

Grand Prix Woj. Zachodniopomorskiego i Lubuskiego
Szczecin, 16-6-2016

Konkurencja 9
2016-06-16 - 13:14

Dziewcz t, 400m dowolny

14 - 16 lat
Wyniki

Punkty: FINA 2016

Pozycja	Rok ur.				Czas	Pkt.	100m	200m	300m	400m
16 lat										
1.	MARGULA, WERONIKA S500	MKP Szczecin	4:39.56	619	1:07.69	1:10.12	1:11.03	1:10.72		
	50m: 32.64	32.64	150m: 1:42.66	34.97	250m: 2:53.18	35.37	350m: 4:04.38	35.54		
	100m: 1:07.69	35.05	200m: 2:17.81	35.15	300m: 3:28.84	35.66	400m: 4:39.56	35.18		
2.	DUDA, KATARZYNA SSz 00	MKP Szczecin	4:41.58	606	1:09.20	1:11.19	1:11.49	1:09.70		
	50m: 33.37	33.37	150m: 1:44.83	35.63	250m: 2:56.15	35.76	350m: 4:06.98	35.10		
	100m: 1:09.20	35.83	200m: 2:20.39	35.56	300m: 3:31.88	35.73	400m: 4:41.58	34.60		
3.	BOREJSZO, Paula 00	MKP Szczecin	4:50.01	555	1:10.66	1:15.25	1:13.39	1:10.71		
	50m: 34.37	34.37	150m: 1:48.24	37.58	250m: 3:02.87	36.96	350m: 4:15.25	35.95		
	100m: 1:10.66	36.29	200m: 2:25.91	37.67	300m: 3:39.30	36.43	400m: 4:50.01	34.76		
4.	KLESSA, Helena 00	MKP Szczecin	4:50.50	552	1:09.29	1:14.04	1:14.20	1:12.97		
	50m: 33.25	33.25	150m: 1:46.25	36.96	250m: 3:00.35	37.02	350m: 4:14.63	37.10		
	100m: 1:09.29	36.04	200m: 2:23.33	37.08	300m: 3:37.53	37.18	400m: 4:50.50	35.87		
5.	KISIEL, Gabriela 00	Neptun Stargard	5:01.66	493	1:11.67	1:18.41	1:18.06	1:13.52		
	50m: 33.20	33.20	150m: 1:50.89	39.22	250m: 3:08.87	38.79	350m: 4:27.06	38.92		
	100m: 1:11.67	38.47	200m: 2:30.08	39.19	300m: 3:48.14	39.27	400m: 5:01.66	34.60		
6.	GROBLICA, Joanna 00	MKP Szczecin	5:11.67	447	1:15.75	1:20.78	1:20.91	1:14.23		
	50m: 36.51	36.51	150m: 1:55.75	40.00	250m: 3:17.13	40.60	350m: 4:36.12	38.68		
	100m: 1:15.75	39.24	200m: 2:36.53	40.78	300m: 3:57.44	40.31	400m: 5:11.67	35.55		
15 lat										
1.	URBA SKA, Paulina 01	MKP Słowianka Gorzów	4:53.69	534	1:10.44	1:14.80	1:15.98	1:12.47		
	50m: 33.17	33.17	150m: 1:47.44	37.00	250m: 3:03.01	37.77	350m: 4:18.18	36.96		
	100m: 1:10.44	37.27	200m: 2:25.24	37.80	300m: 3:41.22	38.21	400m: 4:53.69	35.51		
2.	ZIELI SKA, Oliwia 01	MKP Szczecin	4:58.26	510	1:10.38	1:16.02	1:16.03	1:15.83		
	50m: 32.98	32.98	150m: 1:48.16	37.78	250m: 3:04.29	37.89	350m: 4:20.67	38.24		
	100m: 1:10.38	37.40	200m: 2:26.40	38.24	300m: 3:42.43	38.14	400m: 4:58.26	37.59		
