

Grand Prix Woj. Zachodniopomorskiego i Lubuskiego - I edycja (SP)
Szczecin, 25-10-2016

Konkurencja 7
2016-10-25 - 14:44

Dziewcz t, 400m dowolny

11 - 12 lat
Wyniki

Punkty: FINA 2016

Pozycja			Rok ur.					Czas	Pkt.
12 lat									
1.	MRO EK Weronika		04	MKP Kołobrzeg				4:55.66	499
	50m:	31.82 31.82	150m:	1:46.38 37.69	250m:	3:02.68 38.09	350m:	4:20.13 38.32	
	100m:	1:08.69 36.87	200m:	2:24.59 38.21	300m:	3:41.81 39.13	400m:	4:55.66 35.53	
2.	BEDNARZ Oliwia		04	KP Stilon Gorzów				5:13.03	420
	50m:	34.83 34.83	150m:	1:53.96 40.13	250m:	3:14.25 40.06	350m:	4:34.18 39.80	
	100m:	1:13.83 39.00	200m:	2:34.19 40.23	300m:	3:54.38 40.13	400m:	5:13.03 38.85	
3.	ZDRZENICKA Julia		04	MKP Mylibórz				5:20.24	392
	50m:	32.99 32.99	150m:	1:51.04 39.75	250m:	3:14.33 41.72	350m:	4:39.07 42.58	
	100m:	1:11.29 38.30	200m:	2:32.61 41.57	300m:	3:56.49 42.16	400m:	5:20.24 41.17	
4.	FIGAS Alicja		04	MKP Szczecin				5:28.50	363
	50m:	37.06 37.06	150m:	1:59.86 41.74	250m:	3:24.27 41.99	350m:	4:48.88 42.39	
	100m:	1:18.12 41.06	200m:	2:42.28 42.42	300m:	4:06.49 42.22	400m:	5:28.50 39.62	
5.	MIELCAREK Małgorzata		04	MKP Kołobrzeg				5:28.82	362
	50m:	37.11 37.11	150m:	2:00.27 41.84	250m:	3:25.27 42.71	350m:	4:48.59 41.25	
	100m:	1:18.43 41.32	200m:	2:42.56 42.29	300m:	4:07.34 42.07	400m:	5:28.82 40.23	
6.	KOTLARZ Karolina		04	MKP Szczecin				5:36.33	339
	50m:	34.69 34.69	150m:	1:59.09 43.25	250m:	3:26.94 44.09	350m:	4:54.68 43.96	
	100m:	1:15.84 41.15	200m:	2:42.85 43.76	300m:	4:10.72 43.78	400m:	5:36.33 41.65	
7.	RUDY Julia		04	MKP Szczecin				5:38.95	331
	50m:	37.24 37.24	150m:	2:02.14 42.93	250m:	3:30.49 43.96	350m:	4:59.19 44.37	
	100m:	1:19.21 41.97	200m:	2:46.53 44.39	300m:	4:14.82 44.33	400m:	5:38.95 39.76	
8.	DOBRZELEWSKA Nina		04	MKP Szczecin				5:41.40	324
	50m:	38.01 38.01	150m:	2:02.63 42.88	250m:	3:30.67 44.16	350m:	4:58.69 43.99	
	100m:	1:19.75 41.74	200m:	2:46.51 43.88	300m:	4:14.70 44.03	400m:	5:41.40 42.71	
9.	TAMIOŁA Roksana		04	MKP Szczecin				5:46.44	310
	50m:	38.35 38.35	150m:	2:03.48 43.33	250m:	3:32.31 45.03	350m:	5:03.30 45.36	
	100m:	1:20.15 41.80	200m:	2:47.28 43.80	300m:	4:17.94 45.63	400m:	5:46.44 43.14	
10.	BARTOSIK Anna		04	MKP Szczecin				5:47.16	308
	50m:	38.94 38.94	150m:	2:07.89 45.05	250m:	3:37.72 44.65	350m:	5:06.59 43.95	
	100m:	1:22.84 43.90	200m:	2:53.07 45.18	300m:	4:22.64 44.92	400m:	5:47.16 40.57	
11.	MARCINIAK Hanna		04	MKP Słowianka Gorzów Wlkp.				6:07.78	259
	50m:	41.03 41.03	150m:	2:14.39 47.60	250m:	3:50.54 47.14	350m:	5:25.93 47.53	
	100m:	1:26.79 45.76	200m:	3:03.40 49.01	300m:	4:38.40 47.86	400m:	6:07.78 41.85	
12.	CYNARSKA Nikola		04	MKP Mylibórz				6:40.52	200
	50m:	43.42 43.42	150m:	2:22.05 50.47	250m:	4:06.65 52.58	350m:	5:53.10 53.25	
	100m:	1:31.58 48.16	200m:	3:14.07 52.02	300m:	4:59.85 53.20	400m:	6:40.52 47.42	
13.	HAJDAMOWICZ Natalia		04	Znicz Koszalin				6:45.27	193
	50m:	41.16 41.16	150m:	2:20.83 49.74	250m:	4:06.09 54.27	350m:	5:52.44 53.17	
	100m:	1:31.09 49.93	200m:	3:11.82 50.99	300m:	4:59.27 53.18	400m:	6:45.27 52.83	
DYSKW.	WITKOWSKA Wiktoria		04	MKP Słowianka Gorzów Wlkp.					
	<i>SW10.2 - nie ukończenie całego dystansu</i>								
	50m:	41.68 41.68	150m:	2:20.28 50.39	250m:	4:05.44 52.21	350m:		
	100m:	1:29.89 48.21	200m:	3:13.23 52.95	300m:		400m:		

