

Ogólnopolski Sprawdzian Wytrzymało ci
Szczecin, 26-11-2016

Konkurencja 3
2016-11-26 - 11:39

Dziewcz t, 400m dowolny

11 lat
Wyniki

Punkty: FINA 2016

Pozycja			Rok ur.					Czas	Pkt.
1.	KIEŁCZEWSKA Maja		05	MKP Szczecin				5:22.61	384
	50m:	35.31 35.31	150m:	1:56.96	41.66	250m:	3:20.06 41.23	350m:	4:43.51 42.02
	100m:	1:15.30 39.99	200m:	2:38.83	41.87	300m:	4:01.49 41.43	400m:	5:22.61 39.10
2.	TŁOCZEK Wiktoria		05	MKP Kołobrzeg				5:31.49	354
	50m:	35.52 35.52	150m:	1:57.55	41.62	250m:	3:23.26 43.21	350m:	4:50.86 43.41
	100m:	1:15.93 40.41	200m:	2:40.05	42.50	300m:	4:07.45 44.19	400m:	5:31.49 40.63
3.	NOWICKA Wiktoria		05	MKP Szczecin				5:50.39	299
	50m:	36.86 36.86	150m:	2:05.63	44.92	250m:	3:36.35 45.86	350m:	5:06.84 45.19
	100m:	1:20.71 43.85	200m:	2:50.49	44.86	300m:	4:21.65 45.30	400m:	5:50.39 43.55
4.	GRZEGOLEC Aleksandra		05	MKP Słowianka Gorzów				5:54.06	290
	50m:	39.55 39.55	150m:	2:08.19	45.21	250m:	3:39.92 45.35	350m:	5:10.45 45.87
	100m:	1:22.98 43.43	200m:	2:54.57	46.38	300m:	4:24.58 44.66	400m:	5:54.06 43.61
5.	KONIECZNY Dominika		05	MKP Szczecin				5:55.74	286
	50m:	38.89 38.89	150m:	2:08.06	45.57	250m:	3:40.34 46.41	350m:	5:12.39 45.83
	100m:	1:22.49 43.60	200m:	2:53.93	45.87	300m:	4:26.56 46.22	400m:	5:55.74 43.35
6.	WRZESZCZ Aleksandra		05	MKP Szczecin				5:58.09	280
	50m:	41.20 41.20	150m:	2:12.27	47.17	250m:	3:44.19 46.24	350m:	5:15.74 46.28
	100m:	1:25.10 43.90	200m:	2:57.95	45.68	300m:	4:29.46 45.27	400m:	5:58.09 42.35
7.	KACZMAREK Nikola		05	MKP Słowianka Gorzów				6:02.21	271
	50m:	40.31 40.31	150m:	2:12.81	47.13	250m:	3:47.32 46.98	350m:	5:21.00 46.75
	100m:	1:25.68 45.37	200m:	3:00.34	47.53	300m:	4:34.25 46.93	400m:	6:02.21 41.21
8.	JANKOWSKA Zofia		05	MKP Słowianka Gorzów				6:07.50	259
	50m:	40.35 40.35	150m:	2:12.65	46.55	250m:	3:49.67 48.45	350m:	5:24.02 46.52
	100m:	1:26.10 45.75	200m:	3:01.22	48.57	300m:	4:37.50 47.83	400m:	6:07.50 43.48
9.	D BROWSKA Kamila		05	MKP Słowianka Gorzów				6:10.01	254
	50m:	41.24 41.24	150m:	2:18.61	49.42	250m:	3:54.59 47.95	350m:	5:27.84 46.00
	100m:	1:29.19 47.95	200m:	3:06.64	48.03	300m:	4:41.84 47.25	400m:	6:10.01 42.17
10.	KOWALCZYK Katarzyna		05	MKP Szczecin				6:10.53	253
	50m:	42.01 42.01	150m:	2:16.34	47.43	250m:	3:51.10 47.84	350m:	5:25.70 47.66
	100m:	1:28.91 46.90	200m:	3:03.26	46.92	300m:	4:38.04 46.94	400m:	6:10.53 44.83
11.	KLIMIUK Zuzanna		05	MKP Słowianka Gorzów				6:13.25	248
	50m:	42.98 42.98	150m:	2:17.57	47.84	250m:	3:52.76 46.99	350m:	
	100m:	1:29.73 46.75	200m:	3:05.77	48.20	300m:	4:39.66 46.90	400m:	6:13.25
12.	BEDNARSKA Gabriela		05	MKP Kołobrzeg				6:13.85	246
	50m:	39.19 39.19	150m:	2:14.50	47.97	250m:	3:51.73 48.93	350m:	5:29.40 49.16
	100m:	1:26.53 47.34	200m:	3:02.80	48.30	300m:	4:40.24 48.51	400m:	6:13.85 44.45
13.	CHOJNOWSKA Zuzanna		05	MKP Słowianka Gorzów				6:13.97	246
	50m:	38.83 38.83	150m:	2:14.40	48.60	250m:	3:50.71 47.96	350m:	5:28.52 49.23
	100m:	1:25.80 46.97	200m:	3:02.75	48.35	300m:	4:39.29 48.58	400m:	6:13.97 45.45
14.	KOWALSKA Nina		05	MKP Słowianka Gorzów				6:15.54	243
	50m:	40.26 40.26	150m:	2:17.38	49.14	250m:	3:55.27 48.92	350m:	5:32.91 48.65
	100m:	1:28.24 47.98	200m:	3:06.35	48.97	300m:	4:44.26 48.99	400m:	6:15.54 42.63
15.	KAWCZY SKA Maja		05	MKP Szczecin				6:21.66	232
	50m:	42.35 42.35	150m:	2:20.35	49.63	250m:	3:59.59 50.18	350m:	5:36.63 48.95
	100m:	1:30.72 48.37	200m:	3:09.41	49.06	300m:	4:47.68 48.09	400m:	6:21.66 45.03
16.	KOSTRZEWA Karolina		05	MKP Szczecin				6:21.68	231
	50m:	42.11 42.11	150m:	2:17.64	48.30	250m:	3:56.20 49.67	350m:	5:35.95 49.81
	100m:	1:29.34 47.23	200m:	3:06.53	48.89	300m:	4:46.14 49.94	400m:	6:21.68 45.73
17.	HAJDUK Julia		05	MKP Słowianka Gorzów				6:26.28	223
	50m:	43.94 43.94	150m:	2:21.77	48.33	250m:	4:00.60 49.76	350m:	5:39.48 49.83
	100m:	1:33.44 49.50	200m:	3:10.84	49.07	300m:	4:49.65 49.05	400m:	6:26.28 46.80

