

Konkurencja 17
2016-05-28 - 11:16

Kobiet, 400m zmienny

Open
Wyniki Eliminacje

Rekord Polski	4:36.95	BARANOWSKA Katarzyna	00116	Beijing (CHN)	2008-08-09
Minimum IO Rio 2016	4:43.46				
Minimum MEJ Hódmez vásárhely	5:02.52				

Punkty: FINA 2016

Pozycja			Rok ur.					Czas	Pkt.	CR
1.	NAZI BŁO Klaudia		93	Juvenia Wrocław			4:55.86	746	+0,81	
	50m: 30.16 30.16	150m: 1:43.20	38.21	250m: 3:03.28	42.70	350m: 4:21.89	35.09			
	100m: 1:04.99 34.83	200m: 2:20.58	37.38	300m: 3:46.80	43.52	400m: 4:55.86	33.97			
2.	ADAMCZYK Julia SL		99	AZS UMCS Lublin			4:56.71	740	+0,74	
	<i>Minimum MEJ</i>									
	50m: 31.39 31.39	150m: 1:46.90	39.07	250m: 3:06.15	41.54	350m: 4:22.76	35.54			
	100m: 1:07.83 36.44	200m: 2:24.61	37.71	300m: 3:47.22	41.07	400m: 4:56.71	33.95			
3.	HALICKA Lidia SWR		01	I sk Wrocław			4:59.58	719	+0,69	
	<i>Minimum MEJ</i>									
	50m: 31.99 31.99	150m: 1:46.72	38.69	250m: 3:06.87	42.44	350m: 4:25.14	35.90			
	100m: 1:08.03 36.04	200m: 2:24.43	37.71	300m: 3:49.24	42.37	400m: 4:59.58	34.44			
4.	JANISZEWSKA Dominika		99	AZS AWF Warszawa			5:01.11	708	+0,80	
	<i>Minimum MEJ</i>									
	50m: 32.06 32.06	150m: 1:49.26	41.03	250m: 3:10.09	41.63	350m: 4:28.45	35.02			
	100m: 1:08.23 36.17	200m: 2:28.46	39.20	300m: 3:53.43	43.34	400m: 5:01.11	32.66			
5.	UKOWSKA Paula		93	Juvenia Wrocław			5:01.24	707	+0,81	
	50m: 31.14 31.14	150m: 1:44.91	38.53	250m: 3:06.52	43.90	350m: 4:26.04	35.01			
	100m: 1:06.38 35.24	200m: 2:22.62	37.71	300m: 3:51.03	44.51	400m: 5:01.24	35.20			
6.	BARANOWSKA Katarzyna		87	AZS-AWFiS Gda sk			5:01.76	703	+0,78	
	50m: 31.24 31.24	150m: 1:44.60	38.27	250m: 3:05.49	43.08	350m: 4:26.30	36.82			
	100m: 1:06.33 35.09	200m: 2:22.41	37.81	300m: 3:49.48	43.99	400m: 5:01.76	35.46			
7.	FILIPEK Jagoda SWR		99	I sk Wrocław			5:08.05	661	+0,77	
	50m: 31.31 31.31	150m: 1:48.06	39.99	250m: 3:12.05	45.45	350m: 4:34.15	36.97			
	100m: 1:08.07 36.76	200m: 2:26.60	38.54	300m: 3:57.18	45.13	400m: 5:08.05	33.90			
8.	MUSIOŁ Wiktoria SO		98	UNIA O wi cim			5:08.45	659	+0,74	
	50m: 31.22 31.22	150m: 1:47.98	40.41	250m: 3:12.48	45.45	350m: 4:33.24	35.99			
	100m: 1:07.57 36.35	200m: 2:27.03	39.05	300m: 3:57.25	44.77	400m: 5:08.45	35.21			
9.	SAJECKA Zofia		98	Gim 92 Ursynów W-wa			5:09.25	653	+0,62	
	50m: 32.53 32.53	150m: 1:48.01	38.13	250m: 3:11.26	44.25	350m: 4:33.31	36.81			
	100m: 1:09.88 37.35	200m: 2:27.01	39.00	300m: 3:56.50	45.24	400m: 5:09.25	35.94			
10.	NIENAŁTOWSKA Natalia		96	AZS AWF Warszawa			5:09.51	652	+0,79	
	50m: 31.07 31.07	150m: 1:45.71	39.20	250m: 3:10.08	45.43	350m: 4:34.22	37.33			
	100m: 1:06.51 35.44	200m: 2:24.65	38.94	300m: 3:56.89	46.81	400m: 5:09.51	35.29			
11.	WETT Oliwia		01	Sambor Tczew			5:09.65	651	+0,79	
	50m: 32.17 32.17	150m: 1:49.88	40.58	250m: 3:12.96	43.73	350m: 4:34.45	36.91			
	100m: 1:09.30 37.13	200m: 2:29.23	39.35	300m: 3:57.54	44.58	400m: 5:09.65	35.20			
12.	WOŁEK Oliwia Soc		01	KSZO Ostrowiec w.			5:09.67	651	+0,68	
	50m: 32.85 32.85	150m: 1:50.08	40.08	250m: 3:13.57	44.10	350m: 4:35.08	36.37			
	100m: 1:10.00 37.15	200m: 2:29.47	39.39	300m: 3:58.71	45.14	400m: 5:09.67	34.59			
13.	DZWONNIK Zuzanna		00	137 Delfin Łód			5:11.75	638	+0,73	
	50m: 32.81 32.81	150m: 1:50.07	38.96	250m: 3:13.33	43.83	350m: 4:35.01	36.84			
	100m: 1:11.11 38.30	200m: 2:29.50	39.43	300m: 3:58.17	44.84	400m: 5:11.75	36.74			
14.	ZAWISZA Alina SO		00	UNIA O wi cim			5:12.58	633	+0,73	
	50m: 32.98 32.98	150m: 1:50.38	39.53	250m: 3:15.36	46.80	350m: 4:37.74	35.42			
	100m: 1:10.85 37.87	200m: 2:28.56	38.18	300m: 4:02.32	46.96	400m: 5:12.58	34.84			
15.	TERESKO Anna		97	MOS D browa Górnicza			5:13.84	625	+0,71	
	50m: 32.99 32.99	150m: 1:51.77	40.92	250m: 3:16.79	44.90	350m: 4:38.94	36.11			
	100m: 1:10.85 37.86	200m: 2:31.89	40.12	300m: 4:02.83	46.04	400m: 5:13.84	34.90			

