

Konkurencja 27
2016-05-29 - 10:35

Kobiet, 400m dowolny

Open
Wyniki Eliminacje

Rekord Polski	4:04.23	JEDRZEJCZAK Otylia	00114	Melbourne (AUS)	2007-03-25
Minimum IO Rio 2016	4:09.08				
Minimum MEJ Hódmez vásárhely	4:21.64				

Punkty: FINA 2016

Pozycja			Rok ur.					Czas	Pkt.	CR	
1.	BURSKA Justyna		95	AZS UWM Olsztyn				4:22.85	745	+0,70	
	50m:	31.48 31.48	150m:	1:38.39	33.57	250m:	2:44.60	33.03	350m:	3:50.70	33.09
	100m:	1:04.82 33.34	200m:	2:11.57	33.18	300m:	3:17.61	33.01	400m:	4:22.85	32.15
2.	ZACHOSZCZ Joanna		93	AZS UWM Olsztyn				4:23.00	744	+0,82	
	50m:	31.12 31.12	150m:	1:38.66	33.76	250m:	2:45.23	33.05	350m:	3:51.32	32.78
	100m:	1:04.90 33.78	200m:	2:12.18	33.52	300m:	3:18.54	33.31	400m:	4:23.00	31.68
3.	CZERNIAK Monika		92	KORMORAN Olsztyn				4:23.08	743	+0,69	
	50m:	31.42 31.42	150m:	1:37.99	33.21	250m:	2:44.46	33.22	350m:	3:50.84	33.38
	100m:	1:04.78 33.36	200m:	2:11.24	33.25	300m:	3:17.46	33.00	400m:	4:23.08	32.24
4.	PIECHOTA Paulina		99	UKS 190 Łódź				4:24.52	731	+0,82	
	50m:	31.22 31.22	150m:	1:38.30	33.49	250m:	2:44.95	33.05	350m:	3:51.59	33.17
	100m:	1:04.81 33.59	200m:	2:11.90	33.60	300m:	3:18.42	33.47	400m:	4:24.52	32.93
5.	KARPISZ Milena		97	Pi tka Konstancinów Łódzki				4:25.44	724	+0,72	
	50m:	31.07 31.07	150m:	1:37.46	33.32	250m:	2:44.72	33.68	350m:	3:52.37	33.83
	100m:	1:04.14 33.07	200m:	2:11.04	33.58	300m:	3:18.54	33.82	400m:	4:25.44	33.07
6.	KUNKA Kamila		96	AZS AGH Kraków				4:25.75	721	+0,69	
	50m:	30.70 30.70	150m:	1:37.80	33.93	250m:	2:45.70	33.88	350m:	3:53.19	33.78
	100m:	1:03.87 33.17	200m:	2:11.82	34.02	300m:	3:19.41	33.71	400m:	4:25.75	32.56
7.	JANISZEWSKA Dominika		99	AZS AWF Warszawa				4:25.79	721	+0,84	
	50m:	30.79 30.79	150m:	1:37.25	33.39	250m:	2:44.18	33.52	350m:	3:53.01	34.85
	100m:	1:03.86 33.07	200m:	2:10.66	33.41	300m:	3:18.16	33.98	400m:	4:25.79	32.78
8.	POLA SKA Aleksandra		00	GOS Raszyn				4:26.03	719	+0,83	
	50m:	31.92 31.92	150m:	1:39.44	33.45	250m:	2:45.69	32.84	350m:	3:53.48	34.13
	100m:	1:05.99 34.07	200m:	2:12.85	33.41	300m:	3:19.35	33.66	400m:	4:26.03	32.55
9.	WIKIEŁ Manuela		92	AZS UWM Olsztyn				4:26.27	717	+0,79	
	50m:	31.67 31.67	150m:	1:38.86	33.56	250m:	2:45.97	33.46	350m:	3:53.48	33.69
	100m:	1:05.30 33.63	200m:	2:12.51	33.65	300m:	3:19.79	33.82	400m:	4:26.27	32.79
10.	JANKOWSKA Klaudia		98	Gim 92 Ursynów W-wa				4:28.18	702	+0,76	
	50m:	30.54 30.54	150m:	1:37.45	34.02	250m:	2:44.94	34.06	350m:	3:53.94	34.48
	100m:	1:03.43 32.89	200m:	2:10.88	33.43	300m:	3:19.46	34.52	400m:	4:28.18	34.24
11.	WOJCIECHOWSKA Joanna		98	Orlik Lublin				4:28.21	701	+0,73	
	50m:	31.44 31.44	150m:	1:38.26	33.66	250m:	2:46.26	34.30	350m:	3:54.76	34.39
	100m:	1:04.60 33.16	200m:	2:11.96	33.70	300m:	3:20.37	34.11	400m:	4:28.21	33.45
12.	BARYŁA Julia SSz		00	Dwójka Morena Gda sk				4:30.14	687	+0,66	
	50m:	32.14 32.14	150m:	1:40.83	34.39	250m:	2:48.90	33.87	350m:	3:57.54	34.57
	100m:	1:06.44 34.30	200m:	2:15.03	34.20	300m:	3:22.97	34.07	400m:	4:30.14	32.60
13.	SZAFRA SKA Julia Soc		00	KSZO Ostrowiec w.				4:30.52	684	+0,79	
	50m:	31.80 31.80	150m:	1:39.65	33.89	250m:	2:48.32	34.22	350m:	3:57.41	34.63
	100m:	1:05.76 33.96	200m:	2:14.10	34.45	300m:	3:22.78	34.46	400m:	4:30.52	33.11
14.	BART Patrycja		97	Pałac Młodzieży Katowice				4:34.21	656	+0,79	
	50m:	31.08 31.08	150m:	1:40.37	34.88	250m:	2:50.34	35.22	350m:	4:00.47	34.95
	100m:	1:05.49 34.41	200m:	2:15.12	34.75	300m:	3:25.52	35.18	400m:	4:34.21	33.74
15.	MARGULA WERONIKA SSz		00	MKP Szczecin				4:34.29	656	+0,74	
	50m:	31.57 31.57	150m:	1:40.18	34.24	250m:	2:49.68	34.60	350m:	3:59.54	34.79
	100m:	1:05.94 34.37	200m:	2:15.08	34.90	300m:	3:24.75	35.07	400m:	4:34.29	34.75
16.	BAKUNIAK Hanna		96	MKP Szczecin				4:34.73	653	+0,65	
	50m:	31.56 31.56	150m:	1:39.82	34.33	250m:	2:49.45	35.00	350m:	3:59.83	34.82
	100m:	1:05.49 33.93	200m:	2:14.45	34.63	300m:	3:25.01	35.56	400m:	4:34.73	34.90
17.	WI NIEWSKA Oliwia		01	MOS D browa Górnicza				4:35.01	651	+0,72	
	50m:	31.13 31.13	150m:	1:39.86	34.79	250m:	2:50.16	35.38	350m:	4:01.36	35.92
	100m:	1:05.07 33.94	200m:	2:14.78	34.92	300m:	3:25.44	35.28	400m:	4:35.01	33.65

