

Szczecin, 27- - 30-5-2016

Konkurencja 18
2016-05-28 - 18:31

M czynn, 400m zmienny

Open
Wyniki Finał

Rekord Polski	4:12.28	MATCZAK Mateusz	00905	Belgrade (SRB)	2009-07-11
Minimum IO Rio 2016	4:16.71				
Minimum MEJ Hódmez vásárhely	4:27.64				

Punkty: FINA 2016

Pozycja		Rok ur.			Czas	Pkt.	CR
Finał A							
1.	SZWEDZKI Dawid <i>Mistrz Polski</i>	94	I sk Wrocław		4:19.76	827	+0,66
	50m: 27.93 27.93	150m: 1:33.81	33.83	250m: 2:42.52	35.46	350m: 3:50.06	31.11
	100m: 59.98 32.05	200m: 2:07.06	33.25	300m: 3:18.95	36.43	400m: 4:19.76	29.70
2.	WITKOWSKI Jan	94	Skarpa Lublin		4:19.87	826	+0,65
	50m: 27.59 27.59	150m: 1:32.91	34.17	250m: 2:43.67	37.47	350m: 3:51.72	29.88
	100m: 58.74 31.15	200m: 2:06.20	33.29	300m: 3:21.84	38.17	400m: 4:19.87	28.15
3.	ZBUTOWICZ Karol SOL <i>Minimum MEJ</i>	98	KORMORAN Olsztyn		4:24.18	786	+0,67
	50m: 28.29 28.29	150m: 1:34.84	34.25	250m: 2:44.45	36.38	350m: 3:53.14	31.88
	100m: 1:00.59 32.30	200m: 2:08.07	33.23	300m: 3:21.26	36.81	400m: 4:24.18	31.04
4.	W GROWSKI Marcel <i>Minimum MEJ</i>	99	Olimpijczyk Aleksandrów Łódź		4:25.35	775	+0,78
	50m: 28.18 28.18	150m: 1:34.32	33.34	250m: 2:45.24	37.78	350m: 3:54.57	30.72
	100m: 1:00.98 32.80	200m: 2:07.46	33.14	300m: 3:23.85	38.61	400m: 4:25.35	30.78
5.	BUJAK Dominik <i>Minimum MEJ</i>	99	Salos Cortile Kielce		4:27.59	756	+0,63
	50m: 28.55 28.55	150m: 1:35.81	34.53	250m: 2:47.65	37.26	350m: 3:57.70	31.08
	100m: 1:01.28 32.73	200m: 2:10.39	34.58	300m: 3:26.62	38.97	400m: 4:27.59	29.89
6.	DUBIEL Adam	93	AZS AWF Warszawa		4:28.99	744	+0,69
	50m: 27.89 27.89	150m: 1:35.37	34.51	250m: 2:48.22	38.85	350m: 3:58.79	30.93
	100m: 1:00.86 32.97	200m: 2:09.37	34.00	300m: 3:27.86	39.64	400m: 4:28.99	30.20
7.	CHMIELEWSKI Jakub SWR	99	I sk Wrocław		4:29.19	743	+0,67
	50m: 28.57 28.57	150m: 1:34.98	33.82	250m: 2:47.80	39.07	350m: 3:58.91	31.29
	100m: 1:01.16 32.59	200m: 2:08.73	33.75	300m: 3:27.62	39.82	400m: 4:29.19	30.28
8.	KAŁUSOWSKI Jan	00	Trójka Łódź		4:29.83	737	+0,65
	50m: 28.14 28.14	150m: 1:36.86	35.31	250m: 2:49.44	37.43	350m: 3:58.93	31.73
	100m: 1:01.55 33.41	200m: 2:12.01	35.15	300m: 3:27.20	37.76	400m: 4:29.83	30.90
9.	KOZIEJKO Bartłomiej	00	KORMORAN Olsztyn		4:32.06	719	+0,70
	50m: 28.83 28.83	150m: 1:37.07	35.53	250m: 2:51.05	38.34	350m: 4:02.23	31.76
	100m: 1:01.54 32.71	200m: 2:12.71	35.64	300m: 3:30.47	39.42	400m: 4:32.06	29.83
10.	PIETRZAK DAWID SSz	97	MKP Szczecin		4:39.00	667	+0,76
	50m: 28.36 28.36	150m: 1:37.74	36.22	250m: 2:53.28	40.24	350m:	
	100m: 1:01.52 33.16	200m: 2:13.04	35.30	300m: 3:33.85	40.57	400m: 4:39.00	
Finał B							
11.	LECHOWICZ Filip SO	97	AZS AGH Kraków		4:34.30	702	+0,78
	50m: 29.37 29.37	150m: 1:40.42	36.37	250m: 2:53.39	38.43	350m: 4:04.31	31.35
	100m: 1:04.05 34.68	200m: 2:14.96	34.54	300m: 3:32.96	39.57	400m: 4:34.30	29.99
12.	PALMI-KUKIEŁKO Mieszko	93	I sk Wrocław		4:35.03	696	+0,75
	50m: 28.51 28.51	150m: 1:37.33	35.74	250m: 2:52.26	39.50	350m: 4:04.20	31.99
	100m: 1:01.59 33.08	200m: 2:12.76	35.43	300m: 3:32.21	39.95	400m: 4:35.03	30.83
13.	GAWRON Oskar SWR	99	I sk Wrocław		4:36.20	688	+0,72
	50m: 29.45 29.45	150m: 1:41.01	36.73	250m: 2:54.59	38.19	350m: 4:05.39	32.27
	100m: 1:04.28 34.83	200m: 2:16.40	35.39	300m: 3:33.12	38.53	400m: 4:36.20	30.81
14.	ŁAPOT Radosław SR	99	MOSM Katowice		4:37.75	676	+0,86
	50m: 29.41 29.41	150m: 1:39.61	35.86	250m: 2:53.06	38.60	350m: 4:05.95	33.31
	100m: 1:03.75 34.34	200m: 2:14.46	34.85	300m: 3:32.64	39.58	400m: 4:37.75	31.80