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Konkurencja 7, Dziewcz t, 400m dowolny

11 lat

1.	KIEŁCZEWSKA Maja	05	MKP Szczecin	5:37.31	336
	50m: 37.72 37.72	150m: 2:04.01 43.82	250m: 3:31.59 43.74	350m: 4:59.34 44.72	
	100m: 1:20.19 42.47	200m: 2:47.85 43.84	300m: 4:14.62 43.03	400m: 5:37.31 37.97	
2.	MAKOWSKA Martyna	05	Znicz Koszalin	5:43.62	317
	50m: 37.04 37.04	150m: 2:03.88 44.25	250m: 3:33.65 45.41	350m: 5:02.17 43.96	
	100m: 1:19.63 42.59	200m: 2:48.24 44.36	300m: 4:18.21 44.56	400m: 5:43.62 41.45	
3.	ROMASZKO Zuzanna	05	IUKP Wodnik Police	5:49.97	300
	50m: 39.22 39.22	150m: 2:08.18 45.09	250m: 3:39.14 45.24	350m: 5:10.04 45.35	
	100m: 1:23.09 43.87	200m: 2:53.90 45.72	300m: 4:24.69 45.55	400m: 5:49.97 39.93	
4.	MICHAŁOWSKA Amelia	05	MKP H2O Koszalin	5:51.12	297
	50m: 38.35 38.35	150m: 2:07.80 44.61	250m: 3:38.05 45.01	350m: 5:09.87 44.76	
	100m: 1:23.19 44.84	200m: 2:53.04 45.24	300m: 4:25.11 47.06	400m: 5:51.12 41.25	
5.	PRANKE Olga	05	Znicz Koszalin	5:54.84	288
	50m: 36.94 36.94	150m: 2:03.41 44.07	250m: 3:34.13 45.80	350m: 5:07.88 46.95	
	100m: 1:19.34 42.40	200m: 2:48.33 44.92	300m: 4:20.93 46.80	400m: 5:54.84 46.96	
6.	GRZEGOLEC Aleksandra	05	MKP Słowianka Gorzów Wlkp.	5:56.65	284
	50m: 40.12 40.12	150m: 2:09.64 45.56	250m: 3:41.99 45.58	350m: 5:13.93 45.13	
	100m: 1:24.08 43.96	200m: 2:56.41 46.77	300m: 4:28.80 46.81	400m: 5:56.65 42.72	
7.	OSO Karolina	05	Znicz Koszalin	5:58.07	280
	50m: 36.34 36.34	150m: 2:06.04 45.78	250m: 3:39.57 46.53	350m: 5:16.97 47.88	
	100m: 1:20.26 43.92	200m: 2:53.04 47.00	300m: 4:29.09 49.52	400m: 5:58.07 41.10	
8.	KONIECZNY Dominika	05	MKP Szczecin	6:06.50	262
	50m: 39.36 39.36	150m: 2:12.24 47.36	250m: 3:46.22 47.09	350m: 5:20.17 46.59	
	100m: 1:24.88 45.52	200m: 2:59.13 46.89	300m: 4:33.58 47.36	400m: 6:06.50 46.33	
9.	STRZELCZYK Małgorzata	05	Foka Choszczno	6:08.63	257
	50m: 40.71 40.71	150m: 2:13.21 47.48	250m: 3:49.02 47.43	350m: 5:25.04 47.93	
	100m: 1:25.73 45.02	200m: 3:01.59 48.38	300m: 4:37.11 48.09	400m: 6:08.63 43.59	
10.	CHOJNOWSKA Zuzanna	05	MKP Słowianka Gorzów Wlkp.	6:16.73	241
	50m: 40.29 40.29	150m: 2:14.88 48.53	250m: 3:52.94 48.52	350m: 5:32.08 49.40	
	100m: 1:26.35 46.06	200m: 3:04.42 49.54	300m: 4:42.68 49.74	400m: 6:16.73 44.65	
11.	SZONDELMAJER Zuzanna	05	MKP My libórz	6:17.15	240
	50m: 42.43 42.43	150m: 2:17.12 48.44	250m: 3:54.73 49.33	350m: 5:32.80 49.66	
	100m: 1:28.68 46.25	200m: 3:05.40 48.28	300m: 4:43.14 48.41	400m: 6:17.15 44.35	
12.	KOWALCZYK Katarzyna	05	MKP Szczecin	6:24.28	227
	50m: 42.49 42.49	150m: 2:19.19 49.59	250m: 3:58.55 50.71	350m: 5:32.23 44.08	
	100m: 1:29.60 47.11	200m: 3:07.84 48.65	300m: 4:48.15 49.60	400m: 6:24.28 52.05	
13.	KOWALSKA Oliwia	05	MKP Słowianka Gorzów Wlkp.	6:24.55	226
	50m: 44.70 44.70	150m: 2:23.56 50.40	250m: 4:02.02 48.75	350m: 5:35.15 43.50	
	100m: 1:33.16 48.46	200m: 3:13.27 49.71	300m: 4:51.65 49.63	400m: 6:24.55 49.40	
14.	KOWALSKA Nina	05	MKP Słowianka Gorzów Wlkp.	6:30.65	216
	50m: 42.68 42.68	150m: 2:22.60 50.59	250m: 4:05.38 51.69	350m: 5:45.97 49.01	
	100m: 1:32.01 49.33	200m: 3:13.69 51.09	300m: 4:56.96 51.58	400m: 6:30.65 44.68	
15.	JAGODA Patrycja	05	MKP Słowianka Gorzów Wlkp.	6:31.39	215
	50m: 42.17 42.17	150m: 2:23.40 50.90	250m: 4:05.60 51.53	350m: 5:44.37 49.00	
	100m: 1:32.50 50.33	200m: 3:14.07 50.67	300m: 4:55.37 49.77	400m: 6:31.39 47.02	
16.	BEDNARSKA Gabriela	05	MKP Kołobrzeg	6:36.34	207
	50m: 42.36 42.36	150m: 2:21.86 50.43	250m: 4:05.13 51.69	350m: 5:40.20 44.72	
	100m: 1:31.43 49.07	200m: 3:13.44 51.58	300m: 4:55.48 50.35	400m: 6:36.34 56.14	
17.	ABIEREK Nikola	05	MKP Słowianka Gorzów Wlkp.	6:42.57	197
	50m: 43.90 43.90	150m: 2:26.06 51.62	250m: 4:09.46 51.41	350m: 5:53.78 52.83	
	100m: 1:34.44 50.54	200m: 3:18.05 51.99	300m: 5:00.95 51.49	400m: 6:42.57 48.79	
18.	MAZUR Zuzanna	05	MKP Słowianka Gorzów Wlkp.	6:44.41	195
	50m: 45.78 45.78	150m: 2:29.83 52.38	250m: 5:04.79 1:43.82	350m:	
	100m: 1:37.45 51.67	200m: 3:20.97 51.14	300m: 5:56.29 51.50	400m: 6:44.41	