Konkurencja 27, Kobiet, 400m dowolny, Eliminacje, Open

Pozycja			Rok ur.				Czas	Pkt.	CR
18.	PIECHOTA Karolina	01	UKS 190 Łód				4:35.19	649	+0,74
	50m: 32.54 32.54	150m: 1:41.68	34.76	250m: 2:51.21	34.63	350m: 4:00.90	34.58		
	100m: 1:06.92 34.38	200m: 2:16.58	34.90	300m: 3:26.32	35.11	400m: 4:35.19	34.29		
19.	ANDRZEJEWSKA Kamila SL	99	Lider Chełm				4:35.69	646	+0,64
	50m: 31.60 31.60	150m: 1:41.09	34.56	250m: 2:50.90	34.95	350m: 4:01.01	34.88		
	100m: 1:06.53 34.93	200m: 2:15.95	34.86	300m: 3:26.13	35.23	400m: 4:35.69	34.68		
20.	TERESKO Anna	97	MOS D browa Górnicza				4:37.43	634	+0,77
	50m: 32.10 32.10	150m: 1:41.07	34.59	250m: 2:51.14	35.15	350m: 4:02.59	35.65		
	100m: 1:06.48 34.38	200m: 2:15.99	34.92	300m: 3:26.94	35.80	400m: 4:37.43	34.84		
21.	GOŁ BIEWSKA Dominika	01	Gim 92 Ursynów W-wa				4:38.35	628	+0,69
	50m: 31.50 31.50	150m: 1:42.16	35.73	250m: 2:53.78	35.60	350m: 4:04.79	35.47		
	100m: 1:06.43 34.93	200m: 2:18.18	36.02	300m: 3:29.32	35.54	400m: 4:38.35	33.56		
22.	TRAMBOWICZ Zuzanna	02	MKS SP-63 Bydgoszcz				4:39.10	622	+0,73
	50m: 31.06 31.06	150m: 1:41.51	35.91	250m: 2:52.61	35.51	350m: 4:04.60	35.85		
	100m: 1:05.60 34.54	200m: 2:17.10	35.59	300m: 3:28.75	36.14	400m: 4:39.10	34.50		
23.	POGORZELSKA Inez	00	GOS Raszyn				4:40.71	612	+0,69
	50m: 30.84 30.84	150m: 1:41.69	35.67	250m: 2:54.08	35.98	350m: 4:06.62	36.24		
	100m: 1:06.02 35.18	200m: 2:18.10	36.41	300m: 3:30.38	36.30	400m: 4:40.71	34.09		
24.	JABŁO SKA Oliwia	97	Start Wrocław				4:40.90	611	+0,77
	50m: 32.27 32.27	150m: 1:42.60	35.36	250m: 2:54.06	35.45	350m: 4:05.93	35.87		
	100m: 1:07.24 34.97	200m: 2:18.61	36.01	300m: 3:30.06	36.00	400m: 4:40.90	34.97		
25.	KONDRASIUK Małgorzata	98	MUKP Warszawianka				4:41.11	609	+0,78
	50m: 32.33 32.33	150m: 1:43.00	35.39	250m: 2:55.11	36.06	350m: 4:07.48	35.75		
	100m: 1:07.61 35.28	200m: 2:19.05	36.05	300m: 3:31.73	36.62	400m: 4:41.11	33.63		
26.	ŁYSAKOWSKA Julia SL	01	AZS UMCS Lublin				4:41.31	608	+0,73
	50m: 33.37 33.37	150m: 1:44.43	35.79	250m: 2:55.95	35.71	350m: 4:07.12	35.40		
