

XVIII Międzynarodowe Zawody Pływackie o Puchar Prezydenta Miasta Gorzowa Wlkp.  
Gorzów Wlkp., 21 - 22-10-2016

Konkurencja 10  
2016-10-21 - 18:48

Mężczyźni, 400m zmienny

13 lat i starsi  
Wyniki

Punkty: FINA 2016

Pozycja			Rok ur.					Czas	Pkt.
<b>15 lat i starsi</b>									
1.	ADAMCZAK Jakub		01	UKS Shark Rudna				<b>4:36.84</b>	615
	50m:	29.37 29.37	150m:	1:39.59 36.37	250m:	2:53.65 37.30	350m:	4:05.34 32.23	
	100m:	1:03.22 33.85	200m:	2:16.35 36.76	300m:	3:33.11 39.46	400m:	4:36.84 31.50	
2.	PAULIUCHENKA Vasili		99	Jantar Międzybóże				<b>4:45.35</b>	562
	50m:	29.62 29.62	150m:	1:42.80 37.83	250m:	3:02.58 43.67	350m:	4:15.71 30.96	
	100m:	1:04.97 35.35	200m:	2:18.91 36.11	300m:	3:44.75 42.17	400m:	4:45.35 29.64	
3.	KORZENIEWSKI Witold		01	MKP Słowianka Gorzów Wlkp.				<b>4:46.41</b>	555
	50m:	30.27 30.27	150m:	1:41.13 35.70	250m:	2:57.52 41.14	350m:	4:15.01 35.58	
	100m:	1:05.43 35.16	200m:	2:16.38 35.25	300m:	3:39.43 41.91	400m:	4:46.41 31.40	
4.	KAMIŃSKI Damian		01	Znicz Koszalin				<b>4:50.59</b>	532
	50m:	29.30 29.30	150m:	1:40.07 36.18	250m:	2:59.74 41.79	350m:	4:17.21 33.02	
	100m:	1:03.89 34.59	200m:	2:17.95 37.88	300m:	3:44.19 44.45	400m:	4:50.59 33.38	
5.	GRZYBOWSKI Artur		01	Znicz Koszalin				<b>4:53.56</b>	516
	50m:	29.60 29.60	150m:	1:40.35 36.82	250m:	2:59.88 43.39	350m:	4:19.48 34.91	
	100m:	1:03.53 33.93	200m:	2:16.49 36.14	300m:	3:44.57 44.69	400m:	4:53.56 34.08	
6.	PORADZIŃSKI Paweł		99	MKP Słowianka Gorzów Wlkp.				<b>4:54.93</b>	509
	50m:	30.00 30.00	150m:	1:44.26 39.19	250m:	3:04.87 41.99	350m:	4:22.63 34.63	
	100m:	1:05.07 35.07	200m:	2:22.88 38.62	300m:	3:48.00 43.13	400m:	4:54.93 32.30	
7.	KAVALIONAK Nikita		99	Jantar Międzybóże				<b>4:55.21</b>	507
	50m:	31.68 31.68	150m:	1:45.71 38.40	250m:	3:06.46 43.83	350m:	4:24.62 34.35	
	100m:	1:07.31 35.63	200m:	2:22.63 36.92	300m:	3:50.27 43.81	400m:	4:55.21 30.59	
8.	OLEK Jakub		01	MKP Słowianka Gorzów Wlkp.				<b>4:57.80</b>	494
	50m:	30.36 30.36	150m:	1:45.38 40.11	250m:	3:06.33 40.61	350m:	4:22.56 34.46	
	100m:	1:05.27 34.91	200m:	2:25.72 40.34	300m:	3:48.10 41.77	400m:	4:57.80 35.24	
9.	KULCZYCKI Patryk		01	MKP Słowianka Gorzów Wlkp.				<b>4:59.78</b>	484
	50m:	31.30 31.30	150m:	1:46.83 39.03	250m:	3:07.98 43.53	350m:	4:27.51 35.10	
	100m:	1:07.80 36.50	200m:	2:24.45 37.62	300m:	3:52.41 44.43	400m:	4:59.78 32.27	
10.	PIRÓG Bartosz		01	MKP Szczecin				<b>5:00.10</b>	483
	50m:	30.76 30.76	150m:	1:47.08 39.95	250m:	3:09.70 43.91	350m:	4:27.63 35.24	
	100m:	1:07.13 36.37	200m:	2:25.79 38.71	300m:	3:52.39 42.69	400m:	5:00.10 32.47	
11.	DROZDA Jakub		01	MKP Słowianka Gorzów Wlkp.				<b>5:03.86</b>	465
	50m:	30.91 30.91	150m:	1:47.65 40.53	250m:	3:12.70 44.45	350m:	4:31.41 33.91	
	100m:	1:07.12 36.21	200m:	2:28.25 40.60	300m:	3:57.50 44.80	400m:	5:03.86 32.45	
12.	WOJCIK Wiktor		01	UKS Shark Rudna				<b>5:04.62</b>	462
	50m:	32.04 32.04	150m:	1:49.21 41.18	250m:	3:15.11 45.29	350m:	4:32.67 31.81	
	100m:	1:08.03 35.99	200m:	2:29.82 40.61	300m:	4:00.86 45.75	400m:	5:04.62 31.95	

