41.13	200m:	2:44.01	42.65	300m:	4:10.61 43.22	400m:	5:33.87 40.47
6.	KUROWSKI, Tymon		04	Słowianka Gorzów Wlkp.				5:39.09	245
	50m:	36.41 36.41	150m:	2:01.39	43.27	250m:	3:27.65 44.07	350m:	4:57.89 45.93
	100m:	1:18.12 41.71	200m:	2:43.58	42.19	300m:	4:11.96 44.31	400m:	5:39.09 41.20
7.	MY LIWIEC, Bartosz		04	MKP Szczecin				5:41.43	240
	50m:	39.09 39.09	150m:	2:06.48	43.22	250m:	3:34.48 44.08	350m:	5:01.85 42.87
	100m:	1:23.26 44.17	200m:	2:50.40	43.92	300m:	4:18.98 44.50	400m:	5:41.43 39.58
8.	BAJORSKI, Cezary		04	MKP Szczecin				5:45.19	232
	50m:	38.60 38.60	150m:	2:05.91	44.55	250m:	3:34.55 43.91	350m:	5:03.06 44.34
	100m:	1:21.36 42.76	200m:	2:50.64	44.73	300m:	4:18.72 44.17	400m:	5:45.19 42.13
9.	PI TKA, Hubert		04	MKP Szczecin				5:51.53	220
	50m:	38.25 38.25	150m:	2:05.36	44.20	250m:	3:35.66 44.99	350m:	5:07.12 46.07
	100m:	1:21.16 42.91	200m:	2:50.67	45.31	300m:	4:21.05 45.39	400m:	5:51.53 44.41
10.	KOWALCZUK, Jakub		04	MKP Szczecin				6:04.16	198
	50m:	41.26 41.26	150m:	2:14.20	46.96	250m:	3:48.82 47.24	350m:	5:20.55 45.34
	100m:	1:27.24 45.98	200m:	3:01.58	47.38	300m:	4:35.21 46.39	400m:	6:04.16 43.61
11.	KOSTRZEWA, Kordian		04	IUKP Wodnik Police				6:09.75	189
	50m:	43.04 43.04	150m:	2:17.51	47.40	250m:	3:51.84 46.61	350m:	5:27.74 47.91
	100m:	1:30.11 47.07	200m:	3:05.23	47.72	300m:	4:39.83 47.99	400m:	6:09.75 42.01
12.	NOWICKI, Oskar		04	MKP Szczecin				6:11.08	187
	50m:	41.60 41.60	150m:	2:16.83	48.16	250m:	3:54.74 49.01	350m:	5:29.69 45.94
	100m:	1:28.67 47.07	200m:	3:05.73	48.90	300m:	4:43.75 49.01	400m:	6:11.08 41.39
13.	BOROWSKI, Jakub		04	MKP Szczecin				6:12.77	184
	50m:	39.70 39.70	150m:	2:14.48	48.23	250m:	3:51.55 48.24	350m:	5:28.52 48.63
	100m:	1:26.25 46.55	200m:	3:03.31	48.83	300m:	4:39.89 48.34	400m:	6:12.77 44.25
14.	WALCZAK, Adrian		04	Słowianka Gorzów Wlkp.				6:15.37	180
	50m:	41.51 41.51	150m:	2:15.42	47.53	250m:	3:52.32 48.73	350m:	5:29.38 48.44
	100m:	1:27.89 46.38	200m:	3:03.59	48.17	300m:	4:40.94 48.62	400m:	6:15.37 45.99
15.	SZCZEPANIAK, Kacper		04	MKP Szczecin				6:15.90	180
	50m:	44.48 44.48	150m:	2:21.71	48.27	250m:	3:57.83 47.47	350m:	5:30.63 44.49
	100m:	1:33.44 48.96	200m:	3:10.36	48.65	300m:	4:46.14 48.31	400m:	6:15.90 45.27
16.	KOZARYN, Konrad		04	Słowianka Gorzów Wlkp.				6:19.88	174
	50m:	42.44 42.44	150m:	2:19.81	49.75	250m:	3:58.77 49.57	350m:	5:34.64 46.11
	100m:	1:30.06 47.62	200m:	3:09.20	49.39	300m:	4:48.53 49.76	400m:	6:19.88 45.24
17.	WAWRZONEK, Bartosz		04	MKP Szczecin				6:23.53	169
	50m:	41.96 41.96	150m:	2:19.87	48.82	250m:	3:58.00 48.86	350m:	5:36.16 49.01
	100m:	1:31.05 49.09	200m:	3:09.14	49.27	300m:	4:47.15 49.15	400m:	6:23.53 47.37

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Pozycja			Rok ur.					Czas	Pkt.