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Pozycja			Rok ur.					Czas	Pkt.			
19.	KOMOR	Agata	05	MKP Słowianka Gorzów Wlkp.				6:51.12	185			
	50m:	42.95	42.95	150m:	2:27.45	53.26	250m:	4:13.68	53.93	350m:	6:00.85	53.32
	100m:	1:34.19	51.24	200m:	3:19.75	52.30	300m:	5:07.53	53.85	400m:	6:51.12	50.27
20.	TRABU	Olena	05	Znicz Koszalin				6:52.97	183			
	50m:	44.63	44.63	150m:	2:30.56	53.86	250m:	4:18.15	54.14	350m:	6:03.69	52.43
	100m:	1:36.70	52.07	200m:	3:24.01	53.45	300m:	5:11.26	53.11	400m:	6:52.97	49.28
21.	BEDNAREK	Natalia	05	MKP Szczecin				7:04.52	168			
	50m:	45.21	45.21	150m:	2:34.26	54.39	250m:	4:23.72	54.21	350m:	6:13.47	54.62
	100m:	1:39.87	54.66	200m:	3:29.51	55.25	300m:	5:18.85	55.13	400m:	7:04.52	51.05
DYSKW.	KACZMAREK	Nikola	05	MKP Słowianka Gorzów Wlkp.				6:19.58				
	<i>SW10.2 - nie ukończenie całego dystansu</i>											
	50m:	42.66	42.66	150m:	2:25.17	52.14	250m:	4:09.07	52.51	350m:	5:50.54	49.94
	100m:	1:33.03	50.37	200m:	3:16.56	51.39	300m:	5:00.60	51.53	400m:	6:19.58	29.04
DYSKW.	KOSTRZEWA	Karolina	05	MKP Szczecin				6:46.50				
	<i>O4 - Start wykonany przed sygnałem (przedwczesny start)</i>											
	50m:	43.68	43.68	150m:	2:26.34	51.76	250m:	4:11.88	53.10	350m:	5:57.20	52.41
	100m:	1:34.58	50.90	200m:	3:18.78	52.44	300m:	5:04.79	52.91	400m:	6:46.50	49.30
PK	MAZUR	Sandra	03	KP Stilon Gorzów				5:24.97	375			
	50m:	36.21	36.21	150m:	1:57.95	41.41	250m:	3:20.78	41.45	350m:	4:44.07	42.12
	100m:	1:16.54	40.33	200m:	2:39.33	41.38	300m:	4:01.95	41.17	400m:	5:24.97	40.90