	100m: 1:08.64 35.27	200m: 2:20.24	35.81	300m: 3:31.72	35.77	400m: 4:41.31	34.19		
27.	KLESSA Helena	00	MKP Szczecin				4:41.61	606	+0,71
	50m: 32.47 32.47	150m: 1:42.73	35.71	250m: 2:54.48	36.01	350m: 4:06.68	36.30		
	100m: 1:07.02 34.55	200m: 2:18.47	35.74	300m: 3:30.38	35.90	400m: 4:41.61	34.93		
28.	SKIBIAK Klaudia	02	Dwójka Morena Gda sk				4:42.15	602	+0,83
	50m: 32.00 32.00	150m: 1:43.59	35.92	250m: 2:56.60	36.53	350m: 4:08.80	36.05		
	100m: 1:07.67 35.67	200m: 2:20.07	36.48	300m: 3:32.75	36.15	400m: 4:42.15	33.35		
29.	CIESIUL Karolina	01	WANKAN Legnica				4:43.11	596	+0,69
	50m: 31.88 31.88	150m: 1:43.15	35.81	250m: 2:56.85	36.47	350m: 4:08.78	35.65		
	100m: 1:07.34 35.46	200m: 2:20.38	37.23	300m: 3:33.13	36.28	400m: 4:43.11	34.33		
30.	KRYSZKOWSKA Natalia	02	MZOS Płock				4:43.27	595	+0,71
	50m: 31.54 31.54	150m: 1:42.02	35.82	250m: 2:55.25	36.80	350m: 4:08.13	36.37		
	100m: 1:06.20 34.66	200m: 2:18.45	36.43	300m: 3:31.76	36.51	400m: 4:43.27	35.14		
31.	REKS Aleksandra	00	G - 8 Bielany				4:43.30	595	+0,67
	50m: 32.28 32.28	150m: 1:42.71	35.14	250m: 2:54.21	35.83	350m: 4:07.47	36.65		
	100m: 1:07.57 35.29	200m: 2:18.38	35.67	300m: 3:30.82	36.61	400m: 4:43.30	35.83		
32.	ZADUMI SKA Weronika	99	AZS AWF Warszawa				4:43.39	595	+0,72
	50m: 32.79 32.79	150m: 1:43.78	36.06	250m: 2:55.69	35.83	350m: 4:07.99	36.52		
	100m: 1:07.72 34.93	200m: 2:19.86	36.08	300m: 3:31.47	35.78	400m: 4:43.39	35.40		
33.	KRYPA Marta	02	Manta Warszawa Włochy				4:43.95	591	+0,76
	50m: 31.91 31.91	150m: 1:43.58	35.85	250m: 2:56.07	36.13	350m: 4:08.82	35.99		
	100m: 1:07.73 35.82	200m: 2:19.94	36.36	300m: 3:32.83	36.76	400m: 4:43.95	35.13		
34.	KRUSZEWSKA Kaja	00	JUVENIA Białystok				4:45.22	583	+0,77
	50m: 32.83 32.83	150m: 1:44.60	36.42	250m: 2:57.45	36.57	350m: 4:10.25	36.48		
	100m: 1:08.18 35.35	200m: 2:20.88	36.28	300m: 3:33.77	36.32	400m: 4:45.22	34.97		
35.	WŁODARCZYK Agnieszka	01	MKP W growiec				4:45.43	582	+0,77
	50m: 32.94 32.94	150m: 1:45.12	36.66	250m: 2:58.06	36.59	350m: 4:10.94	36.16		
	100m: 1:08.46 35.52	200m: 2:21.47	36.35	300m: 3:34.78	36.72	400m: 4:45.43	34.49		