18.	SURDYK, Kamil		04	MKP Szczecin				6:29.63	161
	50m: 42.59	42.59	150m: 2:22.95	50.66	250m: 4:04.17	50.56	350m: 5:44.34	49.38	
	100m: 1:32.29	49.70	200m: 3:13.61	50.66	300m: 4:54.96	50.79	400m: 6:29.63	45.29	
19.	DZIARMAGA, Michał		04	MKP Szczecin				6:30.05	161
	50m: 44.26	44.26	150m: 2:23.59	49.87	250m: 4:03.57	50.17	350m: 5:44.95	49.99	
	100m: 1:33.72	49.46	200m: 3:13.40	49.81	300m: 4:54.96	51.39	400m: 6:30.05	45.10	
20.	LE NIOWSKI, Łukasz		04	Słowianka Gorzów Wlkp.				6:30.39	160
	50m: 42.95	42.95	150m: 2:21.88	50.41	250m: 4:03.05	50.79	350m: 5:45.04	51.53	
	100m: 1:31.47	48.52	200m: 3:12.26	50.38	300m: 4:53.51	50.46	400m: 6:30.39	45.35	
21.	SHCHUR, Denys		04	MKP Szczecin				6:30.57	160
	50m: 40.82	40.82	150m: 2:18.39	49.20	250m: 3:58.47	49.53	350m: 5:40.35	51.09	
	100m: 1:29.19	48.37	200m: 3:08.94	50.55	300m: 4:49.26	50.79	400m: 6:30.57	50.22	
22.	TUREK, Damian		04	Słowianka Gorzów Wlkp.				6:38.77	150
	50m: 43.78	43.78	150m: 2:27.03	50.43	250m: 4:10.14	50.70	350m: 5:50.54	49.29	
	100m: 1:36.60	52.82	200m: 3:19.44	52.41	300m: 5:01.25	51.11	400m: 6:38.77	48.23	
23.	MASZAŁO, Michał		04	MKP Szczecin				6:40.15	149
	50m: 44.93	44.93	150m: 2:29.64	52.12	250m: 4:15.02	53.61	350m: 5:57.09	51.91	
	100m: 1:37.52	52.59	200m: 3:21.41	51.77	300m: 5:05.18	50.16	400m: 6:40.15	43.06	
24.	KLISZEWSKI, Oskar		04	Słowianka Gorzów Wlkp.				6:41.33	147
	50m: 42.91	42.91	150m: 2:23.65	51.62	250m: 4:07.49	52.55	350m: 5:50.66	52.34	
	100m: 1:32.03	49.12	200m: 3:14.94	51.29	300m: 4:58.32	50.83	400m: 6:41.33	50.67	
25.	LUSAREK, Karol		04	MKP Szczecin				6:42.88	146
	50m: 44.21	44.21	150m: 2:27.62	52.57	250m: 4:12.16	53.46	350m: 5:54.14	50.10	
	100m: 1:35.05	50.84	200m: 3:18.70	51.08	300m: 5:04.04	51.88	400m: 6:42.88	48.74	
26.	MILCZARCZYK, Kacper		04	Słowianka Gorzów Wlkp.				6:45.50	143
	50m: 43.47	43.47	150m: 2:25.89	50.98	250m: 4:09.94	52.02	350m: 5:52.98	49.73	
	100m: 1:34.91	51.44	200m: 3:17.92	52.03	300m: 5:03.25	53.31	400m: 6:45.50	52.52	
27.	DASZKIEWICZ, Patryk		04	Słowianka Gorzów Wlkp.				6:49.40	139