13 - 14 lat

1.	DEMBSKI-KORNAGA Eryk		02	Znicz Koszalin				<b>5:05.47</b>	458
	50m:	30.44 30.44	150m:	1:45.73 39.62	250m:	3:11.52 45.84	350m:	4:32.93 35.32	
	100m:	1:06.11 35.67	200m:	2:25.68 39.95	300m:	3:57.61 46.09	400m:	5:05.47 32.54	
2.	ROJAK Jakub		03	Znicz Koszalin				<b>5:09.25</b>	441
	50m:	31.18 31.18	150m:	1:49.11 41.23	250m:	3:14.21 44.31	350m:	4:34.27 34.36	
	100m:	1:07.88 36.70	200m:	2:29.90 40.79	300m:	3:59.91 45.70	400m:	5:09.25 34.98	
3.	KORONA Kacper		03	MKP Szczecin				<b>5:10.92</b>	434
	50m:	31.63 31.63	150m:	1:49.22 41.15	250m:	3:14.40 44.78	350m:	4:36.54 35.61	
	100m:	1:08.07 36.44	200m:	2:29.62 40.40	300m:	4:00.93 46.53	400m:	5:10.92 34.38	
4.	KAVALIOU Aliaksei		03	Jantar Międzybóże				<b>5:11.11</b>	433
	50m:	32.99 32.99	150m:	1:50.37 39.92	250m:	3:13.03 42.90	350m:	4:34.76 36.86	
	100m:	1:10.45 37.46	200m:	2:30.13 39.76	300m:	3:57.90 44.87	400m:	5:11.11 36.35	

XVIII Międzynarodowe Zawody Pływackie o Puchar Prezydenta Miasta Gorzowa Wlkp.  
Gorzów Wlkp., 21- - 22-10-2016

---

Konkurencja 10, Chłopców, 400m zmienny, 13 - 14 lat

Pozycja				Rok	ur.					Czas	Pkt.	
5.	YDER Michał			03		Znicz Koszalin				<b>5:13.85</b>	422	
	50m:	32.58	32.58	150m:	1:54.42	39.49	250m:	3:19.32	45.54	350m:	4:39.77	34.54
	100m:	1:14.93	42.35	200m:	2:33.78	39.36	300m:	4:05.23	45.91	400m:	5:13.85	34.08
6.	BARTASH Maksim			02		Jantar Mi sk				<b>5:17.32</b>	408	
	50m:	36.35	36.35	150m:	1:57.65	39.33	250m:	3:21.92	45.02	350m:	4:43.79	36.47
	100m:	1:18.32	41.97	200m:	2:36.90	39.25	300m:	4:07.32	45.40	400m:	5:17.32	33.53
7.	SOBOLEWSKI Aleksander			03		Znicz Koszalin				<b>5:18.28</b>	405	
	50m:	32.84	32.84	150m:	1:52.27	41.75	250m:	3:17.22	44.42	350m:	4:41.75	38.68
	100m:	1:10.52	37.68	200m:	2:32.80	40.53	300m:	4:03.07	45.85	400m:	5:18.28	36.53
8.	SAKALOU Raman			02		Jantar Mi sk				<b>5:24.83</b>	381	
	50m:	34.79	34.79	150m:	1:59.25	41.67	250m:	3:26.44	45.17	350m:	4:49.12	35.85
	100m:	1:17.58	42.79	200m:	2:41.27	42.02	300m:	4:13.27	46.83	400m:	5:24.83	35.71