Szczecin, 27- - 30-5-2016

Konkurencja 27, Kobiet, 400m dowolny, Eliminacje, Open

Pozycja			Rok ur.					Czas	Pkt.	CR
36.	HERASIMOWICZ	Zuzanna	02	Dwójka Morena Gda sk				4:45.71	580	+0,96
	50m:	32.57 32.57	150m:	1:44.54	35.90	250m:	2:57.22	36.53	350m:	4:10.58 36.61
	100m:	1:08.64 36.07	200m:	2:20.69	36.15	300m:	3:33.97	36.75	400m:	4:45.71 35.13
37.	LICZNIAK	Weronika SL	99	AZS UMCS Lublin				4:46.01	578	+0,72
	50m:	33.06 33.06	150m:	1:44.75	35.95	250m:	2:56.98	36.14	350m:	4:10.24 36.93
	100m:	1:08.80 35.74	200m:	2:20.84	36.09	300m:	3:33.31	36.33	400m:	4:46.01 35.77
38.	BORKOWSKA	Małgorzata	02	UKS Olimpijczyk 23				4:48.29	565	+0,71
	50m:	32.34 32.34	150m:	1:45.78	37.08	250m:	3:00.11	37.03	350m:	4:13.68 36.36
	100m:	1:08.70 36.36	200m:	2:23.08	37.30	300m:	3:37.32	37.21	400m:	4:48.29 34.61
39.	CHODYNA	Kinga	00	KORMORAN Olsztyn				4:48.90	561	+0,71
	50m:	33.75 33.75	150m:	1:46.89	36.86	250m:	3:01.04	36.62	350m:	4:13.90 36.06
	100m:	1:10.03 36.28	200m:	2:24.42	37.53	300m:	3:37.84	36.80	400m:	4:48.90 35.00
40.	PLUTA	Emilia	02	Aligator Gorzyce				4:49.60	557	+0,77
	50m:	33.07 33.07	150m:	1:45.20	36.56	250m:	2:58.72	36.58	350m:	4:13.01 36.98
	100m:	1:08.64 35.57	200m:	2:22.14	36.94	300m:	3:36.03	37.31	400m:	4:49.60 36.59
41.	NOWICKA	Patrycja	00	MTS Kwidzyn				4:50.28	553	+0,80
	50m:	33.20 33.20	150m:	1:46.69	37.04	250m:	3:01.66	37.88	350m:	4:15.39 36.52
	100m:	1:09.65 36.45	200m:	2:23.78	37.09	300m:	3:38.87	37.21	400m:	4:50.28 34.89
42.	JANCZAK	Patrycja	00	MKP Szczecin				4:51.40	547	+0,60
	50m:	32.28 32.28	150m:	1:45.77	37.51	250m:	3:00.59	37.09	350m:	4:15.73 37.95
	100m:	1:08.26 35.98	200m:	2:23.50	37.73	300m:	3:37.78	37.19	400m:	4:51.40 35.67
43.	BALCER	Julia	01	UKS 190 Łód				4:51.57	546	+0,72
	50m:	32.69 32.69	150m:	1:46.46	37.03	250m:	3:01.45	37.53	350m:	4:16.60 37.24
	100m:	1:09.43 36.74	200m:	2:23.92	37.46	300m:	3:39.36	37.91	400m:	4:51.57 34.97
44.	WILCZEWSKA	Aleksandra	02	OLIMPIA Lublin				4:51.62	546	+0,77
	50m:	33.20 33.20	150m:	1:46.90	36.97	250m:	3:01.51	37.23	350m:	4:15.72 36.90