	50m: 43.29	43.29	150m: 2:26.50	52.02	250m: 4:11.05	53.29	350m: 5:58.70	53.80	
	100m: 1:34.48	51.19	200m: 3:17.76	51.26	300m: 5:04.90	53.85	400m: 6:49.40	50.70	
28.	MAŁECKI, Szymon		04	Słowianka Gorzów Wlkp.				6:50.39	138
	50m: 44.45	44.45	150m: 2:33.78	53.00	250m: 4:20.29	53.37	350m: 6:02.33	50.20	
	100m: 1:40.78	56.33	200m: 3:26.92	53.14	300m: 5:12.13	51.84	400m: 6:50.39	48.06	
29.	CARACIOBANU, Artur		04	MKP Szczecin				6:55.96	132
	50m: 44.92	44.92	150m: 2:29.35	52.79	250m: 4:18.15	54.69	350m: 6:04.25	52.61	
	100m: 1:36.56	51.64	200m: 3:23.46	54.11	300m: 5:11.64	53.49	400m: 6:55.96	51.71	
30.	NIED WIEDZKI, Wiktor		04	MKP Szczecin				6:57.54	131
	50m: 44.74	44.74	150m: 2:28.15	51.55	250m: 4:15.92	54.13	350m: 6:04.91	54.36	
	100m: 1:36.60	51.86	200m: 3:21.79	53.64	300m: 5:10.55	54.63	400m: 6:57.54	52.63	
31.	SUSZCZY SKI, Michał		04	Słowianka Gorzów Wlkp.				6:57.71	131
	50m: 46.00	46.00	150m: 1:38.89		250m: 4:19.47	54.33	350m: 6:08.81	53.45	
	100m: 2:30.88	1:44.88	200m: 3:25.14	1:46.25	300m: 5:15.36	55.89	400m: 6:57.71	48.90	
32.	SZYDŁOWSKI, Wiktor		04	MKP Szczecin				6:59.16	129
	50m: 46.40	46.40	150m: 2:30.23	52.75	250m: 4:17.21	53.68	350m: 6:06.38	55.37	
	100m: 1:37.48	51.08	200m: 3:23.53	53.30	300m: 5:11.01	53.80	400m: 6:59.16	52.78	
33.	GAJEWSKI, Cezary		04	MKP Szczecin				7:07.37	122
	50m: 48.99	48.99	150m: 2:38.68	54.38	250m: 4:28.47	54.47	350m: 6:19.08	55.26	
	100m: 1:44.30	55.31	200m: 3:34.00	55.32	300m: 5:23.82	55.35	400m: 7:07.37	48.29	
34.	HERMAN, Wiktor		04	MKP Szczecin				7:10.20	120
	50m: 45.64	45.64	150m: 2:33.71	53.42	250m: 4:23.67	55.52	350m: 6:14.33	54.16	
	100m: 1:40.29	54.65	200m: 3:28.15	54.44	300m: 5:20.17	56.50	400m: 7:10.20	55.87	
35.	OSTAPIUK, Adrian		04	Słowianka Gorzów Wlkp.				7:14.66	116
	50m: 46.89	46.89	150m: 2:39.22	56.47	250m: 4:31.98	56.09	350m: 6:23.98	55.92	
	100m: 1:42.75	55.86	200m: 3:35.89	56.67	300m: 5:28.06	56.08	400m: 7:14.66	50.68	

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Pozycja			Rok ur.					Czas	Pkt.		