Szczecin, 27- - 30-5-2016

Konkurencja 17, Kobiet, 400m zmienny, Eliminacje, Open

Pozycja			Rok ur.					Czas	Pkt.	CR
16.	BURA Dominika		01	Aligator Gorzyce				5:15.46	616	+0,83
	50m:	33.21 33.21	150m:	1:53.83	42.42	250m:	3:19.80	44.33	350m:	4:41.76 36.65
	100m:	1:11.41 38.20	200m:	2:35.47	41.64	300m:	4:05.11	45.31	400m:	5:15.46 33.70
17.	MARGULA WERONIKA SSz		00	MKP Szczecin				5:15.87	613	+0,71
	50m:	32.97 32.97	150m:	1:50.24	38.69	250m:	3:15.88	46.42	350m:	4:39.78 36.49
	100m:	1:11.55 38.58	200m:	2:29.46	39.22	300m:	4:03.29	47.41	400m:	5:15.87 36.09
18.	COCHÓR Izabela		01	Ostrobramska Warszawa				5:16.31	611	+0,69
	50m:	33.66 33.66	150m:	1:54.07	40.46	250m:	3:19.01	45.66	350m:	4:40.46 35.16
	100m:	1:13.61 39.95	200m:	2:33.35	39.28	300m:	4:05.30	46.29	400m:	5:16.31 35.85
19.	PAJ K Liliana SZG		99	TP Zielona Góra				5:18.34	599	+0,78
	50m:	34.20 34.20	150m:	1:55.14	39.69	250m:	3:18.40	44.67	350m:	4:41.19 36.90
	100m:	1:15.45 41.25	200m:	2:33.73	38.59	300m:	4:04.29	45.89	400m:	5:18.34 37.15
20.	OSTROWSKA Kamila		01	Aligator Gorzyce				5:18.52	598	+0,71
	50m:	33.98 33.98	150m:	1:52.93	40.42	250m:	3:18.26	45.44	350m:	4:41.99 38.12
	100m:	1:12.51 38.53	200m:	2:32.82	39.89	300m:	4:03.87	45.61	400m:	5:18.52 36.53
21.	WILCZEWSKA Aleksandra		02	OLIMPIA Lublin				5:19.37	593	+0,65
	50m:	35.96 35.96	150m:	1:56.75	38.99	250m:	3:21.54	46.31	350m:	4:44.09 37.02
	100m:	1:17.76 41.80	200m:	2:35.23	38.48	300m:	4:07.07	45.53	400m:	5:19.37 35.28
22.	KRYPA Marta		02	Manta Warszawa Włochy				5:21.17	583	+0,70
	50m:	34.07 34.07	150m:	1:55.20	41.19	250m:	3:22.13	45.72	350m:	4:44.99 36.44
	100m:	1:14.01 39.94	200m:	2:36.41	41.21	300m:	4:08.55	46.42	400m:	5:21.17 36.18
23.	KORAL Julia SR		98	Górnik Radlin				5:22.61	576	+0,79
	50m:	34.83 34.83	150m:	1:56.54	41.44	250m:	3:21.00	44.32	350m:	4:44.54 38.56
	100m:	1:15.10 40.27	200m:	2:36.68	40.14	300m:	4:05.98	44.98	400m:	5:22.61 38.07
24.	KRUSZEWSKA Kaja		00	JUVENIA Białystok				5:23.35	572	+0,77