	100m:	1:09.93 36.73	200m:	2:24.28	37.38	300m:	3:38.82	37.31	400m:	4:51.62 35.90
45.	SPIK	Vanessa	02	Vega Dobrodzie				4:51.72	545	+0,74
	50m:	31.48 31.48	150m:	1:45.32	37.57	250m:	3:01.12	37.88	350m:	4:16.35 37.14
	100m:	1:07.75 36.27	200m:	2:23.24	37.92	300m:	3:39.21	38.09	400m:	4:51.72 35.37
46.	ŁUSZCZY	SKA Natalia	01	Dwójka Morena Gda sk				4:52.38	541	+0,75
	50m:	33.20 33.20	150m:	1:46.65	37.09	250m:	3:01.63	37.27	350m:	4:16.52 37.19
	100m:	1:09.56 36.36	200m:	2:24.36	37.71	300m:	3:39.33	37.70	400m:	4:52.38 35.86
47.	JANECKA	Zuzanna	99	AZS AWF Katowice				4:52.57	540	+0,70
	50m:	32.94 32.94	150m:	1:46.27	36.91	250m:	3:00.53	37.30	350m:	4:15.57 37.27
	100m:	1:09.36 36.42	200m:	2:23.23	36.96	300m:	3:38.30	37.77	400m:	4:52.57 37.00
48.	FILIPKOWSKA	Dominika	99	Ro Pisz				4:53.04	538	+0,79
	50m:	33.37 33.37	150m:	1:46.66	37.08	250m:	3:02.12	37.60	350m:	4:17.21 37.11
	100m:	1:09.58 36.21	200m:	2:24.52	37.86	300m:	3:40.10	37.98	400m:	4:53.04 35.83
49.	SOLIWODA	Julia	01	NAWA Skierniewice				4:53.92	533	+0,78
	50m:	32.67 32.67	150m:	1:47.61	37.91	250m:	3:03.84	38.01	350m:	4:18.12 36.78
	100m:	1:09.70 37.03	200m:	2:25.83	38.22	300m:	3:41.34	37.50	400m:	4:53.92 35.80
50.	KANTORSKA	Daria	99	G - 8 Bielany				4:54.25	531	+0,86
	50m:	33.15 33.15	150m:	1:47.57	37.36	250m:	3:03.26	37.83	350m:	4:18.28 37.07
	100m:	1:10.21 37.06	200m:	2:25.43	37.86	300m:	3:41.21	37.95	400m:	4:54.25 35.97
51.	MICIAK	Agata	02	MKP Słowianka Gorzów				4:54.38	530	+0,73
	50m:	32.07 32.07	150m:	1:46.56	37.74	250m:	3:03.24	38.46	350m:	4:18.99 37.75
	100m:	1:08.82 36.75	200m:	2:24.78	38.22	300m:	3:41.24	38.00	400m:	4:54.38 35.39
52.	ŁOSAK	Wiktoria SK	98	KSZO Ostrowiec w.				4:54.44	530	+0,81
	50m:	32.97 32.97	150m:	1:46.59	37.10	250m:	3:01.67	37.31	350m:	4:16.94 37.33
	100m:	1:09.49 36.52	200m:	2:24.36	37.77	300m:	3:39.61	37.94	400m:	4:54.44 37.50
53.	SKIBCZAK	Natalia	00	G - 8 Bielany				4:54.60	529	+0,66
	50m:	32.55 32.55	150m:	1:46.10	36.95	250m:	3:01.95	38.20	350m:	4:18.16 38.05
	100m:	1:09.15 36.60	200m:	2:23.75	37.65	300m:	3:40.11	38.16	400m:	4:54.60 36.44