3.	MARKUNAS, Julia 01	MKP Szczecin	4:58.54	509	1:09.96	1:17.23	1:17.11	1:14.24		
	50m: 33.35	33.35	150m: 1:49.28	39.32	250m: 3:05.68	38.49	350m: 4:22.16	37.86		
	100m: 1:09.96	36.61	200m: 2:27.19	37.91	300m: 3:44.30	38.62	400m: 4:58.54	36.38		
4.	MACULEWICZ, Oliwia 01	Znicz Koszalin	5:04.73	478	1:14.40	1:20.70	1:18.68	1:10.95		
	50m: 34.85	34.85	150m: 1:54.53	40.13	250m: 3:14.44	39.34	350m: 4:30.41	36.63		
	100m: 1:14.40	39.55	200m: 2:35.10	40.57	300m: 3:53.78	39.34	400m: 5:04.73	34.32		
5.	WO NIAK, Joanna 01	MKP Szczecin	5:23.26	400	1:15.83	1:23.65	1:23.16	1:20.62		
	50m: 36.15	36.15	150m: 1:57.10	41.27	250m: 3:20.90	41.42	350m: 4:43.84	41.20		
	100m: 1:15.83	39.68	200m: 2:39.48	42.38	300m: 4:02.64	41.74	400m: 5:23.26	39.42		
14 lat										
1.	SKOWRON, Maja 02	MKP Szczecin	4:51.20	548	1:09.11	1:14.35	1:14.87	1:12.87		
	50m: 32.80	32.80	150m: 1:46.27	37.16	250m: 3:01.00	37.54	350m: 4:15.56	37.23		
	100m: 1:09.11	36.31	200m: 2:23.46	37.19	300m: 3:38.33	37.33	400m: 4:51.20	35.64		
2.	MICIAK, Agata 02	MKP Słowianka Gorzów	4:51.27	548	1:09.94	1:14.67	1:15.06	1:11.60		
	50m: 33.29	33.29	150m: 1:46.93	36.99	250m: 3:02.23	37.62	350m: 4:16.45	36.78		
	100m: 1:09.94	36.65	200m: 2:24.61	37.68	300m: 3:39.67	37.44	400m: 4:51.27	34.82		
3.	KULESZA, Weronika 02	MKP Słowianka Gorzów	4:51.28	548	1:10.32	1:14.43	1:15.17	1:11.36		
	50m: 33.25	33.25	150m: 1:47.17	36.85	250m: 3:02.35	37.60	350m: 4:16.70	36.78		
	100m: 1:10.32	37.07	200m: 2:24.75	37.58	300m: 3:39.92	37.57	400m: 4:51.28	34.58		
4.	GÓRNICKA, Aleksandra 02	MKP Szczecin	4:52.97	538	1:10.09	1:16.25	1:15.45	1:11.18		
	50m: 32.90	32.90	150m: 1:48.08	37.99	250m: 3:04.15	37.81	350m: 4:17.37	35.58		
	100m: 1:10.09	37.19	200m: 2:26.34	38.26	300m: 3:41.79	37.64	400m: 4:52.97	35.60		
5.	RODA, Dominika 02	MKP Szczecin	5:01.00	496	1:11.32	1:17.06	1:16.84	1:15.78		
	50m: 34.08	34.08	150m: 1:49.84	38.52	250m: 3:06.78	38.40	350m: 4:23.55	38.33		
	100m: 1:11.32	37.24	200m: 2:28.38	38.54	300m: 3:45.22	38.44	400m: 5:01.00	37.45		
6.	KALDUN, Ewelina 02	MKP Szczecin	5:06.65	469	1:12.27	1:19.03	1:18.28	1:17.07		
	50m: 34.24	34.24	150m: 1:51.71	39.44	250m: 3:10.10	38.80	350m: 4:29.12	39.54		
	100m: 1:12.27	38.03	200m: 2:31.30	39.59	300m: 3:49.58	39.48	400m: 5:06.65	37.53		