Konkurencja 18, M czynn, 400m zmienny, Finał, Open

Pozycja			Rok ur.				Czas		Pkt.	CR
15.	SOBCZYK Maciej		95 AZS AGH Kraków				4:38.14		673	+0,70
	50m:	29.30 29.30	150m:	1:39.61 36.48	250m:	2:54.25 38.89	350m:	4:06.38 33.26		
	100m:	1:03.13 33.83	200m:	2:15.36 35.75	300m:	3:33.12 38.87	400m:	4:38.14 31.76		
16.	STEC ADAM SSz		97 MKP Szczecin				4:38.89		668	+0,70
	50m:	29.25 29.25	150m:	1:38.27 34.72	250m:	2:52.29 39.38	350m:	4:06.76 32.70		
	100m:	1:03.55 34.30	200m:	2:12.91 34.64	300m:	3:34.06 41.77	400m:	4:38.89 32.13		
17.	BUJAK Piotr		97 Salos Cortile Kielce				4:39.66		662	+0,71
	50m:	29.13 29.13	150m:	1:38.25 35.08	250m:	2:55.53 42.43	350m:	4:09.56 30.63		
	100m:	1:03.17 34.04	200m:	2:13.10 34.85	300m:	3:38.93 43.40	400m:	4:39.66 30.10		
18.	MA KA Filip		00 UKS 190 Łód				4:39.91		661	+0,73
	50m:	29.93 29.93	150m:	1:39.48 35.08	250m:	2:54.76 39.93	350m:	4:09.04 33.45		
	100m:	1:04.40 34.47	200m:	2:14.83 35.35	300m:	3:35.59 40.83	400m:	4:39.91 30.87		
19.	OSSES Arkadiusz		95 Warta Pozna				4:41.60		649	+0,79
	50m:	29.17 29.17	150m:	1:39.38 36.55	250m:	2:56.67 41.48	350m:	4:10.99 31.47		
	100m:	1:02.83 33.66	200m:	2:15.19 35.81	300m:	3:39.52 42.85	400m:	4:41.60 30.61		
20.	SACHA Kamil		01 MOS D browa Górnicza				4:42.90		640	+0,67
	50m:	29.32 29.32	150m:	1:40.14 36.65	250m:	2:56.12 39.56	350m:	4:10.38 33.24		
	100m:	1:03.49 34.17	200m:	2:16.56 36.42	300m:	3:37.14 41.02	400m:	4:42.90 32.52		