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Pozycja			Rok ur.					Czas	Pkt.
18.	KRZY ANOWSKA Zuzanna		05	MKP Słowianka Gorzów			6:27.35	221	
	50m: 41.80 41.80	150m: 2:17.05	47.64	250m: 3:54.22	48.78	350m: 5:37.50	52.48		
	100m: 1:29.41 47.61	200m: 3:05.44	48.39	300m: 4:45.02	50.80	400m: 6:27.35	49.85		
19.	KOWALSKA Oliwia		05	MKP Słowianka Gorzów			6:28.45	220	
	50m: 44.93 44.93	150m: 2:24.85	50.60	250m: 4:04.34	49.74	350m: 5:42.67	49.01		
	100m: 1:34.25 49.32	200m: 3:14.60	49.75	300m: 4:53.66	49.32	400m: 6:28.45	45.78		
20.	ZDROJEWSKA Karolina		05	MKP Szczecin			6:29.37	218	
	50m: 41.83 41.83	150m: 2:21.05	50.10	250m: 4:00.64	49.78	350m: 5:38.38	47.72		
	100m: 1:30.95 49.12	200m: 3:10.86	49.81	300m: 4:50.66	50.02	400m: 6:29.37	50.99		
21.	MARUSZAK Maja		05	MKP Szczecin			6:30.32	216	
	50m: 42.61 42.61	150m: 2:21.93	50.50	250m: 4:03.72	51.24	350m: 5:42.92	49.03		
	100m: 1:31.43 48.82	200m: 3:12.48	50.55	300m: 4:53.89	50.17	400m: 6:30.32	47.40		
22.	MAZUR Zuzanna		05	MKP Słowianka Gorzów			6:30.91	215	
	50m: 45.73 45.73	150m: 2:26.42	50.06	250m: 4:06.48	50.31	350m: 5:45.42	49.59		
	100m: 1:36.36 50.63	200m: 3:16.17	49.75	300m: 4:55.83	49.35	400m: 6:30.91	45.49		
23.	KIK Klaudia		05	MKP Słowianka Gorzów			6:33.82	211	
	50m: 45.47 45.47	150m: 2:28.06	52.13	250m: 4:09.91	49.94	350m: 5:50.43	50.28		
	100m: 1:35.93 50.46	200m: 3:19.97	51.91	300m: 5:00.15	50.24	400m: 6:33.82	43.39		
24.	ZIOMBRA Alicja		05	MKP Słowianka Gorzów			6:34.51	210	
	50m: 47.06 47.06	150m: 2:29.67	51.80	250m: 4:12.53	51.13	350m: 5:50.22	48.20		
	100m: 1:37.87 50.81	200m: 3:21.40	51.73	300m: 5:02.02	49.49	400m: 6:34.51	44.29		
25.	KOMOR Agata		05	MKP Słowianka Gorzów			6:37.14	205	
	50m: 43.06 43.06	150m: 2:24.83	51.93	250m: 4:07.28	50.85	350m: 5:49.55	51.18		
	100m: 1:32.90 49.84	200m: 3:16.43	51.60	300m: 4:58.37	51.09	400m: 6:37.14	47.59		
26.	TOMICZEK Hanna		05	MKP Słowianka Gorzów			6:39.16	202	
	50m: 44.24 44.24	150m: 2:25.50	51.35	250m: 4:08.47	51.56	350m: 5:50.55	50.49		
