

Klubowy Puchar Polski w pływaniu w płetwach - I runda  
Ko cierzyna, 18- - 19-2-2017

Konkurencja 21  
2017-02-19 - 10:22

Kobiet, 400 m SF

Open  
Wyniki

Punkty: FINA 2016

Pozycja			Rok ur.					Czas	Pkt.	
<b>KAT. E</b>										
1.	KILISZEWSKA Sonia		06	KS Nautilus Jastrz bie				<b>4:41.72</b>		
	50m:	29.23 29.23	150m:	1:41.43	36.64	250m:	2:53.88	35.32	350m:	4:09.98 38.82
	100m:	1:04.79 35.56	200m:	2:18.56	37.13	300m:	3:31.16	37.28	400m:	4:41.72 31.74
2.	OSZKIEL Tatiana		06	KS Nautilus Jastrz bie				<b>5:03.83</b>		
	50m:	31.58 31.58	150m:	1:49.10	39.68	250m:	3:08.84	40.02	350m:	4:30.80 40.24
	100m:	1:09.42 37.84	200m:	2:28.82	39.72	300m:	3:50.56	41.72	400m:	5:03.83 33.03
3.	NECEL Maja		06	UKS Delfin Władysławowo				<b>5:04.77</b>		
	50m:	29.85 29.85	150m:	1:44.24	38.57	250m:	3:04.06	39.77	350m:	4:26.46 40.52
	100m:	1:05.67 35.82	200m:	2:24.29	40.05	300m:	3:45.94	41.88	400m:	5:04.77 38.31
4.	KLASA Kinga		07	UKS Wodniacy Garczyn				<b>5:19.04</b>		
	50m:	34.28 34.28	150m:	1:52.58	40.56	250m:	3:15.47	42.26	350m:	4:39.89 41.97
	100m:	1:12.02 37.74	200m:	2:33.21	40.63	300m:	3:57.92	42.45	400m:	5:19.04 39.15
<b>KAT. D</b>										
1.	WOLNIEWICZ Weronika		04	UKS DELFINEK SP1 Chodzie				<b>4:09.36</b>		
	50m:	26.79 26.79	150m:	1:28.65	31.76	250m:	2:34.37	32.96	350m:	3:38.31 31.89
	100m:	56.89 30.10	200m:	2:01.41	32.76	300m:	3:06.42	32.05	400m:	4:09.36 31.05
2.	OSZKIEL Wiktoria		04	KS Nautilus Jastrz bie				<b>4:13.60</b>		
	50m:	27.50 27.50	150m:	1:30.92	33.05	250m:	2:37.07	32.81	350m:	3:37.26 28.05
	100m:	57.87 30.37	200m:	2:04.26	33.34	300m:	3:09.21	32.14	400m:	4:13.60 36.34
3.	DREGER Maria		04	UKS DELFINEK SP1 Chodzie				<b>4:15.87</b>		
	50m:	28.94 28.94	150m:	1:33.97	32.59	250m:	2:40.78	33.07	350m:	3:46.17 32.31
	100m:	1:01.38 32.44	200m:	2:07.71	33.74	300m:	3:13.86	33.08	400m:	4:15.87 29.70
4.	JANKA Maria		05	UKS DELFINEK SP1 Chodzie				<b>4:45.67</b>		
	50m:	31.23 31.23	150m:	1:43.74	36.78	250m:	2:57.75	36.82	350m:	4:12.22 37.67
	100m:	1:06.96 35.73	200m:	2:20.93	37.19	300m:	3:34.55	36.80	400m:	4:45.67 33.45
5.	RANISZEWSKA Maja		05	KS Laguna 24 Toru				<b>4:46.22</b>		
	50m:	31.55 31.55	150m:	1:44.07	37.48	250m:	2:58.90	37.77	350m:	4:12.62 36.08
	100m:	1:06.59 35.04	200m:	2:21.13	37.06	300m:	3:36.54	37.64	400m:	4:46.22 33.60
6.	ŁAPUCKA Ewa		04	Amfiprion Olecko				<b>5:26.47</b>		
	50m:	31.21 31.21	150m:	1:54.49	43.14	250m:	3:20.48	42.81	350m:	4:45.84 42.30
	100m:	1:11.35 40.14	200m:	2:37.67	43.18	300m:	4:03.54	43.06	400m:	5:26.47 40.63
<b>KAT. C</b>										
1.	GRONOWSKA Agata		03	KS Laguna 24 Toru				<b>4:12.43</b>		
	50m:	26.47 26.47	150m:	1:28.37	32.06	250m:	2:34.31	33.16	350m:	3:40.83 33.32
	100m:	56.31 29.84	200m:	2:01.15	32.78	300m:	3:07.51	33.20	400m:	4:12.43 31.60
2.	DOPIERAŁA Nadia		03	UKS Manta Ko cierzyna				<b>5:01.91</b>		
	50m:	31.42 31.42	150m:	1:46.92	39.32	250m:	3:06.90	40.13	350m:	4:25.44 38.98
	100m:	1:07.60 36.18	200m:	2:26.77	39.85	300m:	3:46.46	39.56	400m:	5:01.91 36.47
<b>KAT. B</b>										
1.	RETTIG Agata		00	UKS DELFINEK SP1 Chodzie				<b>3:39.41</b>		
	50m:	23.53 23.53	150m:	1:17.22	27.59	250m:	2:14.32	28.49	350m:	3:11.55 28.77
	100m:	49.63 26.10	200m:	1:45.83	28.61	300m:	2:42.78	28.46	400m:	3:39.41 27.86
2.	NOWAK Julia		01	UKS DELFINEK SP1 Chodzie				<b>3:50.38</b>		
	50m:	24.89 24.89	150m:	1:21.72	29.09	250m:	2:20.96	29.63	350m:	3:21.40 30.31
	100m:	52.63 27.74	200m:	1:51.33	29.61	300m:	2:51.09	30.13	400m:	3:50.38 28.98

