

Otwarte Mistrzostwa MKP Szczecin
Szczecin, 8-12-2016

Konkurencja 28
2016-12-08 - 18:44

M czynn, 400m dowolny

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Wyniki

Punkty: FINA 2016

Pozycja			Rok ur.				Czas				Pkt.
1.	GÓRSKI, Marcin		97 MKP Szczecin				4:04.29				655
	50m:	27.78 27.78	150m:	1:29.54 31.11	250m:	2:31.95 31.15	350m:	3:34.36 31.31	400m:	4:04.29 29.93	
	100m:	58.43 30.65	200m:	2:00.80 31.26	300m:	3:03.05 31.10					
2.	PRÓSZY SKI, Igor		99 MKP Szczecin				4:09.85				613
	50m:	29.30 29.30	150m:	1:31.92 31.49	250m:	2:35.50 31.71	350m:	3:39.42 31.98	400m:	4:09.85 30.43	
	100m:	1:00.43 31.13	200m:	2:03.79 31.87	300m:	3:07.44 31.94					
3.	BUGAŁA, KRZYSZTOF SSz		01 MKP Szczecin				4:09.86				612
	50m:	28.76 28.76	150m:	1:31.40 31.64	250m:	2:35.11 31.98	350m:	3:39.08 31.80	400m:	4:09.86 30.78	
	100m:	59.76 31.00	200m:	2:03.13 31.73	300m:	3:07.28 32.17					
4.	KLISZ, Krystian		02 MKP Szczecin				4:29.18				490
	50m:	31.02 31.02	150m:	1:37.96 33.65	250m:	2:46.41 34.47	350m:	3:55.56 34.38	400m:	4:29.18 33.62	
	100m:	1:04.31 33.29	200m:	2:11.94 33.98	300m:	3:21.18 34.77					
5.	WOLI SKI, Igor		01 MKP Szczecin				4:30.80				481
	50m:	30.94 30.94	150m:	1:38.57 33.88	250m:	2:47.06 34.28	350m:	3:56.79 34.45	400m:	4:30.80 34.01	
	100m:	1:04.69 33.75	200m:	2:12.78 34.21	300m:	3:22.34 35.28					
6.	GAWEŁ, Jakub		03 MKP Szczecin				4:57.05				364
	50m:	33.75 33.75	150m:	1:47.85 37.38	250m:	3:04.90 38.51	350m:	4:21.35 38.24	400m:	4:57.05 35.70	
	100m:	1:10.47 36.72	200m:	2:26.39 38.54	300m:	3:43.11 38.21					
PK	OLIWA, Michał		97 MKP Szczecin				4:03.23				664
	50m:	28.40 28.40	150m:	1:29.75 30.81	250m:	2:31.68 30.99	350m:	3:34.40 31.33	400m:	4:03.23 28.83	
	100m:	58.94 30.54	200m:	2:00.69 30.94	300m:	3:03.07 31.39					
PK	KOWALCZYK, Łukasz		98 MKP Szczecin				4:21.20				536
	50m:	30.45 30.45	150m:	1:36.02 32.94	250m:	2:42.11 33.12	350m:	3:48.61 33.25	400m:	4:21.20 32.59	
	100m:	1:03.08 32.63	200m:	2:08.99 32.97	300m:	3:15.36 33.25					