	100m: 1:34.15 49.91	200m: 3:16.91	51.41	300m: 5:00.06	51.59	400m: 6:39.16	48.61		
27.	DORSZY SKA Sandra		05	MKP Szczecin			6:45.21	193	
	50m: 42.38 42.38	150m: 2:22.81	51.11	250m: 4:08.88	52.74	350m: 5:55.07	53.40		
	100m: 1:31.70 49.32	200m: 3:16.14	53.33	300m: 5:01.67	52.79	400m: 6:45.21	50.14		
28.	WASIKOWSKA Weronika		05	MKP Szczecin			6:48.49	189	
	50m: 44.43 44.43	150m: 2:27.37	51.51	250m: 4:13.49	53.94	350m: 5:56.73	51.79		
	100m: 1:35.86 51.43	200m: 3:19.55	52.18	300m: 5:04.94	51.45	400m: 6:48.49	51.76		
29.	KOR OWNIK Zuzanna		05	MKP Słowianka Gorzów			6:49.59	187	
	50m: 44.63 44.63	150m: 2:26.52	51.75	250m: 4:11.71	52.83	350m: 5:57.43	53.58		
	100m: 1:34.77 50.14	200m: 3:18.88	52.36	300m: 5:03.85	52.14	400m: 6:49.59	52.16		
30.	PIELECH Pola		05	MKP Słowianka Gorzów			6:51.68	184	
	50m: 47.50 47.50	150m: 2:31.72	52.32	250m: 4:18.27	53.37	350m: 6:04.16	52.64		
	100m: 1:39.40 51.90	200m: 3:24.90	53.18	300m: 5:11.52	53.25	400m: 6:51.68	47.52		
31.	BIE KOWSKA Karina		05	MKP Słowianka Gorzów			6:58.39	176	
	50m: 45.80 45.80	150m: 2:32.83	52.84	250m: 4:20.32	54.29	350m: 6:08.98	53.76		
	100m: 1:39.99 54.19	200m: 3:26.03	53.20	300m: 5:15.22	54.90	400m: 6:58.39	49.41		
32.	PI TKIEWICZ Oliwia		05	MKP Szczecin			7:06.56	166	
	50m: 43.69 43.69	150m: 2:31.36	55.67	250m: 4:25.04	56.27	350m: 6:13.13	53.72		
	100m: 1:35.69 52.00	200m: 3:28.77	57.41	300m: 5:19.41	54.37	400m: 7:06.56	53.43		
33.	ZAWORKA Matylda		05	MKP Słowianka Gorzów			7:06.88	165	
	50m: 49.95 49.95	150m: 2:39.91	54.75	250m: 4:30.43	55.25	350m: 6:18.71	54.45		
	100m: 1:45.16 55.21	200m: 3:35.18	55.27	300m: 5:24.26	53.83	400m: 7:06.88	48.17		
34.	GRELA Wiktoria		05	MKP Szczecin			7:12.08	159	
	50m: 46.20 46.20	150m: 2:36.04	55.73	250m: 4:29.41	56.76	350m: 6:19.23	54.06		
	100m: 1:40.31 54.11	200m: 3:32.65	56.61	300m: 5:25.17	55.76	400m: 7:12.08	52.85		
35.	PŁASZEWSKA Emilia		05	MKP Szczecin			7:16.60	154	
	50m: 49.55 49.55	150m: 2:39.86	55.75	250m: 4:33.81	57.35	350m: 6:25.43	55.08		
	100m: 1:44.11 54.56	200m: 3:36.46	56.60	300m: 5:30.35	56.54	400m: 7:16.60	51.17		