	50m:	33.91 33.91	150m:	1:59.00	46.20	250m:	3:26.48	44.72	350m:	4:48.84 36.98
	100m:	1:12.80 38.89	200m:	2:41.76	42.76	300m:	4:11.86	45.38	400m:	5:23.35 34.51
25.	BARTYZEL Aleksandra		98	MANTA Jelcz-Laskowice				5:23.40	571	+0,76
	50m:	34.12 34.12	150m:	1:55.87	41.86	250m:	3:21.74	45.84	350m:	4:46.53 38.39
	100m:	1:14.01 39.89	200m:	2:35.90	40.03	300m:	4:08.14	46.40	400m:	5:23.40 36.87
26.	ADAMSKA Alicja		00	Aligator Gorzyce				5:24.45	566	+0,72
	50m:	33.42 33.42	150m:	1:54.53	41.06	250m:	3:22.62	47.77	350m:	4:48.52 37.39
	100m:	1:13.47 40.05	200m:	2:34.85	40.32	300m:	4:11.13	48.51	400m:	5:24.45 35.93
27.	KUPIS Aleksandra		02	MKP Szczecin				5:29.81	539	+0,93
	50m:	35.86 35.86	150m:	1:57.99	41.65	250m:	3:26.89	47.65	350m:	4:52.79 36.80
	100m:	1:16.34 40.48	200m:	2:39.24	41.25	300m:	4:15.99	49.10	400m:	5:29.81 37.02
28.	PLUTA Emilia		02	Aligator Gorzyce				5:32.57	525	+0,75
	50m:	35.84 35.84	150m:	2:01.75	43.39	250m:	3:30.36	45.88	350m:	4:55.13 38.26
	100m:	1:18.36 42.52	200m:	2:44.48	42.73	300m:	4:16.87	46.51	400m:	5:32.57 37.44
29.	DOBOSZ Kalina		02	oliborz Warszaw				5:36.59	507	+0,66
	50m:	34.85 34.85	150m:	2:05.02	47.61	250m:	3:34.18	44.43	350m:	4:59.15 40.49
	100m:	1:17.41 42.56	200m:	2:49.75	44.73	300m:	4:18.66	44.48	400m:	5:36.59 37.44
30.	SENCZYSZYN Barbara		00	MKP Szczecin				5:41.45	485	+0,69
	50m:	34.74 34.74	150m:	2:00.89	44.88	250m:	3:33.86	49.73	350m:	5:03.38 38.98
	100m:	1:16.01 41.27	200m:	2:44.13	43.24	300m:	4:24.40	50.54	400m:	5:41.45 38.07
31.	AJTNER Sonia		02	MKP W growiec				5:46.81	463	+0,78
	50m:	36.49 36.49	150m:	2:03.43	43.10	250m:	3:36.74	51.41	350m:	5:07.41 39.95
	100m:	1:20.33 43.84	200m:	2:45.33	41.90	300m:	4:27.46	50.72	400m:	5:46.81 39.40
DYSKW.	OSINIAK Ewa		00	UKS Olimpijczyk 23				5:07.13		+0,74
	<i>K14 - Praca nóg w płaszczy nie pionowej w dół (z wyj tkiem jednego ruchu po starcie i nawrocie)</i>									
	50m:	31.97 31.97	150m:	1:49.17	39.71	250m:	3:11.86	43.16	350m:	4:31.95 35.45
	100m:	1:09.46 37.49	200m:	2:28.70	39.53	300m:	3:56.50	44.64	400m:	5:07.13 35.18