Szczecin, 27- - 30-5-2016

Konkurencja 27, Kobiet, 400m dowolny, Eliminacje, Open

Pozycja			Rok ur.					Czas	Pkt.	CR
54.	KULESZA Weronika		02	MKP Słowianka Gorzów				4:56.59	519	+0,74
	50m:	33.11 33.11	150m:	1:48.41	38.09	250m:	3:05.70	38.61	350m:	4:20.97 37.51
	100m:	1:10.32 37.21	200m:	2:27.09	38.68	300m:	3:43.46	37.76	400m:	4:56.59 35.62
55.	MOZOŁOWSKA Emilia		02	oliborz Warszaw				4:56.68	518	+0,73
	50m:	33.14 33.14	150m:	1:47.73	37.79	250m:	3:04.24	38.51	350m:	4:20.44 37.80
	100m:	1:09.94 36.80	200m:	2:25.73	38.00	300m:	3:42.64	38.40	400m:	4:56.68 36.24
56.	DZIUBLINSKA Maja		98	CKS-SMS Szczecin				4:57.53	514	+0,69
	50m:	33.01 33.01	150m:	1:45.97	36.99	250m:	3:01.88	37.56	350m:	4:19.55 39.09
	100m:	1:08.98 35.97	200m:	2:24.32	38.35	300m:	3:40.46	38.58	400m:	4:57.53 37.98
57.	KUC Weronika		02	BARAKUDA Starachowice				4:58.54	509	+0,70
	50m:	32.99 32.99	150m:	1:48.04	38.12	250m:	3:05.36	38.57	350m:	4:22.92 38.61
	100m:	1:09.92 36.93	200m:	2:26.79	38.75	300m:	3:44.31	38.95	400m:	4:58.54 35.62
58.	PEPLAK Julia		01	1 O arów Mazowiecki				4:59.01	506	+0,76
	50m:	34.19 34.19	150m:	1:50.92	38.55	250m:	3:08.52	38.80	350m:	4:24.84 36.98
	100m:	1:12.37 38.18	200m:	2:29.72	38.80	300m:	3:47.86	39.34	400m:	4:59.01 34.17
59.	ZIELI SKA Oliwia		01	MKP Szczecin				4:59.48	504	+0,64
	50m:	33.27 33.27	150m:	1:48.14	38.13	250m:	3:06.01	39.27	350m:	4:23.40 39.13
	100m:	1:10.01 36.74	200m:	2:26.74	38.60	300m:	3:44.27	38.26	400m:	4:59.48 36.08
60.	PEPLAK Aleksandra		01	1 O arów Mazowiecki				5:04.61	479	+0,77
	50m:	34.32 34.32	150m:	1:52.02	38.99	250m:	3:10.62	39.22	350m:	4:27.33 37.57
	100m:	1:13.03 38.71	200m:	2:31.40	39.38	300m:	3:49.76	39.14	400m:	5:04.61 37.28
61.	PATOŁA Anna		99	Piaś Głogów				5:04.66	478	+0,77
	50m:	33.55 33.55	150m:	1:49.71	38.70	250m:	3:08.52	39.23	350m:	4:27.19 39.13
	100m:	1:11.01 37.46	200m:	2:29.29	39.58	300m:	3:48.06	39.54	400m:	5:04.66 37.47
62.	MARKUNAS Julia		01	MKP Szczecin				5:04.92	477	+0,82
	50m:	33.20 33.20	150m:	1:49.72	39.03	250m:	3:08.46	39.32	350m:	4:26.53 38.82
	100m:	1:10.69 37.49	200m:	2:29.14	39.42	300m:	3:47.71	39.25	400m:	5:04.92 38.39
63.	BRONIECKA Sandra		01	MKP W growiec				5:05.38	475	+0,77
	50m:	34.12 34.12	150m:	1:51.12	38.89	250m:	3:09.57	39.19	350m:	4:27.73 39.19
	100m:	1:12.23 38.11	200m:	2:30.38	39.26	300m:	3:48.54	38.97	400m:	5:05.38 37.65
64.	GRZEGOLEC Weronika		02	MKP Słowianka Gorzów				5:17.63	422	+0,74
	50m:	34.70 34.70	150m:	1:54.07	40.44	250m:	3:16.68	40.85	350m:	4:39.48 41.87
	100m:	1:13.63 38.93	200m:	2:35.83	41.76	300m:	3:57.61	40.93	400m:	5:17.63 38.15
65.	WO NIAK Joanna		01	MKP Szczecin				5:23.87	398	+0,72
	50m:	35.33 35.33	150m:	1:55.65	41.26	250m:	3:19.50	42.31	350m:	4:44.17 42.21
	100m:	1:14.39 39.06	200m:	2:37.19	41.54	300m:	4:01.96	42.46	400m:	5:23.87 39.70