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Pozycja				Rok ur.					Czas	Pkt.		
36.	PAPIS Ada			05	MKP Słowianka Gorzów				7:29.18	142		
	50m:	48.76	48.76	150m:	2:43.65	59.00	250m:	4:39.80	58.37	350m:	6:33.51	55.45
	100m:	1:44.65	55.89	200m:	3:41.43	57.78	300m:	5:38.06	58.26	400m:	7:29.18	55.67
37.	TRUSZKOWSKA Katarzyna			05	MKP Szczecin				7:30.77	140		
	50m:	47.57	47.57	150m:	2:43.96	59.50	250m:	4:41.92	1:00.94	350m:	6:35.45	56.21
	100m:	1:44.46	56.89	200m:	3:40.98	57.02	300m:	5:39.24	57.32	400m:	7:30.77	55.32
38.	USCKA Julia			05	MKP Szczecin				7:34.43	137		
	50m:	50.16	50.16	150m:	2:46.54	58.58	250m:	4:43.77	58.04	350m:	6:41.92	58.41
	100m:	1:47.96	57.80	200m:	3:45.73	59.19	300m:	5:43.51	59.74	400m:	7:34.43	52.51
39.	WRO SKA Małgorzata			05	MKP Słowianka Gorzów				7:36.34	135		
	50m:	49.49	49.49	150m:	2:43.23	58.23	250m:	4:41.87	59.26	350m:	6:40.89	59.54
	100m:	1:45.00	55.51	200m:	3:42.61	59.38	300m:	5:41.35	59.48	400m:	7:36.34	55.45
40.	BOROWSKA Aleksandra			05	MKP Szczecin				7:40.98	131		
	50m:	50.62	50.62	150m:	2:48.09	59.00	250m:	4:47.43	1:00.48	350m:	6:46.05	58.26
	100m:	1:49.09	58.47	200m:	3:46.95	58.86	300m:	5:47.79	1:00.36	400m:	7:40.98	54.93
41.	PAPIS Agata			05	MKP Słowianka Gorzów				7:45.21	128		
	50m:	47.72	47.72	150m:	2:46.37	1:00.09	250m:	4:47.32	1:00.27	350m:	6:48.15	59.82
	100m:	1:46.28	58.56	200m:	3:47.05	1:00.68	300m:	5:48.33	1:01.01	400m:	7:45.21	57.06