Grand Prix Woj. Zachodniopomorskiego i Lubuskiego
Szczecin, 16-6-2016

Konkurencja 9, Dziewcz t, 400m dowolny, 14 lat

Pozycja	Rok ur.				Czas	Pkt.	100m	200m	300m	400m		
7.	CZEPULANIS, Alicja		02	MKP Słowianka Gorzów	5:10.15	453	1:14.93	1:20.00	1:20.28	1:14.94		
	50m:	35.83	35.83	150m:	1:55.01	40.08	250m:	3:15.03	40.10	350m:	4:34.21	39.00
	100m:	1:14.93	39.10	200m:	2:34.93	39.92	300m:	3:55.21	40.18	400m:	5:10.15	35.94
8.	VAN DOORNE, Natalia		02	MKP Słowianka Gorzów	5:10.40	452	1:12.62	1:18.99	1:20.07	1:18.72		
	50m:	34.68	34.68	150m:	1:52.19	39.57	250m:	3:11.28	39.67	350m:	4:31.56	39.88
	100m:	1:12.62	37.94	200m:	2:31.61	39.42	300m:	3:51.68	40.40	400m:	5:10.40	38.84
9.	MICHALAK, Anna		02	MKP Szczecin	5:11.00	450	1:13.48	1:18.80	1:20.34	1:18.38		
	50m:	35.21	35.21	150m:	1:53.02	39.54	250m:	3:12.27	39.99	350m:	4:32.64	40.02
	100m:	1:13.48	38.27	200m:	2:32.28	39.26	300m:	3:52.62	40.35	400m:	5:11.00	38.36
10.	KRZEMIENIECKA, Martyna		02	Znicz Koszalin	5:11.15	449	1:14.66	1:19.70	1:19.32	1:17.47		
	50m:	35.09	35.09	150m:	1:54.10	39.44	250m:	3:13.49	39.13	350m:	4:32.66	38.98
	100m:	1:14.66	39.57	200m:	2:34.36	40.26	300m:	3:53.68	40.19	400m:	5:11.15	38.49
11.	KORYCKA, Zuzanna		02	MKP Słowianka Gorzów	5:12.48	443	1:15.66	1:20.33	1:20.88	1:15.61		
	50m:	35.45	35.45	150m:	1:55.34	39.68	250m:	3:16.77	40.78	350m:	4:36.17	39.30
	100m:	1:15.66	40.21	200m:	2:35.99	40.65	300m:	3:56.87	40.10	400m:	5:12.48	36.31
12.	GRZEGOLEC, Weronika		02	MKP Słowianka Gorzów	5:14.47	435	1:13.21	1:22.24	1:20.33	1:18.69		
	50m:	34.31	34.31	150m:	1:54.37	41.16	250m:	3:15.21	39.76	350m:	4:36.35	40.57
	100m:	1:13.21	38.90	200m:	2:35.45	41.08	300m:	3:55.78	40.57	400m:	5:14.47	38.12
13.	HAŁAWCZAK, Marcelina		02	MKP Szczecin	5:18.12	420	1:06.74	1:30.97	1:21.74	1:18.67		
	50m:	31.52	31.52	150m:	1:56.60	49.86	250m:	3:18.94	41.23	350m:	4:39.50	40.05
	100m:	1:06.74	35.22	200m:	2:37.71	41.11	300m:	3:59.45	40.51	400m:	5:18.12	38.62
14.	SZULC, Sylwia		02	Znicz Koszalin	5:20.16	412	1:11.09	1:23.64	1:24.66	1:20.77		
	50m:	32.91	32.91	150m:	1:52.66	41.57	250m:	3:16.83	42.10	350m:	4:40.91	41.52
	100m:	1:11.09	38.18	200m:	2:34.73	42.07	300m:	3:59.39	42.56	400m:	5:20.16	39.25
15.	GABRY, Kamila		02	MKP Słowianka Gorzów	5:21.59	407	1:17.73	1:22.02	1:22.48	1:19.36		
	50m:	37.19	37.19	150m:	1:58.69	40.96	250m:	3:21.05	41.30	350m:	4:42.88	40.65
	100m:	1:17.73	40.54	200m:	2:39.75	41.06	300m:	4:02.23	41.18	400m:	5:21.59	38.71
16.	SUKIENNICKA, Dominika		02	MKP Słowianka Gorzów	5:37.07	353	1:20.20	1:27.13	1:26.56	1:23.18		
	50m:	37.91	37.91	150m:	2:04.12	43.92	250m:	3:30.48	43.15	350m:	4:56.42	42.53
	100m:	1:20.20	42.29	200m:	2:47.33	43.21	300m:	4:13.89	43.41	400m:	5:37.07	40.65
17.	DZIURLEJA, Weronika		02	MKP Słowianka Gorzów	5:56.25	299	1:22.94	1:30.49	1:31.99	1:30.83		
	50m:	38.80	38.80	150m:	2:08.03	45.09	250m:	3:39.48	46.05	350m:	5:11.85	46.43
	100m:	1:22.94	44.14	200m:	2:53.43	45.40	300m:	4:25.42	45.94	400m:	5:56.25	44.40
PK	SOSNOWSKA, Patrycja		99	Znicz Koszalin			1:02.36	1:41.87				
	<i>SW10.2 - nie ukończenie całego dystansu</i>											
	50m:	30.09	30.09	150m:	1:58.30	55.94	250m:		350m:			
	100m:	1:02.36	32.27	200m:	2:44.23	45.93	300m:		400m:			