Klubowy Puchar Polski w pływaniu w płetwach - I runda  
Ko cierzyna, 18- - 19-2-2017

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Konkurencja 21, Kobiet, 400 m SF, KAT. B

Pozycja			Rok ur.					Czas	Pkt.
3.	PŁAZI	SKA Wiktoria	01	Amfiprion	Olecko			<b>3:58.30</b>	
	50m:	24.51 24.51	150m:	1:22.91 30.29	250m:	2:25.27 31.01	350m:	3:27.81 31.50	
	100m:	52.62 28.11	200m:	1:54.26 31.35	300m:	2:56.31 31.04	400m:	3:58.30 30.49	
4.	MAJEWSKA	Marta	00	UKS Manta	Ko cierzyna			<b>4:41.40</b>	
	50m:	30.60 30.60	150m:	1:40.56 36.18	250m:	2:54.40 36.83	350m:	4:07.80 37.55	
	100m:	1:04.38 33.78	200m:	2:17.57 37.01	300m:	3:30.25 35.85	400m:	4:41.40 33.60	

KAT. A

1.	JAGIELSKA	Agata	99	KS Laguna	24 Toru			<b>4:01.59</b>	
	50m:	24.58 24.58	150m:	1:24.24 30.75	250m:	2:27.24 32.06	350m:	3:30.70 31.87	
	100m:	53.49 28.91	200m:	1:55.18 30.94	300m:	2:58.83 31.59	400m:	4:01.59 30.89	
2.	SZYMA	SKA Anna	99	W.M.Bars	Gorzów			<b>4:46.86</b>	
	50m:	28.78 28.78	150m:	1:39.62 37.08	250m:	2:56.31 37.87	350m:	4:11.82 36.68	
	100m:	1:02.54 33.76	200m:	2:18.44 38.82	300m:	3:35.14 38.83	400m:	4:46.86 35.04	