36.	NIEZBORAŁA, Paweł		04	Słowianka Gorzów Wlkp.				7:16.04	115		
	50m:	50.27 50.27	150m:	2:36.63	51.05	250m:	4:28.07	56.54	350m:	6:21.79	57.30
	100m:	1:45.58 55.31	200m:	3:31.53	54.90	300m:	5:24.49	56.42	400m:	7:16.04	54.25
37.	SZYNALIK, Norbert		04	MKP Szczecin				7:20.06	112		
	50m:	49.75 49.75	150m:	2:37.34	53.49	250m:	4:29.68	55.97	350m:	6:18.72	51.66
	100m:	1:43.85 54.10	200m:	3:33.71	56.37	300m:	5:27.06	57.38	400m:	7:20.06	1:01.34
38.	GOJ EWSKI, Maciej		04	Słowianka Gorzów Wlkp.				7:23.28	109		
	50m:	50.61 50.61	150m:	2:44.36	57.17	250m:	4:39.35	58.01	350m:	6:31.93	56.34
	100m:	1:47.19 56.58	200m:	3:41.34	56.98	300m:	5:35.59	56.24	400m:	7:23.28	51.35
39.	MICHALSKI, Wiktor		04	Słowianka Gorzów Wlkp.				7:26.40	107		
	50m:	51.97 51.97	150m:	2:47.89	58.38	250m:	4:44.32	58.19	350m:	6:35.83	54.17
	100m:	1:49.51 57.54	200m:	3:46.13	58.24	300m:	5:41.66	57.34	400m:	7:26.40	50.57
40.	OLSZEWSKI, Filip		04	MKP Szczecin				7:33.56	102		
	50m:	47.49 47.49	150m:	2:44.45	59.46	250m:	4:40.17	58.16	350m:	6:36.25	58.44
	100m:	1:44.99 57.50	200m:	3:42.01	57.56	300m:	5:37.81	57.64	400m:	7:33.56	57.31
41.	ŁOGWINOW, Konrad		04	MKP Szczecin				7:40.14	98		
	50m:	48.85 48.85	150m:	2:46.38	58.48	250m:	4:44.79	59.45	350m:	6:45.53	1:02.24
	100m:	1:47.90 59.05	200m:	3:45.34	58.96	300m:	5:43.29	58.50	400m:	7:40.14	54.61
42.	KOWALSKI, Hubert		04	Słowianka Gorzów Wlkp.				7:54.78	89		
	50m:	50.64 50.64	150m:	2:53.18	1:01.88	250m:	4:54.60	1:02.24	350m:		
	100m:	1:51.30 1:00.66	200m:	3:52.36	59.18	300m:	5:55.98	1:01.38	400m:	7:54.78	
PK	DZIDA, Kamil		05	Słowianka Gorzów Wlkp.				7:44.18	95		
	50m:	50.97 50.97	150m:	2:48.68	59.61	250m:	4:50.15	1:00.65	350m:	6:50.63	1:00.17
	100m:	1:49.07 58.10	200m:	3:49.50	1:00.82	300m:	5:50.46	1:00.31	400m:	7:44.18	53.55
PK	STALA, Bła ej		05	Słowianka Gorzów Wlkp.				7:17.78	113		
	50m:	48.77 48.77	150m:	2:37.75	53.87	250m:	4:28.05	55.10	350m:	6:19.58	53.00
	100m:	1:43.88 55.11	200m:	3:32.95	55.20	300m:	5:26.58	58.53	400m:	7:17.78	58.20
PK	SZAFRA SKI, Tomasz		05	Słowianka Gorzów Wlkp.				9:25.37	52		
	50m:	1:01.82 1:01.82	150m:	3:28.44	1:14.17	250m:	5:57.04	1:12.94	350m:	8:20.95	1:13.13
	100m:	2:14.27 1:12.45	200m:	4:44.10	1:15.66	300m:	7:07.82	1:10.78	400m:	9:25.37	1:04.42